MARS INCENSE 1 4 Parts Benzoin 1 Part Pine needles (or resin) a scant pinch Black pepper Burn to attract its influences, or during spells involving lust, physical strength, competetions, ritua; concerning men, etc. _____ MARS INCENSE 2 2 Parts Galangal 1 Part Coriander 1 part Clove 1/2 Part Basil A scant pinch Black Pepper As above. _____ MARS INCENSE 3 2 Parts Dragon's Blood 1 Part Cardamom 1 Part Clove 1 Part Grains of Paradise As above. _____ MEDICINE WHEEL INCENSE 2 Parts Sage 1 Part Sweetgrass 1 part Pine resin or needles 1 part Osha root (or Angelica) scant pinch Tobacco Burn during rites revering American Indian deities & spirits, & to attune with the energies of this land. _____ MEDITATION INCENSE 1 Part Gum Acacia (arabic) 1 Part Sandalwood Burn a small amount prior to meditation to relax the conscious mind. _____ MERCURY INCENSE 1 2 parts benzoin 1 Part Mace 1/2 part Marjoram few drops Lavender oil Burn to invoke its powers, or during spells involving intelligence, travel, divination, etc. _____ MERCURY INCENSE 2 2 Parts Benzoin 1 Part Frankincense 1 Part Mace As above. _____

MIDSUMMER INCENSE 2 3 Parts Frankincense 2 Parts Benzoin 1 Part Dragon's Blood 1 Part Thyme 1 Part rosemary 1 Pinch Vervain few drops Red Wine As above.

MIDSUMMER INCENSE 2 Parts Sandalwood 1 Part Mugwort 1 Part Camomile 1 Part Gardenia petals few drops Rose oil few drops Lavender oil few drops yarrow oil Burn at rituals at the Summer Solstice or at that time of the year to attune with the seasons and the Sun. ------

MOON INCENSE 3 2 parts Juniper berries 1 Part Orris 1 Part Calamus few drops Spirits of Camphor-or- Camphor Tincture or 1/4 part genuine camphor few drops lotus bouquet As above.

MOON INCENSE 4 2 Parts Myrrh 2 parts Gardenia petals 1 part Rose petals 1 Part lemon peel 1/2 part Camohor few drops Jasmine oil As above. _____ MOONFIRE INCENSE 1 Part Rose 1 Part Orris 1 part Bay 1 Part Juniper 1 part Dragon's blood 1/2 part Potassium nitrate Burn for divination, love and harmony. The potassium nitrate is included to make it sparkle and glow. Don't add too much though or it'll explode! Mugwort Incense for Opening Psychic Channels 3 parts mugwort 2 parts sage 1 part sandalwood 1/2 part rosemary pinch of wormwood MABON INCENSE 2 Parts Frankincense 1 Part Sandalwood 1 Part Cypress 1 Part Juniper 1 Part Pine 1/2 Part Oakmoss (or few drops of Oakmoss Bouquet) 1 Pinch Pulverized oak leaf Burn during ceremonies that time to attune with the change of the seasons. _____

Making Scented Incense (Strong)

3 tablespoons of powdered frankincense 2 tablespoons of powdered orris 1 tablespoon each of powdered cloves and raspings of sandalwood and mix well.

Add a few drops of bergamot oil mixing into the dry mixture

thoroughly. Store mixture in a cool, dark cupboard for at least 2 months to allow it to mature. When ready all you need do is sprinkle a teaspoonful over some smouldering coal or charcoal. If you make plenty of this in advance it makes for a great present.

LUGHNASADH INCENSE 2 Parts Frankincense 1 part Heather 1 Part Apple Blossoms 1 pich Blackberry leaves few drops Ambergris oil Burn during rituals that time to attune with the coming harvest.

LOVE INCENSE 2 parts Sandalwood 1/2 part Basil 1/2 part Bergamot few drops Rose oil few drops Lavender Oil Burn to attract love, to strengthen the love you have, and to expand your ability to give and receive love.

LOVE INCENSE 2 2 Parts Dragon's Blood 1 part Orris 1/2 Part Cinnamon 1/2 part rose petals few drops Musk oil few drops Patchouly oil Another like the above.

