

Daily

Chants	Pronunciation	Meaning
Invoke Ganesha Before Starting Projects or Other Rituals		
OM GHE GHE GHE	OM GHAY GHAY GHAY	A Powerful Chant To Ganesha
KROM KROM KROM	KROME KROME KROME	Removes Obstacles
UCHISTA GANAPATAYE	Ooh-CHIS-TA GA-NA-PATH-A-YAY	Manifest a global conciousness of Heaven on Earth
HASTIPASACI LIKHE SWAHA	HUS-TH EE-PA-SA-CHEE LICK-hAY SWA-HA	Ganesha will search for your fortune if you ask
Short Chant to Ganesha		
OM GUM GANESHAYA NAMAHA		
One Minute Meditation (use throughout day)		focus on these areas as you say the sounds aloud or inwardly
Ah	Ah	Ah represents the waking state of consciousness and helps to take care of this world. The Ah sound is chanted at the root chakra (at the base of the spine).
Ooh	Ooh	Oo represents the dream plane and the other world. Oo gives you divine awareness. The Oo sound is chanted at the heart chakra (at the center of the chest).
Ma	Ma	Ma creates sleep and material things. The Ma sound is chanted minimally at the throat chakra (at the indentation at the bottom center of the neck).
OM	OM	OM represented the combined totality of these three sounds. The OM sounds is chanted at the third eye chakra (between the two eyes and eyebrows).
NA	NA	Root chakra (base of the spine), NA invokes earth energy (essential for wealth and security)
MA	MA	Navel chakra, MA invokes water energy (essential to sustain life and health)
SI	SHE	Heart chakra, SI (pronounced like English word "she") invokes fire energy (essential for devotion / sending and receiving energy to and from inner planes)
VA	VA	Throat chakra and nostrils, VA invokes wind/air energy (essential for more subtle forms of perception)
YA	YA	Third eye, YA invokes space energy (essential for connecting to causal plane)
Om Siva Baba Shiva VA MA YA NA MA	OM SHE-VA BA-BA SHE-VA VA MA YA NA MA	Invokes Prosperity and Siddha Power (ability to do miraculous things)
OM SIVA BABA	OM SHE-VA BA-BA	Chant and/or write this at least 108 times daily.

Take a shower in morning before practices. Roll lemon around head and shoulders with mantra **THIRU NEELA KANTAM** and cut it on a cutting board with a knife. Throw away in plastic bag and wash hands. Use vibhuti on forehead.

Visualize Ganesha's form in White Light removing obstacles from your day.

Do some selfless service everyday. Dedicate every moment to serve God.

Do not put a time limit on your manifestations.

If you insult time, you insult money. Use a calendar and a beeping watch.

Do secret acts of kindness daily.

Do the One Minute Meditation at least once a day. OK to do throughout the day.

Doing ½ hour to 1 hour of One Minute Meditation is very beneficial.

God gives you the entire day; surely you can give God at least One Minute.

You may share the One Minute Meditation with others.

The peacock represents the secret of OM. Keep a peacock picture.

Siva Baba has promised a miracle to anyone writing OM SIVA BABA 1008 times daily for 45 consecutive days.

To manifest something write it + Om Siva Baba. For example "I want a flat tummy Om Siva Baba" or "I want to lose weight Om Siva Baba."

Daily

Chants	Pronunciation	Meaning
Miracle Mantra (to be used daily)		Miracle Mantra Meanings - summoning power of Siva Baba's past lives
OM ILAM VALLA	OM IL-LAAhM VAh-LAh	ILAM literally means all. VALLA means having the ability to do everything.
MADURAI SIDDHAYA	MA-DhUR-RAY SEE-DHA-YA	MADURAI = City of the King (Baba was an enlightened king here in one incarnation). SIDDHAYA = Enlightened Siddha (One who has attained miraculous powers, particularly through the supreme attainment, enlightenment) This phrase brings in the energy of all Siva Baba's previous incarnations when he came in a human body to demonstrate that everything is possible. Specifically, Madurai is a place in India where Siva Baba performed miracles as a Siddha, an enlightened master.
SOMA SUNDARA	SO-MA SOON-DhA-RA	SOMA SUNDARA = Siva as the King (of Madurai). This phrase references when Siva Baba came again to Madurai as a king known as Soma Sundara. This sound will give you the consciousness of a king.
RAJATI RAJAYA	RA-JA-ThEE RA-JA-YA	RAJATI RAJAYA = Royalty. This phrase reinforces royalty and nobility consciousness.
ARUNACHALESWARAYA	A-RUNE-AAh-CHa-LAYSH-Wa-RA-YA	ARUNACHALAY = Arunachala, "Mountain of Fire"
NAMASIVAYA	NUM-A-SHE-VA-YA	NAMASIVAYA is the ultimate mantra that gives you everything, including controlling the five elements and the five senses.
BABA SRI SIVAYA SWAHA	BA-BA SHREE SHE-VA-YA SWA-HA	BABA = sound that erases sins; SRI = invokes the wealth of the Goddess and attracts money; SIVA = invokes the power of Lord Siva to give you enlightenment. SWAHA = be here now
OM SIVA BABA SWAHA (ring bell)	OM SHE-VA BA-BA SWA-HA	Invokes Baba's present incarnation of destiny changing the sound of bells help bring in the divine; have a bell near your meditation altar
Karma Busting Mantra		Pick a living flower and chant Thiru Neela Kantam . Crush the flower and throw it away in the trash & wash your hands. This reduces thoughts.
THIRU NEELA KANTAM	TEAR-OO NEE-LA KAN-TAM	Each day has a natural "Pradosham" time at sunset. Pour milk over Siva lingam and chant Thiru Neela Kantam .
Affirm: I now have a glorious, honorable, abundant life.		Write your goals at least 9 times daily.

Light a candle before Siva Baba's picture and do the Miracle Mantra. Ring a bell at the end of each round. The sound of a bell brings in the divine.

Pray for miracles for others and for yourself. Pray for miracles to be in your life every day.

Celebrate your life and express gratitude.

If you are physically able and weather allows and you have access to safe areas, go for ½ hour walk in nature each day or as many days as possible.

The 5 am – 6 am time period is excellent for manifestation meditations.

