

# The Ascended Masters

Who They Are

compiled by Dee Finney

**Ascended Master - a being who has become Self-Realized and serves humanity;  
a being who has raised his/her vibration to a sustained frequency of light.  
He/she can come and go at will from the earth plane without the Birth//Death cycle.**

**Self-Realization - the awareness of our complete and indivisible union with God,  
which we are. This also means that the ego-self has come to know itself so clearly,  
so lovingly, so wisely that it is no longer run by the Shadow.**

**When one is in the Illumined State or Self-Realized,  
there ceases to be any more inner or outer drama.**

**The personal ego-self has surrendered fully and willingly into the loving embrace of the Soul**

**4-30-03 - LUCID DREAM -**

**I went in and out of this dream several times and worked on the project  
it gave me, knowing I was awake and dreaming at the same time.**

**I chose 4 masters from a larger group of individuals -  
3 men and a woman. Their picture and information was within  
frames that were like railroad tracks, so the the corners came  
apart and could be put back together again. I took the frames off,  
doubled the size of the photos and the information. Then the  
hardest job was to put the frames back together so it enclosed  
all 4 Masters together using all the pieces, including the corners.**

**The four Ascended Master teachers pictured below all presented  
themselves  
to me in dreams and visions over the last 20 years. I will be always grateful  
that they chose to let me know they were there for me.**

**These were not the only Ascended Master teachers I have seen. I also have  
several Native American guides who are helping me to present pages of  
information for students in the world.**

**Their information is below in the listing:**



The Ascended Masters have worked with mankind throughout the centuries. Most of the time in the past the Ascended Masters have worked in the background. There were some Ascended Masters who have assisted mankind such as Sanat Kumara, also known in the Bible as the "Ancient of Days", by some He is known as the "Lord of the World".

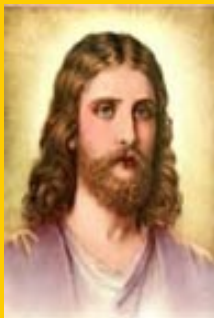
Sanat Kumara came ages ago to give assistance to the Earth when it would have been dissolved otherwise. He offered His own free will to supply the Light required to sustain the Earth and keep the Earth in the system until enough so mankind could be raised to a point where they could carry the responsibility of emitting sufficient Light.

Ascended Master Saint Germain's Cosmic Name is "Freedom". He is the Cosmic Father of the people of America. Saint Germain's work for the freedom of mankind began in that civilization seventy thousand years ago; when a whole civilization could have been raised into the Ascension had they continued to give obedience instead of becoming rebellious.

Saint Germain's most recent work with mankind came forth in the 1930's. He worked with Mr. & Mrs. Ballard to establish the focus on the "I AM" Presence. Through the Ballards, Saint Germain and other Ascended Masters gave dictation's. Some of the other Ascended Masters were, Great Divine Director, Mighty Victory, Mighty Victory and Ascended Master Jesus.

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**Christ Jesus**



**Jesus Christ, Jesus the Christ - because of the fullness of manifesting**

the Christ Self , "Only Begotten Son of God", Lord and Savior (Saviour), Incarnation of the Word, the Universal Christ (the Word Incarnate) , Cosmic Christ , World Savior (Saviour) , World Teacher , Yeshua, the Messiah of Israel , Avatar of the Piscean Age - the example of the Christ Consciousness that was to have been out pictured in that two-thousand year Dispensation, World Teacher (since January 1, 1956), Formerly - Chohan of the Sixth Ray until December 31, 1959, when beloved Lady Master Nada fully took on the Office of Chohan of the Sixth Ray, Holds the Office for this evolution of the "Only Begotten Son" - and therefore the Representative not only of that Universal Christ but also of the individual Holy Christ Self. Responsible for: Ruby Ray , Purple and Gold Ray , Resurrection Flame , Twelve Legions of Angels from the Heart of the Father/Mother God , Angels of Peace , Angels of Love , Angels of the Ruby Ray , Angels of the Purple and Gold Ray , Angels of the

**Resurrection Flame** . Jesus Christ is known as Sananda in the inner planes. He is the Master of the sixth ray, the ray of abstract idealism and devotion, which is indigo. During His incarnation as Jesus, He was a high priest in the order of Melchizedek and was overshadowed during His life by Lord Maitreya. He also had lives as Adam, Enoch, Jeshua, Joshua, Elijah and Joseph of Egypt. He works with Archangel Uriel to bring peace, brotherhood, service and freedom to people. Many missionaries, lawyers, public servants, social workers, blue collar workers, farmers and business people are on this ray.

[Jesus / Sananda](#)



[Mother Mary](#)

**Mother Mary, who volunteered before her birth to bring Jesus to the**

**world. Also called "Mother of the World." A beautiful, powerful ascended master of great love, wisdom and compassion. She protects women and children and intercedes in healing. One of her past incarnations was Isis, when she instructed initiates in the Mystery**

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[HOW TO WORK WITH THE RAYS](#)

[THE RAYS AND THEIR CHAKRAS](#)

[INVOCATION OF THE NAMES OF GOD AND ASCENDED MASTERS](#)

[COLOR ENERGIES AND HEALING THE COLOR RAYS OF CREATION](#)

[ASCENSION ACTIVATION MEDITATION](#)

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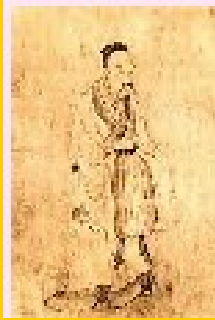
[El Morya](#)

**Chohan of the First Ray, connected to the Temple of the Will of God. El**

**Morya was embodied as Abraham, the wise man Melchior, Arthur, king of the Britons, Thomas Beckett, Thomas More, both martyred, Akbar, greatest of Mogul emperors, Thomas Moore, El Morya Khan, the most renowned of the Tibetan mahatmas. El Morya came originally from Mercury and is a member of the White Brotherhood. He works with Archangel Michael and is the chohan or master of the first ray, which is red and governs power and will, drive, confidence and strength. He works with rulers, executives, public servants, the military, sports people and those who are commanders. El Morya - Blue Ray - Throat Chakra. Working to transform the aggressive human from domination**

to the will to do good. Head of all Esoteric Schools.

**Abraham** The patriarch Abraham, "father of many nations," was called the "Friend of God." The LORD God called Abraham out of Ur of the Chaldees and promised Him "I will make of thee a great nation." Abraham is now the Ascended Master El Morya.



[Lanto](#) -

**Chohan of the Second Ray - Lanto was an ancient Chinese master who lived**

about 400 B.C. He is said to have accomplished more than any other master of earth. He developed the light in his heart to such a degree that it shone like a golden sun through his flesh.