LOCK INCENSE

3 Parts Frankincense 2 Parts Juniper berries 1 part Vetivert 1/2 part Cumin To guard your home from thieves: During the day smolder this mixture in a censer before the front door, then move it to each opening in the house (doors, windows, cellars, etc.) through which thieves may enter. Visualize it's smoke forming an invisible but impenetrable barrier. Move in a clockwise circle throughout your home, replenshing the incense as necessary. Repeat monthly at the time of the Full Moon, if possible, or, use as needed. This is designed to "lock" your home against unwanted intruders - but don't forget to bolt the doors as well.

LIBRA INCENSE 2 Parts sandalwood 1 part thyme few drops Rose Oil Use as a personal altar or household incense to increase your powers. LEO INCENSE 2 Parts Gum Mastic 1 Part sandalwood 1 Part Juniper berries Use as a personal altar or household incense to increase your powers.

KYPHI 2 (EGYPTIAN)
3 Parts frankincense
2 parts Benzoin
2 Parts Myrrh
1 part Jumiper berries
1/2 part Galangal
1/2 part Cinnamon
1/2 Part Cedar
2 drops Lotus bouquet
2 drops Wine
2 drops Honey
few raisins
A simplified version of the above. Mix, Burn, use as the last.

Note And Warning: Remember that you or others may suffer from allergic and other reactions to even the most common incenses. Use care, caution and common sense, when mixing, burning, and inhaling any of the recipes that follow.

KITCHEN WITCHEN INCENSE (House Blessing)
2 tbsp dry lemon peel
1 tbsp rosemary
1 tbsp almond extract
1 tsp cinnamon
1 pinch garlic skins
1 tsp anise seed
1 tsp allspice
1 tsp coconut extract
1 pinch salt
Use for house blessings.

ISIS INCENSE

3 Parts Myrrh
2 Parts Sandalwood
1 part Frankincense
1 Part Rose petals
few drops Lotus bouquet
Burn during any type of magickal operation.

INCENSE FOR PROTECTING THE HOUSE FROM EVIL 4 oz. Valerian 2 oz. Rue 2 oz. Bay Leaves 3 tbsp. Dill 2 oz. Caraway 4 Parts Lavender 6 tsp. Sandalwood

INCENSE TO WARD OFF GHOSTS
3 oz. Juniper Leaves 4 tbsp. Dried Rosemary 2 oz. Fennel Seeds
2 tsp. Basil 3 tsp. Linden Flowers 2 tsp. Angelica Pinch of Salt

AURA OF ENCHANTMENT INCENSE 1/4 oz. Bayberry herb 1/2 oz. powdered Sandalwood 1 oz. Frankincense 1/4 oz. Anise seed 1/4 oz. powdered Myrrh 1/4 tsp. Saltpeter 1 dram Gardenia oil 2 drams tincture of Benzoin PROTECTION FROM BAD LUCK POTPOURRI 1/2 cup Juniper berries, whole 1/2 cup Basil, whole 2 TBS Frankincense, ground 2 TBS Dill seeds 2 TBS Cloves, whole 8 Bay leaves, torn into pieces DOUBLE FAST LUCK INCENSE Same as Fast Luck with powdered dollar bill added. color: green LUST INCENSE 1 tsp. Yohimbe 1 tsp. Damiana 1 tsp. Patchouli 1/2 tsp. Cloves 1/2 tsp. dragons blood 1/2 tsp. Oakmoss LUST DRAWING INCENSE 1 part sandalwood 1 part dragons blood 1/2 part lavender 1/2 part orris 3 drops musk oil 3 drops rose oil 1 drop cherry oil color: red FLAME OF LUST INCENSE 2 1/2 tb. Cardamom 1 tb. Cinnamon 1 tb. grains of paradise 1/4 oz. orange flowers 1/4 oz. jasmine flowers 1/4 oz. patchouli leaves 1/4 oz. peppermint leaves 1/4 oz. rose petals 12 drops Lust oil APHRODISIA INCENSE/OIL This is great to burn in the bedroom if you're looking for passion and wild sex. Patchouli, Pine Needles, Sandalwood. INCENSE TO DRAW LOVE TO YOU Need: 3 parts rosemary, 2 parts yarrow, 1 part orris root, incense burner Combine the ingredients into the incense burner - makes a great addition when casting a love spell or taking a love bath! INCENSE TO CAUSE LOVE Need: 1 part galagal, 1 part parsley, 1 part allspice, incense burner Combine the ingredients into the incense burner - makes a great addition when casting a love spell or taking a love bath! SUMMER SOLSTICE RITUAL POTPOURRI --25 drops lemon 25 drops lavender oil 1 cup oak moss --2 cups dried lavender 2 cups dried wisteria 2 cups dried verbena Mix the lemon or lavender oil with the oak moss, and then add the remaining ingredients. Stir the potpourri well and store in a tightly covered ceramic or glass container. INCENSE RECIPIES Be sure all herbs, spices, peels, and flowers are completely dry. All dry ingredients must be ground into a fine powder.

