

Rasala Ruhi Shareef in English

PAGE NO. A

THE RISALA E RUHI SHAREEF

(A TREATISE OF SPIRIT)

BY:

HAZARAT SULTAN BAHU RAHMATULLAH

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**(MAY ALLAH HELP ME TO TRANSLATE THIS BOOK AS CORRECT
AS POSSIBLE**

**AND MAY ALLAH ALSO ADD ME IN THE LIST OF KHUDDAM E
DARGAH E SULTANI RH.)**

PAGE NO. 01

ABOUT STIPULATION AND SUPERIORITY OF THIS BOOK

(Note: This matter has been taken from the Urdu Translation of the Original Book done by Janab Dr. K. B. Naseem.)

Hazrat Muhammad PBUH said that the Ascetics' way of servitude is physical worship, while the way of deep love and devotion is the cordial (Qalbi) servitude but the way of the perfects is the spiritual worship (Ruhi).

The derivation of 'Risala e Ruhi' is from the system of Ruhi. That is why its name has been set as 'Risala e Ruhi Shareef'.

1. The book is that comprehensive revolutionary compilation of Qadri Sarwari Pathway which initiated from the holy tongue of the Sultan ul Fuqr Hazrat Sultan Bahu Rh during his extraordinary phase in Hazoori. Its reader gets spiritual gain through Owaisi Pathway. That is why its name is 'Ruhi'.

2. The reading and practicing according to this book, bestows on Talib the Spiritual Majlis in the very beginning and by practicing on its Pathway, one gets Hazoori.

3. Its beginning is with 'and I infused in him My spirit' and end is 'when Fuqr reaches its climax, it is Allah'.

4. Those Aulia Allah who have faced Rija't in the world of Spiritualism or from the realm of witnessing Holiness, there is none more effective that this book for them to recover.

5. There are seven mysterious Keys are in this book by which Fakir can bring every sort of hidden treasures in his use. He who opens the locks of hidden inner self, using this book, he become extinct in Allah, connected with Allah and honored with Hazoori.

6. The perfect executor of this book is a predominant friend of Allah. whatever he says, happens with the Taufiq of Allah Almighty.

7. With the prosperity of Ism e Azam, Fakir becomes a granter of All Dawats. And gains every objective from the apparent divine light.

8. He can turn the deceased alive with the spiritual profit of this book by saying Bi Izni Allah on graves and can dialogue with the spirits.

9. In short this book is source of numerous blessings and profits of Dunya and Religion and a précised essence of all the books of Hazrat Sultan ul Arifien Sultan Bahu Rh.

10. This book, like Qaseeda Ghausia, is in tones of pride, eulogy and filled with mysteries and secrets of hidden inner self (Baatin). There are some methods/ways to read this book some of which follow:

DIFFERENT WAYS OF READING THIS BOOK FOR GAINING TRUE SPIRITUAL PROFITS

(Note: This matter has been taken from the Urdu Translation of the Original Book done by Janab Dr. K. B. Naseem.)

FIRST:

Offer two Rakat Nawafil prayers after the Esha Prayers. In Nawafil recite 11 times Sura Ikhlaas after Sura Fatiha in each Rakat. On conclusion, read 11 times each Darood Sharif, Sura Fatiha and Sura Ikhlaas and offer the Sawab of these Nawafil to Hazoor PBUH, entire Apostles, Ahl e Bayt, Pajtan Pak, Sayeed Abdul Qadir Jelaani Rh, Hazrat Sultan Bahu Rh, the Seven Sultan ul Fukara, and all Saints. After this read Risala Ruhi Sharif 11 times each time starting and ending with Darood Sharif. Repeat this for 40 days. With Grace of Allah, every objective will be fulfilled and Holy Ziyarat of Hazoor PBUH will be honored to you.

