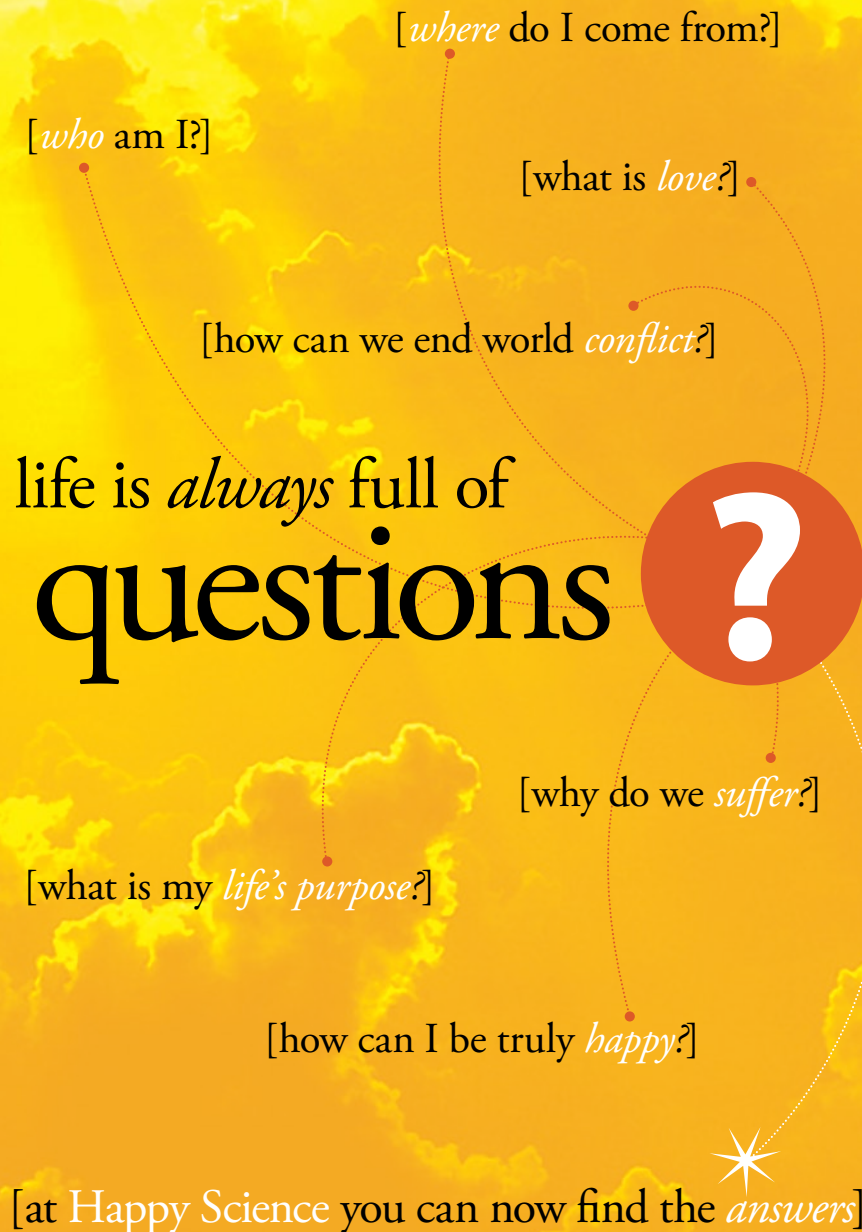


[an *intro* to Happy Science]

welcome

A *new* journey of *happiness* awaits you...

This booklet you now hold in your hand did not come to you by chance. This is a rare opportunity for you to experience the happiness and wonder of an innocent child again. Read on to discover the universal Truth to life. ►►



►► Introduction

This booklet is a short introduction to Happy Science, its founder, *Ryuho Okawa*, and what our new and exciting movement is all about. We are delighted that you could receive this booklet and hope the contents guides you to understanding the many mysteries and wonders of life.

►► Welcome to a new journey of happiness.

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Happy Science's aim is to bring happiness to the world.

What is Happy Science?

A short intro

Happy Science, based on the universal teachings from **Master Ryuho Okawa**, was established in Tokyo, Japan in 1986 and is one of the most influential religions in Japan. It is also the fastest growing - with great reason, as its influence reaches all areas of life and society, such as: politics, medical science, art and culture, education and the media. People from all backgrounds, cultures, professions and faiths, whether Christian, Buddhist, Jewish, Muslim or Hindu, have been attracted to our open movement and unique teachings - studying together in unity, harmony and deep-found respect.

