



Non-Traditional Reiki Level 1 To Level 8 Kundalini Master-Teacher Manual

Non-Traditional Usui Ryoho; Seichim;
Gold, Karuna Rei-ki, Imara, Kundalini
For All. For The Highest Good, Benefit,
Well Be-ing Of All Involved.

This Is Non-Traditional Reiki Because Most Who
Use This Manual Have Been Initiated\Attuned By
Master-Teachers Long Distance. All Information
For This Document Came From The Internet In
The Effort To Be As Timely As Possible. All Reiki
Information Is From A Variety Of Types Of Reiki.
This Document Is A Creation In Progress
Constantly Updated With The Latest Information
And Corrections From Its Non-Traditional Reiki
Master-Teachers, Users, Co-Creators.

Reverend Zarchian Amjoy
11/2/2009

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

PREFACE— PLEASE READ

The Non-Traditional Reiki Information And Master-Teacher Attunments Are:

- ♥ Level 1 To Level 3 Usui Ryoho Master-Teacher
- ♥ Reiki Type —Level 4 Seichim Reiki Master-Teacher
- ♥ Reiki Type —Level 5 Gold Reiki Master-Teacher
- ♥ Reiki Type —Level 6 Karuna Rei-ki Master-Teacher
- ♥ Reiki Type —Level 7 Imara Reiki Master-Teacher
- ♥ Reiki Type —Level 8 Kundalini Reiki Master-Teacher
 - Level 8 Kundalini Reiki Also Contains These Reiki Types
 - Reiki Type —Balance Reiki
 - Reiki Type —Birth Trauma Reiki
 - Reiki Type —Crystalline Reiki
 - Reiki Type —Higher Power Diamond Reiki
 - Reiki Type —DNA Reiki
 - Reiki Type —Karmic Band Reiki
 - Reiki Type —Past Life Reiki
- ♥ Free Source Public Domain Reiki Information From The Internet And Other Sources

This Non-Traditional Reiki Manual Is Created With This Belief In Mind

- ♥ Sometimes The Most Effective Souls Are Those Who Naturally Carve Out A New Path With Purely Permission & Guidance From Inside, Above & An Egoless Approach...
- ♥ All Can Work With The Other Side Or Healing Energies.
- ♥ It's A Sad Fact That Some Believe Others Are Only Valid If They Follow A Path Already Worn Out By Many Feet.
- ♥ All Do Not Need Permission From Any Organization, Religion, Government, Expert, Human (Past Or Present).
- ♥ All Do Not Have To Gain Specific Man Made Organization, Religion, Government, Expert, 'Qualifications'.

This Is Non-Traditional Reiki Because Most Who Use This Manual Have Been Initiated\Attuned By Master-Teachers Long Distance.

- ♥ Traditional Reiki Uses In Person Master-Teacher Initiation Master-Teacher Attunements
- ♥ Energy Can Go Over Any Distance So **Non-Traditional Reiki Has Both** In Person & Long Distance Master-Teacher Initiation Master-Teacher Attunements

All Information For This Document Came From As Many Open Sources As Possible In The Effort To Be As Timely As Possible.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ Traditional Reiki Comes From One Source, Your Master-Teacher. This Comes From Many Open Sources On The Internet And Other Sources.
- ♥ All Reiki Information Here Is From A Variety Of Types Of Reiki.

**This Document Is A Creation In Progress At FaceBook— Universal LightPlayer(tm) Energy
Healing & Playing Community**

- ♥ Constantly Updated With The Latest Information And Corrections From Its Non-Traditional Reiki Master-Teachers, Users, Co-Creators .
- ♥ Universal LightPlayer(tm) Energy Healing & Playing Community
- ♥ <http://www.facebook.com/home.php#/group.php?gid=334689905536>

**Initial Version By Usui Ryoho Master-Teacher Reiki & Seichim Reiki
Master-Teacher Reverend Zarchian**

Initial Version: Monday, February 19, 2007

Current Version: Wednesday, August 04, 2010, 4:31 PM

WWW.FLOWINGCHANGE.COM

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

FREE MASTER—TEACHER FRAME—ABLE REIKI CERTIFICATES! VERSION 3

- ♥ Here Are the links to print or download your FREE Master—Teacher FRAME—ABLE REIKI CERTIFICATES Immediately After Your Master—Teacher Attunements
- ♥ For Print Or Download. For Download you must create a login account at www.scribd.com. To View The Documents On Your PC You Need The FREE Adobe Reader Here: <http://get.adobe.com/reader/>
- ♥ Click The Link For Each Certificate

- 1) <http://www.scribd.com/doc/31089382/Life-Changed-Reiki-Certificate-of-Attunement-Level-1-V3>
- 2) <http://www.scribd.com/doc/31089372/Life-Changed-Reiki-Certificate-of-Attunement-Level-2-V3>
- 3) <http://www.scribd.com/doc/31089373/Life-Changed-Reiki-Certificate-of-Attunement-Level-3-V3>
- 4) <http://www.scribd.com/doc/31089375/Life-Changed-Reiki-Certificate-of-Attunement-Level-4-V3>
- 5) <http://www.scribd.com/doc/31089376/Life-Changed-Reiki-Certificate-of-Attunement-Level-5-V3>
- 6) <http://www.scribd.com/doc/31089378/Life-Changed-Reiki-Certificate-of-Attunement-Level-6-V3>
- 7) <http://www.scribd.com/doc/31089371/Life-Changed-Reiki-Certificate-of-Attunement-Level-7-V3>
- 8) <http://www.scribd.com/doc/31089380/Life-Changed-Reiki-Certificate-of-Attunement-Level-8-V3>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

FREE MASTER—TEACHER FRAME-ABLE REIKI CERTIFICATES! VERSION 2

- ♥ Here Are the links to print or download your FREE Master—Teacher FRAME-ABLE REIKI CERTIFICATES Immediately After Your Master-Teacher Attunements

 - ♥ For Print Or Download. For Download you must create a FREE login account at www.scribd.com
- 1) [Life-Changed Reiki Certificate of Attunement Level 1V2](http://www.scribd.com/doc/30035219/Life-Changed-Reiki-Certificate-of-Attunement-Level-1V2)
<http://www.scribd.com/doc/30035219/Life-Changed-Reiki-Certificate-of-Attunement-Level-1V2>
 - 2) [Life-Changed Reiki Certificate of Attunement Level 2 V2](http://www.scribd.com/doc/30035377/Life-Changed-Reiki-Certificate-of-Attunement-Level-2-V2)
<http://www.scribd.com/doc/30035377/Life-Changed-Reiki-Certificate-of-Attunement-Level-2-V2>
 - 3) [Life-Changed Reiki Certificate of Attunement Level 3 V2](#)
 - 4) [Life-Changed Reiki Certificate of Attunement Level 4 V2](#)
 - 5) [Life-Changed Reiki Certificate of Attunement Level 5 V2](#)
 - 6) [Life-Changed Reiki Certificate of Attunement Level 6 V2](#)
 - 7) [Life-Changed Reiki Certificate of Attunement Level 7 V2](#)
 - 8) [Life-Changed Reiki Certificate of Attunement Level 8 V2](#)
<http://www.scribd.com/doc/30035367/Life-Changed-Reiki-Certificate-of-Attunement-Level-8-V2>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

FREE MASTER—TEACHER FRAME-ABLE REIKI CERTIFICATES! VERSION 1

- ♥ Here Are the links to print or download your FREE Master—Teacher FRAME-ABLE REIKI CERTIFICATES Immediately After Your Master-Teacher Attunements
 - ♥ For Print Or Download. For Download you must create a login account at www.scribd.com. To View The Documents On Your PC You Need The FREE Adobe Reader Here: <http://get.adobe.com/reader/>
 - ♥ Click The Link For Each Certificate
- 1) [Life-Changed Reiki Certificate of Attunement Level 1](http://www.scribd.com/full/29973702?access_key=key-8saf4udqgj001tyg0p1)
http://www.scribd.com/full/29973702?access_key=key-8saf4udqgj001tyg0p1
 - 2) [Life-Changed Reiki Certificate of Attunement Level 2](http://www.scribd.com/full/29973702?access_key=key-8saf4udqgj001tyg0p1)
http://www.scribd.com/full/29973702?access_key=key-8saf4udqgj001tyg0p1
 - 3) [Life-Changed Reiki Certificate of Attunement Level 3](http://www.scribd.com/full/29973690?access_key=key-ufk7mxemh0uppkayewm)
http://www.scribd.com/full/29973690?access_key=key-ufk7mxemh0uppkayewm
 - 4) [Life-Changed Reiki Certificate of Attunement Level 4](http://www.scribd.com/full/29973678?access_key=key-1i7lc9k04usmqbapiaw1)
http://www.scribd.com/full/29973678?access_key=key-1i7lc9k04usmqbapiaw1
 - 5) [Life-Changed Reiki Certificate of Attunement Level 5](http://www.scribd.com/full/29973695?access_key=key-2g9pwb3jkabtzru8cb71)
http://www.scribd.com/full/29973695?access_key=key-2g9pwb3jkabtzru8cb71

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

FREE FLOWINGCHANGE.COM AND LIFE-CHANGED SELF-HELP TOOLS

- ♥ Coming Soon!
- ♥ Documents
- ♥ Audio
- ♥ Video
- ♥ For Print Or Download. For Download you must create a login account at www.scribd.com

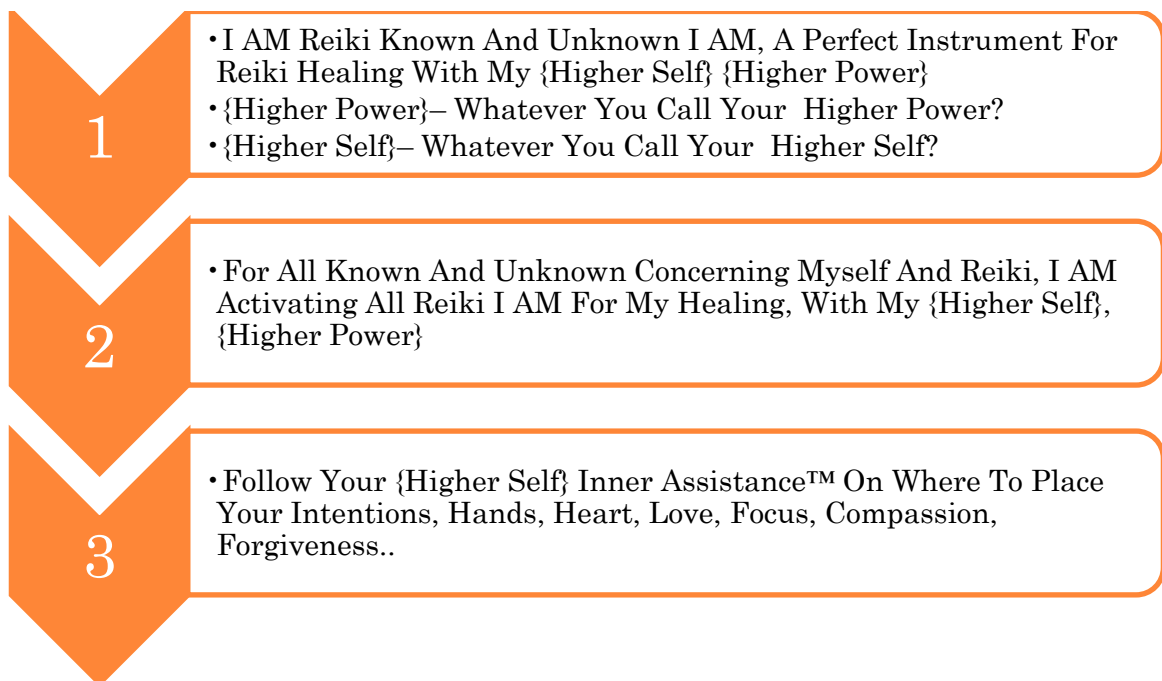
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

NEW MASTER—TEACHER QUICK START METHODS BEGIN HEALING NOW!

- ♥ Here Are Some Methods To Create Reiki Immediately After Your Master-Teacher Attunements

LIFE-CHANGED REIKI QUIK START 1—SELF-REIKI HEALING

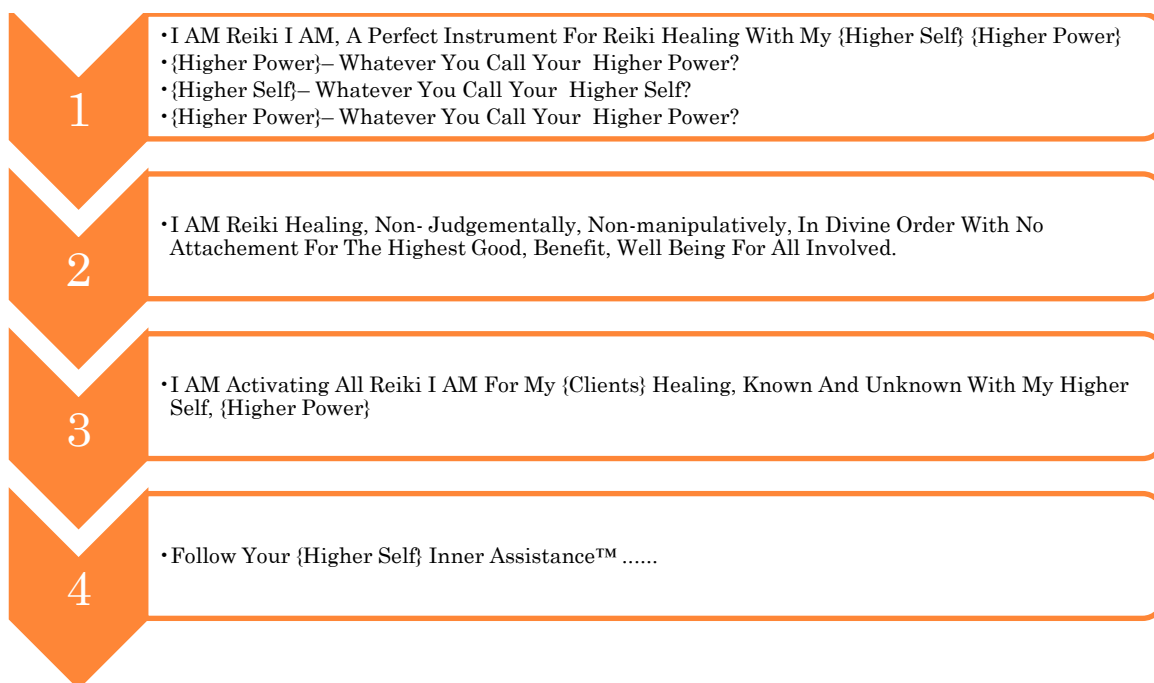
- ♥ Option: First Quickly learn this MANUAL with Life-Changed™ QuiKnowing™ on page 32
- ♥ To Heal With Reiki Just Activate Reiki Symbols Or A Reiki Type:
- ♥ Read And Create Reiki Symbol activation: Using the Symbols on page 12
- ♥ Declare With Compassion, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 & 2
- ♥ Option: Quick Reiki Charge Yourself Doing Reiki LEVEL—I Tanden Chiryō (Tanden Session) Healing Technique on page 57



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

LIFE-CHANGED REIKI QUIK START 2—REIKI HEALING A SUBJECT, ANOTHER BEING, PERSON, AREA

- ♥ Option: First Quickly learn this MANUAL with Life-Changed™ QuiKnowing™ on page 32
- ♥ Read and Create Reiki Symbol activation: Using the Symbols on page 12
- ♥ Declare With Compassion, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 Through 3.
- ♥ Option: Quick Reiki Charge Yourself Doing Reiki LEVEL—I Tanden Chiryō (Tanden Session) Healing Technique on page 57



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

LIFE-CHANGED REIKI QUIK START 3—REIKI HEALING MORE TRADITIONAL

- 1) Option: First Quickly learn this MANUAL with Life-Changed™ QuiKnowing™ on page 32
- 2) Read and Create Reiki Symbol activation: Using the Symbols on page 12
- 3) Review Adepts prepare self energetically on page 128 and review Say Reiki prayers\affirmations on page 128
- 4) Option: Quick Reiki Charge Yourself Doing Reiki LEVEL—I Tanden Chiryō (Tanden Session) Healing Technique on page 57
- 5) Create Reiki to heal yourself with Giving A reiki session
- 6) Summary
- 7)
- 8) Remember Reiki is not a substitute for any Session from a doctor etc, but Reiki will complement the healing process and you will absorb only the amounts of energy you need at any one point in time.
 - ♥ This is an initial framework to go by.
 - ♥ With the simple act of placing the hands on oneself or on another person the Reiki energy automatically flows.
 - ♥ The Reiki Session is a very simple, non- invasive process.
 - ♥ The adept would then channel the Reiki energy through their hands to the subject.
 - ♥ Reiki energy flows right to the source of the problem and not just the manifesting symptoms.
 - ♥ Reiki energy goes to where ever the subject needs it most and Reiki energy can relieve pain and acute symptoms. Chronic problems may require more extensive Session.
 - ♥ The main thing to remember is relax, do not to force where the Reiki energy is going but to simply lay your hands there and let the Reiki energy flow through you to your subject.
 - ♥ It is not uncommon for the receiver-subject and\or the Reiki adept to experience slightly different sensations.
 - ♥ For example the receiver-subject may experience cold at the position of the adept's hands whilst the adept may feel intense heat.
 - ♥ Sometimes the receiver-subject may experience nothing physically and may think that Reiki is not working.
 - ♥ Reiki energy often works at a very subtle level and may have profound results, which become apparent in the following days or weeks. The energy will travel to wherever it is needed the most and works at all levels – physical, mental, emotional, spiritual and psychic.
 - ♥ Be aware of the sensations of energy you can feel.
 - ♥ These sensations can be very subtle but with practice you will find that they are undeniable.
 - ♥ Always remember that the adept is just a channel for the Reiki energy.
 - ♥ The receiver-subject is drawing the Reiki through the adept.
 - ♥ Only the energy required is drawn and because Reiki energy has its own intelligence, the receiver-subject can never “over-dose” (i.e. receive too much energy).

