The Laws Of Attraction











Esther Hicks, a professional channel, is one of the best-known proponents of the subject. Her web site describes it as "The most powerful law in the universe."

Everything in your live you attract.

Thoughts radiate

Thoughts invoke

ASK (laws of attraction)

BELIEVE (deliberate intention)

RECEIVE (art of allowing-feel it)

EMOTIONS/FEELINGS negative positive

What you don't want, YOU attract... because of the feelings associated with "want" An affirmative thought is 100's of times more powerful Magnetically pulling in whatever you dominate thoughts are...

And turning them into reality....

If you focus on what you want, you will attract more of what you want...

If you focus on what you lack, you will attract more lack...

Three Steps: 1-Ask

EXAMPLES

I want to loose weight

I want weight

I want to get out of debt

I want debt

I can't afford it

MEANS...

I can't afford it

Everything seems to have two polar opposites. What you want, and the lack of what you want

The keys is tuning into the way you "feel". If you are focused on lack or not.

How do you know?

If you are focused on what you want, you feel good.

How do you know?

If you are focused on what you lack, you feel bad.

There seems to be a bias for the negative.

Methods

Write out reasons on paper.

Take actions.

Write goals.
Ignore the cynics.

Affirmations.

Visualize

Focus on solutions.



Gratitude.

If you can imagine it...You can create it.

Know positive emotions and negative emotions.

Positive emotions=Create

Negative emotions=MisCreate

Two hindrances:

Influence of others

Influence of our own habits

www.abraham-hicks.com

www.thesecret.tv

"Quantum leaps are achieved by enhancing the wanting part..."

Esther & Jerry Hicks

"Words do not teach...."

"...It is life experiences that brings you your knowing."

Esther & Jerry Hicks

It's all about doing the things that make you Feel good

Define yourself by your desires/wants.... Don't focus on what you don't have..... If you don't understand it, it doesn't mean you should reject it

Inner happiness is the fuel of success