[Paul the Venetian](#) -

**Chohan of the Third Ray - Chohan of the Ray of Love . Embodied**

as: Paolo Veronese (Paolo Caliari) 1528-1588, Italian Master Renaissance painter. He broke away from the tradition in religious art of making the figures of Christ and his apostles stiff and unreachable. He was a spiritual revolutionary who fought against the forces of anti-Life in the arts, and saw Beauty as the most powerful catalyst for enlightenment. Egyptian master of esoteric architecture who worked with El Morya (then a master mason) at the time of the building of the pyramids. Artist in the Incan empire who used paints that did not fade. Head of cultural affairs in the government of Atlantis who, before the sinking of Atlantis, established a Focus of the Liberty Flame in Peru - which gave an impetus to the culture, beauty, and wealth of the Incan civilization. Also known as: The Venetian Master, The Venetian, Lord of the Third Ray. Service to Life: Chohan of the Third Ray (Love, Beauty, Art) Initiation and balancing of the heart chakra. Helps develop tolerance and love for one another. Training of elementals. Paul will be the next Maha Chohan, when the current Representative of the Holy Spirit for this earth goes on to another Office in Hierarchy. Ascended: April 19, 1588 from the Chateau de Liberte in southern France after his passing at the age of sixty [Paul the Venetian](#) - Indigo Ray - Third Eye Chakra



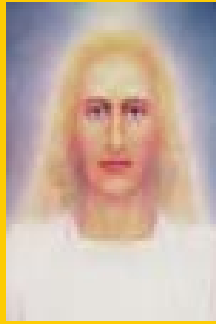
[Serapis Bey](#) -

**Chohan of the Fourth Ray - Serapis Bey, an ascended master**

associated with Luxor in Egypt, who holds open the Temple doors on the etheric level, and is one of the great teachers of ascension on the planet. Serapis Bey originally came from Venus and is the Keeper of the White flame. He works with Archangel Chamuel on the ray of compassion and is the

only Ascended Master who works with the Seraphim. He has an ascension seat Luxor. In past incarnations he was a priest in Atlantis and was the Pharaoh Akhenaton !V and also Amenophis. He is the master of the third ray, the yellow ray of active, creative intelligence, helping to bring perfection, focus and independence to artists, musicians, peacemakers, philosophers and metaphysicians. He works to balance and activate artistic beauty in all areas of life. He helps with

personal initiations. [Serapis Bey](#)



- Red Ray - Root Chakra

[Hilarion](#)

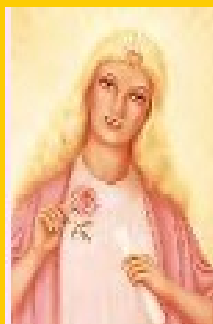


Chohan of the Fifth Ray , which is orange, the ray of concrete science,

knowledge and research, which is connected to the Temple of Truth. He is helping to bring in the scientific aspect of the New Age. He is particularly teaching us to use our mental powers and drops seed thoughts of the new technology and scientific ideas into receptive minds. He works to help us expand the mind and bring new consciousness and spirituality into all areas of scientific discovery. He stands for accuracy justice, common sense and upright attitudes and works particularly with mathematicians, scientists, inventors, musicians, chemists, electricians, engineers, surgeons and researchers. He represents the highest galactic confederation of our solar system in Saturn.. In a previous incarnation he was Paul the apostle. He works with Archangel Raphael.

[Hilarion](#) - Green Ray - Healing - Heart Chakra

[Lady Master Nada](#) -



Chohan of the Sixth Ray "Nada" means "nothing," which refers

to her great humility.

[Lady Nada](#) - Sacral Chakra. Lady Nada, a beautiful ascended master written about in the first two "green books" of the St. Germain Press: Unveiled Mysteries, and The Magic Presence. She is said to be the twin flame of Jesus. She works on the ray of compassion and is on the Karmic Board, where she represents the third ray. Lady Nada works with mental healing and upliftment. The thousand petaled lotus on her forehead symbolizes enlightenment for the feminine, as well as the masculine, mental body. She teaches that intelligence requires the addition of love to become wisdom.

**Maha Chohan** -



**Chohan of the Seventh Ray - It was He that enfolded Jesus in His**

**Cosmic Flame at the time of the baptism by John the Baptist, endow-ing Jesus with His powers. It was His action when the Holy Spirit descended upon the Disciples ten days after Jesus' Ascension; that was the radiation from the Lord Maha Chohan. He enfolded them in His Cosmic Flame which gave to them the assurance, courage, strength and power to carry on the teaching and works of Jesus. "The Comforter" referred to is the Lord Maha Chohan. The first Maha Chohan Who came with the first root race in the beginning established the Flame of the Holy Spirit and the Comfort Flame here on Earth. The three Maha Chohans of the first root races have each gone on with Their race. Feminine Beings have held this position. The Maha Chohan is at the head of the Elemental kingdom; and is the authority over manifestations in nature. He draws and supplies the energy used in all nature and by mankind. He is the magnet to draw that power from the Sun. He directs the various forms of culture and civilizations through the minds of embodied individuals so as to unfold and develop according to the divine plan. The Maha Chohan is the One Who gives the first breath to every new born child; He also takes the last breath of every individual as he passes on. It is said that the great Ascended Being, who is now the Lord MAHA CHOCHAN, was embodied as HOMER, the blind poet. Maha Chohan**

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**OTHER ASCENDED MASTERS**

**Djwhal Khul**

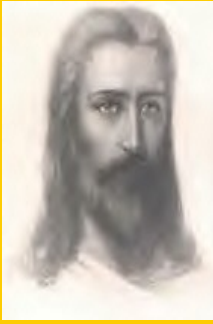


**Djwhal Khul, also called "The Tibetan," was a beautiful master who**

**achieved liberation under master Kuthumi's guidance. He is profoundly learned, knowing more about the seven rays and the spiritual hierarchy than perhaps any of his peers. He channeled wisdom works to Alice Bailey, a modern leader of the Theosophical Society. With Kuthumi and El Morya, he works diligently for our enlightenment. Djwhal Khul is known as The Tibetan who channeled the mighty esoteric works to Alice Bailey. He works under Lord Kuthumi and is a very learned being, working specifically to help us to move forward into the Golden Age. He is one of the most accessible of the Masters of Shamballa. Also known as Master of the 2nd Ray of Love and Wisdom. He was known to materialize, dematerialize and bi-locate. He works to balance energies and make them easily accessible to all. Shortly after leaving the earth plane in the late 1800's he began working with El Moyra, Kuthumi and St. Germain to assist them in the research of Helen Blavatsky.**



[Kuthumi](#)



**Yellow Ray - Solar Plexus . Kuthumi is the chohan or master of the second**

**ray, which is deep blue and governs Divine love, wisdom and truth and understand. He is a member of the Brotherhood of Golden Robe, those who take on the pain of world. He has an etheric retreat at Machu Picchu. In past incarnations he was Pythagoras, bringing in sacred geometry and the music of the spheres. He was the wise man, Balthazar, Shah Jahan and St Francis of Assisi. He works with Archangel Jophiel, and helps to touch people with wisdom & illumination, tact, foresight, consideration and friendliness. He works particularly with teachers, students, architect, ambassador and the artistic. He comes to those who seek knowledge in this time of change. Some say his previous incarnations are said to be John the Divine, Casper (one of the three Wise Men) among the others listed.**

[Babaji](#)



**[Message from Babaji](#) Babaji is the immortal master of the Himalayas,**

**known as the deathless avatar. He was initiated into Kriya Yoga and became the greatest Siddha or Perfected Master ever known. After ascension he promised to stay in his physical body to help all humanity and still appears to groups of disciples. Yogananda writes about him in Autobiography of a Yogi. It is said that you only have to say his name with reverence and you directly attract a blessing from him. [Babaji History](#)**

**See Almora Baba: below**

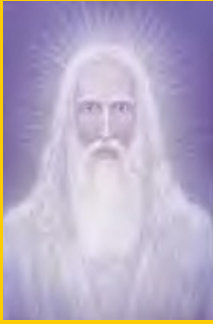
[Melchizedek](#)



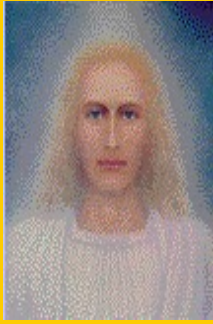
**Melchizedek is an ancient cosmic being in charge of the order of**

**Melchizedek, This brotherhood organizes the Mystery School, which holds the secrets of God, the Universe and the true history of the planet, and is working to establish heaven on Earth. Jesus was a high priest in the Order of Melchizedek. All humans belong at some level to this order.**

[Melchizedek](#)