Check Astroved Calendar for special Pradosham Days during month. These days are powerful for karma removal. Visualize blue light at the throat and use this mantra on those days sometime between 4:30 -6 PM (sunset time) and also pour milk over Siva lingam around sunset using this chant.

The throat is important. Karma resides in the throat, agony resides in the throat. If anyone complains of a sore throat, again, encourage them that this is an extremely positive experience. The karma is breaking up.

Put on vibhuti (sacred ash) before sleeping to give better dreams and help with authentic desire.

Goddess-Related Chants

Chants	Pronunciation	Meaning
OM Harineem	OM HA-REE-NEEM	<i>Purity, a name of Lakshmi that removes sins affecting money</i>
Iccha Shakti Uma Kumari	E-CHA SHUCK-ThEE OOh-MA KOO-MA-REE	<i>To give authentic desire (mantra from Siva Sutra invoking Goddess energy)</i>
OM Sarva Papa Hare	OM SAR-VA PA-PA HA-RAY	<i>Dissolves all sins</i>
Simple Daily Goddess Mantra		
OM AIM SHREEM KLEEM	OM IM SHREEM KLEEM	<i>seed sounds for Saraswati, Lakshmi, Parvati to bring creativity, prosperity, energy. On OM, flood whole body with white light; on AIM, picture light in throat and mouth; on SHREEM, picture light in heart; on KLEEM, picture light in 3rd eye. Can be done as daily practice 108 repetitions.</i>
AIM	IM	<i>Mantra for ease in learning, education, artistic endeavors or scientific/technical knowledge. Gives intelligence and the power to manifest.</i>
SHREEM	SHREEM	<i>Mantra for prosperity; chanted for 72 hours destroys poverty consciousness. Shreem will give you clarity. Clarity is creation.</i>
KLEEM	KLEEM	<i>Mantra for attraction; can be used for attracting anything, including relationships, friendships, good will.</i>
Tantric Mantra		
HREEM Ka E Aie La Hreem Ha Sa Ka Ha La Hreem Sa Ka La Hreem	HREEM Ka E Aie La Hreem Ha Sa Ka Ha La Hreem Sa Ka La Hreem	<i>Tantric mantra for Goddess; can be chanted standalone or before drinking wine with a prayer for your manifestations</i>
Durga Mantra		
KATYAYANAYA VIDH MAHE KANYA KUMARI DHIMAHI TANNO DURGI PRACHODAYAT	KAT-YA-YA-NA-YA VIHD Ma-HAY KaN-YA Koo-MA-REE DhEE-MA-HE ThUN-NO DhUR-GI PRAh-CHOH-DAh-YAhT	
Short Durga Mantra		<i>Kills demons and demonic forces in emotions like hatred, anger and jealousy. Carelessness is a demon.</i>
OM DHUM DURGIYEI NAMAHA	OM DHUM DhUR-GA-YAY NA-MA-HA	

Must go to the Goddess to Create. Make a silent prayer of what you want. Look at your own goals. Whatever you want, pray for others to have it and then pray for yourself, too.

Keep pictures and statues of the gods and goddesses. Give the metal statues milk baths. Rinse with water. Pat dry with clean towel. Light candles before them. Offer incense, flowers, small fruit (like raisin).

The Goddesses are real. They are looking for ways to help you immediately. Kneel down. You have to trust.

Use white flowers / petals for Saraswati.

Use pink or yellow flowers / petals for Lakshmi.

Use red flowers / petals for Parvati.

Be specific in asking for what you want. Bring authentic emotions and joy to your visualization. Bring the energy of gratitude. Believe it is so.

Light a ghee lamp or candle during Rahu times and do short Durga mantra 27 times to help reduce difficulties with Rahu or poisonous energies.

Goddess-Related Chants - Continued

Chants	Pronunciation	Meaning
Lakshmi Chant		Lakshmi wants you to live well. Lakshmi is not unhappy for even one moment. She cannot understand the concept of poverty. Lakshmi is goal-oriented / gold.
HIRANYAVARNAM HARINEEM SWARNA RAJATASRAJAM		Golden-hued, remover of sins, gold and silver jewelry adorned
CHANDRAM HIRANMAYIM LAKSHMEEM JATAVEDO MA AVAHA		Bright like the moon, golden-hued Lakshmi, Oh Fire God, bring her to me
TAM MA AVAHA JATHAVEDO LAKSHMI ANAPA GAMINIM		Oh Agni, through whose help I acquire wealth, please bring her to me
ASYAM HIRANYAM VINDEYAM GAMASHVAM PURSHANAHAM		Gold, cows, horses, servants
ASHVAPURVAM RATHAMADHYAM HASTINADAPRADBODHINEEM		Lakshmi who likes horses and elephants and chariots (all luxurious transportation)
SHRYAM DEVI UPAHYAVE SHRI MA DEVI JUSHATHAM		Let her be close to me and live in me
Padmanane Padmaooru Padmakshi Padmashambave		One sitting on the Lotus, thighs like lotus, Lotus-eyed, Lotus-born
Tvam mam Bhajasva Padmakshiyena		I praise you Lotus-born
Tvam mam Bhajasva Padmakshiyena		I praise you Lotus-born
Saukyam Labamyakam		Give me that which gives comfort and Bliss
		Continue with Lakshmi Meditation from Rig Veda. This section can be repeated down to OM SHREEM SWAHA nine times or more: She is the sum total of all auspiciousness; she makes everything happen
Sarva Mangala Maangalye	SAR-VA MUNG-GULL-YA MAAN-GULL-YAY	Oh, all auspicious one who fulfills all our desires
Shive Sarvatha Saddhike	SHE-VAY SAR-VA-ThA SAA- DHI-KAY	You are the refuge to all
Sharanye Tryambake Devi	SHA-RUN-YAY ThREE-YUM- BHE-KAY	Salutations to you who has the 3rd eye of knowledge
Narayani Namostute	NA-RA-YA-NEE NA-MO-STHU- ThAY	And who is known as Narayani, eternal wife of Lord Narayana (Vishnu)
OM SHREEM LAKSHMIYEI SWAHA	OM SHREEM LAKSHMIYEI SWA-HA	Oh Shreem, I invoke you, I bow down to you, Lakshmi. Give me a fabulous life
Short Lakshmi Mantra		
OM SHREEM MAHALAKSHMIYEI SWAHA		Invoking Lakshmi in all her forms

Lakshmi Chant: Calling Lakshmi to Come

Keep pictures of Lakshmi throughout your home.

