

## Eye Gazing

hand dancing right then left alone. then with partner. watching the other without following the other's movements. then holding the other hand and dancing the free hands together. eye gazing--how powerful to add another sense to the mix.

if i dance and am watched, i feel moments when i become aware of the observer. when i either feel them or become aware of them, in my imagination i look at myself through their eyes.

when dancing eye to eye there seems to be more of an energetic merging. or is it that we are already this merged and become more aware of the parts of self that feel separate when our eyes are closed?