[Sanat-Kumara](#) -



Sanat Kumara, also called "The Ancient of Days" and "youth of

endless summers." From Venus, he has assisted humanity from the lighter realms perhaps longer than any other master. He has also been the "planetary logos" for Earth, its prime overseer. Sanat Kumara is the Planetary Logos, apparently the greatest of the Avatars. He is the God of this Universe and He oversees ascension initiations in the inner planes. He has an Ascension seat in Shamballa, over Gobi Desert, where you may ask to go in meditation. [Sanat Kumara](#) [Sanat Kumara](#)

Vywamus - the higher self of Sanat Kumara. Vywamus is the higher self of Sanat Kumara. Sanat Kumara is the Master of Shamballa, also known as The Ancient of Days, who ensouled the Earth up until recently. Vywamus is reported to have had 32 lives in a physical existence in another galaxy, one of which included being a channel. An expert in communication and channeling Vywamus is specifically focusing the energies of joy, laughter and self love to aid Earth and humanity in their evolution to higher consciousness. A very high frequency energy bringing profound wisdom on a mass level concerning the relationship between humanity and our planet Earth. Assists in the Ascension Process. He is very much concerned with the Ascension of planet Earth. Ascension is achieved by increasing the amount of Light and the amount of Love that your cellular structure can hold. This Light and this Love is flowing from the Source. [Vywamus Message](#)

[Quan Yin](#)



Quan Yin, the great goddess and Mother of Compassion, loved and

revered throughout Asia. A beautiful expression of Divine Mother. Mercy means there is more assistance given through love than through merit earned. Following her ascension Kwan Yin turned back to save others and made this pledge - "Never will I seek, nor receive, private individual salvation, never will I enter into final peace alone, but forever and everywhere will I live and strive for the redemption of every creature throughout the world from the bonds of conditioned existence". Kwan Yin is associated with the earth, fertility, and birth, and healing. She has also brought forth the energies of Magnified Healing. Quan Yin is known as the Goddess of Compassion and is often depicted riding on a dragon. She is the eastern counterpart of Mother Mary and she



works to balance the feminine energy. She is one of the Lords of Karma representing the sixth ray. Isis carried the same 'mother energy' in Egyptian and Hinduism, Shakti (Vishnu's wife), Pavarti (Shiva's wife) and Sita (Rama's wife). Her proper name is Kuanshih Yin and means "She who harkens to the cries of the world". She is honored in Japan and China. A Celestial Bodhisatva and Ascended Master. [Quan-Yin](#)



[Sri Ramakrishna](#)

A devotee of the Divine Mother as Kali, Ramakrishna (1836-1886)

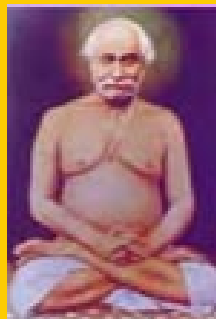
is widely revered as one of the greatest Hindu saints. Beloved for his great devotion, he experimented intensively with other religious paths, including Christianity and Islam. He taught a universal love and understanding of all religions



[Maitreya](#)

Maitreya, whose name is derived from the Sanskrit maitri, meaning

universal love, is known to Buddhists as the embodiment of loving kindness. Some believe this planetary master was Krishna, and that he inspired the life of Jesus. Maitreya is a Buddha, working diligently behind the scenes to enlighten humanity and birth the age of light. He is the planetary Christ who overlit Jesus during his lifetime and is the head of the Great White Brotherhood. Lord Maitreya was an incarnation of Krishna. He works to enlighten humanity and bring in the new Golden Age. Lord Maitreya is the being who holds the office of the Christ-Grid frequency for our planet. This is the new grid system of higher evolution. He is the head of the Spiritual Hierachy and is often called the "Master of Masters". He has served this position for 2500 years and is an aspect of Jesus/Sananda.



[Lahiri Mahasaya](#)

Lahiri Mahasaya was a 19th Century Indian master of rare

attainment and a direct disciple of the immortal Himalayan master Babaji. In a wonderful account in Autobiography of a Yogi, Babaji gave the ancient Kriya Yoga to Lahiri, who taught this great enlightenment tool for decades in Banares

[Meher Baba](#)



Meher Baba, a great Indian master born in 1894. A profound being of

light and wisdom, he was strongly connected with Sufism. He did not speak from 1925 until he left his body in 1969. "Don't worry, be happy" comes from him, a simple phrase which, if followed, is a life-transformer! The book God Speaks shares his teachings and aspects of his life

[Hathor](#)



The Goddess Hathor, who represents an ascended civilization of the fourth

and fifth dimensions. The Hathors are giving loving assistance and profound ascension teachings to humanity and Earth.

[Ramana Maharshi](#)



Attaining sudden self-realization at the age of 16, Ramana

Maharshi (1879-1950) is one of the great sages of modern India. On the holy mountain Arunachalam, he taught seekers to meditate upon the question "Who am I?" He wrote, "One can thus attain immortal consciousness and awaken to the true self, God, the real nature of man."

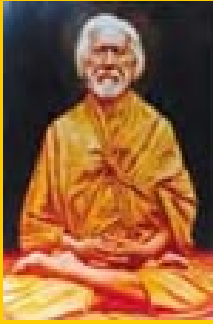
[Yogananda](#)



Paramahansa Yogananda, the Indian yogi who at Babaji's request came

to America in 1920. He founded the Self Realization Fellowship based in Los Angeles. There he founded the Self Realization Fellowship and introduced kriya yoga to the west. He authored Autobiography of a Yogi and other works. He has introduced millions to Eastern ways of enlightenment, and done enormous good in the world.

Sri Yukteswar



Sri Yukteswar was a great and revered master and the beloved guru

of Paramahansa Yogananda in India in the early 1900s. He was one of the few gurus who deserve absolute trust. He was the disciple of Lahiri Mahasaya, who was the disciple of the immortal Mahavatar Babaji.

The Great Divine Director



observes every lifestream at a certain point, and when

they can be of assistance to man-kind, he transmutes their human creation. He is a Member of the Karmic Board, representing the first ray. He represents an action similar to the Christ Self (Higher Mental Body) to mankind. He will give assistance to adjust things in legal matters.

Gautama Buddha



Lord Gautama - the Buddha, was one of the great enlightened

ones. He taught detachment and the middle way. The Buddha represents the wisdom energy while Christ is the love energy and they are brother\sister equal energies. Ascended 2500 years ago, Buddha "gave it all up" to find meaning in life and the reason why some suffered so much. It was during a meditation under the Bodhi Tree that he received Enlightenment. Buddhism was formed out of his Teachings. Gautama Buddha Gautama Buddha

Lady Portia



Lady Portia is one of the Lords of Karma representing the Seventh Ray

on that Board. She became Spokesman June 27, 1954, in honor of SAINT GERMAIN having become the presiding Master for the next two thousand year cycle. She holds the balance of mercy and judgment. She helps those who want to balance heart and head. She will also help those who judge and criticise others from the lower mind to raise their energy to their heart centre and be loving towards themselves and others. You may apply in meditation to the Lords of Karma for release of

personal or collective karma. If you do this, ask if karma may be released on every level - physical, mental emotional and spiritual, in every dimension and in every reality and universe. Lady Portia is one who frequently offers grace. One can call to Her for assistance in legal action. Her electronic pattern is the Maltese Cross."

### Krishna

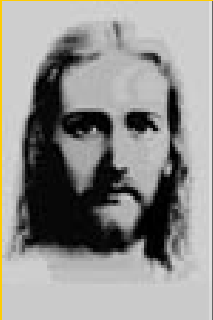


Lord Krishna, incarnated 5000 years ago as the Supreme Personality of

Godhead. Born as a cowherd boy, Krishna displayed his perfect divinity with the all attractive features of wealth, power, fame, beauty, wisdom and detachment. He was a slayer of demonic tyrants and enchanted all with the music of his flute. It is said that he overshadowed Jesus 2000 years ago, and Krishna is believed by some to have reappeared as Lord Maitreya in modern times.