Mix all ingredients in a small glass container with a clean stick or your fingers. Let the incense stand over night to dry. Store any unused incense in a tightly capped glass jar, away from light. These incenses need self-igniting charcoal. Check the classified ads. Or, in a pinch, you might try to smolder some in a small, heavy pan on top of your stove. Most important, for best results, try to blend your energies with the incense as you prepare and use it. PAGAN POWER INCENSE For Ritual Energy 1 Tab. Cinnamon 1 Tab. anise seed 1 Teas. Nutmeg 1 Teas. ginger 1 Teas. lemon peel 1 Teas. lemon extract 1 Teas. peppermint extract Dry petals of 3 white roses DIVINE DELIGHT To honor your Personal Deity Dry peel of one Orange 1 Teas. Nutmeg 1 Teas. vanilla extract 1 Teas. almond extract Petals of one carnation Petals of one rose SACRED SPACE To clear and make pure an area 4 Tab. cedar chips 1 Tab. Thyme 1 Tab. Sage 2 Teas. rosemary 1 Teas. Cinnamon 1 Pinch. Salt 1 Pinch tobacco WHITE LIGHT DELIGHT Use when invoking the white light of protection 1 Tab. Rosemary 1 Tab. Ginger Dry peel of one lemon Dry petal of 2 white roses 1 Teas. vanilla extract 1 Teas. almond extract 1 Teas. coconut extract 7 crushed bay leaves THANK YOU INCENSE 2 Tab. Rosemary 1 Tab. Cinnamon 1 Teas. sage 1 Teas. Allspice Dry peel of one lemon Dry petals of 3 roses 1 Tab. almond extract HELP INCENSE 2 Tab. Cinnamon 2 Tab. vanilla extract 1 Tab. Rosemary 1 Tab. thyme 1 Teas. Clove 1 Teas. Ginger 1 Teas. Allspice 1 Pinch. salt SOLSTICE CITRUS INCENSE 1 Tab. dry orange peel 1 Tab. dry grapefruit peel 1 Tab. dry lemon peel 1 Tab. dry tangerine peel 1 Teas. orange extract 1 Teas. lemon extract INCENSE FOR JOB SEARCH SPELL 1 part Frankincense 1 part Basil 1 part Sandalwood 1/2 part Vervain 1/2 part Mugwort 1/2 part Pansy 1/4 part Clove 1/4 part Cinnamon EGYPTIAN INCENSE camphor acacia pine resin calamus myrrh sweet rush EGYPTIAN INCENSE 4 parts frankincense 3 part gum Arabic 2 parts myrrh 1 part cedar 1 part juniper 1 part calamus 1 part cinnamon