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI SESSION INTENT

- ♥ Reiki is amazingly simply to give to anyone.
- ♥ Once a person is attuned to the Reiki energy, all that is then required for the flow is the “intent”.
- ♥ The Reiki adept places his\her hands on themselves or the subject and says the word REIKI with the Intent of performing a Reiki Healing— the symbols are not a necessity.

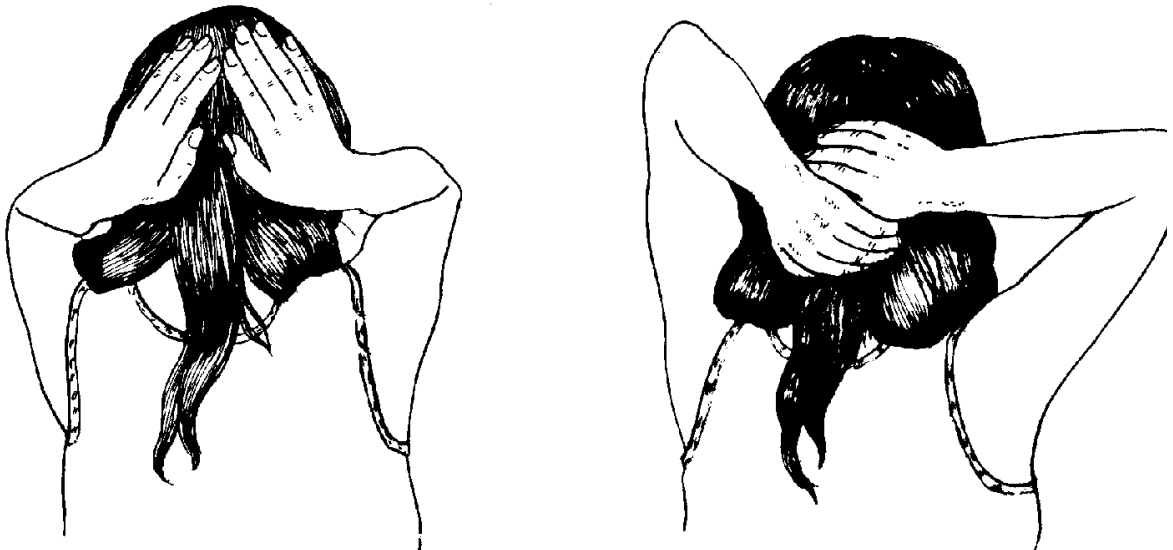
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI HAND POSITIONS

REIKI HAND POSITIONS – FRONT OF HEAD



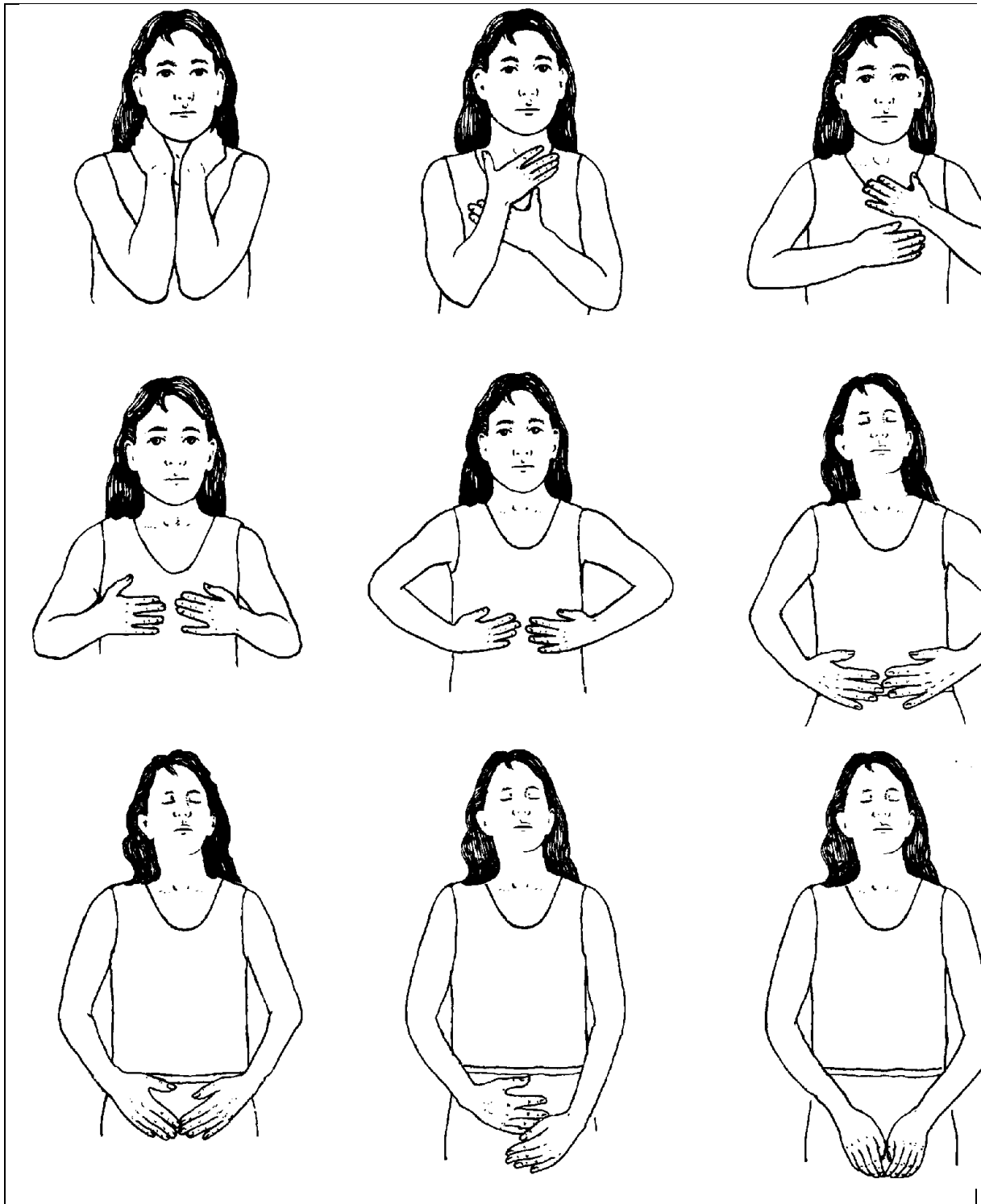
REIKI HAND POSITIONS – BACK OF HEAD



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI HAND POSITIONS – NECK TORSO PELVIS

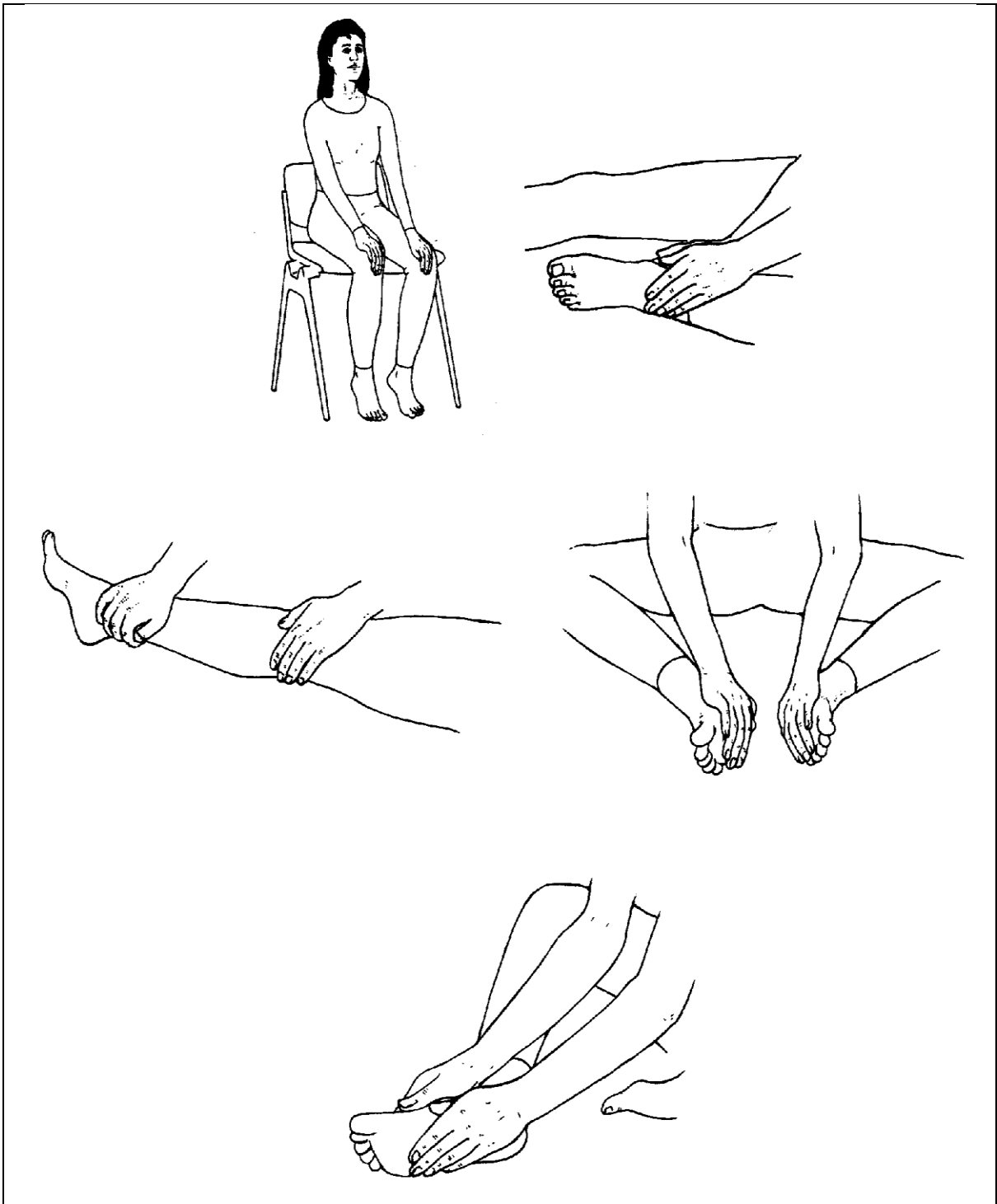
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI HAND POSITIONS – KNEES ANKLES FEET

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

HAND POSITIONS DURING A SESSION

- ♥ The hands are clearly the 'instruments' of healing in Reiki, though the adept can channel the energy without touch.
- ♥ The position in which the hands are placed on the subject is important.
- ♥ However, it may be varied depending on the circumstances.
- ♥ Just placing the hands on the appropriate part of the body is sufficient.
- ♥ Reiki can be effected through clothing, as the energy will flow the clothing. But many people prefer to have no material obstacles to the therapy.

HEAD HAND POSITIONS

- ♥ The hands are placed either side of the nose, with the palms covering the eyes
- ♥ ; the thumbs rest by the bridge of the nose
- ♥ the fingertips cover the cheeks and reach the upper lip.
- ♥ This arrangement covers the sinuses, eyes, Pituitary gland, and teeth.
- ♥ It is useful for dealing with colds, sinusitis, eye complaints, allergies, fatigue and general discontent.
- ♥ Hands over the ears, with the fingertips extending down the jaw-line to the neck, encompassing the ears including the semi-circular canals, responsible for balance.
- ♥ The effect also extends to the pharyngeal area.
- ♥ Diseases and problems of these organs such as colds, trouble with balance, hearing loss, etc. are dealt with in this position.
- ♥ Hands on the back of the head for relieving conditions such as headaches, colds, asthma and circulatory problems Also promotes relaxation.

CHEST; ABDOMEN HAND POSITIONS

- ♥ There are many variations for the chest and abdomen; we will only discuss a few here.
- ♥ The arrangement for the thymus, heart and lungs is as follows:
- ♥ one hand is laid across the thymus and the other at 90 degrees starting just below and between the breasts.
- ♥ The thymus is a bi-lobed gland in the neck.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ It is an important part of the immune system.
- ♥ This arrangement therefore reinforces the immune system and helps the lymphatics, the heart, lungs and counters any general debility.
- ♥ Place the hands on either side of the navel and slightly to one side. The stomach and digestive organs are the focus of attention here and the conditions/symptoms addressed are the digestion and the metabolism. Specifically, this Session will combat nausea, heartburn, gastrointestinal diseases and indigestion. Because the presence of such conditions often results in tension and worry, the relief of symptoms will similarly help relieve anxiety and depression.
- ♥ Hands are placed in a position similar to that used to focus on the stomach and digestive organs but further away from the body midline.
- ♥ Approach the body from the right side of the subject.
- ♥ Place your left hand around the base of the ribcage.
- ♥ In this position, we are dealing with the gall bladder and liver.
- ♥ This position is for diseases and conditions of these important organs and associated problems of a metabolic nature.
- ♥ The liver is a vital organ in the process of removing toxins from the body.
- ♥ Hence this arrangement is very important for healing those ailments.
- ♥ Hands are placed on the left side of the body to encompass the area of the bowels, spleen and some of the pancreas.
- ♥ Here, diseases of these organs such as indigestion and healthy blood are all dealt with.
- ♥ The hands are placed where the pelvic bones are covered and meet over the pubic area.
- ♥ This involves focusing on the appendix, intestines and urinogenital organs
- ♥ This is used for the healing of a number of ailments associated with the appendix, intestines and urinogenital organs.
- ♥ It is also useful for the Session of allergies, general debility, problems of a sexual nature and related to weight.
- ♥ It is believed to reinforce the immune system.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

BACK HAND POSITIONS

- ♥ Here again, there are a number of positions that are used.
- ♥ In one such position, the hands are placed across the shoulder blades at mid to upper point, to influence the intestines, lung, heart and various muscles in the neck and shoulder region.
- ♥ This will help lung and heart diseases, muscular tension, headaches and related conditions.

- ♥ If the hands are placed lower down the back, around the midriff (on the lower ribs) this position will accommodate the kidneys and adrenal glands.

- ♥ (The adrenal glands are situated one each on the upper surface of each kidney and are important because they manufacture hormones that control a variety of body functions.)

REIKI ADEPT SESSION PREPARATION

- 1) Remove jewelry
- 2) From adept and subject.
- 3) Jewelry contains items such as stones (semi-precious or precious)
- 4) metal rings or chains,
- 5) leather thongs
- 6) A variety of objects, see what feels right or wrong
- 7) Many of these will attract energies that may interfere with the life energy of Reiki.
- 8) Items such as watches create a closed circuit that reduce the flow of life energy.
- 9) Earrings are especially a problem.
- 10) The pierced ears interfere with the flow of energy.
- 11) The ears are very important in many therapies such as acupuncture that utilize meridians and must be kept unencumbered.
- 12) Wash hands
- 13) There are two reasons for washing hands.
- 14) First, there is the physical effect of cleaning.
- 15) It makes the hands pleasant to feel for the subject of Reiki.
- 16) Hot, sticky hands should be avoided in Reiki as they are not conducive to the state of relaxation being sought.
- 17) The second benefit relates to the aura surrounding the body.
- 18) This aura may be affected by contact with objects, people, etc over the course of the day and washing removes such influences, which could, in sensitive people, have an adverse effect.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

SESSION VARIABLE

- ♥ There is great scope for variation in the number and sequence of positions used for whole-body Session.
- ♥ It will depend greatly upon the practitioner and what is felt to be best for the subject, but no one sequence can be deemed the best one for all.
- ♥ It is important to be certain that your subject/partner is not suffering from any illness or condition that might require the attention of another health professional.
- ♥ Reiki has its particular uses but it is unwise to try to address problems that clearly fall beyond its scope.
- ♥ The subject can easily ask advice from their doctor, or other professional, as to whether they should undergo Reiki therapy.
- ♥ The extent of each session of Reiki will vary depending upon circumstances and the individual receiving Session.
- ♥ Certain positions may be better left out of the sequence or therapy may be focused on a particular area to help relieve blockages or deal with tension.
- ♥ If the subject is currently on a regime of medication then a shorter session may be appropriate.
- ♥ Similarly, if dealing with a small child or an elderly or infirm person, it is probably wise to limit the therapy to a session of 15 to 20 minutes.
- ♥ In all cases the Reiki practitioner should be sensitive to and aware of the condition, needs and well being of the subject

ADEPTS PREPARE SELF ENERGETICALLY

- ♥ Say Reiki prayers\affirmations
- ♥ It is helpful at this stage to recite a short Reiki prayers\affirmations
- ♥ asking for healing
- ♥ and to concentrate upon and acknowledge your aims, self-perception and those of the person upon whom your hands will be placed.
- ♥ The Reiki prayers\affirmations makes you ready to enter into the Reiki session.