Twin Flame / Divine Complement / Twin Ray: Lakshmi Also known as: Krsna, Vishnu , Embodied as: Krishna, King Rama, Vamana, Parasurama

### Sananda



Sananda is the risen name (spiritual identity) of the physical human

known as Jesus of Nazareth. .The spiritual mentor who ensures that, ultimately, our evolutionary path and spiritual growth is sustained in accordance with our souls' highest spiritual aims. To do so, his energy is in contact with each of us at all times, guiding us from the higher realms to embrace self loving choices and actions in our daily lives and improve our understanding and practice of Unconditional Love. This beloved master has showed humanity that death can be overcome and that love, forgiveness and compassion are our true nature. "What I have done you can do and more". Like all great masters Jesus did not come to be worshipped, he came to teach humanity how to become Christ like.

### Metatron



Lord Metatron: One of major Archangels, as well as Chief Elohim. Assigned

by Mother/Father God to be in charge of this present Creation, which is sixth of ten Creations provided for by Divine Plan. He is the twin brother of the angel Sandalphon. He was Enoch in an earthly incarnation. Metatron Messages From the "Keys of Enoch", Metatron is called the Almighty Eternal Lord and Divine Voice of the Father. Considered the Creator of the outer worlds, a teacher and guide to Enoch and creator of the Keys. He is also a co-worker with Zoroaster.

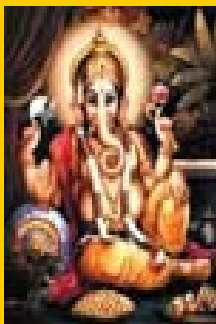
**Enoch** The patriarch Enoch, who "walked with God," was the Messenger of Sanat Kumara, the Ancient of Days, spoken of in the Book of Daniel. In the Book of Enoch, Enoch records the revelations of Sanat Kumara on the true nature and deeds of the fallen angels.



**Confucius**

Born in 551 B.C., he had to support his mother after his fathers early

death. He was educated in music, history, poetry and sports, and was a gentleman as well as a scholar. After his mothers death, and at the end of his morning period, he became a teacher of the 6 disciplines - poetry, music, history, government, etiquette and divination. Eventually he became the Chief Justice in his State, as was known as K'ung Fu-Tse in China. He later received a prestigious post that allowed him to spend the rest of his life compiling his writings, which are now called Confucian Classics. Confucianism arose from his teachings, the essence of them being to strive for perfect virtue in every thought, word and deed. Was an early incarnation of Ascended Master Djwhal Khul. [Confucius Biography](#)



**Ganesha**

Ganesha Chaturthi This Hindu festival commemorates the birth of

Ganesha, the son of Shiva (the Third Person of the Hindu Trinity). Ganesha, the god of wisdom and good fortune and the patron of learning and letters, is popular because he is gentle and helpful. Ganesha is depicted as an elephant-headed man to express the unity of man, the small being, with the Great Being, God. The Messenger teaches that the elephant-god Ganesha has the infinite memory of the Mind of God. Hindus believe Ganesha can remove obstacles, including obstacles to devotion. He is traditionally invoked before writing a book or at the beginning of any project. Elephant God of India. He is in charge of removing all obstacles.



**Zoroaster**

Iranian religious reformer and founder of Zoroastrianism. Connected with

occult knowledge and magical practices in the Hellenistic Age. (Or Zarathrustra). Persian messenger of Ahura Mazda (Sanat Kumara, or Enoch). Now the Ascended Master Zarathrustra. Slain with 80 priests whilst officiating in the temple, by an invading Persian army. In Old Persian he was called Zarathrustra or Zarthost. In a Greek transliteration he was known as Zoroaster. [Zoroaster](#)  
[Zoroaster](#)

[Padre Pio](#)



Padre Pio, a humble Capuchin priest from San Giovanni Rotondo, Italy,

was blessed by God in many wonderful and mysterious ways. The most dramatic was the stigmata. Padre Pio bore the wounds of Christ for fifty years! Among his other gifts were perfume, bilocation, prophecy, conversion, reading of souls, and miraculous cures. People are still being cured through his intercession in ways that cannot be explained by medicine or science. More important, if less spectacular, are the spiritual healings that take place in all parts of the world! Padre Pio is a powerful intercessor!!

[Milarepa](#)



Milarepa is one of the most widely known Tibetan Saints. In a superhuman

effort, he rose above the miseries of his younger life and with the help of his Guru, Marpa the Translator, took to a solitary life of meditation until he had achieved the pinnacle of the enlightened state, never to be born again into the Samsara (whirlpool of life and death) of worldly existence. Out of compassion for humanity, he undertook the most rigid asceticism to reach the Buddhist state of enlightenment and to pass his accomplishments on to the rest of humanity. His spiritual lineage was passed along to his chief disciples, Gambopa and Rechung. It was Rechung who recorded in detail the incidents of Milarepa's life for posterity.

[Afra](#) -

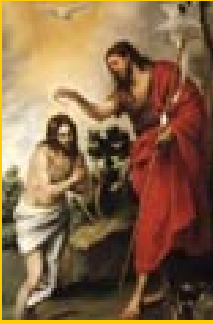


Afra is the patron of Africa and of the black race. Afra was the first member of

the black race to make his ascension. Long ago, he sacrificed name and fame to sponsor a vast continent and a mighty people. When Afra ascended, he asked to be called simply "a brother," or frater, in Latin. And so "a frater" became the name Afra. The black race was originally part of what was known as the blue race and the violet race. Their skin actually had either a blue or a violet hue. He offers to help us reconnect and maintain our deep connection to Spirit, and follow its innate rhythm throughout every area of our lives. He wishes to help us express our Higher Self energies which are always available to us.



[Elijah](#)



The prophet Elijah ascended to God in a "chariot of fire". As prophesied by

Malachi, Elijah returned to earth to go before Jesus as John the Baptist. Thus, as both Elijah and John the Baptist, He served as God's Messenger. [John the Baptist](#) Elijah - embodied as [John the Baptist](#)

[Saint Teresa of Avila](#)



- Saint Teresa of Avila, sixteenth-century reformer of the

Carmelite order in Spain, often communed with Jesus. He once told her, "Don't neglect to write down what I say . . . I shall give you a living book." Her original name was Teresa de Cepeda y Ahumada, and her chosen name as a nun was Theresa of Jesus. She came of a well-to-do noble family. She entered the Carmelite order (possibly in 1536). Much later she underwent (c.1555) a "second conversion," after which she experienced mystic visions. [St. Theresa of Avila](#)

[Rowena](#),



is familiar as a lady in King Arthur's court. Her name is also listed as an

ascended master in Samuel George Partridge's book, "Golden Moments With the Ascended Masters," on the third ray of love, cohesion and gratitude. She is associated with the medieval mystic and reformer, St. Theresa of Avila, who founded Carmelite convents in Spain. She believed in absolute poverty, chastity, and obedience in selfless service to God. Lady Rowena wears a Celtic cross on her medieval headdress. Her deep, dark eyes seem to pierce through all defenses to the soul. She encourages others to follow her path of self-discipline to mastery. ([King Arthur](#))

[Hermes Trismegistus](#),



(meaning "thrice blessed"), the Planetary Council Member

from Mercury, Lotus, an initiate in the Luxor Mystery School, and Thoth, the ibis-headed Egyptian

god of scribes, narrate these stories of ancient Egypt. Hermes Trismegistus, ancient Egyptian sage, was called the "scribe of the gods." Hierarchy of Second Ray - The Matrix Synthesizer Focal Point - Long Stone, Isle of Wight, England - Hermes - Hierarchy of the Second Ray Hermes, a God with Greek and Egyptian origins, who was most noted for his swift consciousness, was later portrayed by the Romans as the winged footed Mercury. The skillful and dexterous patron of alchemists, commerce, esoteric scholars, gymnasts, and travellers, he carried the caduceus rod with entwined serpents. A philosophical intellectual, contemplative mystic, arcane writer, mysteries theologian, intuitive magician, pious sage, and wisdom psychologist, Hermes is an extremely complex, mutable, and versatile individual with a penchant for solving puzzling perplexities and for transforming by reconciling opposites. (Hermes was the Greek name for the Egyptian Thoth ) The offspring of Hermes are believed to be Pan, Abderus and Hermaphroditus - [Hermes](#)



He is now the Ascended Master God Mercury, whom Ascended Master El Morya has

called "the archetype of the Messenger of the Gods."

