



ALL EARTH SPIRITUAL MOVEMENT INTL
 GOD IS LOVE, LOVE IS PRECIOUS

IMAGE OF LAST SAVIOUR IMAM
 MEHDI RIJAZ AHMED GOHAR
 SHAHI IS VISIBLE ON THE MOON



AND YOU WILL SEE THE PEOPLE ENTER THE RELIGION OF GOD, IN CROWD (HOLY SCRIPTURE)

Verily, in the remembrance of Allah do hearts find rest (Holy Scripture)

ABOUT
 IMAM
 MAHDI

The Word "ALLAH"

SPEECHES

The *Syriac* language, which is spoken in the Celestial Spheres, is the language in which the Angels and God address (each other). Adam *Safi-Allah* spoke this language in the Paradise. Adam and Eve descended in the world and settled in Arabia. Their children also spoke the same language. As a result of their progeny spreading in the world, this language sprouted into Arabic, Persian, Latin and into English. Thus, God was called by different names in different languages. As Adam lived in Arabia, there are many words of *Syriac* language in Arabic. God addressed the Prophets: Adam as *Adam Safi-Allah*, Noah as *Nuh Nabi-Allah*, Abraham as *Ibraheem Khalil-Allah*, Moses as *Musa Kalim-Allah*, Jesus as *I'sa Ruh-Allah* and Muhammad as *Rasul-Allah*. These Kalima (the Mottos) in *Syriac* language were inscribed on "guarded Tablet" before the Messengers came (in this world). This is why Prophet Muhammad said, "I was a Prophet even before I came into this world".

Some people think that the word *Allah* is a name given by the Muslims, but this is not so.

Prophet Muhammad's father's name was *Abd-Allah* at a time when Islam did not even exist. The name *Allah* was called with Kalima (the Motto) of every Prophet before Islam also. When the souls were brought in existence the first word on their tongue was *Allah*. When the Soul entered the body of Adam, it entered the body after having said, "*Ya-Allah*". Many religions take this subtlety as truth and chant the Name *Allah* and others deprive themselves of the Name because of their doubts and suspicions.

For more details, read the book ["The Religion of God - Divine Love"](#)

The message of His Holiness Gohar Shahi is the Love of God

As all religions worship the same God, His Holiness carries a great grief and concern for the hatred, discrimination, that originate by misunderstanding

the religions. He works relentlessly toward the goal of all communities coming together by recognizing the Unity of God, and has devoted his entire life to this end.

His Holiness says:

"All religions are from one God. Religion is like the vehicle, which takes you to the destination. You can become lost if you are consumed with religion, and forget God,- the destination."

Spirituality (Ruhaniyat) is a way to achieve the Love of God. Spirituality is to facilitate the transformation of the physical heartbeat by chanting the personal Name of God (Allah). When God (Allah) enters the heart, only then will we be able to find that Love and find peace within our hearts.

His Holiness explaining about Heart Meditation and how to achieve Love of God (with English translation)

THE METHOD OF PRODUCING LIGHT (DIVINE ENERGY)

Kindly take permission of Heart Meditation (*Zikr-e-Qalb*) either from picture of His Holiness Riaz Ahmed Gohar Shahi from Moon or from video below before practicing the methods mentioned here, in order to experience true benevolence

In the prehistoric times, rubbing stones together generated the fire. Rubbing of metals together also produces a spark. Now the electricity is made from the motion of water. Similarly, electric energy is produced by the vibration of heartbeat and by friction of the blood inside the human body. There is approximately one and a half volts of electricity in every human being and this keeps the body agile. As the heartbeat slows down in old age, it reduces the electricity in the body and consequently the agility. First of all, the heartbeats have to be made prominent. Some do it by dancing, others by sports and exercise, and yet others by meditating and chanting the Name of *Allah*.

When the heartbeat increases, try to synchronize *Allah Allah* with every beat or try to synchronize *Allah* with one heartbeat and *Hu* with the other. Some times place your hand on the heart and by feeling your heartbeat, try to synchronize the Name *Allah*. At times, synchronize it with the beating (or rhythm) of the pulse, and imagine that *Allah* is entering into the Heart. The chanting of "*Allah Hu*" is better and swiftly influential. If anyone has an objection on *Hu* or afraid of chanting *Hu*, then instead of deprivation, synchronize *Allah Allah* with vibrations. It is

beneficial for the aspirant in litany, remembrance, and invocation to physically remain as clean as possible because:

“Those who show respect, obtain the benevolence and those who don't remain deprived”



The first method of producing Light

Write Allah on a paper in black ink, and exercise this as long as you wish on a daily basis. One day, the Word ‘Allah’ will hover over your eyes from the paper. Then, attempt to transpose the Word *Allah* from eyes to the Heart with concentration.

The second method of producing Light

Write *Allah* on a zero watt white bulb in yellow colour. While you are awake or just before going to bed, concentrate, and try to absorb this Name into your eyes. When it appears or hovers over eyes after a few days, try to transpose it to the heart.

The third method of producing Light

This method facilitates those people who have *Kamil Murshid* (Universal Guide), who does patronize with his relation and spiritual affiliation. Sitting in solitude, imagine that your index finger is a pen, try writing *Allah* on your Heart. Call upon your Universal Guide considering that he too, holding your finger, is inscribing Allah on your heart. Practice this everyday, till you see *Allah* inscribed on your heart.

In the first and second methods, the name Allah becomes inscribed on the Heart, just as it is generally written or seen. When it begins to synchronize with the heartbeat, it gradually starts to glitter. When the assistance of the Universal Guide is provided, it is seen well written and shining on the Heart from the beginning.

[GET PERMISSION OF HEART MEDITATION \(ZIKR-E-QALB\)](#)

Anyone watching the above video [link goes to an MP4 file] can get permission of Heart Meditation (*Zikr-e-Qalb*) by repeating *ALLAH ALLAH ALLAH* with His Holiness Riaz Ahmed Gohar Shahi and later he can do the practice of Zikr (meditation) without any fear

No matter if you have any Murshid (Spiritual Guide), you can receive spiritual benevolence from more than one place. If you have any Murshid (Spiritual Guide), he will remain the same.

The Murshid (Spiritual Guide) of Lal Shahbaz Qalander was Ibrahim Qadri Marwandi, he (Lal Shahbaz Qalander) also obtained spiritual benevolence from Sadruddin Qadri, then he (Lal Shahbaz Qalander) went further to Multan and received more spiritual benevolence from Baha-ud-din Zakariya who was Suhrawardiyya, then he (Lal Shahbaz Qalander) went further to Delhi to received more spiritual benevolence from Shaikh Sharafuddeen Bu Ali Qalandar Panipati who was Chisti and when he (Lal Shahbaz Qalander) returned he became the leader of all of them, but his Murshid (Spiritual Guide) remained the same.

For more details, read the book ["The Religion of God - Divine Love"](#)

-----An important Point-----

Mahdi means [the one who gives guidance](#)

Mehdi means [the one of the Moon](#) (whose face will appear in the Moon)

[As is the names Mehnaz (a Beauty), and Mehtaab (beautiful as the Moon)]

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