



# KHARIS:

## Hellenic Polytheism Explored

by Sarah Kate Istra  
Winter

[View the Table of Contents](#)

[[BUY AT  
CREATESPACE](#)]  
[[BUY AT  
AMAZON.COM](#)]

*20% of the profits from the sale of Kharis will be donated to charities which support indigenous and endangered religions and the cultures they come from, such as [Survival International](#) and the [Lost and Endangered Religions Project](#).*

*Kharis: Hellenic Polytheism Explored* delves into the many aspects of the revival of Greek paganism, from its ancient roots to its modern practice. It is written for the person new to Hellenismos, and for the person who has been practicing for years, as well as for people outside of the religion who are interested in learning more. It covers not only the basics of worship, but also how to make the ancient religion relevant to modern times, cultivate relationships with the gods and other divinities, and create a deeply satisfying spiritual life.

The emphasis of this book is on the concept of *kharis* - the reciprocity so implicit in the practice of Hellenic polytheism. From the simplest devotional act, to prayer, to divination, to mysticism, the principle of reciprocal favor governs the heart of this religion and lets each worshipper encounter the gods on a real and profound level.

[Note: This is the second edition (2008) of Kharis, updating the original 2004 publication. It contains several additions and changes, as well as an updated survey, and new cover and interior design.]

\* \* \* \* \*

Sarah Kate Istra Winter has been practicing Hellenic polytheism for over ten years; she is devoted to Dionysos, Hermes, Apollon and the Nymphs. Ms. Winter has written for a number of pagan publications, and was the editor of the Neokoroi newsletter *He Epistole* for several years. She holds a Bachelor's degree in Myth and Ritual from Goddard College.

Ms. Winter is the owner of several polytheist websites which can be found at her homepage, [Winterscapes.com](http://Winterscapes.com). You can see more of her writing on the websites [Wildivine](#) and [A Forest Door](#). She grew up in New England, and now lives in beautiful Eugene, Oregon, where nymphs can be found around every corner.

**[Links ~ Recommended Books ~ Ancient Athenian Festival Calendar](#)**

**[Email ~ Homepage](#)**