Lakshmi brings all manner of material comforts

ASK. If you don't ask, you cannot receive. When you are selfless, it is easier to manifest.

Thinking of things brings them into your life. Forgetting about things makes them disappear.

On Friday, light a pink candle before Lakshmi statue. Offer 108 pink or gold flower petals with right hand while doing chant from "SARVA MANGALA MAANGALYE" down to OM SHREEM LAKSHMIYEI SWAHA" 108 times. ASK Lakshmi for money for everyone, including yourself and so you can give to others.

11 pm – midnight is easiest time to access goddess energies; however, you can do goddess mantras anytime.

Goddess-Related Chants – Continued; Health Chant; Royalty Consciousness Chant

Chants	Pronunciation	Meaning
Kali Mantra		<i>Dis-creating Reality / Mantra Used by Ramakrishna for seeing Kali. Kali destroys ignorance and illusion.</i>
KREEM KREEM KREEM	KREEM KREEM KREEM	
HOOM HOOM HOOM	HOOM HOOM HOOM	
HREEM HREEM HREEM	HREEM HREEM HREEM	
DAKSHINAI	DhUK-SHE-NAY	
KALIKAI	KA-LEE-KAY	
SWAHA	SWAHA	
Other Goddess Mantra		
OM AIM HREEM KLEEM CHAMUNDAYA VICCHE NAMAHA	OM IM HREEM KLEEM CHA-MooN-DhA-YAY VEE- VhICH-HAY NA-MA-HA	
Chant to Improve Health		<i>Invokes Danvantari (Divine healer) and Healing Energies</i>
OM NAMO BHAGAVATE DAVNATARE		
AMURTA KALASAHASTAYA		
SARVA AMA VINASHANAYA		
TRILOKA NATATAYA		
VISHNAVE SWAHA		
Mantra for Siva & Kubera (banker in heaven) & wealth consciousness & royalty & ruling consciousness		
RAJATI RAJAYA PRASHAYA SAHINE	RA-JA-ThEE RA-JA-YA PRA-SHA-YA SAA-HE-NAY	
NAMOVAYAM VAISRAVANAYA KURMAHE		
SAME KAMAN KAMA KAMAYA MAHYAM		
KAMESVARO VAISRVANO DATADU		
KUBERAYA VAISRAVANAYA	KOO-BEAR-RA-YA VhY-SRA- VA-NA-YA	<i>the last 2 lines can be used as stand alone mantra if you like</i>
MAHARAJAYA NAMAHA	MA-HA-RA-JA NA-MA-HA	

This mantra releases major, radical, transformational energies for positive change.

Brings alignment with healing principles of Ayurvedic teachings, a holistic lifestyle, balance and good health

Set your intent: I am creating wealth for the world.

God spoke and the world was created. God said, "Let there be light." The creation was spoken by God. The creation is the word of God.

Wealth-Related Chants

Chants	Pronunciation	Meaning
Another mantra for Kubera, banker in heaven. Sometimes used at fire rituals:		
OM YAKSHAYA KUBERAYA	OM YAAK-SHA-YA KOO-BEAr-RA-YA	
VAISRAVANAYA	VhY-SRA-VA-NA-YA	
DANA DANYATIPATAYE	DhA-NA DhAN-YA-ThEE-PA-ThA-YAY	
DANADANYA SAMRUTIM ME	DhA-NA-DhAN-YA SUM-RUTh-thIM MAY	
DEHI TAPAYA SWAHA	DhAY-HE TA-PA-YA SWA-HA	
Mantra for Kubera & Lakshmi to Bring Money		
OM SHREEM KUM KUBERA LAKSHMI DHANA AKARSHANYE SWAHA		
Mantra for More Optimism		<i>For Positive Attitude:</i>
OM NARBHAVEE	OM NAR-BHA-VEE	<i>Good things are going to happen.</i>
For manifesting great wealth:		
OM BRZEE SHREEM SIVAYA POTRI	OM BRE-ZEE SHREEM SHE-VA-YA PO-ThREE	<i>Focus on your heart; picture gold coins falling into your lap</i>
For Vishnu, especially for attracting wealth:		<i>Vishnu brings abundance</i>
NARAYANAYA VIDHMAHE	NA-RA-YA-NA-YA VIDh-MA-HAY	
VASUDEVAYA DHIMAH	VA-SU-DhEY-VA-YA DHEE-MA-HE	
TANNO VISHNU PRACHODAYAT	ThUN-NO VISH-NOO PRA-CHOH-Dah-YATH	
Short mantra for Vishnu		
OM NAMO NARAYANAYA NAMAHA	OM NA-MO NA-RA-YA-NA NA-MA-HA	
Debt Buster:		
OM SARAVANABAVAYA	OM Sa-Ra-Va-Na-Ba-Va-Ya	
RU NA VI MO KSHANAYA		
MURUGAYA SKANDAYA	MUR-GA-YA SKUN-DhA-YA	
SWAHA	SWA-HA	

Set your intent: I am creating wealth for the world.

Full Moon Days are Especially Good to Pray for Prosperity and Material Wealth

Purity of intention is very important. If your intention is pure, if the sounds are pure, then they will manifest.

Siva Baba taught this in Manhattan after 9-11 attack to help bring hopeful attitudes into people's outlook. Do this 108 times daily during challenging times.

Use the sandalwood paste to attract money. Sandalwood powder is sold in Indian groceries or over Internet. To attract money use this technique with sandalwood. Get sandalwood powder. Sprinkle some in the palm of your left hand. Add enough water to make a paste. Spread the paste out over your palm. Using your right hand and some kind of writing instrument, such as a clean toothpick, write OM SHREEM SIVA BABA in the sandalwood paste. Now apply the paste to your forehead, like you do the vibhuti, and apply the paste to the center of your chest. You can also use a copper plate instead of using the palm of your left hand. Sandalwood has the power of Lakshmi.

