

Meher Baba on Sufism

Zarathustra was the greatest Sufi. He was the father of Sufism, and its very foundation owes its creation to him. Sufism began with Zarathustra and ended with Muhammad...

Meher Baba, 7 August 1929, Harvan, Kashmir, LM4 p1196

Sufism is love - when you love the beloved from the heart - love, lover and beloved....

Meher Baba, 9 June 1939, Aw 17:1 p3

A Sufi is one who has his heart saf (clean), who has his heart purified by love. The basis of Sufism is love. Sufism means purity through love....

Meher Baba, 9 June 1939, Aw 17:1 p3

"... The meaning of meditation is to go within yourselves, right inside of you. Those who love God, that love takes them

within. In some ashrams like Madurai and Pondicherry, there are actual meditation classes. But meditation has never yet made a person one with God. Hafez said to the Sufis, 'If you have the whim to achieve union with God, become as the dust at the feet of one who has become united with him.'

"... Sufis do not give a damn for meditation. They love. Meditation is good. If you love and meditate, there is no harm. If you love and do not meditate, there is no harm. But don't meditate as if you have taken quinine powder. Meaning that it is something to somehow or other be done with and gotten over. If you are interested in meditation, you ought to do it with joy. If you do not like meditation, then you have to take my name. And if you love me, taking my name ought to give you joy. Do it when and where you like..."

**Meher Baba, 8 September 1940, Meherabad
to his women disciples, LM7 p2608-2609**

"What [Meher] Baba meant, by Sufism, was not Islamic Sufism. He always used the word Sufism in its universal sense, as seekers of God, those who wish to draw closer to God, to love him, praise him, and know him by actual experience. Meher Baba said that Sufis always come in the wake of the

Avatar. So Baba said that the first Sufis were at the time of Zoroaster and there were Sufis surrounding every Avatar. The last one, of course, was Mohammed. He would say, "I am a Sufi. I am the great Sufi. I am the greatest Sufi."

**Murshida Carol Weyland Conner
in conversation with Naosherwan Anzar
Glow International**

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