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## نامجیال

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# نامگیال

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Ναμγκιάλ

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## Ινστιτούτο Θιβετολογίας Ναμγκιάλ - Agoda.com

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# Namgyal Monastery



*Namgyal Monastery Dharamsala, India*

**Namgyal** (Tibetan: རྣམ་རྒྱལ།, Wylie: *nam rgyal*) **Monastery** is a Tibetan buddhist monastery closely associated with all the Dalai Lamas since the third. Namgyal Monastery is the personal monastery of the 14th Dalai Lama.

Its primary role is to assist with rituals involving the Dalai Lama of Tibet. Its main tantric practices reportedly include those of Kalachakra, Yamantaka, Chakrasamvara, Guhyasamaja, and Vajrakilaya.

## 1 Early years

Founded in either 1564 or 1565 as Phende Lekshe Ling (on the foundations of the since defunct monastery called Phende Gon) by the Third Dalai Lama Gyalwa Sonam Gyatso, Namgyal Monastery was renamed in honour of the female long-life deity Namgyälma in 1571.<sup>[1]</sup>

Since the completion of construction on the Potala Palace (begun by the Fifth Dalai Lama), Namgyal was traditionally housed in the red section at the top of that building in Lhasa.

## 2 Since 1959

Following the Tibetan uprising of 1959, Namgyal Monastery relocated to Dharamshala, India, where it continues, active, to this day. According to Namgyal's website, Namgyal (Dharamshala) has "nearly 200" monks (up from 55 in 1959), representing all four main Tibetan monastic lineages.

In 1992, on the advice of the present Dalai Lama, Namgyal established an American branch in Ithaca, New York, including within it the Namgyal Monastery Institute of Buddhist Studies. On February 8 of 1996, the monks of Namgyal Monastery's Institute of Buddhist Studies offered their first "Blessing of Cyberspace" as part of the "Twenty-four Hours in Cyberspace" event.<sup>[2]</sup>

In 1998, Namgyal incorporated a Tibetan monastery in Bodhgaya, India, called Gendhen Phelgyeling. That monastery is now known as Namgyal (Bodhgaya), and has 45 monks.

Namgyal (Dharamsala) also manages a temple in Kushinagar (since 1967), and an elderly home in Simla (since 1992).

Whether the People's Republic of China has maintained an institution with the same name inside Tibet is unclear.

## 3 See also

- Dalai Lama lineage
- Third Dalai Lama: founder of Namgyal Monastery
- Fifth Dalai Lama: builder of the Potala
- Fourteenth Dalai Lama: current Dalai Lama
- Losang Samten: contemporary historian of Namgyal Monastery

## 4 References

- [1] Bryant, Barry (2003) [1992]. *Wheel of Time Sand Mandala: Visual Scripture of Tibetan Buddhism* (2nd. ed.). Ithaca, NY: Snow Lion Publications. pp. 95, 96. ISBN 1559391871. The name Namgyal came into use in 1571 when the king Altan Khan of Mongolia became very ill and requested that his teacher, the Third Dalai Lama, perform long-life prayers for his recovery. The Dalai Lama instructed his monks to perform the sacred long-life prayer of the goddess Namgyälma, and from that moment on, Phende Lekshe Ling was also known as Namgyal Monastery.
- [2] Namgyal Monastery Institute of Buddhist Studies (8 February 1996). "Blessings of Cyberspace". Retrieved 15 December 2012. In the monks' view, cyberspace resembles space in general, which Tibetan Buddhists characterize more as the absence of obstructions than as a distance between two points. Also, cyberspace, like ordinary

space, can be defined as something that cannot in and of itself be seen or measured, yet which can be conceptualized and used. That is, it has no inherent existence for its own part, yet it exists as a field for mental activity. Where there is an absence of obstructions, there is the potential for something to arise, the nature of which depends on the motivation of those who use it. In blessing cyberspace, the monks reasoned, they could offer prayers that the motivation of Internet users become more positive and that the benefits of using the Internet become more positive.