At **Happy Science** we have a vast collection of books and video lectures to study from. Local and worldwide seminars and events are regularly offered to teach us how to meditate, contemplate, receive

● Sharing our happiness

inspiration and increase our enlightenment, and have already revolutionized the lives of many. A wave of happiness is already spreading all over. It is an exciting time to share the good news and welcome you!

The purpose of **Happy Science** is to cultivate great people and create an ideal world which we call: **utopia**.



● Creating an ideal world

Uniting the world as one

Who is Ryuho Okawa?

A brief history

Master Ryuho Okawa, founder of **Happy Science**, has devoted his life to the exploration of Truth and finding ways to bring happiness to people all over the world.

He was born on July 7th, 1956 in Tokushima, Japan. After graduating from the prestigious University of Tokyo, he joined a



● Master Okawa lecturing in the US (Los Angeles)

Tokyo-based trading house. While working at its New York headquarters, he studied finance at the Graduate Center of the City University of New York. On March 23rd, 1981, he achieved Great Enlightenment and awakened to the hidden part of his consciousness, **El Cantare** - who is the highest spiritual being of the earth with a mission to bring happiness to all humanity.

In October 1986, he established Happy Science. Since then he has been giving lectures all over the world and designing spiritual workshops for people from all walks of life.

Currently, **Master Okawa** has published over **500 books**, including **The Laws of the Sun**. Many of his books are best-sellers and have sold millions of copies, and some have even been made into full-feature movies.



● Born of the 7th of July 1956



● Master Okawa in Taiwan

Want to know more about Ryuho Okawa ?

RECOMMENDED READING [*The Laws of the Sun* | Chapter 7: An Autobiographical Record]

What is the meaning of life?

Unveiling the wonders and mysteries...

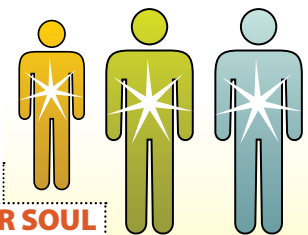
Master Okawa said

"This world is a school to train your souls."

→ Who am I?

Even though we are born with a physical body, in reality, we are spiritual beings.

The body is just a vehicle for the purpose of soul training. We are eternal beings and travelers in life with a **divine-nature**.



THE BODY IS JUST A VEHICLE FOR OUR SOUL

→ What is the purpose of life?

This material world that we all live in is only **a temporary place** for us to learn and evolve. **Life is a workbook** where each page and chapter has various precious lessons for us to learn from and experience. Through this great journey we can raise our awareness, evolve and discover genuine happiness. Then we can share what we have attained, help others, our society and the world.

→ Where do I come from?

Before we were born, we lived in **the heavenly world** full of happiness, harmony and freedom. We all make **a life plan** suited to our soul training and choose appropriate parents on earth to be born. Then we forget our soul's memories to begin life afresh in this world.



→ What happens at the end of life?

Everybody must eventually leave this world. But what is beyond the veils of death? The truth is: **death is not the end** but just a beginning to life in the **'Real World.'** At the end of our life, we go



● We all review our life at the end

to the spirit world and continue to live there as spiritual beings – we have a **life review** and discover what kind of person we truly were. From here, we proceed to an appropriate place to continue our soul's evolution. This world is the **'Real World.'**

→ Welcome to the 'Real World'

The 'Real World' is multi-dimensional. Human spirits exist from the 4th dimension to the 9th, with each having different qualities. There is a realm for the good, for leaders, for angels, for masters and even for saviours. To increase our soul's evolution further, we need to experience life on earth again through **the cycle of reincarnation**.

Want to know more about the 'Real World' ?

RECOMMENDED WORKS [The Laws of Eternity | Book & Movie]

How can I be truly happy in life?

Introducing The Fourfold Path

- ▶▶ **The Fourfold Path** is the basic core-teaching of Happy Science: the principle of **love** **wisdom** **self-reflection** and **progress**. It is a proven method that leads us to state of genuine happiness.

LOVE

is the first principle. It is not the kind of love that you can expect to receive from others. The love practiced at Happy Science is **a love that gives** without any expectations or conditions. At Happy Science, we learn 'a love that gives' in developmental stages such as spiritually nurturing love and forgiving love. Real love is based on the understanding that we all have the same divine-nature – we are, in essence, one.

