

## Etymology of Māntra

## Please visit: <a href="http://www.bahaifaith.info/">http://www.bahaifaith.info/</a>

From manana, or thinking, arises the real understanding of the monistic truth, that the substance of the Brahman and the brahmanda are one and the same. Man- of mantra comes from the first syllable of manana, and -tra from trana, or liberation from the bondage of the samsara or phenomenal world. By the combination of man- and -tra, that is called mantra which calls forth (amantrana), the catur-varga, or four aims of sentient being.(3)Whilst, therefore, mere prayer often ends in nothing but physical sound, mantra is a potent compelling force, a word of power (the fruit of which is mantra-siddhi), and is thus effective' to produce caturvarga, advaitic perception, and mukti. Thus it is said that siddhi is the certain result of japa (q. v.).

http://www.yoga-breathing.com/mantra/

*Man* - of *mantra* comes from the first syllable of *manana*, and - *tra* from *trana*, or liberation from the bondage of the *sansara* or the phenomenal world. By the combination of *man*- and *-tra*, is the *mantra* - a word of power - a compelling force that vibrates not only in the very being of the one who utters, but also subtly in the entire universe.

http://www.boloji.com/mantra/00701.htm

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http://chestofbooks.com/new-age/spirituality/tantra/Mahanirvana-Tantra/Mantra.html

Often thought of as a sacred word repeated in prayer, "mantra" actually translates from Sanskrit as "protecting the mind." The word mantra derives from two related words: 1) 'manana' or 'manas' which mean thinking or mind, and 2) 'trana' which means protection. A mantra protects the mind by infusing it with potent sacred energies and directing one's thoughts from the profane to the sublime.

http://www.huffingtonpost.com/stacey-lawson/mantra-the-divineword\_b\_104620.html