SECOND:

On first Thursday of lunar month, after taking Bath and wearing clean clothes and doing ablution offer two Rakat Nawafil such that in every Rakat read Sura Ikhlaas 7 times after Sura Fatiha. On conclusion of prayers offer its swab to Hazoor PBUH, Hazrat Fatima tu Zahra RA, Hazrat Khawaja Hassan Basri Rh, Hazrat Sheik Abdul Qadir Jelaani Rh., Hazrat Pir Abdul Razzaq Rh, Hazrat Sultan Bahu Rh, the Seven Sultan ul Fukr, entire Messengers, Apostles and Aulia Allah. Read Risala Ruhi one time with reading 7 times before and after the Darood Shareef.

Such reading bestows on reader Hazoori, meets with holy Spirits of Saints and Messengers, many mysteries are revealed unto him, Dawat of Takseer and Akseer and Tafseer are revealed unto him and Allah's Name yields profit on his heart.

THIRD:

Read 1 time, or 3 times or 11 times the Risala Ruhi Shareef after Fajr, Esha or Tahajud Prayers and keep in mind your desire/problem of world and request help from Hazrat Sultan Bahu Rh. Read 11 times Darood before and after reading Risala Ruhi Shareef.

(THERE ARE NINE WAYS TO READ THE BOOK TO GET SPIRITUAL PROFITS AND OUT OF THESE NINE THREE ARE GIVEN ABOVE)

(Note: for explanation of the specific Terms, please refer to the English Translation of The Noor ul Huda Klan)

PAGE NO. 02

IN THE NAME OF ALLAH, THE MOST GRACIOUS, THE MOST MERCIFUL

HAMD AND NAAT (EULOGY ON ALLAH AND HAZRAT MUHAMMAD PBUH)

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالْعَاقِبَةُ لِلْمُتَّقِينَ وَالصَّلَاةُ وَالسَّلَامُ
 عَلَى رَسُولِهِ سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَأَصْحَابِهِ وَأَهْلِ
 بَيْتِهِ أَجْمَعِينَ

Praise to Allah, the Sustainer of the worlds and good end is for the heedful and Darood and Peace be on his Holy Prophet Sayyedena Muhammad, his Progeny, his Companions and his Family.

Beware O Seeker of Allah, may Allah grant you the Right Path and Growth in both the Worlds. I (The Evolver) had been 'Ha' (abbreviation of Hahut - the realm of He-ness, I think here Hazrat Sultan Bahu Rh. most probably 'Ha' means Arabic literal by which the Arabic Word Huwiyat begins same as he says 'Alif' of 'Allah') of Huwiyat (the realm of Divine Essence) and a treasure of Yahoot (the first manifestation). I had been Latent in Lahut (the realm of Divinity). Thus, in Malakut (the Angelic Realm), I decided that my Jabroot (Power) be known (i.e. the reality of Haq be recognized). Therefore, I created the Creation in Nasoot (the realm of Humans).

The Fountain Head of the substance of the reality of Ha Huwiyat i.e. Allah, decorated His Divine Throne in His Divine Court beyond the limits of both the worlds (but) (people having) LOVE(could reach there) in that court of magnificence.

An exemplary lesson (is to be learnt here), about the nature of that holy ENTITY that thousands of thousand rather innumerable caravans of (people of) intellect got crushed by stones(perished on the way) (while trying to reach Almighty through logic & reason).

Praise is to Allah! Thousands of evidences of His glory and grandeur are revealed through the bodies of the earthly elements. His perfect Nature is watching play of His unparallel beauty in a clean mirror made by Him; and is playing the game of Love by himself; He is himself a vision, a viewer and the 'beloved' (because so much of ALLAH's beauty & grandeur is being reflected through this material world). O Talib if you lift the veil (of your ego from your eyes) you will observe that everything is singularity (in reality there is ONLY one ENTITY) which actually exists (and) all of the duality (of things) (the world of variety & multiplicity) is only due to your (squint) eyes.