ADEPT INITIAL APPROACH

- ♥ This is a means of gently making contact and starting the therapy

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ Ask the person to lie\sit down.
- ♥ Get beside the person; put your left hand on your sacrum.
- ♥ With your right hand held about 6–9 inches(15–25 cm) above the body and palm facing down, move your hand along the length of the body from the head to the toes.
- ♥ Return the hand to the starting point using a circular motion along the side of the body.
- ♥ Repeat as needed.

ADEPT FINAL APPROACH

- ♥ This is a means of gently ending contact and starting the therapy. When each Reiki therapy session is complete the may be energized via the root chakra. The hand is held vertically above the body and then quickly moved from the pelvis to the head.
- ♥ Get beside the person; put your right hand on your sacrum.
- ♥ With your left hand held about 6–9 inches(15–25 cm) above the body and palm facing down, move your hand along the length of the body from the head to the toes.
- ♥ Return the hand to the starting point using a circular motion along the side of the body.
- ♥ Repeat as needed.

- 9) Reiki LEVEL—I Reiji–Ho – The Reiki Prayer Healing Technique on page 119
- 10) Create Reiki to heal yourself with Non–Traditional Reiki Session Opening Prayer Healing Technique on page 130 and review the Reiki Session Closing Prayer on page 132
- 11) Create Reiki to heal yourself with Reiki Chakra Balancing Self–Meditation Healing Technique on page 138
- 12) Create Reiki to heal yourself with all Reiki LEVEL—I Healing Techniques starting on on page 54
- 13) Create Reiki to heal yourself with all Reiki LEVEL—II Healing Techniques starting on page 62
- 14) Create Reiki to heal yourself with all Reiki LEVEL—III Healing Techniques starting on page on page 72
- 15) Create Reiki to heal yourself with all Reiki Energy & Grounding\Clearing Healing TechniQues starting on on page 133
- 16) Explore APPENDIX F: Reiki with Other Holistic Therapies Healing Techniques on page 252
- 17) Create Reiki to heal others! Attune Others! Give them a copy of the manual!

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

WHAT ARE REIKI SYMBOLS?

SUMMARY

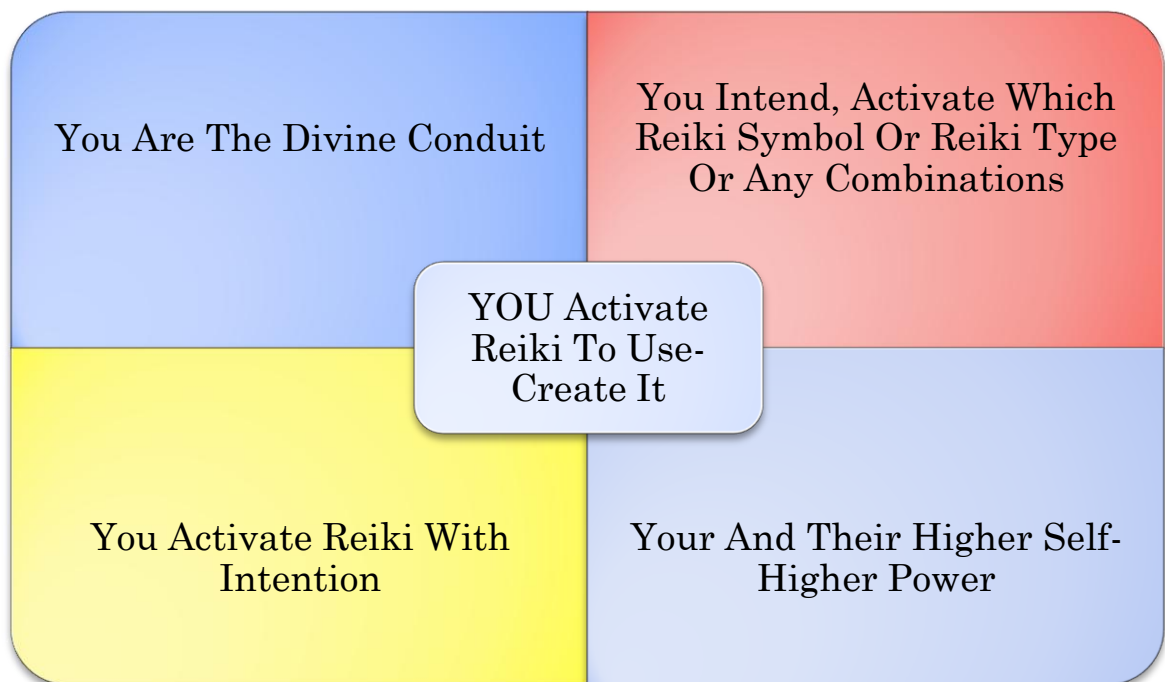
- ♥ **Some Reiki Types Have Symbols You Have To Activate, Intend To Become The Conduit For The Reiki Healing Energies.**
- ♥ **Some Reiki Types Have No Symbols, You Have To Activate, Intend The Reiki Type Itself To Become The Means Of Expression For The Reiki Healing Energies.**
- ♥ In Reiki LEVEL—II, Reiki LEVEL—III Master, Reiki LEVEL—IV Seichim Master level you will be given access to the special sacred Reiki symbols and words.
- ♥ There are no set rules regarding which symbols you should\should not use in a session, each time you heal, cleanse and protect it will be different.
- ♥ These special sacred Reiki symbols and words attune initiates into the Reiki lineage and more importantly are used in a multitude of ways for healing, cleansing and protection.
- ♥ The Reiki symbols are a focus of your attention, your “intent”—ion in to connect with “specific” healing frequencies brought forth by each symbol.
- ♥ They are not energy in their own right but merely a “focus”, a “magnetizer” for the Reiki source of energy.
- ♥ The more you use the different Reiki symbols, the more Reiki energy will flow of through you.
- ♥ The more you use it, the more it funnels power through you.
- ♥ You are the conduit.
- ♥ The more you experiment with all of the symbols, the more you see what works for you.

- ♥ After a short period of time – and with practice – the symbols will become less relevant and the focus will change to the “intent” of the specific energies required.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI SYMBOL ACTIVATION: USING THE SYMBOLS

- ♥ To Use The Symbols, They Need To Be Activated By Your Intent In Any Form, Consciously, Or Subsuperconsciously™ By Your Higher Self, Or By Your Higher Power With Your Permission.
- ♥ Use Whatever Symbol Activation Method(S) You Feel Comfortable With At Each Moment
- ♥ Don't Get Too "Hung Up" On Perfection As It's The Intent That Counts.
- ♥ It Is Beneficial To Learn What You Are Guided To Learn From This Manual, In Your Natural Flow Of Learning.
- ♥ Within The First Month, All The Japanese Symbol Names – This Will Allow For Familiarity As Regards Other Reiki Material\Texts.
- ♥ Some Masters Adhere Strictly To The Symbols But It Is A Personal Choice And Whatever Suits The Individual Is Best.



**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI SYMBOL ACTIVATION METHODS

- ♥ One Can Use One Or Any Combination Of These Activation Methods
- ♥ Some Combine Different Kinds Of Activations.
- ♥ Whatever Feels Right For You At The Time? Experiment!
- ♥ Have The Intent In Your Being For The Highest Good, Wellbeing, Benefit For The Client .
- ♥ Focus On Your Inner Self
- ♥ Relax Into Your Inner Self
- ♥ Become A Conduit For Your Higher Power

GENERAL REIKI SYMBOL ACTIVATION GUIDELINES

- ♥ Under Each Type Of Activation Are Options
- ♥ Options: “See How It Feels—Is It Better In This Case?”

HIGHER SELF—HIGHER POWER REIKI SYMBOL ACTIVATION – CREATE REIKI REQUESTING
THE ASSISTANCE OF YOUR HIGHER SELF—HIGHER POWER

- 1) Intend Higher Self with your Higher Power To Activate The Symbols Needed.
 - a) However Is The Best For You.
 - b) See How It Feels—Is It Better In This Case?

INTENTION REIKI SYMBOL ACTIVATION – CREATE REIKI WITH THE POWER OF YOUR
INTENTION

- 1) Intend The Symbol However Is The Best For You.
 - a) See How It Feels—Is It Better In This Case?
- 2) Intend Compassionately, Lovingly The Symbol
 - a) With An Open Hand Using Your Palm’s Center.
 - b) With Your Finger.
- 3) Intend Kindly, Tenderly Clockwise
 - a) See How It Feels—Is It Better In This Case?
- 4) Intend Caringly, Fondly Counter Clockwise
 - a) See How It Feels—Is It Better In This Case?
- 5) Intend Gently, Warmly Upward
 - a) See How It Feels—Is It Better In This Case?
- 6) Intend Strongly, Caringly Downward
 - a) See How It Feels—Is It Better In This Case?
- 7) First Intend Compassionately, Lovingly As Is Shown In This Manual
 - a) Then Create Your Own Methods

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

**PHYSICAL DRAWING REIKI SYMBOL ACTIVATION – CREATE REIKI WITH THE POWER OF YOU
WORD DRAWING SYMBOL**

- a) With An Open Hand Using Your Palm's Center.
- b) With Your Finger.
- 2) Draw Clockwise
 - a) See How It Feels—Is It Better In This Case?
- 3) Draw Counter Clockwise
 - a) See How It Feels—Is It Better In This Case?
- 4) Draw Upward
 - a) See How It Feels—Is It Better In This Case?
- 5) Draw Downward
 - a) See How It Feels—Is It Better In This Case?
- 6) First Draw As Is Shown In This Manual
 - a) Then Create Your Own Methods

VOICE SYMBOL REIKI ACTIVATION – CREATE REIKI WITH THE POWER OF YOUR WORD

- 1) Say\Sing\Whisper The Symbol Or The“Alias” .
 - a) See How It Feels—Is It Better In This Case?
- 2) In Front Of You Or Directly On An Area On The Subject.
 - a) See How It Feels—Is It Better In This Case?

**VISUALIZATION REIKI SYMBOL ACTIVATION – CREATE REIKI WITH THE POWER OF YOUR
VISUALIZING, IMAGINING**

- 1) Visualize Or Draw The Symbol Internally In Your Mind
 - a) See How It Feels—Is It Better In This Case?
- 2) Visualize Or Draw The Symbol Internally In Third Eye Chakra.
 - a) See How It Feels—Is It Better In This Case?
- 3) Draw Internally With Your Third Eye Or Whatever Part Of Yourself You Want
 - a) See How It Feels—Is It Better In This Case?

**SPELLING REIKI SYMBOL ACTIVATION – CREATE REIKI WITH THE POWER OF YOU SPELLING
SYMBOL**

- 1) Spell The Symbol 1 to 3 Times.
 - a) See How It Feels—Is It Better In This Case? More Or Less?
- 2) Spell The Symbol English Name. For Example, “Hon Sha Ze Sho Nen”.
 - a) See How It Feels—Is It Better In This Case?
- 3) Spell The Symbol Alias Name.
 - a) For Example, The Alias Of “Hon Sha Ze Sho Nen” Is “Distance Symbol”.
 - b) See How It Feels—Is It Better In This Case?

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI SYMBOL ACTIVATIONS: DURING REIKI SESSION ADEPT\SUBJECT

- ♥ As You Begin Offering Reiki Sessions, If You Like, At First K.I.S.S. – Keep It Simple Superstar!
 - ♥ Start With One Symbol Activation Method And Then Combine Them.
 - ♥ Spirit Is “In The Moment”; It’s The Intent That Counts.
 - ♥ On Your Session Pre-Talk Ask For Specific Areas Of Concern, Ailments And Discomfort.
 - ♥ Different Symbols Might Be Needed For Different Areas.
 - ♥ Follow Your Inner Guidance!
- 1) First Activate Symbols On Yourself, Then The Subject.
 - 2) Adept Symbol Activations
 - a) Initially Activate The Symbol On Your Own Hands\Palms.
 - b) Later Activate The Symbol On Yourself Wherever It Feels Right.
 - 3) Subject Symbol Activations
 - a) Initially Activate The Symbol On The Subject’s Hands\Palms.
 - b) Initially Activate The Symbol On The Subject’s Crown Chakra.
 - c) Initially Activate The Symbol On The Subject’s Focus Area To Be Treated (If Known).
 - d) Later Activate The Symbol On The Subject Wherever It Feels Right.
 - e) Activate Symbols As You Change Hand Positions On The Body.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI TYPE ACTIVATIONS: ACTIVATING REIKI TYPES THAT HAVE NO SYMBOLS

- ♥ Activate Using The Name Of The Reiki Type
 - Example: For Reiki Type Gold Reiki, Intend “Gold Reiki”
- ♥ To Use The Reiki That Has No Symbols, They Need To Be Activated By Your Intent In Any Form, Consciously, Or Subsuperconsciously™ By Your Higher Self, Or By Your Higher Power With Your Permission.
- ♥ Use Whatever Activation Method(S) You Feel Comfortable With At Each Moment
- ♥ Avoid Faultlessness As It's The Intent That Counts.
- ♥ It Is Beneficial To Learn What You Are Guided To Learn From This Manual, In Your Natural Flow Of Learning.
- ♥ Some Hold Fast Firmly To The Initial Reiki Teachings But It Is A Personal Choice And Whatever Suits The Individual Is Best.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI TYPE ACTIVATION METHODS

- ♥ One Can Use One Or Any Combination Of These Activation Methods
- ♥ Some Combine Different Kinds Of Activations.
- ♥ Whatever Feels Right For You At The Time? Experiment!
- ♥ Have The Intent In Your Being For The Highest Good, Wellbeing, Benefit For The Client .
- ♥ Focus On Your Inner Self
- ♥ Relax Into Your Inner Self
- ♥ Become A Conduit For Your Higher Power

GENERAL REIKI TYPE ACTIVATION GUIDELINES

- ♥ Under Each Type Of Activation Are Options
- ♥ Options: “See How It Feels—Is It Better In This Case?”

HIGHER SELF—HIGHER POWER REIKI TYPE ACTIVATION – CREATE REIKI REQUESTING THE ASSISTANCE OF YOUR HIGHER SELF—HIGHER POWER

- 2) Intend Higher Self with your Higher Power To Activate The REIKI Types Needed.
 - a) However Is The Best For You.
 - b) See How It Feels—Is It Better In This Case?

INTENTION REIKI TYPE ACTIVATION – CREATE REIKI WITH THE POWER OF YOUR INTENTION

- 8) Intend The REIKI Types However Is The Best For You.
 - a) See How It Feels—Is It Better In This Case?
- 9) Intend Compassionately, Lovingly The REIKI Types
 - a) With An Open Hand Using Your Palm’s Center.
 - b) With Your Finger.
- 10) Intend Kindly, Tenderly Clockwise
 - a) See How It Feels—Is It Better In This Case?
- 11) Intend Caringly, Fondly Counter Clockwise
 - a) See How It Feels—Is It Better In This Case?
- 12) Intend Gently, Warmly Upward
 - a) See How It Feels—Is It Better In This Case?
- 13) Intend Strongly, Caringly Downward
 - a) See How It Feels—Is It Better In This Case?
- 14) First Intend Compassionately, Lovingly As Is Shown In This Manual
 - a) Then Create Your Own Methods

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

PHYSICAL DRAWING REIKI TYPE ACTIVATION – CREATE REIKI WITH THE POWER OF YOU
WORD DRAWING TYPE

- 1) Draw REIKI Types
 - a) With An Open Hand Using Your Palm's Center.
 - b) With Your Finger.
- 2) Draw Clockwise
 - a) See How It Feels—Is It Better In This Case?
- 3) Draw Counter Clockwise
 - a) See How It Feels—Is It Better In This Case?
- 4) Draw Upward
 - a) See How It Feels—Is It Better In This Case?
- 5) Draw Downward
 - a) See How It Feels—Is It Better In This Case?
- 6) First Draw As Is Shown In This Manual
 - a) Then Create Your Own Methods

VOICE TYPE REIKI ACTIVATION – CREATE REIKI WITH THE POWER OF YOUR WORD

- 3) Say\Sing\Whisper The REIKI Types Or as the Reiki Types specify .
 - a) See How It Feels—Is It Better In This Case?
- 4) In Front Of You Or Directly On An Area On The Subject.
 - a) See How It Feels—Is It Better In This Case?

VISUALIZATION REIKI TYPE ACTIVATION – CREATE REIKI WITH THE POWER OF YOUR
VISUALIZING, IMAGINING

- 4) Visualize Or Draw The REIKI Types Internally In Your Mind
 - a) See How It Feels—Is It Better In This Case?
- 5) Visualize Or Draw The REIKI Types Internally In Third Eye Chakra.
 - a) See How It Feels—Is It Better In This Case?
- 6) Draw Internally With Your Third Eye Or Whatever Part Of Yourself You Want
 - a) See How It Feels—Is It Better In This Case?

SPELLING REIKI TYPE ACTIVATION – CREATE REIKI WITH THE POWER OF YOU SPELLING
TYPE

- 4) Spell The REIKI Types 1 to 3 Times.
 - a) See How It Feels—Is It Better In This Case? More Or Less?
- 5) Spell The REIKI Types English Name. For Example, “G O L D”.
 - a) See How It Feels—Is It Better In This Case?
- 6) Spell The Type Alias Name. Create your own if you like
 - a) See How It Feels—Is It Better In This Case?