[Mary Magdalene](#) -



Wife of Jesus, and "the Disciple of the Disciples". She was a

powerful force in the early Christian movement. It is little known that she is the wife of Jesus and spread his teachings after His death. She is the author of the Gospel of Mary and other spiritual writings. Because of her power and popularity the early church fathers slandered her and did all that they could to cover up her true relationship with Jesus. She has no relationship at all to the nameless adulteress mentioned in the Bible. Many believe that Mary Magdalene and Jesus bloodline is the long-sought Holy Grail.

[Leto](#) made the ascension four hundred years ago. She has golden hair. The fragrance of heather often surrounds her, caused by an experience from a former life in 11th century Scotland. If you call on Leto, she can assist you in remembering your activities, while you are Out Of Body (OBE or sleeping). She can also teach students to leave the body and return at will.. We can also call to her for The Coat Of Invisibility. Healing is also one of her services. During a plague, Leto released The Cosmic Healing Flame (directed by The Great Divine Director), and after a few days, the plague was stopped. She has been in Service to Mankind for more than 300 years. Leto was the lady who joined Guy Ballard (founder of the I AM Movement) on his journey from New York to France. In an address given to the students, some time ago, Ascended Lady Master Leto said that the records showing man's sojourn on Earth are preserved in their original language in which they were written at the Royal Teton where an Ascended Master can translate them into any modern tongue. Not before long, these records will be given to the outer world. [Leto](#)

## Ramtha



'The Lord Of The Wind' was the first human ever to ascend from the Earth

35,000 years ago. Known as Lord Rama in the Hindu tradition, Ramtha reappeared on Earth in 1977 to JZ Knight who is his exclusive channel. Ramtha was one of 13 Ascended Masters who organised the incarnation of Yeshua Ben Joseph (Jesus Christ). Ramtha has been at the leading edge of teachings on ascension and enlightenment for the last 25 years from his mystery school in Yelm, Washington.

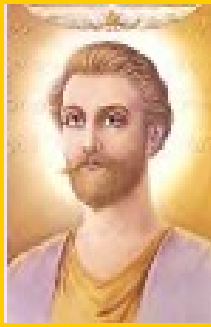
Thoth/Hermes - a demi-god - 'a Place Taker' a son of P'taah and keeper of divine secret knowledge. Thoth is most often depicted as wearing an ibis mask, with the head of an ibis, a large bird of the Nile. Egyptians associated the ibis's long curved beak with the moon. The ibis was regarded as one of Thoth's Earthly representatives. In Egyptian mythology, Thoth was the god of the moon, god of wisdom, the measurer of time, and the inventor of writing and numbers. He is credited with devising the standard 365-day year. Thoth was depicted with a symbol combining the Sun's disk and the Moon's crescent upon his head, and - in words reminiscent of the biblical adoration of the Celestial Lord - the Egyptian inscriptions and legends said of Thoth that his knowledge and powers of calculating 'measured out the heavens and planned the Earth'. Thoth was the 'god of the equilibrium' and considered depictions of him as the 'Master of the Balance' to indicate that he was associated with the equinoxes - the time when the day and the night were balanced. He was also the brother of Marduk/RA - a demi-god. His mate was Seshat. Scribe of the Gods. Thoth was one of the most powerful Gods worshiped throughout Egypt. He was known as Tehuti, or Thoth, "master of divine words and sacred writing." Thoth later became Merlin, St. Germaine, etc. Thoth

Seshat is the Goddess of Libraries, all forms of Writing and the Measurement of Time. The Egyptians believed that Seshat invented writing, while Thoth taught writing to mankind. She was known as 'Mistress of the House of Books', indicating that she also took care of Thoth's library of spells and scrolls.

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## St. Germain

St. Germain - The Seventh Ray of Freedom and Transmutation :  
Archangel Zadkiel and Holy Amethyst are the archangels of the seventh ray  
Elohim Arcturus and Victoria are the Elohim of the seventh ray  
Omri-Tas. Is the Ruler of the Violet Planet  
Saint Germain's twin flame is the Ascended Lady Master Portia  
Saint Germain is the Lord of the Violet Ray  
The Path of The Alchemist/Transformation



**Earthly incarnations: Francis Bacon, High Priest on Atlantis, Samuel the Prophet , Alban, Roman Soldier, Teacher of Neoplatonists, Merlin, Roger Bacon, Christopher Columbus, Wonderman of Europe . The Count St. Germain, known as the "Wonder Man of Europe" in the 1700's. He looked the same for 100 years, spoke every language, traveled by thought, fed the poor, and worked for peace. He took his body into light (ascended), and now works with humanity mostly from the lighter realms.**

**Saint Germain is Chohan of the Seventh Ray, the violet ray, of freedom, alchemy, justice, mercy and transmutation. He is the sponsor of the United States of America and the hierarch of the age of Aquarius, who comes bearing the gift of the violet flame for world change. He tutors and initiates souls in mastery of the seat-of-the-soul chakra, preparing them to receive the Holy Spirit's gifts of prophecy and the working of miracles.**

**Two of his well-known embodiments were Christopher Columbus and Merlin the magician, a spiritual adept who has unfortunately been mythologized. In a series of recent embodiments from the prophet Samuel to Francis Bacon, Saint Germain was the all-pervasive mind, laying the empirical foundation for an age of enlightenment, pushing back the barriers of limitation in the physical and spiritual sciences. As Roger Bacon he directed and inspired devotees of the sacred science, then in his embodiment as Saint Germain, the Wonderman of Europe, he outpictured the quintessence of the alchemists' dream for all to see.**

**The Ascended Master Saint Germain teaches that the highest alchemy is the transformation of one's human consciousness into the divinity of the Higher Self. He stands ready to assist all souls in this endeavor. He has also said he would release the technology of the Aquarian age when the nations shall have put behind them the destructive uses of science and religion to accept the challenge which lies at the heart of both, which is for man to enter his heart and the nucleus of the atom and to harness from both the unlimited spiritual and physical resources to establish the golden age.**

**His etheric retreats are located over Transylvania in Romania and Table Mountain in Wyoming.**

**He wrote in cipher, "I trusteth all to the future and a land that is very far towards the sunset gate.... I keep the future ever in my plan, looking for my reward, not to my times and countrymen, but to a people very far off, and an age not like our own, but a second golden age of learning."**

**Having discovered the continent and encouraged its colonization, he must also insure a proper foundation for the new nation. Saint Germain stood by George Washington throughout the Revolution and during the winter at Valley Forge. His past efforts in initiating the society of Freemasons had enfiend many of the key figures of the Revolution. General Washington, Alexander Hamilton, James Madison, John Hancock, Benjamin Franklin and as many as fifty-three out of the fifty-six signers of the Declaration of Independence were all members of the Masonic order, whose principles had guided them in founding the new nation. Further, Saint Germain called for the signing of the Declaration of Independence, directed the writing of the Constitution and anointed Washington first President of the United States.**

America was secured as the land of opportunity and Saint Germain devoted himself to the raising of the consciousness of her people.

In the twentieth century, the Master went before the Lords of Karma to plead the cause of freedom for and on behalf of the original 576 he has sponsored, expanding that circle to include the Lightbearers of all centuries--the original Keepers of the Flame who came with Sanat Kumara as well as the children of God who had been evolving unto the spiritual gifts and graces through earth's numerous ages.