## 5 External links

- [Namgyal \(Dharamshala\)](#) - The home monastery in Mcleod Ganj, India
- [Namgyal \(Bodh Gaya\)](#) - Gendhen Phelgyeling branch in Bodh Gaya, India
- [Namgyal \(Ithaca\)](#) - Institute of Buddhist Studies branch in Ithaca, New York, USA

Coordinates: 29°39′35″N 91°07′01″E﻿ / ﻿29.65972°N 91.11694°E﻿ /

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# Namgyal Monastery Institute of Buddhist Studies

**Namgyal Monastery Institute of Buddhist Studies** incorporates two institutions: (1) the North American Seat of Namgyal Monastery; and (2) a Tibetan Buddhist theological seminary affiliated with it. The two institutions share a dharma center in Ithaca, New York. The Dalai Lama is their patron, highest authority (for the former), and consultant (for the latter).

“Namgyal” (rNam rGyal) is the Tibetan name of a long-life deity.

## 1 The North American Seat of Namgyal Monastery

Namgyal Monastery (Ithaca) is a branch of the personal monastery of the Dalai Lama, also called Namgyal Monastery. It therefore belongs to the Gelugpa monastic order. Traditionally located within the Potala Palace, and charged with various ritual tasks connected with the Dalai Lama, the parent monastery in 1959 relocated to Dharamsala along with the Tibetan exile government. Monks from Dharamsala are rotated in and out of the Ithaca branch, with about five in residence there at any one time. They are one of several groups which send teams of Tibetan monks on tour to construct sand mandalas.

## 2 Namgyal Institute of Buddhist Studies

The institute was founded in 1992, on the advice of the Dalai Lama. The major organizer was Sidney Piburn, former middleweight boxer and editor/co-founder of Snow Lion Publications (and Piburn is named as the Institute’s “founder” on the cover of several books). Namgyal’s website names the late Pema Losang Chogyen—a monk associated with the early days of the institute—as its “inspiration.”

Namgyal Institute offers a three-year program emphasizing Tibetan language, Buddhist philosophy, and meditation practice. It does not award degrees. (Its administrators contemplated offering a “Master of Sutra and Tantra” degree, but this is the same degree awarded by the parent monastery for thirteen years of study.) The

core program was designed in part by the Dalai Lama, and aimed at Western dharma practitioners. Though oriented towards the Gelugpa school, Namgyal is “nonsectarian” in the sense of being open to non-Gelug lineages.

The teachers are drawn partly from the Namgyal monks, and partly from visiting teachers (including many well-known scholars in the field of Buddhist Studies). There are part-time as well as full-time students, and many activities are ones which could be found at almost any dharma center, such as pujas, dharma talks, workshops, retreats, and short courses.

The institute is housed in a Victorian house on Aurora Street, but is constructing a Tibetan-style temple complex, to be called *Dü Khor Choe Ling* (dus 'khor chos gling, “Kalachakra Center”).

A number of books from Snow Lion Publications bear the label “A Namgyal Institute Textbook.”

## 3 External links

- Official site
- Parent monastery in Dharamsala

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# Namgyal dynasty of Ladakh

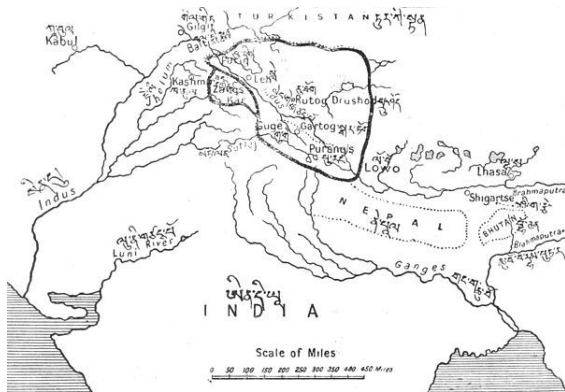
The **Namgyal dynasty** of Ladakh was founded by **Bhagan**, a Basgo king, who reunited Ladakh by overthrowing the king of Leh. He took the surname Namgyal (meaning victorious) and founded a new dynasty which still survives today. King Tashi Namgyal (1555-1575) managed to repel most Central Asian raiders, and built a royal fort on the top of the Namgyal Peak. Tsewang Namgyal temporarily extended his kingdom as far as Nepal.