ISIS INCENSE 3 parts myrrh 2 parts sandalwood 1 part frankincense 1 part rose petals few drops lotus oil ISIS AND OSIRIS 1 pinch cedar 1 pinch cinnamon 1 pinch rose buds 4 drops myrrh oil 4 drops sandalwood oil 4 drops frankincense oil KYPHI Soak about 1/2 handful raisins in white wine for 5 days. Take equal parts of: juniper acacia sweet sedge root henna Macerate all in white wine for 24 hours. Take equal parts of: calamus gum mastic peppermint bay laurel cinnamon Galangal orris Grind these to a powder, mix well and set aside. Drain the raisins, mix with 1 TB. myrrh and 1 TB. honey. Add the drained herbs, and finally work in the powdered herbs. If the mixture is too dry, add a little of the white wine. Spread out on a board to dry, powder and use on charcoal discs. OSIRIS INCENSE 3 parts myrrh 1 part oak bark 1 part orris root 2 parts rue herb 10 ml musk oil per 8 oz. dry herb 10 ml Neroli oil per 8 oz. dry herb RA INCENSE 2 parts sunflower petals 3 parts gum Arabic 3 parts gum acacia 10 ml jasmine oil per 8 oz. dry herbs 10 ml bergamot oil per 8 oz. dry herb HORUS INCENSE 3 parts frankincense 2 parts crushed peach kernels 10 ml gardenia oil per 8 oz. dry herb 10 ml magnolia oil per 8 oz. dry herb KYPHI INCENSE This recipe was reconstructed from ancient Egyptian papyri. Although an ingredient or two may not have translated correctly, this should be pretty close to the actual incense used in Egyptian temples. Ingredients: 3/4 part Honey 3 part Raisins 1/4 part Copal 1/4 part Myrrh 1/4 part Orris 1 part Sandalwood 1/4 part Storax 1/2 part Frankincense 1/2 part Cinnamon (REAL stuff only, and grind it forever) Red Wine (enough to moisten mixture) Benzoin (enough to roll balls in) Thoroughly grind all ingredients separately, then mix together groups of ingredients by nature: resinous together, powdery together, etc. Finally, mix all batches together, add red wine to moisten, then roll into 5/8" balls and roll balls in benison. Lay out on waxed paper for a week or so, until firm. The balls can be used when firm, but for best results, they should be allowed to cure a few weeks.

EARTH INCENSE

Earth is usually associated with the direction of north. This element is feminine in nature, and its attributes include stability, fertility, prosperity, grounding, money, planting, home life, the Mother Earth herself, and many types of healing. For the basic earth incense combine the following: 3 parts patchouli 2 parts pine 1 part bistort 1 part Vervain Other earth-related herbs and plants include barley, cedar, corn silk, juniper, magnolia, oak bark, soybeans and wheat. WATER INCENSE Water is usually assigned to the direction of west. This is the element of the natural psychic, one related to pregnancy, birth, rebirth, death, regeneration, divination, purification, psychic endeavors, spirit contact, and past life exploration. Water is the other feminine element. To make the basic water incense try using the following: 3 parts lavender 1 part willow bark 1 part catnip 1/4 part valerian Other water-related herbs and plants include cypress bark, jasmine, kelp, lotus, moss, mrytle, myrrh, rue, sandalwood chips, seaweed, and vanilla. FIRE INCENSE Fire is a masculine element, one usually associated with the south in the Northern Hemisphere. Its energies govern the areas of protection, employment, sex magic, the law, exorcism, strength and courage, and profound transformations or change. A basic fire incense recipe contains: 4 parts frankincense 3 parts cinnamon 1 part dried orange peels 1/4 part thyme Other fire-related herbs and plants include allspice, basil, bay, black pepper, clove, cumin, dill, garlic, ginger, nutmeg, onions, and thistle. AIR INCENSE Air is the other masculine element and it is usually associated with east. Areas governed by this element are education, communication, weather magic, general power raising, and music magic. The following combination makes a basic air incense: 4 parts rosemary 2 parts mugwort 1 part chicory 1/2 part coffee beans Other air-related herbs and plants include benzoin, elm bark, lavender, parsley, sage, spearmint INCENSE There are basically two forms of incense: combustible and noncombustible. We'll tackle the latter first, since it's by far the easiest method and requires little explanation. Noncombustible incense is achieved by simply sprinkling a few pinches of dried plant material, or a blend of materials, on a smoldering charcoal block. That's a charcoal block, not a charcoal