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI TYPE ACTIVATIONS: DURING REIKI SESSION ADEPT\SUBJECT

- ♥ As You Begin Offering Reiki Sessions, If You Like, At First K.I.S.S. – Keep It Simple Superstar!
 - ♥ Start With One REIKI Types Activation Method And Then Combine Them.
 - ♥ Spirit Is “In The Moment”; It’s The Intent That Counts.
 - ♥ On Your Session Pre-Talk Ask For Specific Areas Of Concern, Ailments And Discomfort.
 - ♥ Different Types Might Be Needed For Different Areas.
 - ♥ Follow Your Inner Guidance!
- 4) First Activate REIKI Types On Yourself, Then The Subject.
 - 5) Adept REIKI Types Activations
 - a) Initially Activate The REIKI Types On Your Own Hands\Palms.
 - b) Later Activate The REIKI Types On Yourself Wherever It Feels Right.
 - 6) Subject Type Activations
 - a) Initially Activate The REIKI Types On The Subject’s Hands\Palms.
 - b) Initially Activate The REIKI Types On The Subject’s Crown Chakra.
 - c) Initially Activate The REIKI Types On The Subject’s Focus Area To Be Treated (If Known).
 - d) Later Activate The REIKI Types On The Subject Wherever It Feels Right.
 - e) Activate REIKI Types As You Change Hand Positions On The Body.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

TABLE OF CONTENTS— LEVEL I

Preface— Please read.....	2
FREE Master—Teacher FRAME-ABLE REIKI CERTIFICATES! Version 3	4
FREE Master—Teacher FRAME-ABLE REIKI CERTIFICATES! Version 2	5
FREE Master—Teacher FRAME-ABLE REIKI CERTIFICATES! Version 1	6
FREE FLOWINGCHANGE.COM AND LIFE-CHANGED SELF-HELP TOOLS	7
New Master—Teacher Quick Start Methods Begin Healing NOW!	8
What Are Reiki Symbols?	22
Reiki Symbol activation: Using the Symbols	23
Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols	27
Table Of Contents— Level I.....	31
Quickly learn this MANUAL with Life-Changed™ QuiKnowing™	43
Foreward	44
Basic Reiki Information.....	45
Reiki LEVEL—I.....	62
CHO-KU-REI – Reiki LEVEL—I Symbol.....	63
Reiki LEVEL—II	69
Reiki LEVEL—III Master – Teacher (Shinpiden).....	79
Reiki LEVEL—IV Advanced NON-TRADITIONAL SEICHIM Master-Teacher:	87
Reiki LEVEL—V Advanced NON-TRADITIONAL Gold Master-Teacher:	102
Reiki LEVEL—VI Advanced NON-TRADITIONAL KARUNA REI-KI Master-Teacher:	105
HARTH- Karuna Rei-ki LEVEL—VI Symbol.....	108

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

USUI DAI-KO-MIO Master-Teacher Symbol – Karuna Rei-ki LEVEL—VI Symbol 109

♥ Please Go To 109

DUMO – Karuna Rei-ki LEVEL—VI Symbol..... 110

FIRE – Karuna Rei-ki LEVEL—VI Symbol..... 111

GNOSA – Karuna Rei-ki LEVEL—VI Symbol..... 112

HALU – Karuna Rei-ki LEVEL—VI Symbol 113

KRIYA – Karuna Rei-ki LEVEL—VI Symbol..... 114

OM, AUM – Karuna Rei-ki LEVEL—VI Symbol..... 115

IAVA – Karuna Rei-ki LEVEL—VI Symbol..... 116

RAKU – Karuna Rei-ki LEVEL—VI Symbol 117

RAMA – Karuna Rei-ki LEVEL—VI Symbol..... 118

SHANTI – Karuna Rei-ki LEVEL—VI Symbol..... 119

ZONAR – Karuna Rei-ki LEVEL—VI Symbol..... 120

Reiki LEVEL—VII Advanced NON-TRADITIONAL IMARA REI-KI Master-Teacher: 121

Reiki LEVEL—IIX Advanced NON-TRADITIONAL KUNDALINI REI-KI Master-Teacher:
..... 124

Level 8 Kundalini Reiki Also Contains These Reiki Types127

Balance-Birth Trauma-Crystalline-Higher Power Diamond-DNA- Karmic Band-Past Life
..... 127

Reiki Session Procedures 128

Reiki Energy & Grounding\Clearing Healing TechniQues144

APPENDIX A: Non-Traditional REIKI Initiation Master-Teacher Attunements 151

APPENDIX B: REIKI Symbols 251

Appendix D:- Useful reading..... 262

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

APPENDIX E: Reiki Session Resources 263

APPENDIX F: Reiki with Other Holistic Therapies Healing Techniques 263

APPENDIX G: Reiki ADept Resources..... 266

Appendix H: Reiki Origins & History..... 270

Appendix I: Supplementary Energy Techniques 280

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Table of Contents

Preface— Please read.....	2
FREE Master—Teacher FRAME-ABLE REIKI CERTIFICATES! Version 3	4
FREE Master—Teacher FRAME-ABLE REIKI CERTIFICATES! Version 2	5
FREE Master—Teacher FRAME-ABLE REIKI CERTIFICATES! Version 1	6
FREE FLOWINGCHANGE.COM AND LIFE-CHANGED SELF-HELP TOOLS	7
New Master—Teacher Quick Start Methods Begin Healing NOW!	8
Life-Changed Reiki Quik Start 1—Self-Reiki Healing.....	8
Life-Changed Reiki Quik Start 2—Reiki Healing A Subject, Another Being, Person, Area	9
Life-Changed Reiki Quik Start 3—Reiki Healing More Traditional	10
Reiki Session Intent	11
Reiki Hand Positions.....	12
Reiki Hand Positions – Front of Head	12
Reiki Hand Positions – Back of Head.....	12
Reiki Hand Positions – Neck Torso Pelvis	13
Reiki Hand Positions – KNEES Ankles Feet.....	15
Hand Positions during a session	17
Head Hand Positions	17
Chest; Abdomen Hand Positions.....	17
Back Hand Positions	19
Reiki Adept Session Preparation	19
Session Variable	20
Adepts prepare self energetically	20

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Adept Initial Approach 20

Adept FINAL Approach..... 21

What Are Reiki Symbols? 22

Summary..... 22

Reiki Symbol activation: Using the Symbols 23

REIKI Symbol Activation Methods 24

General REIKI Symbol Activation Guidelines 24

Higher Self—Higher Power REIKI Symbol Activation – Create Reiki Requesting The Assistance of your Higher Self—Higher Power 24

INTENTION REIKI Symbol Activation – Create Reiki With The Power Of Your Intention 24

Physical Drawing REIKI Symbol Activation – Create Reiki With The Power Of You Word Drawing Symbol 25

Voice Symbol REIKI Activation – Create Reiki With The Power Of Your Word 25

Visualization REIKI Symbol Activation – Create Reiki With The Power Of Your Visualizing, Imagining 25

Spelling REIKI Symbol Activation – Create Reiki With The Power Of You Spelling Symbol 25

REIKI Symbol ActivationS: During Reiki Session Adept\Subject 26

Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols 27

REIKI Type Activation Methods 28

General REIKI Type Activation Guidelines 28

Higher Self—Higher Power REIKI Type Activation – Create Reiki Requesting The Assistance of your Higher Self—Higher Power 28

INTENTION REIKI Type Activation – Create Reiki With The Power Of Your Intention 28

Physical Drawing REIKI Type Activation – Create Reiki With The Power Of You Word Drawing Type 29

Voice Type REIKI Activation – Create Reiki With The Power Of Your Word 29

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Visualization REIKI Type Activation – Create Reiki With The Power Of Your Visualizing, Imagining 29

Spelling REIKI Type Activation – Create Reiki With The Power Of You Spelling Type 29

REIKI Type ActivationS: During Reiki Session Adept\Subject 30

Table Of Contents— Level I..... 31

Quickly learn this MANUAL with Life-Changed™ QuiKnowing™ 44

Foreward 45

Basic Reiki Information..... 46

Some of the Benefits of Reiki..... 46

Non-Traditional Usui Shiki Ryoho Reiki Overview..... 47

Seichim REIKI Overview 49

Non-Traditional Usui Shiki Ryoho Reiki Definitions; Reiki Ryoho. Usui Shiki Ryoho? 50

Usui Reiki Ryoho or Reiki Ryoho or Reiho (‘Usui Spiritual Energy Healing Method’)50

Usui Shiki Ryoho (‘Usui Style Healing’)..... 50

The Reiki Kanji 50

New Kanji and its description from the dictionary..... 51

Reiki Principles\AFFIRMATIONS 52

The Reiki Ryoho Principles\AFFIRMATIONS 52

The Usui Shiki Ryoho Reiki & Seichim Reiki Lineage 56

Rev. Beth Gray..... 56

Kundalini Reiki Lineage..... 56

Other Reiki Styles 58

Reiki Frequently Asked Questions (FAQ)..... 59

Reiki LEVEL—I..... 63

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

CHO-KU-REI – Reiki LEVEL—I Symbol	64
Reiki LEVEL—I Healing Techniques	66
Reiki LEVEL—I Joshin Kokyu Ho – Breathing\Cleansing Healing Technique	67
Reiki LEVEL—I Reiki Undo (Reiki Exercise) Healing Technique	68
Reiki LEVEL—I Tanden Chiryō (Tanden Session) Healing Technique	69
Reiki LEVEL—II	70
Reiki LEVEL—II SYMBOLS.....	71
SEI-HEI-KI – Reiki LEVEL—II Symbol	72
HON SHA ZE SHO NEN – Reiki LEVEL—II Symbol	73
Reiki LEVEL—II Healing Techniques.....	74
Reiki LEVEL—II Distant Healing Session Healing Technique	74
Reiki LEVEL—II Byosen Scanning Healing Technique.	76
Reiki LEVEL—II Gedoku-ho (Detoxification Healing technique)	78
Reiki LEVEL—II Jacki-Kiri Joka-ho (Transforming negative energy) Healing Technique	79
Reiki LEVEL—III Master – Teacher (Shinpiden).....	80
Reiki III Master – Teacher SYMBOLS.....	81
DAI-KO-MIO.....	81
TAM-A-RA-SHA	81
DAI-KO-MIO – Reiki III Master – Teacher SYMBOL	82
TAM-A-RA-SHA – Reiki III Master – Teacher SYMBOL	83
Reiki LEVEL—III Healing Techniques.....	84
Reiki LEVEL—III Gyoshi-ho (Healing with the eyes) Healing Technique	84
Reiki LEVEL—III Koki-ho (Healing with the breath) Healing Technique	86

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Reiki LEVEL—III MASTER meditation Healing Technique 87

Reiki LEVEL—IV Advanced NON-TRADITIONAL SEICHIM Master-Teacher: 88

Reiki LEVEL—IV Advanced SEICHIM Master-Teacher Symbols 91

CHO KU REI – Reiki LEVEL—IV Advanced SEICHIM Master-Teacher Symbols 93

CHO KU RET Reiki LEVEL—IV Advanced SEICHIM Master-Teacher Symbol 95

DAI KYO MIO – Reiki LEVEL—IV Advanced SEICHIM Master-Teacher Symbol 96

EEEF-TCHAY – Reiki LEVEL—IV Advanced SEICHIM Master-Teacher Symbols 97

GOD – Reiki LEVEL—IV Advanced SEICHIM Master-Teacher Symbol 98

INFINITY – Reiki LEVEL—IV Advanced SEICHIM Master-Teacher Symbols 100

LIGHTENING BOLT – Reiki LEVEL—IV Advanced SEICHIM Master-Teacher Symbols 101

MAI-YUR-MA – Reiki LEVEL—IV Advanced SEICHIM Master-Teacher Symbols 102

Reiki LEVEL—V Advanced NON-TRADITIONAL Gold Master-Teacher: 103

Gold Reiki LEVEL—5 Healing Techniques 104

Life-Changed Gold Reiki—Self-Healing Technique..... 104

Life-Changed Gold Reiki— In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups..... 105

Reiki LEVEL—VI Advanced NON-TRADITIONAL KARUNA REI-KI Master-Teacher: 106

Karuna Rei-ki LEVEL—6 Healing Techniques 107

Life-Changed KARUNA REI-KI Reiki—Self-Healing Technique 107

Life-Changed KARUNA REI-KI Reiki— In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups 108

HARTH- Karuna Rei-ki LEVEL—VI Symbol..... 109

USUI DAI-KO-MIO Master-Teacher Symbol – Karuna Rei-ki LEVEL—VI Symbol 110

♥ Please Go To 110

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

DUMO – Karuna Rei-ki LEVEL—VI Symbol..... 111

FIRE – Karuna Rei-ki LEVEL—VI Symbol..... 112

GNOSA – Karuna Rei-ki LEVEL—VI Symbol..... 113

HALU – Karuna Rei-ki LEVEL—VI Symbol..... 114

KRIYA – Karuna Rei-ki LEVEL—VI Symbol..... 115

OM, AUM – Karuna Rei-ki LEVEL—VI Symbol..... 116

IAVA – Karuna Rei-ki LEVEL—VI Symbol..... 117

RAKU – Karuna Rei-ki LEVEL—VI Symbol..... 118

RAMA – Karuna Rei-ki LEVEL—VI Symbol..... 119

SHANTI – Karuna Rei-ki LEVEL—VI Symbol..... 120

ZONAR – Karuna Rei-ki LEVEL—VI Symbol..... 121

Reiki LEVEL—VII Advanced NON-TRADITIONAL IMARA REI-KI Master-Teacher: 122

Imara Rei-ki LEVEL—7 Healing Techniques..... 123

Life-Changed IMARA REI-KI Reiki—Self-Healing Technique 123

Life-Changed IMARA REI-KI Reiki— In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups 124

Reiki LEVEL—VIII Advanced NON-TRADITIONAL KUNDALINI REI-KI Master-Teacher:
..... 125

Kundalini Rei-ki LEVEL—8 Healing Techniques..... 126

Life-Changed KUNDALINI REI-KI Reiki—Self-Healing Technique 126

Life-Changed KUNDALINI REI-KI Reiki— In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups 127

Level 8 Kundalini Reiki Also Contains These Reiki Types128

Balance-Birth Trauma-Crystalline-Higher Power Diamond-DNA- Karmic Band-Past Life
..... 128

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Reiki Session Procedures 129

Giving A reiki session 131

Summary..... 131

Reiki Session Intent 131

Reiki Hand Positions..... 132

Reiki Hand Positions – Front of Head 132

Reiki Hand Positions – Back of Head..... 132

Reiki Hand Positions – Neck Torso Pelvis 133

Reiki Hand Positions – KNEES Ankles Feet..... 135

Hand Positions during a session 137

Head Hand Positions 137

Chest; Abdomen Hand Positions..... 137

Back Hand Positions 139

Reiki Adept Session Preparation 139

Session Variable 140

Adepts prepare self energetically 140

Adept Initial Approach 140

Adept FINAL Approach..... 141

Reiki LEVEL—I Reiji–Ho – The Reiki Prayer Healing Technique 141

Non–Traditional Reiki Session Opening Prayer Healing Technique 142

Reiki Session Closing Prayer 144

Reiki Energy & Grounding\Clearing Healing TechniQues145

REIKI & Self Healing..... 145

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

Reiki “advanced Session” using Harmonics Healing Techniques	146
Reiki Opening the Reiki Spiritual Chakras Healing Technique	146
What is the Chakra System?	147
<i>The Chakra System Attributes...</i>	147
What is Aura?	149
Reiki and the Chakra\Aura layers	149
Reiki Chakra Balancing Self-Meditation Healing Technique	150
APPENDIX A: Non-Traditional REIKI Initiation Master-Teacher Attunements	152
Suggested Reiki Initiation MASTER-TEACHER ATTUNEMENTS Long Distance Intentions	152
Usui Shiki Ryoho Reiki Initiation MASTER-TEACHER ATTUNEMENTS	166
Usui Shiki Ryoho Reiki Initiation MASTER-TEACHER ATTUNEMENTS General Procedures	168
Reiki LEVEL—I Initiation Master-Teacher Attunements (Shoden)	169
Reiki LEVEL—I Initiation Master-Teacher Attunements First Attunements	169
Reiki LEVEL—I Initiation Master-Teacher Attunements Second Attunement	175
Reiki LEVEL—I Initiation Master-Teacher Attunements Third Attunement	182
Reiki LEVEL—I Initiation Master-Teacher Attunements Fourth Attunements	189
Reiki LEVEL—II INITIATION MASTER-TEACHER Attunements (Okuden)	196
Reiki LEVEL—III Master – Teacher Initiation Master-Teacher Attunements	208
Reiki LEVEL—IV Advanced Reiki-Type SEICHIM Master-Teacher Initiation Master-Teacher Attunements	216
Advanced Reiki-Type Seichim LEVEL—IV Attunement 1	216
Advanced Reiki-Type Seichim LEVEL—IV Master-Teacher Attunement 1	224

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Reiki LEVEL—V Advanced Reiki—Type Gold Master—Teacher Initiation Master—Teacher Attunements 230

Advanced Reiki—Type Gold LEVEL—V Master—Teacher Attunement 230

Reiki LEVEL—VI Advanced Reiki—Type KARUNA REI-KI Master—Teacher Initiation Attunements 231

Advanced Reiki—Type KARUNA REI-KI LEVEL—VI Master—Teacher Attunement 231

Reiki LEVEL—VII Advanced Reiki—Type Gold Master—Teacher Initiation Master—Teacher Attunements 250

Advanced Reiki—Type IMARA LEVEL— VII Master—Teacher Attunement 250

Reiki LEVEL—IIX Advanced Reiki—Type Gold Master—Teacher Initiation Master—Teacher Attunements 251