However, as the decades have passed, the rate of increase in the return of mankind's karma has precipitated what is known as the Dark Cycle--the era of Chaos and old Night whose signs are foretold in Revelation, even as the hoof beats of the Four Horsemen can be heard throughout the land.

Let us listen to the prophet Samuel--dubbed Uncle Sam by his people--who has indeed begun to sound his prophecy to the chosen. He has warned that the I AM Race--those who have the seed of the name I AM THAT I AM within their hearts--"have not hearkened unto the LORD, nor have they fulfilled the wholeness of the Law." Therefore, the Master says:

- Some among this people must be and become direct initiates of Sanat Kumara, for always there has been the requirement of the ransom. Let those who are the inner circle of the devotees, those who are the first fruits who come and stand as the ensign of the people, raise up the banner of Christ as the one whom they serve, the one who by his very Communion promise at the Last Supper designated each and every son and daughter of God for the internalization of the Word...
- Unfortunately, and this word is mild, but it is unfortunate indeed that the laws of Christ and his Teachings, so meticulously brought forth to the close initiates, are not fully known today, having been taken even from the holy people. Therefore, to obey Christ becomes the challenge of the hour--to find the Person of that Christ, to find the Way and the Teachings.
- You have received the lost Word and the lost Teachings of Jesus Christ through our effort.... As a result of this, you have been strengthened and protected in that Word and Teaching. And some from among you have taken their leave at the conclusion of their embodiment and gone on in the full resurrection with Jesus Christ.... Thus, the proof of the Teaching and the Path is that it leads one successively to that higher and higher consciousness where unto the individual is assumed into the very heart of the I AM Presence [becoming indeed the pure Person of that Christ].

Today, as we see the cycles of earth's returning karma reach a mounting crescendo wherein even the four sacred freedoms are threatened, the Brotherhood has set aside a place in America's Rocky Mountains for the pursuit of the Lost Teachings of Christ to their fullest expression.

Saint Germain spoke of it in 1983 when he said that we have come "to a similar moment to that of that final hour of the golden age when I presided where the Sahara now is. My family is much larger than it was then, for I include every one of you who love me as my very own family.... In that hour, our family was taken to the golden etheric city of light. In this hour, we have summoned you to a higher place in the mountains of the north."

Our beloved Saint Germain and his twin flame, the Ascended Lady Master Portia.

[Saint Germain - Violet Ray - Crown Chakra](#)

[Message from Saint Germain](#)

## [Summit Lighthouse](#)

## [Ascending Beyond Enlightenment](#)

## [Who Am I?](#)

## CHANNELINGS

### [Message from Archangel Michael](#)

### [Messages from Archangel Michael](#)

### [Message from Archangel Uriel](#)

### [Message from Commander Asthar Sheran](#)

### [Message from El Morya](#)

### [Archangel Michael](#) - JOHN ARMITAGE OCT 1995

### [Archangel Michael](#) - JOHN ARMITAGE - OCT 1998

### [ARCHANGEL MICHAEL](#) - JOHN ARMITAGE - MAY 2000

### [Metatron](#) - JOHN ARMITAGE - MAY 1996

### [Mahasamatman](#) - KATHLEEN MURRAY - MAY 2000

### [Mahasamatman](#) - KATHLEEN MURRAY DEC 1996

### [Mahasamatman](#) - KATHLEEN MURRAY-THE BIRTH OF THE CHILD OF LOVE

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### [MELCHIZEDEK CHANNELINGS](#) -JOHN ARMITAGE MAY 1997

### [MELCHIZEDEK](#) -JOHN ARMITAGE MARCH 1998

### [Melchizedek](#) -JOHN ARMITAGE MAY 1997

### [Melchizedek 2](#) -JOHN ARMITAGE MAY 1997

### [Messages from Melchizedek](#)

### [Melchizedek](#)

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[MAHATMA](#)

[MERLIN](#) - JOHN ARMITAGE-NOV 1997

[MERLIN](#) - JOHN ARMITAGE

[MERLIN](#)

channeled through Hari Das

Easter Sunday, Munadarnes, Island 2000

[MERLIN ON SACRED SITES OF SCOTLAND](#) -JOHN ARMITAGE - 1998

[MODRA](#) - JOHN ARMITAGE 2000

[LORD MAITREYA](#) - JOHN ARMITAGE - MAY 2000

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Mother Mary

[LOVE AND COMPASSION IS THE ENERGY OF VICTORY](#)

[MARIA THE PURPOSE AND NATURE OF KNOWLEDGE](#)

[MARY THE ENERGIES OF THE GODDESS](#)

[MOTHER MARY](#) JOHN ARMITAGE APRIL 99

[Messages from Mary](#)

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[MERLIN AND MAHASAMATMAN](#)

10th December 1999 Merlin channelled by John Armitage / Haridas

Mahasamatman channelled by Kathleen Murray

[Messages from Merlin](#)

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Mahasamatman

[Anchoring the Divine Self](#)

[Global and Universal Healing](#)

[Anchoring Rays of Divine Light,](#)

[Lemurian Journey](#)

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[MAHASAMATMAN 2 - KATHLEEN MURRAY-OCT 1996](#)

[MAHASAMATMA - KATHLEEN MURRAY-](#)

[ARCHANGEL METATRON - KATHLEEN MURRAY- MAY 1997](#)

[Messages from Metatron](#)

[Metatron](#)

[MOSES - KATHLEEN MURRAY- MAY 1996](#)

[MOTHER EARTH - JOHN ARMITAGE](#)

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[Alcion & Aolean](#)

[Ashtar](#)

[Messages from Kuthumi](#)

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[Kuthumi](#)

[Maitreya](#)

[Messages from Od](#)

[Quan Yin](#)

[Sanat Kumara](#)

[Messages from Sanat Kumara](#)

[Messages from Sananda](#)

[Messages from Sananda and other spirits](#)

[Messages from St. Germain](#)

[Messages from Vywamus](#)

[17/11/02 - Athena & Lords: ACHIEVING UNIVERSAL HARMONY.](#)

17/11/02 - Monka (Paul) : RECREATING THE MICROGALACTIC COMMUNITY; RECREATING THE ENVIRONMENT.

04/11/02 - Lenduce (Paul) : STABILIZED GROWTH; HIGHER SENSITIVITY.

24/10/02 - Lords of Light: EMBRACING UNLIMITED CAPABILITY.

04/06/02 - Serapis Bey (Paul) : EXPANSION BY INNOCENCE & SIMPLICITY; OPPORTUNITIES & POTENTIALITY.

28/05/02 - Masters: PERCEPTION; EXPECTATION; ANTICIPATION.

22/04/02 - Collective: STRETCHING MENTAL BOUNDARIES.

30/03/02 - Lords of Light: INITIATIONS

26/01/02 - Akhenaton: OPEN HEART TO RE-UNITE FRAGMENTS OF SELF.

17/12/01 - Jovian: RELENTLESS RATE OF PROCESSING.

13/12/01 - Monka (Paul) : TRANSMUTING CONFLICT; SYNCHRONISING WITH EARTH.

17/10/01 - Vesta (Paul): HUMANITY EMERGING; GALACTIC NEIGHBOURHOOD & RESPONSIBILITIES

21/06/01 - Monka (Paul): NEW POWER & FUELS; GALACTIC COMMUNITY & RESPONSIBILITIES

17/10/01 - Lords Of The Land: DOORWAY TO A NEW WORLD

10/10/01 - Galactic Unity: HARMONY REPLACING SEPARATENESS.

27/06/01 - Gaia: ALIGNING TO LIGHT KEY.

27/06/01 - Electra (Paul): BONDING OF FORM.

08/03/01 - Lady Nada: THE CORE OF UNLIMITED SELF.

02/03/01 - Kamus: EMBRACING YOUR DIVINE CREATION STREAM; DISCERNMENT IN CREATION.