Wealth-Related Chants – Continued; Action-Oriented Chant

Chants	Pronunciation	Meaning
Mantra Kubera Used to Become Banker in Heaven:		<i>Invokes Energies of Wealth</i>
SARVA RAJADA SVAJAM	SAR-VA RA-JA-DhA SWA-JUM	<i>Gold Silver Garland</i>
To dissolve consultancy (or current business) karma:		
MA VA SI YA NA	MA VA SI YA NA	
To remove the feeling of impossibility and manifest your goals:		<i>For Knowingness</i>
ARA KARA	AH-RA KA-RA	
RA	RAH	<i>love, fire</i>
RAMA	RAH-MA	<i>beauty, happiness</i>
For Material Wealth:		<i>These sets of sounds reprogram you. As you say SI, focus on heart. As you say VA, focus on throat/mouth. As you say YA, focus on 3rd eye and 2 brains. As you say NA, focus on root center. As you say MA focus on navel center. Do the sounds with this focus and you are "rewired" when you do the 5 elements sounds in this order for Material Wealth.</i>
SI VA YA NA MA	SHE VA YA NA MA	
SI YA MA VA NA	SHE YA MA VA NA	
SI MA NA YA VA	SHE MA NA YA VA	
SI MA NA VA YA	SHE MA NA VA YA	
Action Mantra		
Illam Sayel Kuldun	IL-LAAhM SAY-IL Kool-DooN	<i>Everything will translate itself into action</i>
Ehn Ar Nay Ambellatte	In naahn nee um bell a taye	<i>This is my command and it is all possible through the grace of Siva, the source of Him</i>
Illam Vellam, Tarney Ette	IL-LAAhM VEL-LAAhM Tiny aye et taye	<i>Let's praise the one who can do everything</i>

Set your intent: I am creating wealth for the world.

*Power of fire helps with manifestations. Participate in fire rituals (homas) when possible.
RAMA brings great abundance and supreme confidence*

SI is the fire element; this helps generate the fire needed to bring in wealth. The various combinations of sounds are all very targeted for wealth creation

from Siva Baba about Action Mantra: "In order to succeed in life you must have a dream, but it's not just enough to have a dream. It is not just enough to have the workplan for the dream. You must focus on implementing that dream in action. Action is everything.

Many people have difficulty in translating the dream into action, without action nothing is going to happen. This chant will help you to act.

I am very happy to release this chant. This chant was designed by me in my previous incarnation when I was Swami Ramalingam. It brings in the power of the divine to help you not only to act but to succeed in that action."

I am a practical guru. ~ Siva Baba

Protection/Negativity-Destroying Chants

Chants	Pronunciation	Meaning
Siva Baba recommends using the Vel with a mantra as a regular practice. Hold the Vel to your heart (with your right hand) and recite the Prayer to Vel:		The vel represents the brain and the spinal column together. Keep a vel with you all the time. It will give you Divine Awareness. The tail of the vel is your backbone. The head of the vel is a flame in your brain. Put that flame into your 3rd eye and always be thinking of a flame burning in your 3rd eye: <i>I will never forget the flame in the 3rd eye burning negative karma.</i>
Prayer to Vel		
Om Vel Hoom Phat Swaha	OM VALE HOOM PHAT SWA-HA	
Sudarshana destroy all negative forces affecting my body, mind, and soul - protect my life.		
Om Vel Hoom Phat Swaha	OM VALE HOOM PHAT SWA-HA	
Special Form of Muruga Mantra		
SA	SA	<i>Attracts everyone. With SA, people will follow you. This is an energy that attracts masses of people.</i>
RA	RA	<i>Command anyone who comes to you. Do not think this is imaginary; this is real.</i>
A	AH	<i>Will make persons attracted to you to be charmed by you.</i>
NA	NA	<i>Sound of healing. Even dead bodies come back to life with NA</i>
BA	BA	<i>Removes disease, stops hunger, keeps your enemies away from you.</i>
VA	VA	<i>Your enemies will not come near you; defeats and hurts your enemies.</i>
Trident Practice: Place the Trident over your heart (with your right hand) and recite the following:		<i>Siva's Trident offers protection and safe haven from negative forces affecting the mind, body, and soul. If you keep the trident in view it dispels negativity and helps you develop courage.</i>
Om Sudarshanaya Hoom Phat Swaha	OM SU-DhAR-SHa-NA HOOM PHAT SWA-HA	
Sudarshana, destroy all negative forces affecting my body, mind, and soul - protect my life.		<i>Sudarshana is Vishnu's weapon. It is the most powerful weapon for destroying negativity. By praying to Sudarshana, you are invoking his grace to help remove negative forces affecting you.</i>
Om Sudarshanaya Hoom Phat Swaha	OM SU-DhAR-SHa-NA HOOM PHAT SWA-HA	

Siva Baba recommends carrying the Vel with you or keeping it in view at home or work (i.e., displayed so that you can easily see it throughout the day). Muruga provides protection from enemies, disease and debt. Pour milk on a vel daily and chant six times as you do so: "OM SA-RA-A-NA-BA-VA.". ". (This is a special form of the Muruga mantra). This removes karma.

If it is a non-copper vel, such as a silver vel, you may drink the milk.

To prevent car accidents keep a lemon and vel in your car.

Siva Baba emphasized the tremendous responsibility that comes with this mantra. You should not misuse it for selfish reasons. Do it for the world, and then it's fine.

The rooster drives out evil spirits. Keep a rooster statue. Get a rooster clock that plays the crowing sound.

Siva Baba suggests keeping a vel and/or trident in your wallet to help with protection.

If depressed, put a bowl of flower petals (use blue ones, if available) near your work area and periodically pick up few flower petals, chant THIRU NEELA KANTAM, crush the petals and throw them away.