Advanced Reiki—Type KUNDALINI LEVEL— IIX Master—Teacher Attunement 251

APPENDIX B: REIKI Symbols 252

CHO—KU—REI – Reiki LEVEL—I Symbol..... 252

DAI—KO—MIO – Reiki III Master – Teacher SYMBOL254

Hon Sha Ze Sho Nen – Reiki LEVEL—II Symbol 256

SEI—HEI—KI – Reiki LEVEL—II Symbol 257

TAM—A—RA—SHA – Reiki III Master – Teacher SYMBOL 258

Appendix D:– Useful reading..... 263

APPENDIX E: Reiki Session Resources 264

APPENDIX F: Reiki with Other Holistic Therapies Healing Techniques 264

Reiki with Crystals Healing Techniques..... 264

Reiki With Meditation Healing Techniques..... 264

Reiki With Aromatherapy Healing Techniques 265

Reiki with Prescription drugs Healing Techniques 266

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

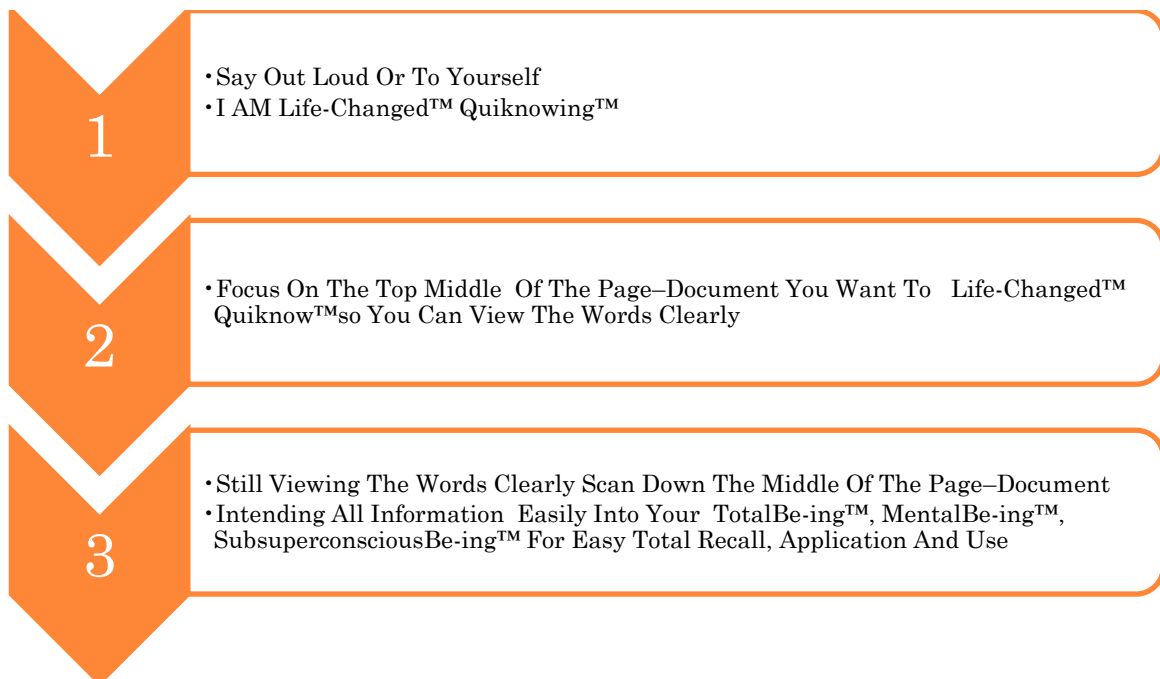
Reiki with Homeopathy Healing Techniques	266
Reiki with Bach remedies Healing Techniques	266
APPENDIX G: Reiki ADEpt Resources	267
Appendix H: Reiki Origins & History	271
Origins of Western Usui Shiki Ryoho Reiki	271
Origins OF Usui Shiki Ryoho Reiki	272
Dr. Mikao Usui	272
The story according to Mrs. Hawayo Takata is:	272
Dr. Chujiro Hayashi	273
Mrs. Hawayo Takata	273
Rev. Beth Gray	276
Origins OF Seichim Reiki	277
SKHM Timeline	278
Different Ways of Writing Reiki	280
Appendix I: Supplementary Energy Techniques	281
Healing Mantras	281
ENERGY BALANCING Affirmations	282
Manifesting your reality – The Healing Techniques!	283
Sound Manifestation Healing Techniques (This “really” works see Wayne Dyers Work!)	284
Secret Prayer Manifestation	284
Candle Manifestation Healing Techniques	285

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

QUICKLY LEARN THIS MANUAL WITH LIFE-CHANGED™ QUIKNOWING™

- ♥ You can share this method with others but please give me credit! Reverend Zarchian, www.flowingchange.com
- ♥ Intend the entire manual into your Life-Changed™ WholeBe-ing™, TotalBe-ing™, MentalBe-ing™, SubSuperConsciousBe-ing™



- ♥ Life-Changed(tm) Self-Coaching Coaching Suggestion! Your Life-Changed Cre-Action(tm) {Create-ing Action}Tip Of The Moment(tm): Brush Your Teeth With Your Opposite Hand Today. Switch Hands Randomly, Daily. Why? With This Little Physical Life-Changed Cre-Action You Are Easily, Regularly Create-ing(tm) A Little Life-Changed(tm) Cre-Action Everyday. This Makes Your Create-ing YOUR BIG Life-Changed(tm) Cre-Actions Easier!!
- ♥ One Is Not Really Serious About Create-Ing™ Their Life-Changed™ If They Ask “How Much Time Will It Take?” Which Means “How Much Time Will It Take From The Actions I AM Doing Create-Ing The Life I Don’t Want Now?”—Reverend Zarchian Life-Changed™ Self-Coaching Coaching ☺

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

FOREWARD

- ♥ This manual was put together with the latest information from the internet, public domain as far as I know. I urge you to search and create your own information as you create your own personal reiki.
- ♥ Energy is naturally created from all beings. Learning and Mastering Energy enables you to be aware of these energy flows and essentially enables you to direct this energy at will.
- ♥ This manual and accompanying instruction have been designed
 - To allow one to completely Master Non-Traditional Usui Shiki Ryoho Reiki, Seichim Reiki, Gold Reiki and new Reiki frequencies as they are added.
 - Initiate\Attune others into the arts of Non-Traditional Usui Shiki Ryoho Reiki, Seichim Reiki up to the Master levels and beyond.
- ♥ The meaning of Rei-Ki is split into two parts.
 - “Rei” (universal, cosmic life force)
 - “Ki” (the flowing life-force that binds everything and some know this as Chi, Prana or simply bio-energy etc...)
- ♥ By being initiated\attuned you consent to become a channel for Pure Universal Energy.
- ♥ Here is a simple picture of the main difference between Reiki and some of the other “energy” healing methods. All are working with Universal healing energies, all are beneficial.
- ♥ Some energy workers, psychic healers and channels are receiving energy waves similar to how a television receives pictures using an antenna.
- ♥ Reiki is being directly connected to the source. There are no energy waves; the Reiki adept is plugged directly into the energy of god\goddess.
- ♥ Reiki has been scientifically measured.
 - The body and its organs have bio magnetic fields surrounding them.
 - The hands of a Reiki adept have a much stronger magnetic field around them than those of a non-healer.
 - During a recent scientific study the Reiki adept s’ hands omitted a field of 0.002 gauss, 1000 times stronger than any other field emitted from the body.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

BASIC REIKI INFORMATION

SOME OF THE BENEFITS OF REIKI

- ♥ Can be combined with other healing methods
- ♥ Does not conflict with religious beliefs
- ♥ Heals cause, eliminates effect of the imbalance
- ♥ Is an alternative, natural healing and helping method
- ♥ Is an intelligent energy which goes to greatest need
- ♥ Lasts a lifetime
- ♥ Minimizes feelings of helplessness when faced with a crisis situation
- ♥ Promotes from within qualities of loving, caring, growing, compassion, trusting, self-actualizing, goodwill, peace and serenity
- ♥ Reiki does not interfere with medical Sessions; enhances medications, quickens healing time, reduces need for anesthetic
- ♥ Reiki starts to flow when you touch something; it's always on
- ♥ Releases accumulated daily stress
- ♥ Reiki is used to achieve relaxation. It facilitates the removal of blockages in energy flow and the dispersal of toxins.
- ♥ Long-term practice of Reiki will restore the general condition of the body. The energy channels are opened to allow the body to deal properly and naturally with both stress and the build-up of toxins. It will help you to cope with anxiety and depression.
- ♥ The key to success is that the therapy be undertaken on a regular basis.
 - When a person is enjoying good health, the regular therapy increases the body's built-in defenses which manifests itself as a confidence and outward harmony in dealing with everyday events.
- ♥ Reiki is also useful when you are recovering from an illness. Reiki will provide the additional energy required to recover from the illness. It will also reinforce the effects of any other method of natural healing. It can be used as a supplementary therapy as it is a truly complementary system of Session.
- ♥ Reiki therapy can be a very useful adjunct for anyone taking a course of drugs. It can help reduce some of the side effects of drug therapy. Reiki helps the body in the recovery after drug therapy, after surgery and after chemotherapy. In all these cases, Reiki therapy supplies the body with extra life energy, enabling the body to bounce back more quickly from the burdens of surgery and chemicals.
- ♥ In some cases, use of Reiki therapy after an operation will lessen pain.
- ♥ It will accelerate the natural healing processes.
- ♥ It bestows a greater ability to deal with stressful situations.
- ♥ You will gain a positive outlook on life.
- ♥ Once the blockages and toxins have been removed from the system, the scope for personal advancement and growth becomes available.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ In general, the better metabolic functioning afforded by Reiki therapy means that benefits and improvements may be experienced in many ways.
- ♥ As soon as you start practicing with Reiki will may quickly notice\feel a more oneness with everything around you.
- ♥ Reiki is a gift that bears fruit and the possibilities are limitless!

NON-TRADITIONAL USUI SHIKI RYOHO REIKI OVERVIEW.

- ♥ Usui Sensei said, “Usui Shiki Ryoho Reiki is a spiritual healing technique and an energy healing technique”.
- ♥ Usui Shiki Ryoho Spiritual healing connects one with Universal Consciousness bringing Spiritual growth by healing core patterns and issues and helping one remember the fullness of ‘who they are’.
- ♥ Usui Shiki Ryoho Energy healing brings relief of pain and symptoms in the mind, body and emotions.
- ♥ Usui Shiki Ryoho Reiki brings one to understand the ‘purpose of life’; establishes the ‘Self’ which is aware of the ‘True meaning of Life’ as part of Universal Consciousness; connects one to Higher levels of consciousness. Reiki is Spiritually-guided, is an individual experience and a powerful tool for personal growth and spiritual enlightenment.
- ♥ Usui Shiki Ryoho Reiki expands ‘Love’, helping one to understand the True meaning of ‘Unconditional Love’. Reiki increases and spreads the vibration of ‘Love’ to all life.
- ♥ Usui Shiki Ryoho Reiki expands ‘Harmony’, raises one’s vibrations to be in sync (or resonance) with the Divine and in so doing brings ‘Peace’ and happiness on personal, family and global levels. It is for you and everyone alive who is desirous of a higher quality of life. Reiki is pure ‘Divine Light’.
- ♥ Usui Shiki Ryoho Reiki restores wholeness to body, mind and spirit, increases intuition, and helps one reconnect to their ‘God-given’ gifts of clairvoyance, clairaudience, and clairsentience. It is a transcendental, counterclockwise spiraling energy, which works with physical, mental, emotional and spiritual levels simultaneously. It is an evolutionary process, which will increase the natural flow of events and patterns of manifestation in all life. This precise self-help technique encourages personal growth and transformation on all levels.
- ♥ Usui Shiki Ryoho Reiki is a powerful natural system that unlocks the inner flow of vital energy, restoring and balancing the energy systems in all living things. This natural healing system is complete and whole in and of itself, yet acts synergistically with all other healing methods. It is for preventing disorders, maintaining positive wellness, helping the healing process and is beneficial in emergency situations or when used with medical and other procedures.
- ♥ Usui Shiki Ryoho Reiki is not a religion or religious cult. It has no dogma or specific doctrine of beliefs. It does not require faith, so is not akin to "laying-on-of-hands". Reiki works whether you or the subject believe in it or not.
- ♥ Usui Shiki Ryoho Reiki is not channeling (the practitioner is like a funnel), a form of mind control or hypnosis; is not based on imagination, wishful thinking or visualization and is not dependent upon a certain state of mind. It is not necessary to be in a meditative state to effectively do Reiki.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ Usui Shiki Ryoho Reiki does not involve E.S.P. or unusual psychic phenomenon; is not a form of psychic healing or psychic surgery and is not a massage technique.
- ♥ Usui Shiki Ryoho Reiki is not difficult to use or limited to a select few people. It is not just for when one is ill or used simply to reduce pain and symptoms. Ryoho wholes the body, bringing it into sync with the Divine rhythm of the Universe. Everyone can learn, use and benefit from daily use of Reiko.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

SEICHIM REIKI OVERVIEW

- Seichem Reiki can be a beautiful addition to Reiki or whatever kind of energetic healing method that you use.
- Seichem Reiki Similar to Usui Shiki Ryoho Reiki.
- Seichem connects with Source, to establish healing in the physical, mental, emotional and spiritual bodies.
- The Seichem Energy is used to heal and to stimulate personal development and growth and to reach ones true purpose.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

NON-TRADITIONAL USUI SHIKI RYOHO REIKI DEFINITIONS; REIKI RYOHO. USUI SHIKI RYOHO?

USUI REIKI RYOHO OR REIKI RYOHO OR REIHO ('USUI SPIRITUAL ENERGY HEALING METHOD')

- ♥ Usui Reiki Ryoho or Reiki Ryoho or Reiho ('Usui Spiritual Energy Healing Method')
- ♥ Reiki means, 'spiritual energy'
- ♥ Ryoho means, 'healing method, therapy, remedy, cure'
- ♥ Usui Reiki Ryoho is the original name(s) attributed to Reiki by Mikao Usui. When Usui achieved satori (enlightenment) on Kurama Yama, he developed a system of wellness and spiritual growth, which he called Usui Reiki Ryoho, Reiki Ryoho or Reiho, for short.

USUI SHIKI RYOHO ('USUI STYLE HEALING')

- ♥ Shiki means 'style, ceremony, rite, method, system, form'
- ♥ Ryoho means, 'healing method, therapy, remedy, cure'

The method taught by the Reiki Alliance and some Independent Reiki Masters. It is not known where the name Usui Shiki Ryoho originated. Perhaps with Dr. Hayashi or Mrs. Takata, however in one recorded session in 1979, she tells the history of Reiki and refers to the name of the system as Usui Reiki Ryoho. Mrs. Takata did use the name Usui Shiki Ryoho on the certificates she issued to her students. When comparing the information contained in the Usui Hikkei, Hayashi Hikkei and the Gray book, 'A Memorial to Takata Sensei' compiled by Alice Takata Furumoto, one will notice that the information is very similar. Little has changed. The information, the way it was presented and some of the techniques remained intact. It is known, that Mrs. Takata changed the history of Reiki, perhaps to have this wonderful system more readily accepted by a primarily Christian country (U.S.). It must also be kept in mind that when she began to teach (1938 – 1980), Mrs. Takata was faced with passing on a primarily Japanese Buddhist discipline, to American Christians during and after a major war (ending in 1945) with Japan. It is not surprising she made some changes.

THE REIKI KANJI

The kanji characters Rei and Ki both have an old and a modern form. The old form Kanji (written by Usui and Takata Sensei's) best describes Reiho, rediscovered by Usui Sensei. The word Reiki with a capital "R" is the word, which describes the energy of this system. The old style kanji is the form that is currently used by the Radiance Technique and some independent Reiki Teachers. The old form kanji as written on the precepts by Usui Sensei, best describes the system known as Reiho. It is easily explainable as follows



Rei – Strokes, 24. Consists of 3 parts. Top is rain, middle is things and bottom is Shaman. Rei means "spirit or spiritual". The Japanese dictionary defines Rei as: (1) Spirit; the spiritual aspect of the human being as contrasted to the physical. (2) Divine, numinous, charismatic, supernatural, mysterious.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

(3) The luminosity of the spirit; the luminosity of a God or Sage. (4) Inconceivable spiritual ability; charismatic power; charisma; wonderful; a wonder. (5) A rainmaker, a diviner; a person or being with spiritual or supernatural powers. (6) A shaman. (7) Goodness; good, excellent, efficacious. (8) Clever, nimble, sharp. (9) Life. (10) A living being; a human being. (11) A supernatural (mythical) beast or being; a fairy, an elf. (12) Pure, undefined, unpolluted. (13) Bright, clear.

氣

Ki – Strokes, 10. Consists of Breath with rice (Rice in Japan is sometimes used as a synonym for people). Ki means "energy". The Japanese dictionary defines Ki as: (1) Vital energy connected with the breath. Invisible life-force, somewhat equivalent to the Indian prana. (2) In the view of Zhuxi and other Neo-Confucians, the material force of the Universe. The generative forces of heaven and earth, by means of which all things are constantly reproduced. (3) Air. (4) Breath, steam.

Description of the old form Reiki Kanji: On the earth stands a shaman with his arms raised against the sky. From the heaven the rain comes down with lifesaving energy consisting of 3 parts, Light, Love and Wisdom. The shaman acts as a channel (channeling this energy down to all the people of the Earth). The Reiki teacher is the channel when s/he initiates students and the practitioner is the shaman, when s/he channels this spiritual energy to the people treated.

