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Have you ever asked yourself these probing questions? Like why do we suffer? Why can't I find fulfillment in life? Why do I feel there is something greater out there that I am endlessly searching for? Here at Quan Yin Online, we want to help guide you to those answers. We want you to find fulfillment in life like we have. Find out more about what the Quan Yin Method is, and why it has changed our lives in such a colossally positive way. The answers you are seeking are here.

Why do we suffer?

Our only pain is forgetting that we are God. The only cause of suffering is ignorance of our own true nature, nothing else -- not poverty, not wars or disasters. Nothing else can bring us suffering. There are two levels within our existence. One is the so-called ignorance, the other enlightenment. And we step through the border; we come into enlightenment. Enlightenment implies light. So when you sit in quietness through the help of the experienced teacher, you have light; you see "light" floating through you. Then you feel elevated, you feel changed. You enter into a different dimension. You still work in the world, still do your business, fulfill your duty as a housewife, a husband, or United Nation personnel, but inside you contact a higher world. That's why we work more effectively, and less effort, but more result.

Why immediate enlightenment?

Enlightenment implies light. When anyone helps you to see Light from heaven immediately, that is called immediate enlightenment. When people can see Light or hear the Heavenly Music it means the message of God. It's what is called the Word in the Bible, "and the Word was God, and the Word was with God." Remember? The Word, that is what we can hear from God. The moment we hear that, it is called the moment of enlightenment.

What is the sound of God?

This Sound is the "Sound of God", the sound of our original nature, which existed even before anything in this universe came into being. This Sound is the "sound beyond this world;" therefore, it is inaudible to the hearing faculty of ordinary humans. However, all sentient beings can listen to it, except that they will hear different sounds according to their individual levels. Everything in the universe vibrates, and so they have sound - even stones have sound. But it is too subtle to be heard by the human ear; we can only hear it with our wisdom. Therefore, we say contemplate on the sound rather than listen to the sound. If all sentient beings have this sound and wisdom as well, then why can't they contemplate on this sound? It is because they don't have the key and so do not know where the sound is. Therefore, we must first find a Master who can open the door for us.

Why is this sound so important?

It is because all things in the universe are linked together by this sound. All the realms, from high to low, are linked to each other through this sound. The vibrations of some people are incompatible with others', so they have difficulty accommodating with each other. For the same reason, our vibrations are not accommodating certain places, and we find it difficult living in those places. However, there is a type of sound that encompasses all sentient



beings. This is "God's Sound", the sound of Original Nature. By contemplating on this sound, we can elevate our vibrations and spiritual level. Superficially, we may look the same as we did, but our body will emit light. Everyone loves listening to our lecture and it is easy for us to deliver people, because our vibrations have become gentler, putting people's minds at ease and leading them to liberation. Their vibrations will be enveloped by ours; we will provide them with good vibrations that dissolve their bad vibrations. When the blood of a patient is not functioning well, the doctor will replace his bad blood with good blood. When the water in the bucket is dirty, we have to empty the filthy water before filling it with clean water. All things in the universe have the "Sound," and all things are created by this Sound. In the "Tao Te Ching," it is mentioned as the "Name" or the "Tao." Lao Tzu said: "The way that can be spoken of is not the constant Way; the name that can be named is not the constant Name. The Nameless was the beginning of Heaven and Earth; the named was the mother of the myriad creatures." This Name or Tao refers to this sound or vibration. Perhaps the ancient Chinese usage was different, but it actually means the same thing.

The Heavenly Music spoken of in all Holy scriptures of different religions such as the 'Word' in Christianity, the 'Shabd' in Hinduism, the 'heavenly music' in Chuang Tse, the 'Tao' in the Tao Te Ching, etcetera are the only real teachings direct from the Kingdom of God. They are the language of universal love and great intelligence. All teachings come from the Silent Sound, all This Word or divine vibration is mentioned in all religions. We call it Yin; others call it celestial music, Logos, Tao etcetera. It vibrates within all life and sustains the whole universe. This inner melody can heal all wounds, fulfill all desires and quench all worldly thirst. It is all-powerful and all-love. It is because we are made of this Sound that the contact with it brings peace and contentment to our heart. After listening to this Sound, our whole being changes, our entire outlook on life is greatly altered for the best. The wondrous vibration will cleanse off all undesirable traces of 'original sin' or what others call 'karma'. It is like a mighty river carrying along with its current all ugly garbage. This inner sound is the great creative force of the cosmos. It sustains and nourishes all things. Its manifestation in the outer world can be heard in the natural melodies of the wind, the water, birds etcetera, which are the lower manifestations. There are, however, more subtle and higher sounds, which are inaudible to our physical ears, because they vibrate at a higher rate than our material world. The way to these higher dimensions lies in the Sound itself, which we follow back to its original source. To hear higher sounds and see higher worlds, we must open and develop our higher senses. And to do this, we need a guide, a Master of the Way, who is like a travel guide who knows what lies ahead. Religious scriptures only describe these worlds, just like a land map. To really know the land, we have to get there in person. When we have a guide, then it is quicker and safer for us.