Recommended reading **The Starting Point of Happiness**

SELF-REFLECTION

is the third principle. In essence, we have a divine-nature that shines brilliantly just like a diamond. Just as a diamond will collect dirt if it is neglected, so our divine-nature, or soul, inevitably accumulates dust and dirt as we live in this earthly world. To **polish our souls**, it is important to learn how to practice self-reflection through a step-by-step method like the Eightfold Path*. Through reflection, we can learn from our mistakes, release attachments, increase our enlightenment and allow our divine-nature to shine brilliantly once again.

Recommended reading **The Essence of Buddha**

*The Eightfold Path consists of Right Seeing, Thought, Speech, Action, Livelihood, Effort, Mindfulness and Concentration.

WISDOM

is the second principle. It is to awaken to real knowledge which is spiritual Truth. Happy Science's teachings are universal and is the ultimate study guide for humanity in the 21st century onwards. Through putting this **knowledge into practice** we can **cultivate wisdom** and uncover the infinite wellspring that exists deep in each of us. This wisdom becomes a great power that can solve any difficulties in life.

Recommended reading **10 Principles of Universal Wisdom**

PROGRESS

is the fourth principle. It is to develop yourself into someone who can guide others, society and to generally make this world a better place. It is to understand that **helping yourself truly helps others**. True progress is always blessed with a genuine feeling of happiness, and real success is being able to spread this happiness to many. The destination for each one of us, ultimately, is towards supporting and working together to create a utopia.

Recommended reading **The Philosophy of Progress**



What do we do?

Some of our activities

Happy Science is always expanding its activities so that happiness grows further. Here are a few examples of the activities that we do.

➔ Attend seminars and events

Each year we hold **seminars** and **special events** around the world for people to come together to make friends, polish their souls and re-energize themselves again with light. There are many kinds of seminars on different themes such as love, success or reflection. There are also regular events such as movie showings.



● Some of our seminars are attended by people from all four corners of the world



➔ Publication activities

Happy Science places great importance on sharing these teachings with all people, in as many languages as possible. It is essential that everyone is given the opportunity to read, study and practice these precious teachings within this lifetime: **just a single word of wisdom can lead someone on their way to happiness.** Therefore, we hold many publication activities regularly throughout the world to bring awareness to **Master Ryuho Okawa** and the teachings of **Happy Science**.



● A book presentation in Brazil

Master Okawa said

"Firstly, we must spread Truth like sunshine."

➔ Visiting temples

Happy Science temples are always praised for being places of warmth, beauty and serenity, with a positive atmosphere that supports people's spiritual well-being and happiness. Your **local temple** is like a light-house shining light in your area. Members and non-members are always welcome to come to study the books, watch the latest video lecture, to meditate, pray or just for an uplifting chat with friends.



● A Happy Science Temple in Japan

➔ Charity, community service and support

Life is full of suffering and hardships. Happy Science is always seeking ways to help alleviate these problems through the power of Truth. For example, we have been conducting **Friends Preventing Suicides Campaigns** to inform the public about the dangers of suicide from a spiritual perspective. There are also **Anti-Bullying Campaigns** to

deal with the rise of problems at school. Also, we regularly offer public relief during natural disasters. Recently, we helped to renovate a school that was devastated by the tsunami in 2004, and donated thousands of books to the



● Renovation of school in Sri Lanka

students of China affected by the disastrous earthquake that struck. Happy Science is also passionate about supporting the youth. There is **The Golden Age Scholarship** to help students financially so that they can nurture their talents and contribute to a happier world.