Protection/Negativity-Destroying Chants - Continued

Chants	Pronunciation	Meaning
Long chant for Sudarshanaya		<i>Sudarshanaya Mantra (For protection, dissolving negativity, for purifying, for invoking the sudharshana, a magical weapon created from the Sun's brilliance which Lord Siva gave to Vishnu):</i>
OM KLEEM KRISHNAYA GOVINDAYA	OM KLEEM KRISH-NA-YA GO-VIN-DA-YA	<i>Invoking names of Vishnu</i>
GOPIJANA VALLABHAYA	GO-PI-YA-NA VAh-Lah-Bha- YA	<i>Lover of Gopikas [beautiful young girls attracted to Krishna's light]</i>
PARAYA PARAMA PURUSHAYA	PA-Ra-YA PAR-MA PU-RU- SHA-YA	<i>The Supreme Being</i>
PARMATHMANE	PA-RA-MAATH-Ma-NAY	<i>Oversoul</i>
PARA KARMA MANTRA YANTRA TANTRA OUSATA ASTRA SASTRANI		<i>Negative forces from Karma, Mantra, Yantra, Tantra, Magical Herbs, Weapons, etc. [ie, invoking protection against all forms of black magic or misuse of power]</i>
SAMHARA SAMHARA	SUM-HA-RA SUM-HA-RA	<i>Destroy Destroy</i>
MYTYOR MOCHYA MOCHAYA		<i>Liberation from death</i>
OM NAMO BHAGAVATE	OM NAMO BHaG-Va-ThAY	<i>I worship the Lord</i>
MAHA SUDARSHANAYA	Ma-HA SU-DAR-Sha-NA-YA	<i>The Great Sudarshanaya</i>
DIPTVE JVALA PARIDAYA		<i>Luminous</i>
SARVADIK-SHOBANA KARAYA		<i>Bright in all directions</i>
HOOM PHAT BRAHMANE	HOOM PHAT BRAH-Ma-NAY	<i>The God of Hoom Phat</i>
PARAM JYOTISHE	PA-RUM JO-ThEE-SHAY	<i>Supreme Light, I Invoke</i>
PARMATHMANE SAHASRARA		
HOOM PHAT SWAHA		
Short form of Sudarshanaya Mantra:		
OM MAHASUDARSHANAYA HOOM PHAT SWAHA	OM Ma-HA-SU-DhAR-Sha- NA-YA HOOM PHAT SWA-HA	
Chant for Sharaba		<i>Mantra invoking the demon-destroying aspect of Lord Shiva. One wing of Sharaba's form = Durga; one wing = Kali</i>
OM KEM KAM PHAT!!!		
PRANAKRAHASI, PRANAKRAHASI		
HOOM PHAT!!!	HOOM PHAT	
SHATRU SAMHARANAYA	SHA-ThRU SUM-HA-Ra-NA- YA	
SHARABA SALUVAYA, PAKSHIRAJAYA	Sha-Ra-BA Sa-LU-VA-YA PUCK-SHE-RA-Ja-YA	
HOOM PHAT!!! SWAHA	HOOM PHAT SWA-HA	

Visualize the Sudarshanaya with the brilliance of 100 million suns.

Use this mantra to invoke protection for your community and yourself

Siva Baba says the Sharaba Mantra has nuclear warhead sounds for destroying negativity

Protection/Negativity-Destroying Chants - Continued

Chants	Pronunciation	Meaning
For Muruga's protection:		
OM VELUM MAYILUM THUNAI	OM VhALE-OohM Ma-YIL-OoM THU-NAIE	<i>Let the Vel (lance/spear) and Mayil (peacock) protect me.</i>
To be used only when things are really bad:		
OM Namō Bhagavati	OM NA-MO Bha-Ga-Va-ThEE	
Mayana Rudri	MA-Ya-NA RUDh-REE	<i>(Crematorium)</i>
Nara munda malunee	NA-RA MOoN-DA MA-LU-NE	<i>(Eats humans)</i>
Agoree	A-GhO-REE	<i>(Terrifying)</i>
Nasi Nasi	NA-SEE NA-SEE	<i>(Kill Kill)</i>
Hoom Phat Swaha	HOOM PHAT SWA-HA	
Kali Mantra for Destroying Demons and Protecting the World		
OM KSHAM PRATYANGIRE		
KSHAM		
HOOM PHAT SWAHA	HOOM PHAT SWA-HA	

(Whale-oom Ma [soft a, as in the ma associated with mother] yil-oom Thoonai)

Kali Demon Busting Mantra can be used as a chant or used when putting chopped dried red chilis (if possible, make 108 little pieces) soaked with ghee into Homa fire

*7 Sins are:
 Doubt leads to Anxiety and Fear
 Fear leads to Hatred
 Hatred ends with violence
 Jealousy and Greed are Twin Sisters - Keep these under control
 Start and end the day in love
 You will have permanent peace*

The mind is a vampire. It goes from thought to thought to thought. This takes so much energy. That's why you want to have only a few thoughts. You have to collect your thoughts and really decide what you want in life.

Remedy Chants

Chants	Pronunciation	Meaning
OM KLEEM SIVA BABA	OM KLEEM SHE-VA BA-BA	<i>Fix my relationship</i>
OM SHREEM SIVA BABA	OM SHREEM SHE-VA BA-BA	<i>Fix my job</i>
OM NAVAGRAHA SIVA BABA		<i>Fix my planets</i>
OM SIVA BABA	OM SHE-VA BA-BA	
Individual Planet Mantras		
OM SURYAYA SIVA BABA	OM SooR-YA-YA SHE-VA BA-BA	<i>For the Sun:</i>
OM CHANDRAYA SIVA BABA	OM CHAN-DhRA-YA SHE-VA BA-BA	<i>For the Moon: Balanced mind and emotions and intuition</i>
OM MANGALAYA SIVA BABA	OM MUNg-Ga-LA-YA SHE-VA BA-BA	<i>For Mars: Courageous, takes initiative, pioneering spirit, healer and warrior</i>
OM BUDHAYA SIVA BABA	OM BOO-DHA-YA SHE-VA BA-BA	<i>For Mercury: Intelligent, quick witted, friendly, and good communicator, good management of daily details</i>
OM GURAVE SIVA BABA	OM GU-RU-VAY SHE-VA BA-BA	<i>For Jupiter: Spiritual life, connection to the Guru/Teacher</i>
OM SHUKRAYA SIVA BABA	OM SHoo-KRA-YA SHE-VA BA-BA	<i>For Venus: Devotion, luxury, wealth, love of material things, pleasures, beauty, and the arts, making proper evaluation about the cost of something, whether it's worth it</i>
OM SANECHARAYA SIVA BABA	OM Sha-NEE-CHA-Ra-YA SHE-VA BA-BA	<i>For Saturn: Longevity, seeks enlightenment through isolation and restraint, disciplined, perserverance, stamina, endurance</i>
OM RAHAVE SIVA BABA	OM RA-Ha-VAY SHE-VA BA-BA	<i>For Rahu: Passionate, social conscious and involved, diplomatic, innovative</i>
OM KETAVE SIVA BABA	OM KAY-Tha-VAY SHE-VA BA-BA	<i>For Ketu: Mystic, spiritual, seeker of enlightenment and healthy detachment from the world</i>
Special Mantra for Planets from Nadis:		
Om Adithaya Somaya Mangalaya Budhaya Gurudevaya Shukraya Saneshwayara (Shaneycharaya) Rahave Ketave Namaha		<i>This mantra invokes all 9 planets: Sun, Moon, Mars, Mercury, Jupiter, Venus, Saturn, Rahu, Ketu</i>

Pray with a candle lit near 9 planet metal plate. Remember Planets are conscious beings. Tell them your mind is a receiver. Ask them to tell you what to do today and say you will follow this guidance. Ask the planets to help you.