A Master

A Master is supposed to be the one who has already realized himself and who knows what his or her real self is. Therefore, he is able to communicate with God, the greatest intelligence, because it is within ourselves. That is why he or she can transmit this knowledge, this awakening power, to whomever would like to share the joy. Actually, we don't have a Master in a sense. Only until the disciple is able to recognize his own mastership, then a so-called Master is necessary to guide him until then only. But we don't have a contract or anything. Of course, you have a contract with yourself that you should stick to the end, and this is for your own benefit. And initiation just means the moment of first recognition of your greater spirit, that's it.

The Quan Yin Method

After I give you the Quan Yin Method, then you meditate, you try to search within yourselves to find what kind of power you have, what kind of capability you have forgotten, how much intelligence you have used, who you are, and what kind of position you have in the universe. You search and search, and

you will find it. The method is transmitted without words. If we use language to be enlightened, we are still in the intellectual realm and the mind will be wrestling and all this is very tiring. So I do not teach you a kind of mind-wrestling method because I think that we are tired enough from working every day, struggling with our problems, so there is no need to go home, sit cross-legged and wrestle again! You probably heard there were different methods leading to enlightenment, and indeed there are several. However, there is only one that can lead you to the highest enlightenment. You can take different paths at the beginning, but you will have to take this one to reach the top. This path must include contemplation of the inner light, and of the inner vibration that the Bible calls the Word. It comes from God. It comes from God knows when, from time immemorial, since creation began. Since we began to play the drama of life, God has granted us this way to go back to Him. The Quan Yin Method is not a method really; it is the inherent power that is the power of God to prove that we're God. Because we have that God power, at the time of initiation, the master just helps you to remember it. And remember you will, immediately, and then you'll feel it. So, we get in contact with this Spirit, which is a manifestation of divine light and vibration, and by doing so, we know God. In fact, it isn't really a method. It is the power of the Master. If you have it, then you can transmit it. The method is a transcendental one that cannot be described by our language. Even if someone describes it to you, you will not receive the light and the vibration, the inner peace and wisdom. Everything is transmitted in silence, and you will see your old Masters like Jesus or Buddha. You will receive all that you need to follow their footsteps, and little by little you will become Christ-like, and you will become one with God.

What is initiation?

Initiation actually is just a word for opening the spirit. You see, we are crowded with many kinds of obstacles, invisible as well as visible, so the so-called initiation is the process of opening the gate of wisdom and letting it flow through this world, to bless the world, as well as the so-called Self. But the true Self is always in glory and wisdom, so there is no need of blessing for that. Initiation is to connect you back to your own God power again. Connect you back, connect you with your own God power inside, or back to your Buddha nature. It's the same thing. Yeah. Just like an electrician, the wires are there, the bulbs are there, but there is no light. Then he fixes them together. And then there is light. Okay? He connects the light with the powerhouse and then there is light. Initiation is a kind of invisible opening wisdom ceremony. No flowers, no incense, no prostration, no Buddha statues, no church, nothing. Only you and your own positive original power. Now when you sit there all alone, then I will point to your soul where to go, in order to get back the positive and negative together, understand? Now you are separated because you are always leaning onto the negative side for survival. Now when you sit alone there and ready, willing to go back, I just pull you back. But no action involved. These things are abstract, are the wonderful things of the invisible power. There is no doing of anything. Do without doing. I don't have to be there even. I don't have to even know your name, your address, your age, your profession. I don't have to know you; I mean physically. Inside I know. Therefore the initiation is just like you sit there and get back your positive side. You know, like out of balance, that you always lean on the negative. Now, come back and then you're balanced. That's it. And then you know that you are enlightened because you saw the light, you received the teaching from heaven through melody.

It's not by "Singlish", it's not by Chinese. It's wordless words, silent sounds. This will make you wiser, and more and more realize that you are great, and you are the master of the house. Yeah! That's the initiation. But no words can describe that, because I would not talk to you at that time. I might not even be present, because you will be along with the whole universe then.

Life eternal is what we are, wisdom is what we possess, love is what our

nature is, and this cannot be destroyed, with any bomb at all. It cannot be limited by space and time. Therefore, the Masters initiate disciples without the limitation of space and time. Masters don't have to always be where the disciples are, but they can help them and bless them. The disciples will grow into mastership and also do the same. Spiritual practice is not folding your legs to meditate. Spiritual practice begins the moment you have the thought of wanting to contemplate on the ephemerality of life, and to purify yourself into a perfect being. Heaven is here and now. Anywhere you go, make it a heaven. If you're happy, it's heaven. If you're not happy, even if the situation around you is very merry, very boisterous, you will still feel miserable. We should not fear anything in this world; we need only fear that our minds are not stable and our wisdom is not developed enough, and therefore we do not understand the true meaning behind those things.

Spiritual practice is an action that requires us to be prepared to overcome difficulties, and never succumb under adverse circumstances.

Words of the Supreme Master Ching Hai



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