During the reign of Jamyang Namgyal, concerted efforts were made to convert Ladakh to Islam by destroying Buddhist artifacts. Today, few gompas exist from before this period.

most famous of which are Hemis and Hanle.<sup>[1]</sup>

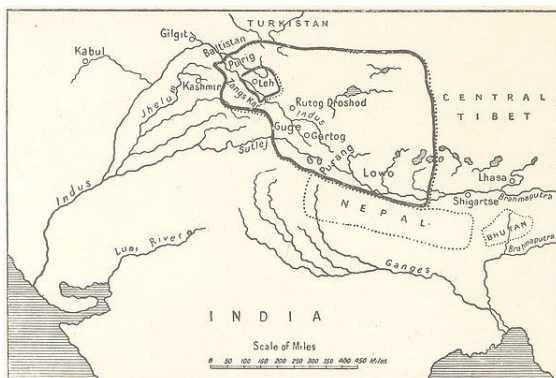


*The Stok Royal Palace, residence of the Namgyal dynasty, former rulers of the former Ladakh kingdom, now part of the Indian state of Jammu & Kashmir.*



*The Territorial Extent of Ladakh during the period of King Nyimagon about 975 A. D.- 1000 A.D. as depicted in A History of Western Tibet by A.H. Francke, 1907*

He expanded the kingdom into Zaskar and Spiti, but was defeated by the Mughals, who had already occupied Kashmir and Baltistan. His son Deldan Namgyal (1642-1694) had to placate the Mughal emperor Aurangzeb by building a mosque in Leh. However, he defeated the Mughal army in Baltistan. He sided with Bhutan in a religious dispute between Tibet and Bhutan, which resulted in an attempted invasion by the fifth Dalai Lama. Kashmiri help restored Ladakhi rule at a price - the building of a mosque in Leh and the conversion of the Ladakhi king to Islam. Also, all of Ladakh's valuable pashmina wool had to go to Kashmir. The Treaty of Temisgam in 1684 settled the dispute between Tibet and Ladakh, but its independence was seriously restricted.



*The empire of King Tsewang Rnam Rgyal I., and that of King Jamyang Rnam Rgyal., about 1560 and 1600 A.D*

By the beginning of the 19th century, the Mughal empire had collapsed and Sikh rule had been established in Punjab and Kashmir. However the Dogra region of Jammu remained under its Rajput rulers, the greatest of whom was Maharaja Gulab Singh (1792-1857)—his General Zorawar Singh invaded Ladakh in 1834. King Tshespal Namgyal was dethroned and exiled to Stok.

## 1 List of kings and period of reign

This list is not complete

- Lhachen Bhagan (1470-?)
- Tashi Namgyal (1555-1575)
- Tsewang Namgyal (1575-?)
- Jamyang Namgyal (?–1616)

Senge Namgyal (r. 1616-1642), known as the 'Lion' King made efforts to restore Ladakh to its old glory by an ambitious and energetic building program including the Leh palace and the rebuilding of several gompas, the

- Sengge Namgyal (1616-1642)
- Deldan Namgyal (1642-1694)
- Tsepel Namgyal (?–1834)

## 2 See also

- Chogyal

## 3 Footnotes

[1] Rizvi (1996), p. 69.

## 4 References

- History of Ladakh
- Rizvi, Janet ; *Ladakh: Crossroads of High Asia*. Second Edition. (1996). Oxford University Press, Delhi. ISBN 0-19-564546-4.
- History of Sikkim
- Sikkim