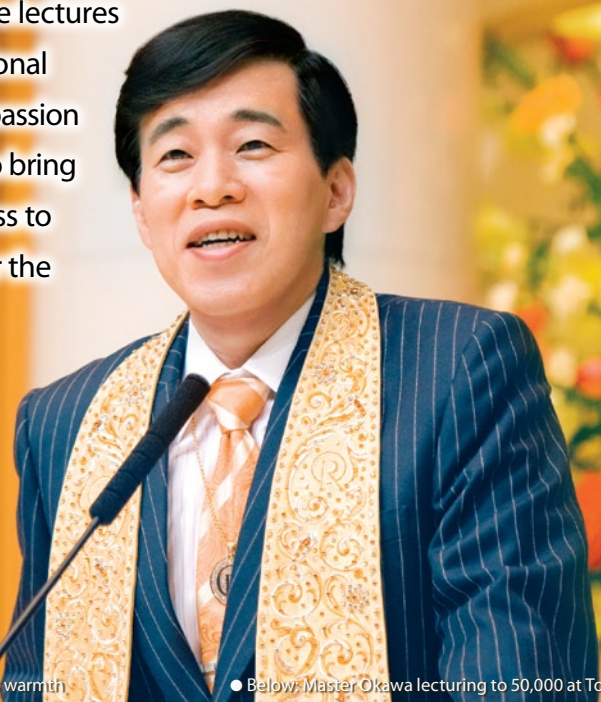
● Charity in Sichuan, China

Want to know the latest worldwide news ?

RECOMMENDED READING [Happy Science Monthly | See page 21 for a free issue!]

His worldwide vision Waking up the world with his light...

Master Ryuho Okawa has been lecturing since 1986, with audiences up to 50,000 in Tokyo, and has already conducted thousands of heart-warming speeches. Recently, he has started to travel to give lectures to an international audience. His passion and courage to bring more happiness to people all over the world is truly an inspiration to behold.




Below: In Taipei sharing his warmth

Below: Master Okawa lecturing to 50,000 at Tokyo Dome



Quotes from his lectures around the world

"Angels of light don't think much about themselves. They feel pleasure when they make other people happy."

* MASTER RYUHO OKAWA * ["What is Real Life?" lecture in London] 




"Light up the darkness of all the world. I need your help. Please join and work together to light up the darkness of this world."

* MASTER RYUHO OKAWA * ["The Way to Success" in New York] 




"Today is the beginning of new hope. You are the chosen people. Believe my words. It's a challenge for the world, a challenge for hope, a challenge for the future. That is our movement. That's the mission of Happy Science."

* MASTER RYUHO OKAWA * ["What is this New Movement?" in Shibuya] 




"Love is the strongest power in this world. There are no enemies. If El Cantare is with you, there are no enemies. I'm with you, everyday, everywhere from now on."

* MASTER RYUHO OKAWA * ["Be Positive" in Hawaii] 



"Should we only harbor hostility and hatred towards each other, there shall be strife and the nation shall break apart. What can overcome this is the power of love and the power of forgiveness, and the root of love and forgiveness is the power to believe."

* MASTER RYUHO OKAWA * ["The Heart of Believing in One Another" in Seoul] 



Want to see a full video lecture 

PLEASE CONTACT YOUR NEAREST BRANCH [See Contacts on page 22]

WHO IS EL CANTARE?

He is the supreme God whose name means, *The Beautiful Land of Light, Earth*, and is the source of all life who embraces humanity and life on earth. Below are his past lives and his current incarnation.

EL CANTARE

La Mu

Gautama Siddhartha

Thoth

Hermes

Rient Arl Croud

Ophealis

Ryuho Okawa



La Mu (17,000 years ago in Mu)

A political and religious leader who brought the civilization of Mu to the height of prosperity.

Thoth (12,000 years ago in Atlantis)

A versatile leader who was a genius in religion, politics, science, philosophy and art.

Rient Arl Croud

(7,000 years ago in Inca)

An Incan king who taught the secrets of the inner world and the mysteries of the heart.

Ryuho Okawa
(present day Japan)

The core spirit of El Cantare is incarnated for the first time in 150 million years. He is the Primordial Buddha.

Gautama Siddhartha

(2,500 years ago in India)

The founder of Buddhism who attained the highest wisdom and enlightenment of all humanity.

Hermes (4,300 years ago in Greece)

King of Crete and a religious leader who taught development, love and prosperity.

Ophealis (6,500 years ago in Greece)

Political and military genius who had great healing power. The father of Egyptian culture.

El Cantare is the supreme God of the terrestrial spirit group.

He is born on earth to guide humanity to happiness and to create a new civilization.

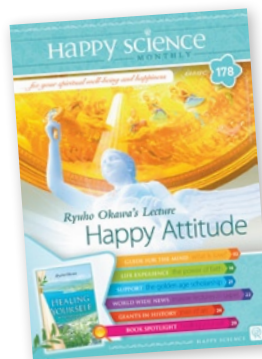
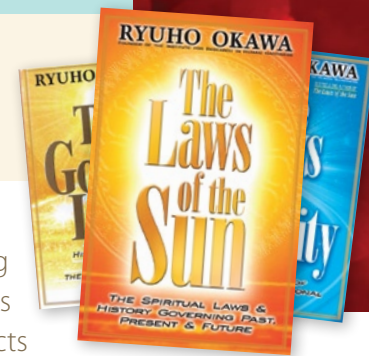
El Cantare is from the 9th dimensional heavenly realm.