Can recite this daily and pour milk over 9-planet mala. Rinse with water and pat dry with towel. Offer candlelight and incense.

Personal Transformation Program (PTP) Chants

Chants	Pronunciation	Meaning	
SATYAM SIVAM SUNDARAM	SAHT-YUM SHE-VaM SooN-Dha-RUM	<i>Enhances your physical, psychological and soul beauty</i>	<i>Month 1 / First House in Vedic Astrology: Self, Personality, Body Awareness</i>
BRZEE	BRE-ZEE	<i>Ultimate sound for attracting prosperity and wealth. Attracts positive opportunities toward you.</i>	<i>Month 2 / Second House of Vedic Astrology: Finances</i>
TRISHULAM	ThREE-SHoo-LUM	<i>Sounds which gives the courage and ability to take risks.</i>	<i>Month 3 / Third House of Vedic Astrology: Risk-Taking</i>
SHREEM, SHREENG, SIRIYUM, SIRIYUNG	SHREEM, SHREENG, See-RE-YooM, See-RE-YUNG	<i>Sounds of prosperity for the home and car.</i>	<i>Month 4 / Fourth House of Vedic Astrology: Material Comforts</i>
ARUT PERUM JYOTI	Ar-RUTh PEy-RooM JO-ThEE	<i>Sounds to help you understand God as light and to give you the compassion and intelligence of God.</i>	<i>Month 5 / Fifth House of Vedic Astrology: God</i>
SA RA VA NA BA VA YA	Sa Ra Va Na Ba Va Ya	<i>Sounds to remove negativity and counteract all negativity</i>	<i>Month 6 / Sixth House of Vedic Astrology: Health, Enemies, Debt & Litigation. Also Selfless Service</i>
KLEEM SHREEM HREEM	KLEEM SHREEM HREEM	<i>Sounds for 3 archetypes in attracting relationship. These sounds give a lot of emotional energy, the energy of desire & will induce those feelings in those who look at you.</i>	<i>Month 7 / Seventh House of Vedic Astrology: Relationships & Partnerships (personal and professional)</i>
MANTRA 1: OM GUM SWAHA	OM GUM SWA-HA	<i>Sounds that invoke Ganesh, the archetype that breaks up obstacles</i>	<i>Month 8 / Eighth House of Vedic Astrology: Obstacles and Longevity. Also Transformation & Purification</i>
MANTRA 2: MRTYUNJAYAYA	MRITH-YooN-Ja-YA	<i>Sounds to combat death energy</i>	
ARUL, KARUNA, DAYA	Aah-Rule, Ka-RU-NA, Da-YA	<i>Sounds to help you access grace and become filled with compassion</i>	<i>Month 9 / Ninth House of Vedic Astrology: Grace and Guru</i>
SADA SHIVAM	Sa-DA SHE-VaM	<i>Sounds to change your current karma and create a new, desirable karma</i>	<i>Month 10 / Tenth House of Vedic Astrology: Profession & Career Matters</i>
SWARNA RAJADAS SRAJAM	SWaR-NA RA-Ja-DAS SRA-JaM	<i>Sounds to give you a consciousness that is ready to attract profit</i>	<i>Month 11 / Eleventh House of Vedic Astrology: Profit and Increase</i>
MANTRA 1:		<i>A Prayer to the Sun. Sounds for Enlightenment. Gayathri Mantra</i>	<i>Month 12 / Twelfth House of Vedic Astrology: Enlightenment & Spiritual Pilgrimages</i>
OM BHUR BHUVAH SWAHA	OM BooR Boo-Va SWA-HA		
TAT SAVITUR VARENYAM	ThATH SA-VEE-TooR VAhR -EHN-YUM		
BHARGO DEVASYA DHIMAH	BHAR-GO DhEY-VaHs-YA Dhee-Ma-HE		
DHIYO YO NAH PRCACHODAYAT	ThEE YO-YOh-Nah PRAh-CHOH-DAh-YAhT		

Personal Transformation Program (PTP) Chants - Continued; Ganesha Chant; Siva Baba Gayathri; Invocation of Siva Baba's Presence

Chants	Pronunciation	Meaning
MANTRA 2:		<i>A Prayer for Immortality</i>
TRYAMBAKAM YAJAMHE	ThREE-YUM-Ba-KaM Ya-JA-Ma-HAY	
SUGANDHIM PUSTIVARDHANAM	Soo-GhAN-DhIM PooSh-ThEE-VaR-Da-NuM	
URVARUKAMIVA BANDHANAT	OoR-VAhR-Ooh-Kum-MEE-Vah BUN-DHA-Nath	
MRTYOR MUKSIYA MA'MRTAT	MRITh-YORE MooK-SHE-Ya MAhM-RE-That	
Another Chant for Ganesha:		<i>Invokes Ganesha to removes obstacles</i>
OM SHREEM HREEM KLEEM		
KLAUM GUM GANAPATAYE		
VARA VARADHA		
SARVA JANAME VASAMANAYA		
SWAHA		
Siva Baba Gayathri Mantra		
OM BHASKARA VAADAVOORAYA VIDMAHE		<i>OM. I am thinking about Siva Baba as His present incarnation and as His incarnation as Manikavacakar.</i>
AGASTIYA JOTI-RAMALINGAYA DHIMAH!		<i>I am thinking about Siva Baba in His incarnation as Agasitya, as Ramalinga.</i>
TANNO SIVA BABA PRACHODAYAT		<i>Let Siva Baba illumine my consciousness. Please come and bring me enlightenment.</i>
Short Version:		
OM BHASKARA SIVA BABA POTRI		
Chant for Invocation of Siva Baba's Presence and Grace		
GURU BRAHMA		<i>Guru in the glory of Brahma (Brahma is the creator God)</i>
GURU VISHNU		<i>Guru in the glory of Vishnu (Vishnu maintains the creation)</i>
GURU DEVO MAHESHVARAH		<i>Guru in the glory of Great Lord Shiva (Siva destroys ignorance)</i>
GURU SAKSHAT PARAM BRAMHA		<i>Guru in the glory of the personified, transcendental fullness of Brahman (Supreme Cosmic Spirit)</i>
TASMAI SRI GURUVE NAMAHA		<i>To Him, to Sri Guruji, adorned with glory I bow down</i>
May all my thoughts be Baba's thoughts, may all my words be Baba's words, may all my actions be Baba's actions. OM Shanti Shanti Shanti.		