briquette used for the barbecue! Briquettes are of different composition, and give off toxic amounts of carbon monoxide. Don't use them to burn incense! Instead, occult supply stores, and many novelty shops carry a supply of raw charcoal blocks for this purpose. While we're in a cautious mode, let it be said that you should always burn incense in some type of censor. It could be a censor purchased just for this purpose, or a ceramic dish laid with a few inches of sand or salt. Sometimes the sweet aroma of dried plant material can change dramatically when burned! You'll need to experiment with blends you may already have in mind, or to discover new ones. And, by using the noncombustible method, your mistakes, if any, will be short lived. I would also advise that you sample mixtures on smoldering charcoal before proceeding to making them into combustible incense. The plant material to be used should be finely ground in a food processor, blender, hand held coffee grinder, or an old fashioned mortar and pestle. Combustible incense is made in the form of sticks (sometimes called joss-sticks), bricks, or cones. Whatever the volume and shape, combustible incense is always made with potassium nitrate, better known as salt peter. This helps the incense to burn well, and evenly. You can find potassium nitrate in nearly any drug store, although you may have to ask the pharmacist for it. You will need thin wooden splints or skewers, such as thin, straight twigs, or cocktail skewers. Each stick is dipped into the incense base until covered. They are then allowed to dry standing on end, perhaps by poking them into a slab of clay, or a pot of dirt or sand. This process is repeated until a satisfactory amount of layers have built up on each stick. Block incense is made by rolling out the final mixture on wax paper to a 1/4 inch thickness much like cookie dough. Then cut into 1 inch squares and allow to dry thoroughly. And there you have it! Not so tough, although you will get good use from a kitchen apron while working the mixtures together! Now, on to some recommended blends, the first of which is an ancient blend indeed. KYPHI INCENSE Kyphi is an ancient Egyptian formula of which the Greek Essayist, Plutarch (46-120 AD) said: "its aromatic substances lull to sleep, allay anxieties, and brighten the dreams. It is made of things that delight most in the night and exhibits its virtues by night." The following is a traditional recipe for making Kyphi. If you want to stick to it fine, but you

may also omit or substitute certain herbs if some of the ingredients are difficult to obtain. Place 1/4 cup raisins in a bowl. Add just enough white wine to cover the raisins, cover loosely with a tea towel or cheesecloth, and allow to steep for seven days. On the third day, blend equal parts of the following powdered herbs in a bit of white wine: Juniper, Acacia, Henna, Sweet Sedge Root. After two days drain and reserve any liquid. On the last day, drain the raisin mixture, reserving the liquid. In a small bowl mix together equal parts of the following ground herbs: Calamus, Gum Mastic, Peppermint, Bay Laurel, Orris, Cinnamon, and Galangal. Set aside. In another small bowl blend together 1 tbls. powdered myrrh, and 1 tbls. clove honey. To this mixture add the ground herbs, and the raisins and herbs steeped in wine. Blend well. Add a little of the reserved wine if the mixture becomes too dry. Follow the directions for making cone or block incense. FULL MOON INCENSE This incense is used in many rituals and is a common spell component. It is an incense of increase that is deceivingly easy to make. Use all of your focus and energy, your will and intention, while making this scent. It is used over charcoals (the one's specifically made for incense) or over a ritual fire. CAUTION! Warning and Yikes! If used over a ritual fire, flames will leap up along the dust trail of this incense powder! There will be sparkling (sparks) of incense outside of this trail of flames as well! This is an impressive effect, but dangerous if you are not practiced at it! Start out small and toss about 1 teaspoon of it over the glowing coals or flames, all at once, don't trail the dust or sprinkle it. Stand away from the fire, and upwind. Use in areas that do not require burn permits, and have something to douse the fire nearby. Do not use if you are wearing gauzy or loose ritual robes and costumes. FULL MOON INCENSE Within the three days prior to the actual full moon, but not after! Gather the ingredients required, along with a pestle and mortar to blend them in. If desired, you can use your cauldron, and some sort of crushing or mixing tool. 1 ounce (about 30 grams) of the finest sandalwood powder you can find (santalum album) 5 grams (a marble sized nugget) of amber resin, NOT the stone! The soft, sweet smelling resin that is often imported from India, available at health food stores, and of course herb and Witch shops.