PAGE NO. 03

The Author of this Book (Hazrat Sultan Bahu Rh.) is a recluse in the sanctuary of the Glory and Beauty of Allah Almighty, fully absorbed in observing the Absolute Being, honored with the eye the Real Deity i.e. the Witnessed Being, and being swung in the cradle of Divine Pride 'I am pure and My splendor is great', wearing the crown of the mystic intuitive knowledge of God and the

Absolute Unity at a place of extreme respect, rolling the robe of purgation and purification under my armpit at the level of Anta Ana wa Ana Anta (You are me, and I am You), entitled of Haq from Haq and the most hidden mystery of the entity of Ya-hoo Fakir Bahu (May his secret be sanctified), Surname A'wan, resident of Qila Shor Kot states a few words about the research made in the status of Fukr and in exposition of the level of Huwiyat of the Divine Being. And teach the lesson of the interpretation of the core meaning of the verse 'My mercy surrounds everything'. Wherever the Arif Waasil (Gnostic with connection with Allah) looks, finding nothing else than (His) Deedar (manifestations) and erases total signs of 'else than Allah' and self adore from his body and soul to such an extent that he unites with the Absolute Being.

Listen! When the Divine light of Oneness, upon emerging out of the chamber of Unity, decided to expose itself in the realm of 'multiplicity', it casted a commotion with its pure splendor or beauty. Both the worlds rushed to its candle light (like Divine Lovers) of Divine Beauty like moths ready to scarify their lives. Afterwards the Divine Light put on a veil of 'Meem' of 'Ahmad' (PBUH) and transformed into the shape of 'Ahmad' (PBUH) and with abundance of emotions and admiration shook seven times over itself as a result of which were born on the tree of certainty Seven Spirits of the Fakirs who were purified, extinct in Allah, eternally alive in union with God, fully immersed in thought of the Divine Being and all like kernel, before seventy thousand years earlier the birth of Hazrat Adam AS. They have never seen anything else than the True Being nor they listened anything else of except Allah since the Beginning to the End. They enjoy everlasting Union with God in the ocean of the sanctuary of the magnificence. At times, clad in Divine Lights torsos, they have endeavored in the sanctification and transcendence and at times they are like 'drops in ocean and ocean in drop'. And the robe of honor of 'when Fukr reaches its entirety, it is Allah,' is on their shoulders. Thus they have the crown of the eternal life and perpetual honor. Fakir has no want of anything from neither their Sustainer nor anyone else than Him.

PAGE NO. 04

They are honored and esteemed prior the birth of Hazrat Adam AS and they have never taken notice of even Doomsday. Their feet rest over the heads of the total Aulia Allah (friends of Allah), Ghaus and Qutub. If they are regarded as God (due to they are incomparable), it is justified; and if you call them (as per law of Shariat) 'servicemen' (bondmen) of Allah, it is also fair. He, who comprehended this point, realized it. Their station is the holy sanctuary of the Great Being. They have never demanded anything else than Haq from Haq (the absolute Truth). And they have never admired the pomp of the abject world, the gifts of the Hereafter like Hoors (virgins of the Heaven) and Palaces of Heaven and Heaven and the Heaven and Hell. And the splash of Divine Self Disclosure, which made Hazrat Mosa AS lose his consciousness and shattered down the mountain of Toor, similar such splashes of the emotions of Divine Self Disclosures of the Divine Light continue befalling them seventy thousands a time in every moment and in twinkling (blinking) of an eye. Yet they have not gasped and taken a sigh (of pain) and instead

they clamor 'Hal Min Mazeed' (is there any more of it). They are the Sultans of Fukr and leaders of both the worlds and they are: one of them is the Holy Spirit of 'the Lady of Heaven' Hazrat Fatima Tu Zahra RA.; second is the Holy Spirit of Hazrat Khawaja Hassan Basri Rh; third is the Holy and Esteemed Spirit of our Sheikh who is the Reality of Truth, the Absolute Divine Light and the Manifestation of the Truth, Hazrat Sheikh Abdul Qadir Jelaani (may God sanctify his secret); fourth is the Holy Spirit of Sultan of Noors, the Most Secret Mystery of Mysteries, Hazrat Pir Abdul Razaq (may God sanctify his secret) and fifth is the Esteemed Spirit of the Fountain Head of the Secrets of the Secret and the Entity of Ya-hoo the Servant of Lord, Fakir Bahu (may God sanctify his secret) and the remaining two Holy Spirits are of those Aulia Allah (who have yet to come in this world) and due to their sanctity and felicity the both worlds are intact. Unless both the said two Holy Spirits have not arrived in the world of diversity after leaving the sanctuary of Unity, the Day of Resurrection will not come. Their glance (sight) is absolutely enriched with the Divine Light of Unity and dignity of Kimya (on whomsoever they cast their glance; he becomes filled with the noor of Unity). On whomever their Glance full of belief falls, turns him into to the absolute Noor (Divine Light). He has not engaged Talibs (Seekers) in lengthy prayers (Wazifa) or performing supplications (Wird) but instead assist Talib in gaining the objective with Nigah (spiritual sight, glance) and Tawajuh (spiritual Attention).