Month 12 / Twelfth House of Vedic Astrology: Enlightenment & Spiritual Pilgrimages (continued)

Ganesha chant with several powerful seed syllables (bijas)

Gayathri has several meanings, and one is a special poetic meter.

Most important during this chant is the feeling. Embrace it with a feeling of love, devotion and reverence.

It is enough to simply know the meaning. More importantly, focus on the vibrations of the sounds, chant with love, and ask that your voice may be used as a way for His grace to touch the hearts and minds of those who are present.

Super Kids Intelligence Program (SKIP) Chants (also for Super Teens Intelligence ~ Sound Technology for the Mind)
(please contact durga@sivababa.org for more info on Super Kids Intelligence Program)

SUMMARY OF TECHNIQUES -

Sounds written in English phonetics

Sounds should be said slowly and vowels should be prolonged. i.e. Ai = aaaaaaiiiiiiiiiiii or hum= huuuuuuuummmm or va=vaaaaaaaaa, etc.

Each sound should be done 2 times (2x) in each area of the face or body and then 3 rounds of each depending on the age of the child.
For adults the sounds can be done for a much longer duration, if desired, or one technique can be focused on, as needed.

Sitting with a straight spine and hands on lap are important prerequisites just before beginning the sounds.
Eyes must be closed to enhance inner concentration and eliminate visual distractions.

Concentration and focus

Ah right eye 2x (aaaaaaaa)

OO in the left eye 2x This sound is like the “oo” sound in the word cool

Learning easily 2x in each area

Ai right eye (aaaaaiiiiiiiii) The “iii” sound is like the sound “ee” in the word “keep”, so it sounds like ah-ee

Ai left eye

Ai right ear

Ai left ear

Ai tongue

Ai heart

Courage

Hum heart 2x

This “u” sound is the same as the “oo” sound in the word cool.

Aa uu point between the two eyebrows 2x (aaaauuuuu).

This “u” sound is the same as the “oo” sound in the word cool.

Peaceful behavior, releasing anger & frustration

Va stomach 2x

Va mouth 2x

~ Siva Baba's Global Chant for Peace and Light ~

(may be used by anyone, anywhere; you may share with others ~ can be used for chanting for an hour alone or with others)

Open with:

An invocation to Lord Ganesha

Om Gum Ganapataye Swaha - 9 times

(Ask for all obstacles to be removed for yourself and for the planet)

Sounds like: Ohmm Gum Gaa Naa Paa Tie Yeah Swaa Haaa

Repeat The Following Sequence of Mantras For the Hour:

Om Siva Baba -108 times

(Changes Destiny for Yourself and the Planet)

Sounds like: Ohmm She Vaa Baa Baa

Om Thiru Neela Kantam -108 times

(Busts Negative Karma for Yourself and the Planet)

Sounds like: Ohmm Tier Ahh Nee La Can Tummm

Udyamo Bhairava - 108 times

(Divine Consciousness Emerges as a Flash Within Yourself and Across the Planet)

Sounds like: Wood Yaa Moe Bye Rah Vaa

Arul, Karunai, Daya - 108 times

(Sounds to Help Access Divine Grace and to Fill Yourself and the Planet with Genuine Compassion for Others)

Sounds like: Ahh Rule Kaa Roon Aye Die Yaa

Finish With:

Shanti, Shanti, Shanti, Om

(Peace, Peace, Peace, Om)

Sounds like: Shaahn Tee Shaahn Tee Shaahn Tee Ohmm

Hand and Body Part Chants

Chants	Pronunciation	Meaning
		<i>Sounds for Hand</i>
1.) A KA KHA GA GHA gNA AA Ankushtambiyam Namah		<i>KA = at beginning of mouth, GHA = back of throat</i> <i>Hold your thumbs up</i>
2.) E CHA CHHA JA JHA GNA EE Dharzaniepyam Namah		<i>Hold your index fingers straight</i>
3.) U TA THA DA DHA NA OO Madhlamapiyam Namah		<i>Hold your middle finger straight</i>
4.) A THA THHA DHA DHHA NA AI Anamlkabiyam Namah		<i>Hold your Ring finger straight</i>
5.) O PA PHA BA BHA MA AU Kanishtikabiyam Namah		<i>Hold your Little finger straight</i>
6.) A YA RA LA VA SHA SHSHA SA HA KSHHA AHA Kara Dhala Kara Prushtabiyam Namah		<i>Touch and go over the back of your hands</i>
BODY NYASA: Placement of sounds in body parts		<i>Body Part:</i>
A		Head
AHA		Mouth
E		Right eye
EE		Left eye
U		Right ear drum
OO		Left ear drum
RU		Right nostril
ROO		Left nostril
LO		Right cheek
LOO		Left cheek
AEY		Upper lip
I		Lower lip
O		Upper row of teeth
AU		Lower row of teeth
A		Tip of the tongue
AHA		Neck
)()(

(No. 1 to 4 are the allophones Ka, Cha, Ta and Pa each prefixed by the vowels, A, E, U, A, O. The key to pronounce the allophones is that the first occurs at the tip of the mouth, the second at the middle, the third near the throat and the fourth at the throat.)

Put the sounds into the indicated body parts along with white light.

What cures is rest. Rest cures. If you rest any system, it will cure itself. If you consistently put awareness in a particular part of the body, that part will raise its intelligence. Every cell is charged with energy.

Consciousness and light are one and the same. They are different degrees of it. Different levels of consciousness.