3 drops of vanilla essential oil. NOT the perfume or fragrance oil, only true vanilla from the orchid (Vanilla planifolia or Vanilla aromatica) If this is cost prohibitive or unavailable, use real vanilla extract available at most any grocery store. Preferably outside, under the actual full moon, or indoors near a window where the moon is visible: Fill the mortar or cauldron with the sandalwood powder, and crush the amber into it with the pestle or tool of your choice. Use clockwise or deosil blending motions. Focus on the energy of the full moon, or if you are making the incense for a specific spell, focus on the goal of that spell alone. You can incorporate your favorite words of power or chant while doing this. When the powder is smooth and consistent, add the vanilla, one drop at a time while saying your chosen words of power, (which is best) or the following (which will suffice in most cases): Drop of moon, grant my boon. Blend in the drops in the same way you blended in the amber resin. Place the mixture in a clear glass jar with an airtight lid. Keep it away from heat, sunlight, and moisture. Charge it under the light of the full moon on the three days prior to it becoming actually full. The full moon light penetration is the reason for not storing this in an opaque jar. It is ready for use immediately, but can be charged more if desired. INCENSE Gum tragacanth (or use gum Arabic as a substitute) is made into a glue, and acts as a binding agent. It is the key ingredient in all molded incense. To make the glue, place a teaspoon of the ground gum in a glass of warm water and mix completely until dispersed. A foam may rise, but it can be easily redistributed, or skimmed off if it gets in your way. (The gum is unbelievably absorbent! A mere ounce will absorb up to one full gallon of water in a single week!) Allow your gum mixture to absorb the glass of water until it thickens to a paste. Now you will need to create your incense base. An incense base is made up of talcum powder, sawdust, ground spice, dried herbs and flowers, or any combination thereof. Once you have defined your base, an essential oil may be added for additional scent, the potassium nitrate is blended in, and finally, the gum-glue. Here's a sample mixture for cone incense: --6 parts powdered sandalwood or cedar 2 parts benzoin 1 part orris root --3-5 parts ground herb mixture of choice 6 drops essential herbal oil of choice Mix the first four ingredients until well blended. Add the essential oil (or combination of oils) and mix with your hands until you have a fine, crumbly mixture. Add the dried herb mixture and

mix again. Now add 10% potassium nitrate (KNO3). In other words, use a ratio of 10:1. If you've made 10 oz. of incense base, then add 1 oz. of KNO3. Next comes the addition of the glue mixture. Add one teaspoon at a time, mixing with your hands as you go. Add only enough of the glue to achieve the consistency of model clay or play dough from the entire mixture. On a piece of waxed paper, shape the mixture into small cone shapes (just like the store bought ones you're already familiar with) and allow them to dry for a week in a cool, dry place. The area you choose to dry the incense cones in must be free of moisture in order to dry thoroughly. By following the sample recipe given, you can also make stick incense. Although, this requires much more patience and tenacity than making any other form. Plan to spend the better part of a day in making these. KITCHEN WHITCHEN House blessing Incense 2 Tab. dry lemon peel 1 Tab. Rosemary 1 Tab. almond extract 1 Teas. cinnamon 1 Pinch. garlic skins 1 Teas. anise seed 1 Teas. Allspice 1 Teas. coconut extract 1 Pinch. Salt INCENSE FOR BAST 6 parts marijuana buds, marijuana leaves, skunk or hashish - use legal hemp for rope making. 4 parts frankincense 3 parts acacai gum 2 parts myrrh 1 part catnip 1 part cedar wood shavings 1 part cinnamon 1/2 part juniper berries 2 drops civet oil - use musk if you cannot get it. Grind up with mortar and pestle or coffee grinder and store in airtight container. HEALING POTPOURRI 1 part Rosemary 1 part Juniper Berries, bruised to release the smell. HEALING POTPOURRI 2 parts Myrrh 1 part Cinnamon 1 pinch Saffron HEALING POTPOURRI 3 parts Myrrh 2 parts Nutmeg 1 part Cedar 1 part Clove 1/2 part Lemon Balm 1/2 part Pine needles or sap MAGICKAL POTPOURRI INSTEAD OF INCENSE Since there is no smoke, there is no dust and no damage to your lungs or the air. And if you have ever tried to make incense, you know it isn't easy! This is just about as easy as it comes. When mixing the herbs together, visualize your need. Feel the herbs in your hand, send your power to them for whatever the purpose they are being made is. PROTECTIVE SIMMERING POTPOURRI 4 TBS Rosemary 3 Bay leaves 1 TBS Basil 1 TBS Sage

