

## **About Edgar Cayce's A.R.E.**

**Edgar Cayce's Association for Research and Enlightenment, Inc. (A.R.E.®), is a not-for-profit organization founded in 1931 by [Edgar Cayce](#) (1877-1945), to research and explore transpersonal subjects such as holistic health, ancient mysteries, personal spirituality, dreams and dream interpretation, intuition, and philosophy and reincarnation.**



**With an international headquarters in Virginia Beach, Va., a regional headquarters in Houston, regional representatives throughout the U.S., Edgar Cayce Centers in 37 countries, and individual members in more than 70 countries, the A.R.E. community is a global network of individuals who offer conferences, educational activities, and fellowship around the world. Thousands of books have been written on the subject matter found in the readings, and dozens dedicated to the story of Edgar Cayce himself.**

**In addition to study groups and local regional activities, A.R.E. offers membership benefits and services, a quarterly body-mind-spirit member magazine titled *Venture Inward*, a member newsletter covering topics including ancient mysteries, personal spirituality, and holistic health, publications, conferences, international tours, a massage school curriculum, a retreat-type camp for children and adults, an impressive volunteer network, and A.R.E. contacts across the globe. A.R.E. also maintains an affiliation with Atlantic University (which offers continuing education classes and a master's degree program in Transformative Theories and Practices), and an onsite Health Center & Spa at its Virginia Beach headquarters, where many of the health readings remedies are offered along with massage therapy.**



## **Our Mission**

**The Mission of the Association for Research and Enlightenment (A.R.E.) is to help people transform their lives for the better, through research, education, and application of core concepts found in the Edgar Cayce readings and kindred materials that seek to manifest the love of God and all people and promote the purposefulness of life, the oneness of God, the spiritual nature of humankind, and the connection of body, mind, and spirit.**