Only a portion of his light descends to earth as his light is too great.

Our publications

Books and Monthlies

Master Ryuho Okawa has already written over **500 books** and is continuing to publish more at an astonishing rate. His books includes a broad variety of subjects such as the spirit world, self-help, philosophy, business success, healing and generally ways to be happier in life. Some have been translated into English like the trilogy that contains our core-teachings: **The Laws of the Sun**, **The Laws of Eternity** and **The Golden Laws**.



● We have a wide-range of books in English and in other languages

The Happy Science Monthly

We print a **Happy Science Monthly** magazine for the worldwide English reading audience that contains **Master Okawa's lectures** and

the latest world news. Plus there are interesting life experiences, reviews and much more. You can pick up the latest issue from your nearest branch or even make a subscription to have your copy sent to you.

See page 21 for more info.



● Please contact us for 1 free issue of the Monthly

Who are our members?

Happy Science's teachings have touched the hearts of people from all nationalities, professions, cultures, ages and faiths. Indeed, the teachings are truly universal and a gift for all of humanity. Here are some views from our members.

“Master Okawa taught me that my life itself is a workbook to study from and to make efforts each day to improve myself. Happy Science has given me hope, a bright future and confidence in myself to be able to contribute to society.”

* AIKO SUKASAH * AGE: 21 | OCCUPATION: STUDENT [Indonesia]



a business student

a student

“I suffered from an inferiority complex and anxiety but discovered Master Okawa's teachings. They helped to solve the challenges I faced and my life has changed for the better – I have developed self-confidence in whatever I do.”

* PAUL LUBIA * AGE: 26 | OCCUPATION: STUDENT [Uganda]



a housewife & charity-worker

“The first time I went to a Happy Science temple I felt at home – everyone was so friendly. Through the teachings of self-reflection, I reunited with my husband after 5-years apart and learned how to create a happy family utopia.”

* ERIKA TESKA * AGE: 47 | OCCUPATION: CHARITY WORKER [Hawaii]



a successful manager



“Happy Science has teachings that really are a wealth of treasures – they have guided me to real prosperity in my life and profession, and now I am a successful manager who leads many people in a productive but compassionate way.”

* ALFREDO GRANDISON * AGE: 51 | OCCUPATION: MANAGER [Hawaii]

a textile artist/designer

“I am a designer who now lives in London. By practicing reflection I can purify my mind to receive positive inspiration and new ideas. My local temple's atmosphere is so special and has helped my creativity to blossom.”

* NAOKO IIZUKA * AGE: 27 | OCCUPATION: DESIGNER [Japan/UK]



a teacher



“Being a teacher, these unique teachings really opened my mind to truths that exists outside of the academic world. I believe they should be taught in all schools – real education is one based on the study of the soul and spirit.”

* JAIMIE TERADA * AGE: 27 | OCCUPATION: TEACHER [USA]

a medical doctor

“I am so impressed with the clarity of the teachings. I am a doctor, but have awakened to the reality that we are more than just our bodies. To become a better healer, I am learning to be a doctor of the mind and spirit too.”

* DR. IBOYAIMA SINGH * AGE: 52 | OCCUPATION: DOCTOR [India]



Master Okawa said “In the next century, one-third of the world's population will belong to **Happy Science**.”



find real love

create a better world

be happy!

harmonise the world

attain success

the wonderful world of Happy Science

practice meditation

know your true-self

cultivate wisdom

connect to divinity

know the spirit world

uncover your path

fulfill your dream

"Please join and work together to light up the darkness of this world."



Membership

A memorable day in your life...

It is a precious moment in everyone's life to join **Happy Science**. That day becomes a day of awakening and of great happiness. Members

make a pledge to **Explore the Right Mind** each day and to practice **The Fourfold Path** of **love, wisdom, self-reflection** and **progress**. The aim is to be truly happy and to share that happiness with others. Furthermore, by supporting the activities at your local temple happiness can spread more abundantly. We are an open movement that encourages your freedom to grow – you can study other books and faiths without conflict as our teachings unite all of the world's religions, philosophies and various fields as one complementary whole.