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- **File:The\_empire\_of\_King\_Tsewang\_Rnam\_Rgyal\_1.,\_and\_that\_of\_King\_Jamyang\_Rnam\_Rgyal.,\_about\_1560\_and\_1600\_A.D.jpg** *Source:* [http://upload.wikimedia.org/wikipedia/commons/7/75/The\\_empire\\_of\\_King\\_Tsewang\\_Rnam\\_Rgyal\\_1.%2C\\_and\\_that\\_of\\_King\\_Jamyang\\_Rnam\\_Rgyal.%2C\\_about\\_1560\\_and\\_1600\\_A.D.jpg](http://upload.wikimedia.org/wikipedia/commons/7/75/The_empire_of_King_Tsewang_Rnam_Rgyal_1.%2C_and_that_of_King_Jamyang_Rnam_Rgyal.%2C_about_1560_and_1600_A.D.jpg) *License:* Public domain *Contributors:* A History of Western Tibet by A.H. Francke, 1907 republished as A History of Ladakh *Original artist:* A.H. Francke, S.S.Gergan and F.M. Hassnan

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WorldNews - بھوٹان کے نئے بادشاہ کی رسم تاج پوشی -

[article.wn.com/view/WNAT7f8c7b96179131086213dfbb9db4f328/](http://article.wn.com/view/WNAT7f8c7b96179131086213dfbb9db4f328/) ▼

Nov 6, 2008 - بھوٹان کے نئے بادشاہ جگمے کھیسر نامگيال وانگ چک نے 28 سال کی عمر میں بدھ کو ہمالیہ -

Urdu Times 2014-12-01 ... PM Modi meets Bhutan's King ... کی اس چھوٹی سی سلطنت کا

... Jigme Khesar Namgyel Wangchuck. 2:06

Worldnews.com - کرما پا لاما کے خلاف تفتیش ابھی جاری -

[article.wn.com/.../WNAT5fcf6c6d3a7c5c39a5929ca9b...](http://article.wn.com/.../WNAT5fcf6c6d3a7c5c39a5929ca9b...) - Translate this page

Feb 12, 2011 - Sinhala .... ہے، اس کا نام لوبسانگ نامگيال (Lobsang Namgyal) بتایا گیا ہے۔

... kotiya Tamil: koṭi (often written koti) Telugu: koṭi Urdu: karor

# नमग्याल

## उन्मुक्त: मस्का नहीं, मस्कारा कैसे लगायें ...

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## Bhutan News in Hindi | Hindi News on Bhutan: Amarujala.com

[www.amarujala.com/tags/bhutan/](http://www.amarujala.com/tags/bhutan/) ▼ Translate this page Amar Ujala ▼

भूटान नरेश जिग्मे क्षेर [नमग्याल](#) बांगचुक बुधवार की शाम को बौद्ध मंदिरों के दर्शन-पूजन के लिए सारनाथ पहुंचे।

## लेख » उन्मुक्त - WordPress.com

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# ਨਮਗਿਆਨ Namagi'āna

Tribune Punjabi » News » ਕਰਮਾਪਾ ਦੇ ਟਰੱਸਟ ਦੇ ਬੈਂਕ ...

[punjabitribuneonline.com/.../ਕਰਮਾਪਾ...](http://punjabitribuneonline.com/.../ਕਰਮਾਪਾ...) - Translate this page Punjabi Tribune ▾

Feb 5, 2011 - ਦੋ ਟਰੱਸਟੀਆਂ ਗੋਪੂ ਸੇਰਿੰਗ ਅਤੇ ਤੇਨਜਿਨ ਨਮਗਿਆਨ ਨੇ ਅਗਾਉਂ ਜਮਾਨਤ ਲਈ ਅਪੀਲ ਕੀਤੀ ਹੈ। ਜ਼ਿਕਰਯੋਗ ਹੈ ਕਿ ਪੁਲੀਸ ਨੇ ...

<http://punjabitribuneonline.com/2011/02/%E0%A8%95%E0%A8%B0%E0%A8%AE%E0%A8%BE%E0%A8%AA%E0%A8%BE-%E0%A8%A6%E0%A9%87-%E0%A8%9F%E0%A8%B0%E0%A9%B1%E0%A8%B8%E0%A8%9F-%E0%A8%A6%E0%A9%87-%E0%A8%AC%E0%A9%88%E0%A8%82%E0%A8%95-%E0%A8%96%E0%A8%BE/>