Body Part Chants - Continued

Chants	Pronunciation	Meaning
KA		Right shoulder
KHA		Right elbow
GA		Right wrist
GHA		Beginning of fingers at the right palm
gNA		Tip of the fingers in the right hand
ㄱ		ㄱ
CHA		Right thigh
CHHA		Right knee
JA		Right ankle
JHA		Beginning of the right toes
GNA		Tip of right toes
ㄱ		ㄱ
THA		Left thigh
THHA		Left knee
DHA		Left ankle
DHHA		Beginning of the left toes
NA		Tip of left toes
ㄱ		ㄱ
PA		Ribs on the right side
PHA		Ribs on the left side
BA		End of the spinal cord
BHA		Navel
MA		Abdomen
ㄱ		ㄱ
YA		Heart
RA		Right armpit
LA		Back of the neck
VA		Left armpit
SHA		From the heart till the tip of the right hand fingers
SHSHA		From the heart till the tip of the left hand fingers
SA		From the heart till the tip of right toes
HA		From the heart till the tip of left toes
AU		From the hip to the tip of the toes
KSHHA		From the hip to the crown
ㄱ		ㄱ

Put the sounds into the indicated body parts along with white light.

Enlightenment Chants

Chants	Pronunciation	Meaning
Mantra for Ascension and Wisdom		
ARUT PERUN JYOTHI		Supreme grace light
ARUT PERUN JYOTHI		Supreme grace light
TANNI PERUN KARUNAI		Pour down mercy upon us
ARUT PERUN JYOTHI		Supreme grace light
Mantras from Siva Sutras		
		<i>To unhook from your current limited ideas:</i>
Jnanam bandah		<i>Knowledge is bondage</i>
Udyamo Bhairava		<i>Consciousness emerges as a flash</i>
Mantra to help accelerate things by destroying time:		
OM KALA SAMHARA MURTHNE NAMAHA		<i>I pray to you, Siva, to kill time for me.)</i>
Mantra to help awaken enlightenment		
ISHANAYA NAMAHA		<i>Put white light in left brain on the top</i>
TATPURUSHAYA NAMAHA		<i>Put white light in the forehead</i>
AGORIAYA NAMAHA		<i>Put white light in the heart chakra</i>
VAMADEAYA NAMAHA		<i>Put white light in the sex chakra</i>
SADYOJATAYA NAMAHA		<i>Put white light in the occipital lobe</i>
Another variation:		<i>The Five Faces of Siva</i>
OM ISHANAYA SIVA BABA		<i>Top of the head, facing to the northeast/to the sky. This is the MOST powerful direction. This is the storehouse of Siva's energy. Northeast.</i>
OM TATPURUSHAYA SIVA BABA		<i>The frontal lobe when energized seals the logical mind off (as does vibhuti). Your thinking will be limitless and outrageous when this lobe is energized. East.</i>
OM AGHORAYA SIVA BABA		<i>The right brain. This will give you Divine Knowledge/Wisdom. The brain of Siva. South.</i>
OM VAMADEVAYA SIVA BABA		<i>The left brain. Attraction of money/desires of all kinds. North.</i>
OM SADYOJATAYA SIVA BABA		<i>The back/occipital lobe. This enables you to manifest instantaneously upon time of thinking. West.</i>
ARA KARA		<i>Helps develop light body.</i>

Really Feel the Sounds. Fall in Love with Them.

Mantra taught by Swami Ramalingam (previous incarnation of Siva Baba) for light body

Focus on these parts of your body while repeating the mantra. Allow the vibration of the sound to enter and fill with light the area of the body you are focusing on:

Meditation to make brain function better. Technique for awakening the five parts of the brain

Enlightenment Chants - Continued

Chants	Pronunciation	Meaning
Mantra for Power /Consciousness		
ISHANA SARVA VIDHYANAM		<i>All knowledge belongs to Ishana (an aspect of Siva)</i>
ISHVARA SARVA BUTHANAM		<i>All the elements belong to Siva</i>
BRAMATIPATIR BRAHMANOTIPATIR		<i>The Lord of Brahma</i>
BRAHMA SHIVOME ASTU SADASHIVOM		<i>Brahma is Siva</i>
Prayer Written by Siva Baba For Ending Kali Yuga:		<i>****Focus on the Sushumna</i>
OM Lord Siva		<i>Visualize a thin column of light inside the sushnuma (the central energy channel that travels up the spine)</i>
We bow down to your lotus feet		<i>Enter the Column of light</i>
Please use the body of Siva Baba		<i>Mentally Chant "AH" at the root chakra</i>
To save this world from darkness		<i>Now move up to the heart chakra</i>
The Kali Yuga has totally destroyed our faith		<i>Visualize Baba's form within your heart</i>
And promoted doubt and ignorance		<i>Keep chanting that sound "OM"</i>
Use your power to open our third eye and enlighten us.		<i>Feel Baba's love penetrate your body</i>
OM Nama Sivaya Potri		
OM Nama Sivaya Potri		
OM Nama Sivaya Potri		
OM Nama Sivaya Potri		
OM Nama Sivaya Potri		
Pronunciation Key:		
1.) The UNCAPITALIZED alphabets use a 'softer' sound.		Eg "Ma" - As in "Mug" versus "MA" - As in "March"
2.) "h" should barely be pronounced versus the "H" which should. This is an important one.		
3.) "Ooh" or "Oo" as in "Book" versus "U" as in "Push"		

2 Currents of Air Create Consciousness-these are localized in our bodies

*Apanha (Moon)
Pranha (Sun)*

Pranha

1st-Start at Heart--up to the 3rd Eye--Up through the top of the head, stopping at 6" above the head, then 12" above head, then into the heavens

2nd-Move up to the third eye, come down out of either nostril, ending at the navel at this point

*moon eats the Sun or Apana eats Pranha
3rd-Heart to Base of Spine*

Calms Mind and Increases Consciousness

☾

*Sun and Moon Meditation
Visualize the sun in the right eye – 5 times (5x)
The sun is shining in the right eye - 5x
Move the sun to the left brain
Visualize the sun in the left brain - 5x
The sun is shining in the left brain - 5x*

*Visualize the moon in the left eye - 5x
The moon is beaming in the left eye - 5x
Move the moon to the right brain
Visualize the moon in the right brain - 5x
The moon is shining in the right brain - 5x
The sun is shining in the left brain and the moon is in the right - 5x*

*Om, om, om
Shanti, shanti, shanti
Peace, peace, peace
Peace to the body
Peace to the mind
Peace to the spirit
Peace to the environment*