►► my membership experience

“Becoming a member was a miraculous day – I had finally found something to truly believe in. During my ceremony I cried because I was incredibly happy – I felt like I had found home.”



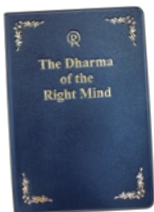
* MELODY POWELL * AGE: 26 | [Australia] 

Would you like to join us? It's very simple!

Please fill in the form on the right and visit your local branch (see p.22).

There will be a short ceremony in which you will receive a small **blue prayer book** – this contains three beautiful prayers. By reciting them each day you can refine your mind, connect to your divine-nature and receive inspiration.

We look forward to meeting you!



To register with us...

Please fill out the form below

Yes, I am interested in Happy Science! I would like:

☐ To learn more about Happy Science. Please tell me more about:

- | | |
|-----------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> Basic/core teachings | <input type="checkbox"/> Spiritual/mystical teachings |
| <input type="checkbox"/> Business success | <input type="checkbox"/> Love, relationships and family |
| <input type="checkbox"/> Meditation/wellbeing | <input type="checkbox"/> Guidance for the youth/students |

☐ To receive 1 free issue of the Happy Science Monthly magazine[†]

☐ To be informed and attend your next event/seminar

☐ To watch one of your Happy Science full-feature movies

☐ The Laws of the Sun ☐ The Laws of Eternity ☐ The Golden Laws

☐ To see a video lecture of Master Ryuho Okawa

☐ To arrange a meeting with the local manager to learn more

☐ To become a member and receive the blue prayer book

My details:

Full name: Date of birth:

Nationality: Language/s:

Address[†]:

Email:@..... Phone:

Cut out, post or take to your local branch

Please supply an address if you wish to receive one free issue of the Monthly by post. Please remember to supply at least one point of contact for our records. Your confidential details shall be used only as requested above with your consent.

please cut out form & post or take to your local branch



Happy Science Worldwide

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	★ NEW YORK ❖ 79 Franklin Street, New York, New York 10013, U.S.A. ☎ 1-212-343-7972 FAX 1-212-343-7973	✉ ny@happy-science.org
	★ SYDNEY ❖ Suite 17, 71-77 Penshurst Street, Willoughby, NSW 2068, Australia ☎ 61-2-9967-0766 FAX 61-2-9967-0866	✉ sydney@happy-science.org
	★ LONDON ❖ 3 Margaret Street, London W1W 8RE, United Kingdom ☎ 44-20-7323-9255 FAX 44-20-7323-9344	✉ eu@happy-science.org
	★ LOS ANGELES ❖ 1590 E. Del Mar Blvd., Pasadena, CA 91106, U.S.A. ☎ 1-626-395-7775 FAX 1-626-395-7776	✉ la@happy-science.org
	★ SAN FRANCISCO ❖ 525 Clinton St., Redwood City, CA 94062, U.S.A. ☎ 1-650-363-2777 FAX 1-650-363-2777	✉ sf@happy-science.org
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	★ TORONTO ❖ 2420 A Bloor St. W. Toronto ON Canada M6S 1P9 ☎ 1-416-551-7467 FAX 1-416-546-5875	✉ toronto@happy-science.org
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inquiry@happy-science.org **03-6384-5770**

(Tokyo International HQ)



Our Websites

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USA	www.happyscience-usa.org	TAIPEI	www.happyscience-tw.org
NEW YORK	www.happyscience-ny.org	AUSTRALIA	www.happyscience.org.au
LOS ANGELES	www.happyscience-la.org	EUROPE	www.happyscience-eu.org
SAN FRANCISCO	www.happyscience-sf.org	CANADA	www.happy-science.ca

“You must love beyond the difference
of all religions, all nations, and all races.
You are originally one.”

* MASTER RYUHO OKAWA *
[“Happy Attitude” lecture in Los Angeles]



“ *I would like to give you a gift in the form of a phrase, “**one chance in a million.**” You are now given a chance that you may not encounter for another million years – the chance to increase your enlightenment.*† ”

* MASTER RYUHO OKAWA *

[Guideposts to Happiness | page 73]



Happy Science

www.happy-science.jp/en

† 'to increase your enlightenment' also means 'to increase your 'happiness'. Enlightenment is also happiness.