NEW KANJI AND ITS DESCRIPTION FROM THE DICTIONARY.

The meaning of the new form kanji from a Japanese dictionary is, 'aura'. The new form kanji does not give an accurate description of Usui Sensei's Reiki Ryoho.

靈

Rei – Strokes, 15; (1) soul; spirit; departed soul; ghost

氣

Ki – Strokes, 6; (1) spirit, mind

Katakana script – According to a friend in the Gakkai, Katakana is mainly utilized for foreign names and brands like Toyota and Seiko and does not properly represent Usui Sensei's Reiki Ryoho.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI PRINCIPLES\AFFIRMATIONS

THE REIKI RYOHO PRINCIPLES\AFFIRMATIONS



Original Principles thought to be in Usui Sensei's handwriting (thanks to Rick Rivard for the photo)

Dr. Mikao Usui the founder of Reiki Ryoho, adopted five admonitions to live by from the Meiji Emperor

That if applied with Reiki, would heal the body, bring peace of mind, and happiness in life. Following are those admonitions, taught as the Reiki Principles/Precepts/Ideals. It is interesting to see the variations from the various Reiki Organizations, even in the translated version (from the original document in Usui Sensei's handwriting).

From Usui Sensei's memorial

'when it comes to teaching, first let the student understand well the Meiji Emperor's admonitory, then in the morning and in the evening let them chant and have in mind the five admonitions which are:

- Don't get angry today.
- Don't be grievous.
- Express your thanks.
- Be diligent in your business.
- Be kind to others.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

The Ideals as taught by Mrs. Takata

- Just for today, thou shall not anger
- Just for today, thou shall not worry
- Thou shall be grateful for the many blessings
- Earn thy livelihood with honest labor
- Be kind to thy neighbors

Reiki Principles as taught by Reiki Alliance Masters

- Just for today, I will not worry
- Just for today, I will not be angry
- Just for today, I will give thanks for my many blessings
- Just for today, I will do my work honestly
- Just for today, I will be kind to every living thing

Reiki Principles as taught by The Radiance Technique

- Just for today, I will let go of anger
- Just for today, I will let go of worry
- Today, I will count my many blessings
- Today, I will do my work honestly
- Today, I will be kind to every living creature

Reiki Principles/Precepts as taught by some Independent Reiki Masters

- Just for today, do not worry
- Just for today, do not anger
- Honor your parents, teachers, and elders
- Earn your living honestly
- Show gratitude to every living thing

Reiki Ryoho Principles Other translations (Version of translation from The Center for Reiki Training)

- The secret art of inviting happiness
- The miraculous medicine of all diseases
- Just for today, do not anger

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

- Do not worry and be filled with gratitude
- Devote yourself to your work. Be kind to people
- Every morning and evening, join your hands in prayer
- Pray these words to your heart and chant these words with your mouth

Usui Reiki Session for the improvement of body and mind; Version of translation from Traditional Japanese Reiki School TJR

- The Secret Method of Inviting Blessings
- The Spiritual Medicine of Many Illnesses
- For today only, do not anger, do not worry.
- Do your work with appreciation.
- Be kind to all people.
- In the morning and at night hold your hands in prayer, meditate on and chant these words.

The Usui Reiki method to change your mind and body for the better. Reiki Principles from Satya Reiki a Japanese lineage through Eguchi

Clarifying the wind – A Poem

- Don't get angry today
- Don't mind or worry today
- Don't be afraid
- Thanks to the world and every being
- Work hard
- Be kind to every being
- Make morning and evening Namaste' and say thanks to all beings
- Thanks to God and existence

Reiki Principles from Jin Ki Do Reiki

- Observe throughout the day, with all your effort, the arising of anger, then look deeper for its true cause.
- Observe your mind throughout the day for the arising of worry and restlessness, look deeper at their roots.
- Be mindful, each moment of your day, appreciating the gift of life, find
- The right livelihood for yourself and be honest in your work.
- In your day, as you appreciate your life, be kind to yourself and to all beings.
- Your mind and body will truly transform with the power of Reiki, practice daily,
- Connect to the universal nature of mind, and develop these Reiki ideals everyday.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

The Original Usui Shiki Ryoho Japanese Principles\Affirmations(Another Version)

- The Secret Method of Inviting Blessings
- The Spiritual Medicine of Many Illnesses
- For today only, do not anger, do not worry.
- Do your work (meditation) with appreciation.
- Be kind to all people.
- In the morning and at night, with hands held in prayer, think this in your mind, chant this with your mouth.
- The Usui Reiki method is to change your mind and body for the better

The Western style versions of the Usui Shiki Ryoho Principles\Affirmations

The affirmations have been "Westernized" to be better understood in a very different culture, but still have tremendous value.

- Just for today, I will not anger.
- Just for today, I will let go of worry.
- Just for today, I will do my work honestly.
- Just for today, I will give thanks for my many blessings.
- Just for today, I will be kind to my neighbor and every living thing.
- Just for today, I will honor my teachers.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

THE USUI SHIKI RYOHO REIKI & SEICHIM REIKI LINEAGE

DR. MIKAO USUI (FOUNDER)

Mrs. Hawayo Takata

Dr. Chujiro Hayash

REV. BETH GRAY

Phyllis Furimoto

Claudia Hoffman

Mary Shaw

Christine Henderson

Bruce Way

Neal Lyster

↓

PATRICK ZEIGLER (SEICHIM FOUNDER)

Martin Lee

↓

Sasha White

↓

Reverend Zarchian Amjoy www.flowingchange.com www.iamlifechanged.com

↓

(Your Name)

KUNDALINI REIKI LINEAGE

Ole Gabrielsen

↓

Stephen Lovering

↓

Reverend Zarchian Amjoy www.flowingchange.com www.iamlifechanged.com

↓

(Your Name)

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

OTHER REIKI STYLES

There are many Reiki styles being taught that have been created since the original Usui Shiki Ryoho Reiki Style was gifted to the world.

- Usui Shiki Ryoho Reiki (Original)
- Seichim Reiki
- 7 Facet Reiki
- Ascension Reiki
- Atlantis Healing System Reiki
- Extended Seichim Reiki
- Isis Seichim Reiki
- Karuna Ki Reiki
- Karuna Rei-ki
- Raku Kei Reiki
- Sacred Path Reiki
- Shamballa Reiki
- Tera Mai Reiki
- Tibetan Reiki,
- Traditional Japanese Reiki
- Etc.,

Each one of these uses a different method to focus and attract the "Reiki" healing energies. Each style of Reiki has slightly different techniques and symbols.

As a Usui Shiki Ryoho Reiki matured, many different Reiki styles were created as Reiki Master-Teachers explored new pathways. I was taught Usui Shiki Ryoho, Seichim Reiki with channelings by Lord Metatron and have not yet explored the others.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI FREQUENTLY ASKED QUESTIONS (FAQ)

- What actually are the Usui Shiki Ryoho Reiki attunements?
 - Reiki attunements are received from a Reiki Master. The Reiki Master is channeling\passing Reiki frequencies\energy into the initiate's aura\spiritual body so they can directly benefit from Reiki themselves at whatever level the Master Reiki teacher has attuned them too. The Reiki Master has attuned their frequencies to permanently receive the Reiki energy.
- How did I receive my initial attunements up to Reiki Master Level and how does distant healing work?
 - Everything in the universe is made up from energy particles; these are not just randomly floating around but form the omniscient, all-knowing blueprint for creation.
 - This vital living energy force (some call it God, Buddha, Love or similar) comes in different manifestations – one of those being the frequencies in which Reiki was born. Living or dead everything generates a frequency.
 - The Reiki Master–Teacher “attunes”the subject into the Reiki healing frequencies (It's like finely tuning into your favorite radio station). The Reiki Master can then lock these frequencies into your “aura” by means of using the Secret Reiki symbols, re-discovered by Dr Mikao Usui back in March 1922.
 - It is these symbols which have been closely guarded with some teachers still charging up to \$10,000 dollars (the usual price to train to be a Master until around 10 years ago). For all this to work the initiate\subject does not need to be physically in the presence of the Reiki Master. Attunements can be given easily via Distant Transmission. I fully explain this later on.
- How do I know I've been attuned?
 - You may feel more energized. You are in receipt of the Reiki Secrets, plus have been attuned to the Reiki Healing frequencies – both can be used for the benefit of yourself and others. Importantly, you will usually feel energy as you pass Reiki Initiation Master–Teacher Attunements onto others.
- How can I attune somebody else?
 - Follow the diagrams contained within each chapter; these detail exactly the symbols for each Initiation Master–Teacher Attunements level\stage. Sign the Special Secret Symbols around the person at different points of the Initiates body (they can be present or done remotely – with their permission).
 - NOTE: All throughout the Initiation Master–Teacher Attunements texts below – Where it mentions the Name that means the name of the “Initiate\subject”.
- What are Usui Shiki Ryoho Reiki Symbols?
 - The Reiki Symbols are tools to help direct energy. Can I attune myself again, if so what happens?

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- You can always re-attune yourself at any level or go through all the Initiation Master-Teacher Attunements again. It is suggested to look at yourself in mirror as you do each Initiation Master-Teacher Attunements as this seems to enhance the effect.
 - Re-attunement is connecting back to the divine intelligence and asking for the frequencies to be re-attuned onto you. It adds to and improves your connection to the Reiki energies
 - You don't need to re-attune your self to any levels as you are already a Master of Reiki and Seichim but it is OK to say re-attune your self to Reiki LEVEL—I again to experience\Master the Initiation Master-Teacher Attunements stages as you may want to “practice” before training others into Reiki.
 - Again all it does is enhance and clarify the Reiki energies you receive; you don't lose your Master LEVEL—Initiation Master-Teacher Attunements, regardless of what re-attunements you are doing, as they are there for Life!
- Can I pass all the attunements onto someone in one session?
 - Some Reiki teachers state that the different Initiation Master-Teacher Attunements Reiki I, II and Master level should be given over a period of time, I have never felt this is the case. You have received all your Initiation Master-Teacher Attunements in one session. Awareness of attunement is not required, permission is though.
 - The teacher allows your aura to receive the Reiki frequencies at whatever level he\she is attuning you to.
 - As regards Initiation Master-Teacher Attunements, different Reiki handbooks (see the appendices) give a variety of views. If the Subject is present, it is suggested to separate each Initiation Master-Teacher Attunements by one week so that he\she can look forward to each sitting. However, as stated, you can initiate in one session.
 - Importantly, don't rush any Initiation Master-Teacher Attunements. Also, the experience can be enhanced by asking the initiate\subject – once seated and with their eyes closed, to place their feet on a small “warm” sand sack.
 - A feeling of deep warmth\cold may occur in your hands as you are attuning other initiates\subjects – this is completely safe and each person reacts slightly differently to the attunement into the healing frequency.
 - Are there any pre-requisites?
 - Only a willingness to use the healing abilities sincerely and for the good of all others. A clear and open mind is also of benefit.
 - I've head you mention Seichim energy, what's this?
 - You have also been attuned into the Seichim energy frequencies. Seichim is similar to Reiki and its origins can be traced back to Egypt.
 - Do you ever get tired or run down from giving Reiki Sessions?
 - Reiki is a channeled healing. The Reiki adept's energies are not depleted. The adept's energy is not being used.
 - The adept is channeling “Universal Life Force Energy” – the energy that surrounds us all and sustains life!
 - The energy is from the "God Source" – the "Higher Power".

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- Note: as the Reiki adept channels healing energy, he\she receives the benefits as well! Giving a Reiki Session boosts the adept's energy level and opens the door to feelings of love and contentment!
- Do you need to concentrate in order to channel the Reiki energy?
 - This is one of the more interesting observations of Reiki. When a Reiki adept's hands are placed physically on or near any living organism, the Reiki flow activates automatically.
 - There is no conscious effort needed on the part of the adept. If you have been initiated to Reiki, you can place your hands on or near the body of yourself or others and the Reiki energy flows.
- Does Usui Shiki Ryoho Reiki have anything to do with religion?
 - Usui Shiki Ryoho Reiki is not a religion. It holds no doctrines, creeds or contradictions to the Universal Laws of Consciousness and Love. Reiki is very spiritual in nature, but there is no belief required in order to learn and use Reiki. In fact, Reiki will work whether believed in or not!
- When you are giving someone a Session, what are you feeling? How do you know the energy is flowing?
 - Within a few seconds of placing hands on yourself or another, the palms may start to pulse and will become potentially hot\cold or start to tingle. These sensations may continue for the whole Session.
 - On certain parts of a subject's body, the hands can be extremely hot! However, it is important to note that the sensations can vary from Session to Session – the energy felt by the adept can be very different in nature to that felt by the Subject. For example, the adept experiences his hands cold and the Subject feels intense heat. After a period of time on one body position, the Reiki switches off. It switches on again when the hands are moved elsewhere. When one area is `fixed', you move on to the next.
- Can the flow of Reiki energy alter strength?
 - The flow of Reiki seems to vary according to the degree of disharmony in the person\animal. When patients are seriously ill or very emotionally upset, the flow of energy is stronger. Reiki energy flow is directly connected to the degree of disharmony in a person's body\mind.
- Can Reiki be used with other therapies?
 - Reiki can be successfully combined with other therapies – it is completely safe and activates natural healing energy within us. It will enhance the effects of other complementary healing arts such as massage, acupuncture, shiatsu, reflexology, aromatherapy, chiropractic, color therapy, homeopathy and many others. Many adepts of other healing methods have reported positive developments in their work since learning Reiki.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- Are the Reiki flows the same in both hands?
 - Unlike some other therapies – with Reiki there is no `giving' or `receiving' hand (the energy flows are the same in both hands and actually the eyes as well).
- Is the Reiki flow affected by the health of the adept?
 - A very sick\weak person correctly initiated into Reiki can still give Sessions as strong and as effective as a Reiki Adept in good health. Reiki energy does not come from the physical energy of the adept.
- Can you treat yourself with Reiki?
 - Because Reiki operates independently of the adept's body, adepts can lay their hands on their own bodies and enjoy all the benefits of Reiki.
- Is Reiki open to everyone?
 - Any person can have the Reiki activated in his or her hands.
 - It is even possible to initiate people in comas. Provided you receive all four of the Initiation Master–Teacher Attunements you will have the Reiki in your hands for life.
- Are there any harmful side effects from Reiki?
 - There have been no reported cases of negative effects from Reiki. However, some people have observed initial discomfort – this is due to the body undergoing a healing process.
 - People with a great deal of accumulated stress or emotional blocks may at first experience everything “coming up” as the Reiki Sessions take effect.
- Can you use Reiki on animals and plants?
 - Animals tend to respond faster to Reiki than humans.
 - Is really great to be able to give your pets' Reiki since domestic animals tend to take on the stress and emotional traits of their owners.
 - Plants also respond to Reiki because they are living energy fields that can be out of balance and will respond to the harmonizing effects of Reiki.
- What's next now I'm attuned?
 - For complete Mastery, it is important to become familiar with the Reiki Initiation Master–Teacher Attunements procedures and all the symbols.
 - Also, to practice and use your new found healing gifts.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI LEVEL—I

- ♥ At This Level The Initiate Is Attuned And Connected To The Reiki Source Of Healing Energy.
- ♥ There Are Four Attunements At This Level.
- ♥ This Level Deals Primarily With The Physical Realm.

Benefits From This Reiki LEVEL—I Attunement:

- ♥ Adepts Are Capable Of Performing Healing On Themselves And Subjects.
- ♥ Initiate Connects To New Reiki Energies That Mend Physical Issues

Reiki LEVEL—I Symbol

- ♥ Adept is given the Reiki Symbol CHO-KU-REI
- ♥ Sounds Like – “Cho (As In Blow) Koo Ray”
- ♥ Alias “The Power Symbol
- ♥ Cho Ku Rei Is The All-Purpose Symbol.
- ♥ Uses
 - Session Start: Connect With The Energy At The Beginning Of A Session
 - Session Middle: Increase Reiki Flow Where Needed During A Session
 - Session End: Seal In The Healing Properties Of The Energies Used Throughout The Session
 - Empowers All The Other Reiki Symbols
 - Increases The Flow Of Reiki
 - Directs Reiki To Area
 - Energizing (Beings, Objects)
 - Food ,Medicines, Herbs
 - Areas (Houses, Apartments, Cars, Etc.)
 - Spiritual Protection As A General Protective Symbol
 - Cleansing Negative Energies
 - Aid In Manifestation
 - Clears Rooms And Crystals, After The Session For Sealing Energies
 - Stop Excess Bleeding
 - Lessens Pain
 - Removes Blockages
 - Removes Resistance To Healing.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

CHO-KU-REI – Reiki LEVEL—I Symbol

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

CHO KU REI

CHO (AS IN BLOW) KOO RAY

ALIAS: THE POWER SYMBOL

All Purpose Symbol

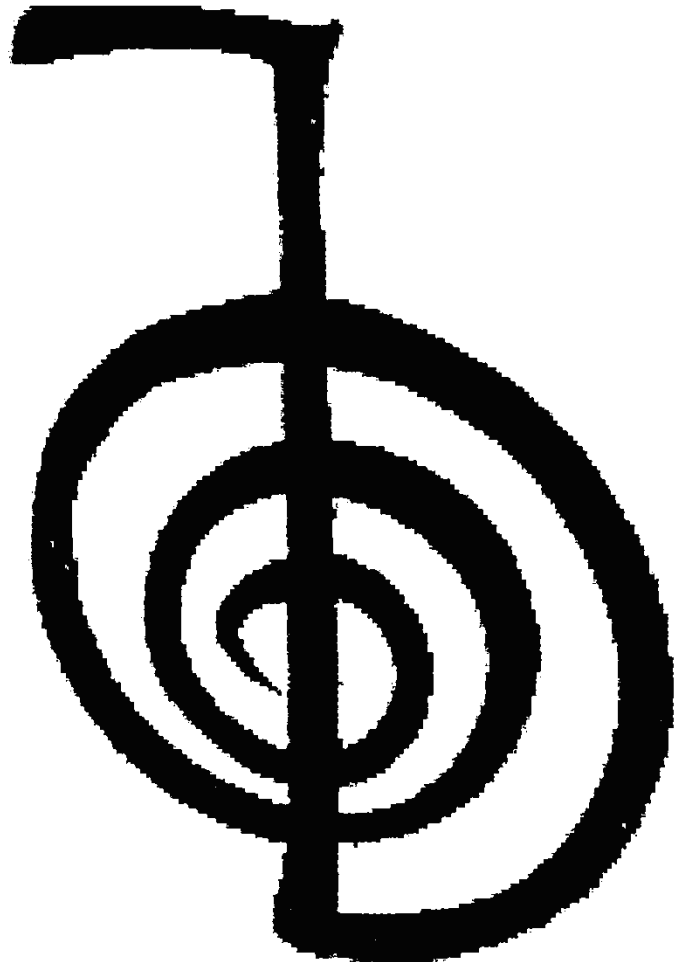
Begin – Connect

Middle – Increase, Focus, Direct

End – Seal

Increases your ability to access the
Reiki Energy.