22/02/01 - Devic Realm: LIBERATION OF LIMITATIONS; SELF & THE PLANET; GROUNDEDNESS.

10/01/01 - Central Sun: RELATIONSHIP WITH EARTH; PORTALS OF SERVICE.

11/12/00 - Lords of Space/Time: LIGHT SEED OF MULTIPRESENCE

17/12/00 - Central Sun: UNIFYING THE LAYERS OF SELF.

[24/11/00 - Lords of Light: FLOW OF LOVE; CREATING UNITY.](#)

[07/11/00 - Kamus: UNITY.](#)

[25/10/00 - Central Sun: DISSOLVING POLARITY; CREATING HARMONY.](#)

[19/10/00 - Lords of Light: BALANCE & HARMONY; USING YOUR WISDOM.](#)

[20/07/00 - Unified Central System: LIGHT MATRIX TO SUPPORT SERVICE.](#)

[07/07/00 - Albecah \(Paul\): RICHNESS OF FEELING; NEW SENSITIVITIES.](#)

[26/05/00 - Kamus: LIGHT NETWORK; SEEDS OF NEW LIGHT](#)

[19/05/00 - Albecah \(Paul\): MAGICAL MOMENTS; CONDUITS OF LIGHT](#)

[09/05/00 - Kamus: TRUST; EXPANDING LIMITS OF ACCEPTANCE; BELIEVING IN MIRACLES.](#)

[18/04/00 - Force of Kora \(Paul\): THE POWER OF DEVOTION TO SELF; REMEMBER LEARNING.](#)

[18/04/00 - Lenduce: GRACE; EXPONENTIAL GROWTH.](#)

[18/02/00 - Collective One: RELEASING DOUBT & TRUSTING.](#)

[05/02/00 - Lenduce \(Paul\): CHILDREN OF LIGHT; RECLAMATION OF POWER; AWARENESS.](#)

[21/06/99 - Monka \(Paul\): EARTH LOCATIONS; TRUTH.](#)

[07/05/99 - Arcon: LINEAR TIME.](#)

[16/05/99 - Lords of Light: ANCHORING ENERGY.](#)

[21/10/99 - Central Sun: SACRED UNITY](#)

[09/02/99 - Collective One: IN THE FLOW; ACKNOWLEDGING YOUR CORE](#)

[30/09/99 - Divine Unity: INTO LIGHT VIA EMOTIONS.](#)

[05/11/98 - Elohim: YOUR THREAD OF LIGHT.](#)

[08/07/98 - Lenduce: THREADS OF LIGHT.](#)

[07/01/98 - Melchior: GREATNESS; EXPANSION; SELF AWARENESS & APPRECIATION](#)

[14/04/98 - Melchior: THRESHOLDS; TRUST YOUR SENTIENCE.](#)

[19/08/98 - Odin: LEARNING.](#)

[01/07/98 - Siva: COME AGAIN; NOT BATTLE.](#)

[18/02/98 - Melchior: ABSORB EXPANSION.](#)

[24/06/98 - Siva: MASTERY; PARTNERSHIP; SOURCE.](#)

[10/12/98 - Zarcon & Torbon: AMPLIFYING FREQUENCIES.](#)

[07/01/98 - Zolah \(Paul\): ATTRACTING ATTENTION; ACHIEVEMENTS.](#)

[21/01/98 - Zolah \(Paul\): CAVE MEDITATION: GROUP INITIATION.](#)

Archangel Gabriel, who came with a bouquet of lilies to Mary, to tell her of Jesus' birth from her womb. He is also associated with the water element, and is called Lord of the astral plane. Archangel Gabriel reminds us of our divine image, the perfect vision of ourselves. So ask him for guidance about your next step or your life mission. He represents the white ray of purification and will help you to release and heal your past. He assists in the ritual of ascension, the reuniting of the soul with God. His twin flame Hope is the divine spark that resides in the heart chakra, the pure flame of the divine mother and gives us hope and power to move on instead of staying stuck. His etheric retreat is at Mount Shasta, California and he also has a retreat at Findhorn, for purification and awakening.

St. Francis

MUHAMMAD

Saint Aeolus

Wontanna

Lord Sairthihu

Zarathrustra Zarathrustra, Messenger of Ahura Mazda, founded Zoroastrianism in ancient Persia. The Ascended Master Zarathrustra has revealed that Ahura Mazda (which means "Wise Lord") was Sanat Kumara.

Adoniesis

Atlantis Angelis

Krom

Laiolin

The Brotherhood of Light

Isis - Egyptian Mother Goddess. As Divine Physician, Isis taught her priestesses techniques of healing, including the preparation of medicines for contraception, fertility, and relief from pain. She connects us with our own innate healing powers.

Djwhal Khul, also called "The Tibetan," a beautiful master who achieved liberation under

Master Kuthumi's guidance. He is profoundly learned, knowing more about the seven rays and the spiritual hierarchy than perhaps any of his peers. He channeled the wisdom works to Alice Bailey, a modern leader of the Theosophical Society.

Sri Ramakrishna (1836-1886), widely revered as one of the greatest Hindu saints, was primarily a devotee of the Divine Mother as Kali. Beloved for his great devotion, he also experimented intensively with other religious paths, including Christianity and Islam. Based on his experience, he taught a universal love and understanding of all religions.

Krishna, the incarnation of the Hindu deity Vishnu the Preserver, part of the Father aspect of God, often called the Lord of Lords. Born as a cowherd, slayer of demons, Krishna enchanted all with his beauty and charm, and the music of his magical flute. Krishna and Radha Lord Krishna is one of the great avatars of Hinduism. He is the Eastern equivalent of the Christ. He lived in 5000 BC and was Lord Maitreya in a past life. Radha is his consort. This picture represents relationship at the highest spiritual level, the perfectly balanced masculine and feminine. It is a wonderful picture to place in the relationship corner of your home if you wish to attract your divine right partner or add higher possibilities to your current partnership.

Madame Blavatsky, Founder of the Theosophical Society, and from the left her teacher Kuthumi, her master El Morya and St. Germain. "Mme. B," born in Russia in 1832, was a great adventuress, a powerful psychic and a pure spirit

#### ALCION & AOLEAN through Alexandria

The masculine energy/feminine energy counterparts of Central Galactic consciousness. Emanating from the Central Sun of our galaxy, their concerns are primarily with the balancing and harmonizing of polarities during Human/Planetary ascension so that we as a planet might consciously take our place in the galactic community of which we are a part.



ALMORA BABA

A present form of the immortal master Babaji, the immortal master

of the Himalayas written about in Autobiography of a Yogi. Immortal Babaji is about 5,000 years old, ever youthful, and a great server of humanity. Babaji has every power: he travels by thought, and manifests anything needed from the air. This Babaji dwells mostly in Almora, India.



Ananada Mayi Ma

Ananda Mayi Ma, 1896-1982, was a beloved incarnation of

Divine Mother. Born in what is now Bangladesh and unrecognized for many years, gradually followers flocked to her feet until she became widely known. She traveled extensively, giving inspiration to all.



**Archangel Gabriel :** Archangel Gabriel, a messenger of God who came with a bouquet of lilies to Mary to tell her of Jesus's birth from her womb. He is also associated with the water element, and is called Lord of the astral plane.

**Lord Kuwaya:** Aspect of Mother/Father God in charge of overseeing primary energies of Creation that are needed to carry out Divine Plan. Supervises, along with Lord Siraya, unfolding of Divine Plan.

**Lord Michael:** Magnificent Being of Light and major Archangel. Duty is to inform the many Archangels how best to carry out Mother/Father God's divine Plan.

**Lord Siraya:** Aspect of Mother/Father God in charge of sacred Lineage and Councils of Heaven, that carry out Divine Plan. All Divine minions of Heaven follow his holy pronouncements.