PAGE NO. 05

Remember that! The author of this book and complier of this holy compilation i.e. Fakir Bahu Rh. who is the absolute Divine Light, has raised all the veils and curtains from his front and has himself embraced with obvious and clear Unity (Wahdat). Praise be to Allah (Subhan Allah)! The physical body of this Fakir is lying in between as a frail veil and everything is that Entity Who is himself disclosing thousands of strange mysteries and extraordinary subtleties from him. He himself is the narrator and He himself is the narration (script); He is himself the scribe and himself the script. He is himself the augments and He is himself the argumentum. If this book is taken as signs of the abilities of Lord, it would be correct to do so. Even if it is read as a revelation of God (Allah's Proclamation - A'laam), it would be fair. Glories be on Allah! if this treatise is considered as the statement (language) of the humble servant of Lord, it is even then right.

If a Wali (friend) who had connection with Allah has lost his origin higher rank due to Rija't (impulsive negative reaction) from the realm of spiritualism or the status of witnessing His Holiness, if makes this book a means to re-achieve his lost position, then it will serve as a Murshid Kamil for him. If he holds this medium firmly and affirms this solemnly, then I declare and affirm to send him to his destination. If a Talib (Seeker) of the Sufi Pathway holds this book with full devotion and keep holding it, I will honor his just holding of this book and surely I will turn him into an Arif (Gnostic) with spiritually live and enlightened heart.

ABYAAT (COUPLETS)

He who is seeker of the absolute Almighty Truth, I am here to guide him

From the beginning to the end, I will let him advance in a moment

Come O Talib, Come!

So that I can take you to the Lord, in the very first day

Note that! The Arif Kamil Qadri enjoys ability over every ability and presence at every level. The writer of this book, Fakir Bahu Rh, who has immersed in the absolute Hahuwiyat completely, states that since I have been honored with accomplishment and showered with the grace of the Absolute Truth of every Truth,

PAGE NO. 06

I have been instructed by Hazoor Nabi Karim PBUH to guide mankind and now, in my kimya vision, any Muslim or Kafir (heathen, idolater), any lucky or ill-fated and any living or dead all are equal as I can spiritually profit whom I will. This is because of the fact that Hazoor PBUH has himself entitled me with the titles of 'Mustafa Sani' ('Chosen' the Second) and 'Mujtaba Aakhir Zamani' ('selected' of the chronological end), with his own secrets emanating holy tongue.

ABYAAT

Hazrat Muhammad PBUH has himself awarded me Bai'at on his holy hands

Hazrat Mujtaba PBUH has declared me his son

Bahu has been commissioned from Hazoor PBUH

To issue Talqin to mankind in the cause of Allah

I am but lowly dust under the feet of Hazrat Imam Husain AS and Imam Hassan AS

Marifat has become my company (i.e. I have reached the climax of Marifat and Fukr)

And at the station of Fukr I received decree from the court of the Magnificent that 'you are Lover of the Divine'. Replied this Fakir that this poor-self cannot be competent of the 'Divine Love'. Then ordained 'you are Our beloved'. And this powerless remained quiet. Here the a flash of Divine Self Disclosure immersed this poor self in His vast ocean of his perpetual attention like a dust particle and said 'you are spirit of Our Entity and We are yours'. In reality you are Our reality; Our friend in Marifat (gnosis) and a secret of Yahoo in the being of Hu.

***** THE END *****