Used for energizing (even objects),
spiritual protection, cleansing
negative energies, aid in
manifestation, Empowers all the
other Reiki symbols, clears rooms
and crystals, after the Session for
sealing energies.



**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI LEVEL—I HEALING TECHNIQUES

Here are some techniques to assist the adept in becoming familiar the Reiki energies at this level. The more the adept “uses” it, the more it will flow.

Reiki LEVEL—I Gassho Meditation Healing Technique

Purpose: Gassho Meditation means “two hands coming together”

- ♥ Prepare the mind before a healing session
- ♥ Clear, Focus one’s mind before a healing session
- ♥ Aligns your mind into a calm collective experience
- ♥ Deep meditative state, oneness with the universe

Application: Personal

Reiki Level: Reiki LEVEL—I

Session Time: Beginning

Note: The more you practice this style of meditation the easier it gets.

- 1) Get into a comfortable position
- 2) Close eyes
- 3) Hands
 - a) Prayer position
 - b) Tips of fingers level with lips
- 4) Intent
 - a) Focus attention at the point where the two middle fingers meet
- 5) Witness thoughts and let them pass away
- 6) Return to the point where your middle fingers meet.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI LEVEL—I JOSHIN KOKYU HO – BREATHING\CLEANSING HEALING TECHNIQUE

Purpose: Joshin Kokyu Ho is a technique of breathing to strengthen Reiki energy
add force to and raise Reiki energy
To gather energy in our abdomen (Tanden)
Learn how to let energy flow from our by our hands.

Application: Personal Reiki Level 1 Exercise

Reiki Level: Reiki LEVEL—I

Session Time: Beginning

Note:

Not to be used with anyone who has High Blood pressure or during pregnancy.
Also if you start to feel light headed (with all this energy) then please stop immediately.

- 1) Perform Tanden Chiryō Reiki LEVEL—I Tanden Chiryō (Tanden Session) Healing Technique on page 69
- 2) Intent 1:
 - a) Breathe:
 - b) Inhale: visualize white light coming in from your crown chakra is filling up your body
 - c) Exhale: Expand this energy out of your body through your skin into infinity in all every direction, especially the hands
- 3) Intent 2:
 - a) Breathe:
 - b) Inhale: Visualize (color chosen by you) light coming in from your crown chakra is filling up your body
 - c) Exhale: Expand this energy out of your body through your skin into infinity in all every direction, especially the hands

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI LEVEL—I REIKI UNDO (REIKI EXERCISE) HEALING TECHNIQUE

Purpose: “Undo” means “exercise”.

Means letting the body “freely” move.

Very beneficial experience for both the adept and the subject.

Physical body

Energy bodies

Application: Personal, Subjects, Groups

Reiki Level: Reiki LEVEL—I

Session Time: Anytime

- 1) Reiki Technique: Perform Reiki LEVEL—I Gassho Meditation Healing Technique on page 66
- 2) Intent: Say in your mind, “Reiki Exercise Start”.
- 3) Reiki Technique: Perform Perform Reiki LEVEL—I Tanden Chiryō (Tanden Session) Healing Technique on page 69 for 6 – 10 times.
- 4) Intent: Your body to move by itself spontaneously. Let go.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI LEVEL—I TANDEN CHIRYO (TANDEN SESSION) HEALING TECHNIQUE

Purpose: Tanden Chiryō is used to power-up or recharge the Tanden with Ki.

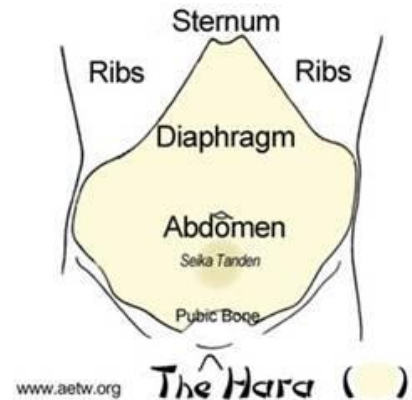
The Tanden is the seat or center of where your Ki is stored.

It is located two to three fingers below your navel.

Possibly relates to the second chakra. Some think it's a mini chakra.

It's the "source" of persons "Ki" energy.

Balances Chakras



Application: Personal

Reiki Level: Reiki LEVEL—I

Session Time: Beginning

- 1) Locate your Tanden
- 2) Stand up with your feet shoulder width apart
- 3) Breathe: Take some slow "deep" breaths – slowly releasing all the Tension in your body.
- 4) Mouth: open your mouth slightly
- 5) For each Slow Breathe:
- 6) Inhale: As you inhale through your Nose place you tongue on the top of your mouth.
- 7) Exhale: As you exhale through your mouth place you tongue on the bottom of your mouth.
- 8) Rest the "tip" of your tongue as you inhale through your "nose" and
- 9) Knees: Make them a little softer with a little bend.
- 10) Intent: Focus on lower abdomen
- 11) Fingers: become aware of the Tanden point two or three fingers below your navel with each breath
- 12) After Locating Tanden begin Tanden Chiryō
- 13) Tanden Chiryō
- 14) Hands: Place one hand on your Tanden, place the other hand on the back of the body behind the Tanden.
- 15) Intention: Build energy between hands.
- 16) Hands: Keep doing Tanden Chiryō until they lift off by themselves.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI LEVEL—II

Initiate must have previously been attuned to Reiki LEVEL—I before receiving this attunement. There is only one attunement at this level. This level adds the emotional and mental realms to their scope.

The second degree of Reiki increases the abilities of the Reiki adept.

- 1) Gives access to more powerful Reiki healing symbols.
 - a) SEI-HE-KI
 - b) HON-SHA-ZE-SHO-NEN
- 2) Greatly expands your healing ability and intuition. The vibrational energy received at this LEVEL—
Is several times greater and higher than that experienced from the first degree
- 3) Enables adept to perform Reiki distant healing
 - a) People
 - b) Animals
 - c) Locations

Benefits from this attunement:

- 1) Establishes a better connection with the Reiki energies and connects adept to new Reiki energies.
- 2) Distance Healing – adept can heal across any distance and time period.
- 3) Initiate connects to new Reiki energies that mend mental and emotional issues.
- 4) Two Reiki symbols
 - a) SEI-HEI-KEI – “The Mental – Emotional Symbol”
 - b) HON-SHA-ZE-SHO-NEN – “The Distance Symbol”.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI LEVEL—II SYMBOLS

SEI–HEI–KEI – “The Mental –Emotional Symbol”

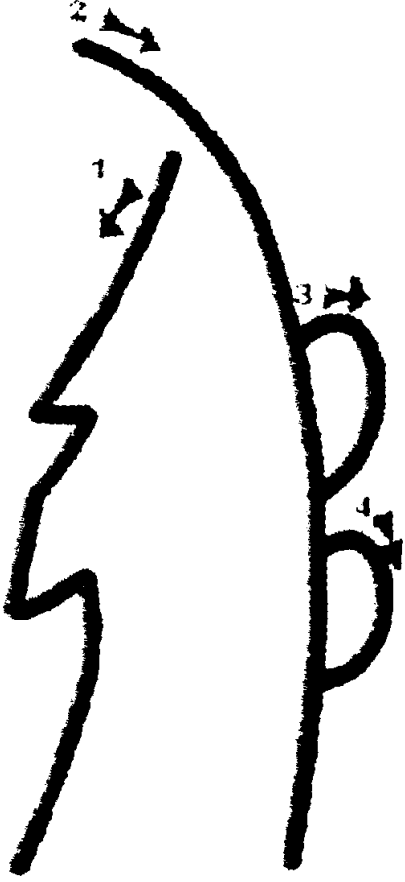
- ♥ Sounds Like – “Say Hay Key”
- ♥ Alias “The Mental\Emotional Symbol”
- ♥ Key To The Universe, Alignment Between Body–Soul–Consciousness Effects Parts Of The Energy Bodies Involving Emotional And Mental States.
- ♥ Uses
- ♥ Emotional Healing
- ♥ Removes Blockages
- ♥ Restores Balance
- ♥ Mental Healing
- ♥ Removes Blockages
- ♥ Restores Balance
- ♥ Personal Meditations
- ♥ Psychic Protection Against Bad Vibrations Or Negative Energies.
- ♥ Cleansing
- ♥ Activate The Kundalini,
- ♥ Balancing The Right\Left Brain, Emotional And Mental
- ♥ Healing,
- ♥ Addiction Habits Removal
- ♥ Calming (Activated Placed On Subjects Brow Chakra\Third Eye)
- ♥ Healing Past Traumas (Used With Cho Ku Rei And Hon Sha Ze Sho Nen)
- ♥ Reinforce With Positive Affirmations.
- ♥ Aligns The Upper Chakras.

HON–SHA–ZE–SHO–NEN – “The Distance Symbol”

- ♥ Sounds like – “hone (as in phone) sha zay show nen”
- ♥ Alias "The Distance Symbol"
- ♥ Summary
- ♥ Universal connection properties
- ♥ Bridge between heaven and earth
- ♥ Transcends time and space for healings
- ♥ Hon Sha Ze Sho Nen
- ♥ Uses sends Reiki over time and space
- ♥ You can send Reiki over a distance to anyone; anything; anyplace.
- ♥ It is used to send Reiki over
- ♥ Distance
- ♥ Time – when using Reiki to heal a past trauma or to a point in the future when you or someone might need it.
- ♥ Distant attunements.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

SEI-HEI-KI – REIKI LEVEL—II SYMBOL

<p>SEI HEI KI “SAY HEY KAY” ALIAS: THE BALANCING FACTOR MIDDLE The Mental\Emotional Symbol Calming(on third eye) Psychic protection Alignment(body–soul–consciousness) balancing the right\left brain cleansing Key to the universe Emotional\mental healing Removing addiction habits</p> <p>Individual: Activate Kundalini Sei He Ki tends to focus on those parts of the energy bodies relating to emotions and mental states. It is very good for healing past traumas (used with Cho Ku Rei and Hon Sha Ze Sho Nen) and works well with positive affirmations. I use it in almost every healing session; I believe that most disease has an emotional base that must be addressed before a complete healing can occur. The symbol clears emotional blockages and aligns the upper chakras.</p> <p>Sei He Ki restores emotional balance and harmony and is also useful against bad vibrations or negative energies. A good symbol for inner calmness and the release of blockages</p>	
---	---

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

HON SHA ZE SHO NEN – REIKI LEVEL—II SYMBOL

HON SHA ZE SHO NEN

HONE (AS IN PHONE) SHA ZAY SHOW NEN

ALIAS:THE DISTANCE SYMBOL

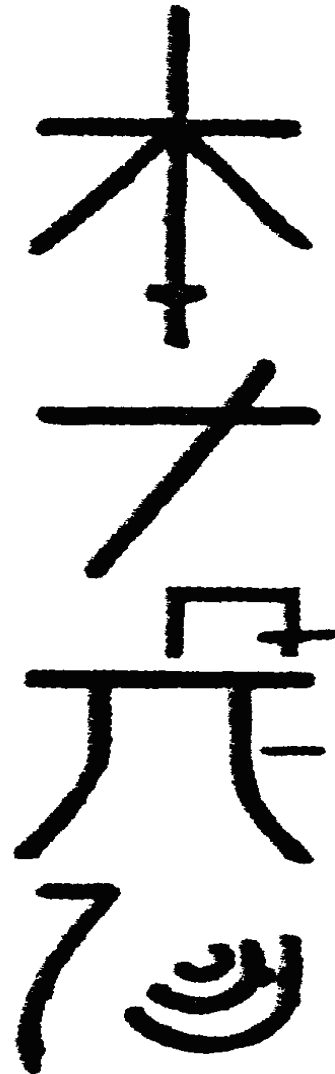
BEGIN

DISTANCE

Universal connection properties, bridge between heaven
and earth, transcends time and space for healings

Draw before sending a distant attunement.

Used to send Reiki. You can send Reiki to anyone and
anything over distance and time (such as when using
Reiki to heal a past trauma or sending Reiki to a point
in the future when you or someone might need it).



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—II HEALING TECHNIQUES

- ♥ Here are some techniques to assist the adept in becoming familiar the Reiki energies at this level. The more the adept “uses” it, the more it will flow.

REIKI LEVEL—II DISTANT HEALING SESSION HEALING TECHNIQUE

Purpose: To send a Reiki Session to any location, or any place in time. Reiki knows no boundaries in time or space. Full healings occur as if they were in front of you.

Permission must be granted. If not possible then give as a gift.

Intent: This is a gift to the persons soul that they may accept of receive. I have no attachment on their acceptance.

Distance Healing

Time Healing (Past, Future)

Application: Personal, Subject, Location

Reiki Level: Reiki LEVEL—II

Session Time: Beginning

- ♥ Initial Sessions
- ♥ Intent: Same as hands on Reiki
- ♥ Intent: Visualize Objective: Person, People, Beings, location, time
- ♥ Focus: What needs to be healed?
- ♥ Visualization Techniques
- ♥ A proxy (substitute)
- ♥ Doll, drawing, picture, etc.,
- ♥ Visualization – visualize the person you are sending Reiki energy to, shrunk to a miniature size and situated between your hands.
- ♥ Reiki “Beaming” – Imagine a beam(whatever color(s) feels right) of Reiki energy to the Visualized Objective.
- ♥ A combination of all of these. What works best for you.
- ♥ Example: Write a List of subjects. Include all the details of the people, attach photos If possible. (if possible), write down ailments that require healing. Intent: Focus and send Reiki energy to the paper, pictures object. Intent: Every person on the list receives a full healing. Relax, focus with intent for 15–30 minutes or as long as it feels right.
- ♥ Reiki Technique: Activate Reiki Symbols chosen Visualization Techniques
- ♥ 3 times for each symbol
- ♥ CHO KU REI The Power symbol

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ SEI HE KI The Mental\Emotional symbol
- ♥ HON SHA ZA SHO NEN The Distance symbol

- ♥ Later Sessions
- ♥ After a while you won't need to have so many steps.
- ♥ Intent: Visualize Objective: Person, location, time
- ♥ Intent: Sit quietly. Activate symbols
- ♥ Intent; Direct Reiki to Objective for 10–20 minutes or as it feels right.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI LEVEL—II BYOSEN SCANNING HEALING TECHNIQUE

- ♥ Purpose: “Byo” means “sick” and “Sen” means “line”.
- ♥ Exploration technique.
- ♥ Scan the subject looking for the “source” of the diseases emanating from their
- ♥ Body
- ♥ Auric layer(s)
- ♥ Chakras
- ♥ Find “HIBIKI” point locations
- ♥ Feel sensations of something moving, pulsating, intense heat, intense cold, pain, numbness, itching, tingling – something that feels “out of the unusual”
- ♥ Feel 'something' transmitted from a specific area or region.
- ♥ Definition: “HIBIKI” point cycle – HIBIKI” sensation will increase and then decrease as Reiki passes through the blockage

- ♥ Application: Personal, Subject, Location

- ♥ Reiki Level: Reiki LEVEL—II

- ♥ Session Time: Beginning

- ♥ Note: The more you practice, the easier it gets.