1 TBS Fennel seeds 1 tsp. dill seeds 1 tsp. Juniper Berries A pinch of dried garlic (optional) Mix in a small bowl with your hands while visualizing your home as a protected place. Charge the herbs with your protective energies. Add to simmering water. Simmer potpourri on the stove top in a pan (preferably non-metallic) in 2 cups of water. A simmering potpourri pot can also be used. Simmer over low heat for 1/2 hour. If you wish to simmer longer, add more water as needed. KALI INCENSE This is an individual and personalized incense, for attunement to your own Dark of the Moon. 1 oz sandalwood chips 1 oz Dried jasmine flowers or 6 drops jasmine oil 1/2 oz dried rose petals 2 drops of your own menstrual blood Blend and use for private meditation during the onset of your menstruation. MORRIGAN INCENSE 1 oz musk amberette 1/2 oz dragon's blood 4 drops patchouli oil 4 drops civet oil 4 drops of blood from your own finger Blend at the dark of the Moon, put in a jar and bury in the earth for 6weeks. INCENSE CORRESPONDENCES ANOINTING: acacia, angelica, carnation, frankincense, jasmine, lavender, lily of the valley, lotus, myrrh, rose, rosemary, vervain. BALANCE: jasmine, orange, rose. BANISHING, RELEASING: cedar, clove, cypress, patchouli, rose, violet, betony, elder, fern, mugwort, vervain, yarrow. BINDING: apple, cayenne, cypress, dragon's blood, pine, pepper, rowan, wormwood. BLESSING, CONSECRATION: carnation, cypress, frankincense, lotus, rosemary, elder, rue. BUSINESS: Benzoin, cinnamon, mint, peony CHANGE: peppermint, dragon's blood, woodruff CLAIRVOYANCE, DIVINATION: acacia, cinnamon, lilac, honeysuckle, marigold, mugwort, nutmeg, roe, thyme, wormwood, yarrow, hazel, moonwort, rowan. CREATIVITY: honeysuckle, dragon's blood, lilac, lotus, vervain, wild cherry, savory. CURSING: blackthorn, elder, pepper. DETERMINATION, COURAGE: allspice, dragon's blood, musk, rosemary, mullein. ENERGY, POWER, STRENGTH: allspice, bay, carnation, cinnamon, dragon's blood, frankincense, lotus, holly, musk, thyme, oak, verbena. EXORCISM: bay, frankincense, lavender, pine, pepper, cedar, myrrh, mullein, basil, rue, rosemary, vervain, yarrow, wormwood. GOOD LUCK, JUSTICE: cedar, cinnamon, cinqefoil, chamomile, bayberry, jasmine, honeysuckle, lotus.