**GALACTIC COUNCIL** A collective energy of high consciousness representing a variety of our neighbours in the galactic arena concerned with our species consciously functioning peacefully as a part of the galactic community

**LADY MARY** Represents core Feminine Energy capacity of human consciousness. An Ascended Master who has influenced human consciousness through various incarnate souls bringing the nurturing and compassionate aspects of feminine energy in a celebration of unconditional love. Mother Meera and Mother Amichi are present day examples of this influence.

**MELCHIZEDEK** Melchizedek is the overseeing consciousness of the Order of Melchizedek. The Melchizedek energy strives to bring higher wisdom to humankind by influencing the arts and sciences, education and technology. Melchizedek represents one of the triune of consciousness - that of Wisdom - which make up the fundamental human life force (see: Michael and Metatron listings)

**MERLIN** Now in the realm of Ascended Masters, this energy is the essence of the incarnate being Merlin the Magician. Merlin endeavours to teach humankind spiritual Self Mastery - the spirit of alchemy (transmuting energy form one form into another) and creating reality itself through employing spiritual empowerment principles. The energy of Merlin becomes present on Earth in times of great transformation and enlightenment helping humankind use such periods as constructively as possible in achieving higher spiritual aims. St Germain, Ahkenaton, Merlin and Moses are parts of the same soul stream. Merlin was originally Thoth in earlier incarnation.

**METATRON** Metatron supports the humanity when we choosing to enter the state of initiation, reducing fear and polarity on both individual and collective levels. Metatron says "You will come through me" because the Metatron vibration is present during reductions of polarity to help maintain continuity in major shift times. Metatron represents one of the triune of consciousness - that of Love - which make up the fundamental human life force (see: Michael and Melchizedek listings).

**MICHAEL ARCHANGEL** Michael is the overseeing Force of Power through Non-attachment and wields the Sword of Light as its spiritual instrument. Michael is concerned with bringing human souls self power (power within, not over) through letting go of self denial, emotional attachments, and fears such as need and dependency. Michael represents one of the triune of consciousness - that of Power - which make up the fundamental human life force (see: Melchizedek and Metatron listings).

**OD** Od is a relatively recently channelled energy (only since 1997) and is a collective energy of the highest order, coming "in service to vibration." This energy comes from "Undifferentiated Light", a source closest to The Source.

**Serena, a teacher in Saturn's Universal School of Wisdom, describes her life and work. Serilius, a handsome Greek, relates his personal experiences teaching with Pythagoras, in 650 BC. Zoroaster, the Planetary Council Member from Saturn, completes the trilogy of Saturn's influence on Earth..**

**Kali - Hindu Goddess of Transformation. The triple Goddess of creation, destruction, and rebirth, Kali encompasses three aspects of spirituality. She understands the mystery that death and birth are parts of the same cycle, that new life begins with the destruction of old forms.**

**Lakshmi - Hindu Goddess of Abundance. Lakshmi, which means sign of fortune, is the Goddess of success or prosperity, and is worshipped for beauty, wealth, surplus, and peace.**

**Paracelsus**

**Carlos Castaneda**

**St. John of the Cross**

**Baha'u'llah**

**The Master Pythagorus**

**The Master Lao Tse**

**Another group of Masters called the Holy Four, also known as the Mind Born sons who spring from the four fold mystery. They are:**

**Sanat- Kumara**

**Sanaka**

**Sananda**

**Sanatana**

**They are also called the seven sons of Brahma, when adding the three lesser kumara:**

**Sana**

**Kapila**

**Sanatsujata**

**Taliesin (Radiant Brow), is Chief of the Bards and the son of the goddess Cerridwen, who as the keeper of the cauldron of changes acted as both his mother and his initiator. Steeped in the sacred mysteries, he served alongside Germanus (Merlin) as one of the visionary advisors to King Arthur and the Knights of the Round Table. A brilliant poet and a seasoned, elemental shapeshifter, Taliesin is also skilled in intuitive prophecy and the spiritual realization sciences. As a songwriter, his lyrics and melodies awaken the soul and function as the impetus for fluidic alterations of consciousness.**

**White Buffalo Calf Woman - Native American Ascended Master. She helps with the "Great Shift" - the transformation of the Earth into the Golden Age.**

**Wontanna - Native American Ascended Master. He is very much connected to Nature, and is concerned with honoring and healing our Mother Earth. He offers his assistance to those of us who are particularly drawn to working with the elements and the animal kingdom.**

**St. Therese of Liseux turns up in a number of "PoS churches", and she took her name both from Theresa of Avila, a Discalced Carmelite and mystic, and Therese of Lidoine, a Carmelite nun who was murdered by the Revolutionary Terror in Compeigne.**

**Samuel The prophet Samuel was the last of the Judges of Israel. He received His calling as a Messenger when He was a child. Through Samuel, God anointed David as king of Israel. Samuel is now the Ascended Master Saint Germain.**

**AQUALA AWALA is a sister spirit to Kwan Yin. She represents the whales, dolphins and the seas. She also works with the aqua light in aiding healing. Call her in for any emotional or mental healing.**

**WHITE EAGLE also known as Quezacoatl, is associated with the American Indian Cultures. He visited the tribes of North and South America, bringing Divine information and healing skills. He is strongly attuned to Mother Earth and the four facets of earth, wind, water and fire. Call him in for strength, guidance and your connection with earth. Quetzalcoatl, the Planetary Council Member from Uranus, recounts the history of his planet and their ET interaction with early Central Americans.**

**JOACHIM also known as the Father of Mother Mary, represents humour, wisdom and humanity. He encourages the use of human traits for higher intentions. Call him in for a human and humorous aspect on Higher knowledge.**

**Brede/Brigit - Goddess of birth, inspiration, healing and love. A healing guide for the planet and all who wish to work with her. She works with herbs and flower remedies.**

**White Buffalo Calf Woman Yemaya Aura - Spirit healer. Her and her people are primarily here to help healers. Ask if one of them would like to work with you. Often seen in the form of blue light.**

**Pallas Athena Pallas Athene; Goddess of war, wisdom, arts and crafts, industry; Minerva**

**Moses The prophet Moses was the Messenger of the "I AM THAT I AM". He was called to deliver the Israelites out of bondage in Egypt. The Book of Exodus records: "The LORD spake unto Moses Face to face, as a man speaketh unto his friend." He is now the Ascended Master Lord Ling.**

**Ernon, Rai of Suern The coming of Moses was prophesied 13,000 years ago by Ernon, Rai of Suern, a Messenger of God at the time of Atlantis. His subjects, the Suernis, rebelled against His discipline, and Ernon warned that they would have to wait some 90 centuries for their next Messenger, "him who shall be called Moses." The Suernis reincarnated as the Israelites, among the seed of Abraham.**



**Merlin -**

**Master of Time. The Immaculate Heart. See St. Germain above**



**Krishnamurti -**

**One of the most prolific thinkers of this century. Krishnamurti**

**presents new ideas into what is reality, and what is self.**

**Inanna/Ishtar - demi-god -granddaughter of Enlil**

**Anu**

**EA/Enki P`taah Egyptian - a demi-god -'The Developer' (also Enki of the Sumerians) lived about 8700 B.C.**

**Nimah - demi-goddess -created Adam with EA/Enki/P'taah**

**Enlil**

**Marduk/Ra - (Bel Marduk) also known in the Bible as 'The Lord' - a demi-god - lived about 3700 BC. He became Amen-RA. Thoth was his brother.**

**Gilgamesh - 1/2 demi-god-1/2 human - son of Utu/Shamash and goddess Ninsun.**

**Ashtar - Assists to Achieve Higher Dimensional understanding. He has had many lives on Earth, including Thomas the Apostle, St. Jerome, and Copernicus. He offers us his help in the fields of music and science.**

## **CHURCH OF THE HOLY GRAIL**