

[The Michael Teachings](#)

The [Michael entity](#) is a collective of 1050 souls who have completed their incarnations on earth, and evolved to a higher plane of existence. As with many other spiritual teachers, Michael's knowledge is conveyed to the earth plane through the use of a human channel. These channeled teachings were first published in a book by [Chelsea Quinn Yarbro](#), entitled, "*Messages from Michael*," and it paved the way for many publications to come.

A fundamental aspect of Michael's wisdom is that the meaning of existence is in a nutshell -- life. There is nothing else. The experiences we gather from living day after day, lifetime after lifetime, constitute the essential components necessary to grow spiritually. There are no secret rituals, special meditations, or any other esoteric practices required. Life itself is the only lesson plan needed in order to move forward. From this continual dance, we eventual learn the following tenet: *we are here to learn how to choose, and to choose how to learn.*

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[There is](#) no relation at all to the Archangel Michael....

There are many Michael Channels at this time. Michael says that just about anyone who is sincere and wants to channel them can do it. Michael

channeling is not something given to one person to make them special or some kind of great authority, it is open to all those who seek growth and spiritual advancement (i.e. almost anyone). The more well-known Michael channels have put out books on the Michael teachings.