HAPPINESS, PEACE: apple blossom, basil, cedar, cypress, fir, jasmine, lavender, lotus, lilac, orange, rose, rosemary, patchouli, purple loosestrife, lily of the valley, valerian, vervain. HEALING: carnation, cinnamon, cingefoil, clove, hazel, hops, peppermint, orange, savory, rowan, myrrh, rose, rosemary, sandalwood, lotus, wild cherry, lavender. INSPIRATION, KNOWLEDGE: clove, acacia, cinquefoil, cypress, reed, rosemary, rowan, rue, moss, oak, lily of the valley, laurel, hazel. LOVE: acacia, apple blossom, birch, catnip, cinquefoil, elder, fern, gardenia, heather, honeysuckle, jasmine, juniper, lavender, marigold, marjoram, mistletoe, moonwort, musk, patchouli, rose, savory, valerian, vanilla, wormwood, yarrow. LUCK: Allspice, apple blossom, Melissa, orange, nutmeg, violet. LUST: Basil, cinnamon, ginger, neroli, ylang ylang. MEDITATION: acacia, angelica, NEW BEGINNINGS: birch oil. PROTECTION: angelica, bay, bayberry, birch, cinnamon, cypress, frankincense, jasmine, lily of the valley, patchouli, pine, rue, vervain, basil, fern, fir, nawthorn, hazel, heather, holly, juniper, mistletoe, mugwort, oak, pepper, rosemary, thistle, rowan, wormwood, yarrow. PSYCHIC CENTERS, OPENING: lotus, mimosa, muqwort, nutmeq, wisteria. PROSPERITY: Almond, bergamot, honeysuckle, mint, peony. PURIFICATION: bay laurel, frankincense, lavender, myrrh, pine, rosemary, vervain, basil, betony, cedar, dragon's blood, elder, hyssop, marjoram, oak, peppermint, rue, salt, thyme, valerian, woodruff. REINCARNATION: lilac, sandalwood. SLEEP: Chamomile, lavender, peppermint, thyme. SUCCESS: Bergamot, clove, ginger, lemon balm. VISIONS: bay laurel, frankincense, lotus, acacia, marigold, mugwort, wormwood. WILL POWER: rosemary, St. Johnswort. LAVENDER POTPOURRI 8 oz. lavender flowers 4 oz. dried rose petals 1 tb. crushed cinnamon 1 ½ tsp. crushed cloves 1 tb. gum benzoin 6 drops of lavender eo 2 drops of rose eo 2 drops of bergamot eo 2 drops of ylang ylang eo 2 drops of sandalwood eo 1 tsp. powdered vanilla bean 1 tsp. powdered orris root LAVENDER SUMMER POTPOURRI (all ingredients are dried): 4 cups lavender flowers 1 cup mixed culinary herbs, such as oregano, basil, thyme and rosemary ½ cup southernwood 2 cups pink rosebuds and petals 1 cup spearmint 4 cup chopped orris root or other fixative mixed with 1 tsp. essential lavender oil. Combine all ingredients and store in a glass jar or zip lock bags for 2 - 4 weeks to

allow it to blend. Display in pretty glass or ceramic bowls, or put into sachets or sacks. HAPPINESS SIMMERING POTPOURRI This just does something to people and I can't figure out what it is. They totally love the scent and go absolutely wild over it. I've used the recipe in simmering potpourri, soap and other things. It works in almost anything and is simple to make. --1/2 teaspoon vanilla extract 1 teaspoon and a half of rose oil --1 teaspoon and a half of lavender oil --One chamomile tea bag (empty the bag into your bowl) --4 good shakes of cinnamon 1 teaspoon of coriander 1 bowl 1 spoon Measure out all the dry ingredients into your bowl. Add your energy into them by mixing the ingredients with your fingertips. When you feel they are well mixed and you are content, add the oils and other liquid ingredients and mix with a spoon until all dry ingredients are damp. Use as needed...simmer with water as potpourri or..use it however you wish. When I made this I simply couldn't get the smell off my hands. Not for days. No matter how many times I washed. But when I made it into bath salts and soap the smell hardly showed up at all. It only seems to show up when you seem to need it and then a person can't get enough of it and they smell it and smell it until it's ALL they smell. http://www.geocities.com/freespells/ INCENSE AGAINST AN INCUBUS 2 parts Sandalwood 2 Parts Benzoin 2 Parts Wood Aloe 1 Part Cardamom. 1/2 part Calamus 1/2 part Birthwort 1/2 Part Ginger 1/2 Part Pepper 1/2 Part Cinnamon 1/2 Part Clove 1/2 Part carnation 1/2 Part Nutmeg 1/2 part Mace 1/2 Part Cubeb seed few drops Brandy This mixture was believed to ward off the Incubus, a male demon or spirit that was believed to sexually tempt and abuse women. It might be used to ward off any male sexual abuser.

Note And Warning: Remember that you or others may suffer from allergic and other reactions to even the most common incenses. Use care, caution and common sense, when mixing, burning, and inhaling any of the recipes that follow.

IMBOLC INCENSE
IMBOLC INCENSE
IParts Frankincense
Image Parts Dragon's Blood
I/2 Part Red Sandalwood
I Part Cinnamon
few drops red wine
To this mixture, add a pinch of the first flower (dry it first) that
is available in yuor area of Imbolc. Burn during Witchcraft
ceremonies to attune with the symbolic rebirth of the Sun - the
fading of winter and the promise of Spring.