- ♥ Perform Gassho Meditation
- ♥ Close eyes
- ♥ Hands
- ♥ Start at head, close to body
- ♥ Palms down
- ♥ From head to toes
- ♥ Intent: Feel “HIBIKI”, find “HIBIKI” points
- ♥ When you locate a “HIBIKI” point
- ♥ Hold your hands over “HIBIKI” point for “HIBIKI” point cycles until they stop. (at least one)

- ♥ Reiki LEVEL—II Chakra healing Balls Technique
- ♥ Purpose: Reiki Chakra healing Balls heal the 7 chakras.
- ♥ Balance Chakras
- ♥ Clean Chakras

- ♥ Application: Personal, Subject, Location, Distance

- ♥ Reiki Level: Reiki LEVEL—II

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

♥ Session Time: Beginning, When It Feels Right

- 1) Hands: Rub your hands \palms together with the intention of moving Reiki Energy.
- 2) Hands: Face palms to each other
- 3) Create Reiki Chakra healing Ball
- 4) Intent: Intend Reiki Energy coming out of both palms.
- 5) Hands: As the Reiki energy comes out of the palms, cup both hands and create a ball of the energy as the ball gets bigger. As ball gets bigger move hands around the ball.
- 6) When it feels right the ball is ready.
- 7) Distance Healing
- 8) Intent: imagine the begin in front of you.
- 9) For each of the 7 Chakras, Starting at the Root Chakra going to the Crown Chakra
- 10) Intent: Place Reiki Chakra healing Ball into the subjects chakra, see the subjects chakra (in your minds, heart's eye) glowing the chakras color.
- 11) Intent: Guide Reiki into that Chakra as long as it feels right.
- 12) After Completion begin Reiki session.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI LEVEL—II GEDOKU—HO (DETOXIFICATION HEALING TECHNIQUE)

Purpose: “Ge” means to “bring down”, “Doku” means “poison or toxin”. and Its prime focus is to Detoxification.

Very beneficial experience for both the adept and the subject.

Physical body

Energy bodies

Application: Personal, Subject, Location, Distance

Reiki Level: Reiki LEVEL—II

Session Time: Anytime

- 1) Reiki Technique: Perform Tanden Chiryō until you feel filled Reiki energy.
- 2) Hands:
- 3) Palms facing each other
- 4) Front of body: 1 hand on the Tanden Chiryō
- 5) Back of body: 1 hand on the Tanden Chiryō
- 6) Intent:
- 7) Adept:
- 8) Intent: Visualize the Reiki entering the subject's body\area.
- 9) Intent: Visualize toxins leaving the body the feet and going directly into the core of mother earth.
- 10) Subject:
- 11) Intent: Visualize the Reiki entering the subject's body\area.
- 12) Intent: Visualize toxins leaving the body the feet and going directly into the core of mother earth.
- 13) Visualize the Reiki entering the subject's body\area. Visualize toxins leaving the body and going directly into the core of mother earth.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

**REIKI LEVEL—II JACKI-KIRI JOKA-HO (TRANSFORMING NEGATIVE ENERGY) HEALING
TECHNIQUE**

Purpose: "Jacki" means negative energy and "Kiri" means to cut.

"Joka-Ho" is a purification technique for inanimate, non-living objects, any size

Cuts\Disconnects negative energy from any object.

Objects can contain negative energy.

Large objects: Works fine.

Distant Healing: Buildings, Cars

Application: ONLY Inanimate non-living objects, Location, Distance

Reiki Level: Reiki LEVEL—II

Session Time: Never on a Living subject

Note: Never use on a living being. For living beings use Joshin Kokyuu-Ho, Hanshin Koketsu-Ho etc.

- 1) Reiki Technique: Perform Tanden Chiryu until you feel filled Reiki energy.
- 2) Hand: Place the object in your non-dominant hand as you continue Tanden Chiryu.
- 3) Reiki Technique: Inhale: Suspend you Tanden Chiryu on an inhale
- 4) Hand: Dominant hand: Put your hand into a Karate chop, full of Reiki Energy
- 5) Intent: Hand will completely cut any negative to the object; Hand will purify the object
- 6) Put hand 2 – 4 inches above the object
- 7) Make a horizontal cutting\chopping motion over the object for THREE times only.
- 8) Hand: After third chopping motion STOP immediately
- 9) Breathe: Release your breath.
- 10) Intent: Charge object with Reiki energy for as you need..

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—III MASTER – TEACHER (SHINPIDEN)

Initiate must have previously been attuned to Reiki LEVEL—I & LEVEL—II before receiving this attunement. There is only one attunement at this level. This level adds the psychic realms to their scope.

The adept becomes a Reiki Master. The third degree of Reiki again greatly increases the abilities of the Reiki adept.

- 1) Gives access to more powerful Master Reiki healing symbols.
 - a) DAI-KO-MIO – The Master symbol
 - b) TAM-A-RA-SHA – The Balancing Symbol
- 2) Again, greatly expands your healing ability and intuition. The vibrational energy received at this LEVEL—Is many times greater and higher than that experienced from the second degree
- 3) Enables adept to train, instruct other people in Reiki.
 - a) People

Benefits from this attunement:

- 1) Establishes a better connection with the Reiki energies and connects adept to new Reiki energies.
- 2) Initiate connects to new Reiki energies that mend psychic issues.
- 3) All connections to the Reiki energy are opened and complete Mastery can be achieved.
- 4) Two Reiki symbols
 - a) DAI-KO-MIO
 - b) TAM-A-RA-SHA
- 5) Adept becomes a Reiki Master, and can initiate\attune others. They are taught all of the Reiki Initiation Master-Teacher Attunements

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI III MASTER – TEACHER SYMBOLS

DAI-KO-MIO

- ♥ Sounds like “dye ko me o”
- ♥ Alias “The Master Symbol”
- ♥ Is generally regarded as the most powerful symbol in the Reiki group. Only used by Reiki Master-Teachers. Dai-Ko-Mio deals with the soul and our spiritual self it heals diseases and illness from the original source in the aura / energy fields. Healing with this powerful symbol brings profound life changes.
- ♥ Uses
- ♥ To heal the soul. When a hurt is so deep that it is deeper than the mind or heart, the pain is at soul level.
- ♥ Heal the Heart: Activate over the heart.
- ♥ I strongly advise you to use this symbol in “all ” your sessions as your healings will get an extra boost.
- ♥ This symbol is key one to transmit the Reiki Initiation Master-Teacher Attunements

TAM-A-RA-SHA

- ♥ Sounds like “tam ara sha”
- ♥ Alias – “The Balancing Symbol”
- ♥ Grounds and balances energy. A Balancing/Unblocking symbol Helps un-block the energy chakras centers allowing the energy to flow.
- ♥ Uses
- ♥ Personal: Clean out yourself. Activate it over or around your feet.
- ♥ Pain Relief: Activate it over pain to reduce or dissipate it altogether.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

DAI-KO-MIO – REIKI III MASTER – TEACHER SYMBOL

DAI KO MIO

DYE KO ME O

ALIAS: THE MASTER SYMBOL

REIKI LEVEL—III MASTER

BEGIN

This symbol is often signed over the heart during a healing. When a hurt is so deep that it is deeper than the mind or heart, the pain is at soul level.

It is generally regarded as the most powerful symbol in the Reiki group and can only be used by Reiki Masters.

The Dai-Ko-Mio is used to heal the soul.

Because the Dai-Ko-Mio deals with the soul and our spiritual self it heals diseases and illness from the original source in the aura\ energy fields.

Healing with this powerful symbol brings profound life changes.

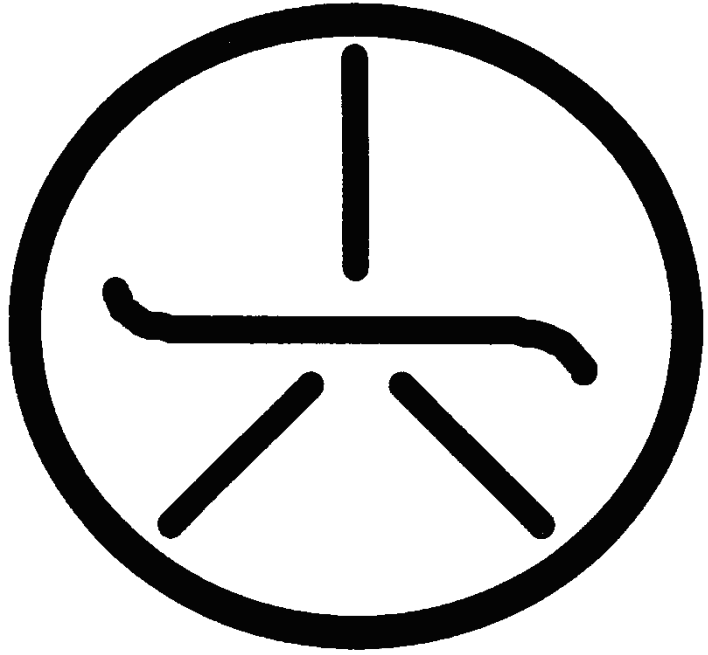
I strongly advise you to use this symbol in “all” your sessions as your healings will get an extra boost.

This symbol is key one to transmit the Reiki Initiation Master-Teacher Attunements.



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

TAM-A-RA-SHA – REIKI III MASTER – TEACHER SYMBOL

<p>TAM-A-RA-SHA TAM ARA SHA ALIAS: THE BALANCING FACTOR MIDDLE Reduce Pain Grounds and balances the energy. Helps un-block the energy chakras centers allowing the energy to flow. To completely unblock yourself sign it over or around your feet</p> <p>The Tam-A-Ra-Sha is a Balancing\Unblocking symbol.</p> <p>· Signing this symbol over pain helps reduce the pain or dissipate it altogether.</p> <p>·</p>	
--	---

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—III HEALING TECHNIQUES

- ♥ Here are some techniques to assist the adept in becoming familiar the Reiki energies at this level.
- ♥ The more the adept “uses” it, the more it will flow.

REIKI LEVEL—III GYOSHI-HO (HEALING WITH THE EYES) HEALING TECHNIQUE

Purpose: “Gyoshi” Healing with the eyes. Reiki focused tender “staring”, not “glaring”. Dr. Usui believed that one can also send Reiki with the eyes.

Dr. Usui believed that if one feels “heat” in their chest, mouth or nose when giving Reiki, they’re able give Reiki with the eyes.

Very beneficial experience for both the adept and the subject.

When cannot touch subject

Burns(Sunburn, etc.,)

Physical body

Energy bodies

Application: Personal, Subject, Location, Distance healing

Reiki Level: Reiki LEVEL—III

Session Time: Anytime

- 1) Reiki Technique: Perform Tanden Chiryō until you feel filled Reiki energy.
- 2) Relax and soften
- 3) Eyes:
- 4) Intent: Focus, visualize the Reiki entering the subject's body\area in your line of sight..
- 5) Focus: Visualize Softly, gently, lovingly gaze onto the area which needs Reiki.
- 6) Allow your eyes to De-Focus, staying gently aware of the area which needs Reiki.
- 7) Visualize; imagine Reiki flowing from your eyes onto, in to the area which needs Reiki.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI LEVEL—III KOKI-HO (HEALING WITH THE BREATH) HEALING TECHNIQUE

Purpose: “Koki-Hoi” Healing with the breath.

- ♥ Dr. Usui believed that if one feels “heat” in their chest, mouth or nose when giving Reiki, theyre able give Reiki with the breath.
- ♥ When cannot touch subject
- ♥ Burns(Sunburn, etc.,)
- ♥ Physical body
- ♥ Energy bodies

Application: Personal, Subject, Location, Distance healing

Reiki Level: Reiki LEVEL—III

Session Time: Anytime

- 1) Reiki Technique: Perform Tanden Chiryō until you feel filled Reiki energy.
- 2) Reiki Technique: Inhale: Suspend you Tanden Chiryō on an inhale
- 3) Breathe:
- 4) Intent: Visualize the “Power symbol” entering the subject's body\area.
- 5) Inhale: Symbol Activation: Activate “Power symbol” on the top of your mouth
- 6) Exhale: Softly, onto the area which needs Reiki.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI LEVEL—III MASTER MEDITATION HEALING TECHNIQUE

Purpose: To open and clear the chakras the Reiki way
Aligns adept to higher frequency energies
Purify\release any negative energy from your body, energy bodies
Energizes
Centers

Application: Personal

Reiki Level: Reiki LEVEL—III

Session Time: Before

- 1) Reiki Technique: Perform Tanden Chiryō until you feel filled Reiki energy.
- 2) Repeat all steps below for 10–15 minutes or until it feels right.
- 3) Important: End going from Crown chakra down to Root chakra.
- 4) From Root Chakra up to Crown chakra
- 5) Intent: Visualize “Power Symbol” in each chakra
- 6) Intent: Visualize chakra filling, overflowing with Reiki energy
- 7) When you reach the Crown chakra
- 8) Intent: Visualize a white light coming down through your crown chakra through all of the other chakras into your root chakra .
- 9) From Crown chakra down to Root chakra
- 10) Intent: Visualize “Power Symbol” in each chakra
- 11) Intent: Visualize chakra filling, overflowing with Reiki energy
- 12) When you reach the Root chakra
- 13) Intent: Visualize a white light coming up through your Root chakra from Mother Earth through all of the other chakras into your Crown chakra.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI LEVEL—IV ADVANCED NON-TRADITIONAL SEICHIM MASTER-TEACHER:

- ♥ Initiate must have previously been attuned to Reiki LEVEL—I & LEVEL—II & LEVEL—III before receiving this attunement.
- ♥ There are two attunements at this level.
- ♥ This level adds a whole scope of new Reiki energies.

Benefits from this attunement:

- 1) Establishes a better connection with the Reiki energies and connects adept to new Reiki energies.
- 2) SEICHIM Reiki symbols
 - a) Balancing symbol
 - b) SEICHIM Infinity Symbol
 - c) SEICHIM MAI-YUR-MA Symbol
 - d) SEICHIM CHO-KU-REI Symbol
 - e) SEICHIM HON-SHA-ZE-SHO-NEN Symbol
 - f) SEICHIM SEI-HE-KI Symbol
 - g) SEICHIM LIGHTNING BOLT
 - h) DAI-KO-MIO Symbol – The Master symbol
- 3) Adept becomes a Reiki Advanced SEICHIM Master\ Teacher and can initiate\attune others.

Reiki LEVEL—IV Seichim – Advanced Master Degree Initiation Master-Teacher Attunements

Reiki LEVEL—IV Seichim – Advanced Master Degree of Reiki increases the abilities of the Reiki adept even more.

- 1) Gives access to more powerful Reiki healing symbols.
 - 2) Greatly expands your healing ability and intuition. The vibrational energy received at this LEVEL—IV Is several times greater and higher than that experienced from the first degree
 - 3) Enables adept to perform Reiki distant healing
 - a) People
 - b) Animals
 - c) Locations
- ♥ The Seichim Master degree complements Reiki and comes from the Egyptian word “Sekhem” (also know as SKHM, Seichim and Seichem).
 - ♥ The actual word SEKHEM means "Power" or "Might" and it also has a close connection to the Goddess “Sekmet”.
 - ♥ The symbols for this powerful energy are actually found carved\etched on the sides of the Great Egyptian pyramids and also within some of the tombs.
 - ♥ There are many references made to SEKHEM in numerous scrolls found in the pyramids and ancient ruins of the temples.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

- ♥ Reiki master Patrick Zeigler discovered Seichim.
- ♥ Patrick had a vision of a divine energy thought to be QuanYin. QuanYin gave Patrick the addition symbols.
- ♥ Seichim is channeled Living Light Energy from the Source. It is actually just another aspect \vibration of the One source, just like Reiki is.
- ♥ Seichim is a beautiful way of accessing the energy of the Great Mother earth and a path to deeper self-realization\empowerment. It balances and re-aligns the yin-female aspect of our beings on all levels (physical, emotional, mental and spiritual).
- ♥ Seichim is a healing system not unlike Reiki. It is energy, drawn from the limitless source of the universe.
- ♥ Seichim and Reiki work together as a unification of sacred healing energies to completely balance and harmonize a person's physical, emotional, mental and spiritual bodies. This expands the individual's capacity to carry more light and love and anchors and grounds the essential life force within his or her energy system.
- ♥ You may feel a different energy while channeling Seichim rather than Reiki. Where Reiki is the "Great White Divine Light", Seichim then is the Rainbow – both from the same place, but a very different in experience.
- ♥ As with Reiki, there are many variations on Seichim.
- ♥ You can use Seichim with Reiki. Draw the infinity symbol on the palms and say the word "Seichim" three times. You should then feel more connection with Mother earth – allow the Seichim energy to flow through you. Place your hands on the person; either using Reiki hand positions or intuitively where you feel the hands should go.
- ♥ You can then use any combination of Reiki and Seichim symbols you deem beneficial for the subject. You can adopt additional Seichim processes into the Reiki Healing sessions listed in the Appendices.
- ♥ Seichim can be easily used in conjunction with Reiki. Both energies complement each other and will work concurrently on the subject at different levels.
- ♥ Both help to address any deep energy blocks. These are released, bringing the opportunity for improved health and higher levels of energy and vitality for the subject.
- ♥ Seichim and Reiki can be used in conjunction with other healing methods, but are not a substitute for Session prescribed by a doctor. Both complement the healing process and you will absorb only the amounts of energy you need at any one point in time.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ Please visit Patrick's own site www.skhn.org for the full History on Seichim and more information.
- ♥ The Seichim Level 1 and Master Degree Initiation Master-Teacher Attunements (the secret process...)
- ♥ The following pages detail exactly the Seichim Level 1 and Master Initiation Master-Teacher Attunements.
- ♥ These attunements are usually only transferred to existing Reiki Masters. Training in Seichim should only be given for those who have already attained Reiki Master Level.
- ♥ The pages have been laid out to easily illustrate for you the procedures at each stage of Initiation Master-Teacher Attunements.
- ♥ Please initially take time to review the purpose of each sequence.
- ♥ You will be asked to “sign” (visually draw with one hand) a Seichim\Reiki symbol or repeat the symbol name.
- ♥ The sequences together form the “secret keys” that align the student with the Seichim energy at this level.
- ♥ When you feel comfortable perform the sequence(s) for the Seichim level 1 and Master level attunements.
- ♥ After this Initiation Master-Teacher Attunements the initiate has been successfully attuned into the Master Degree of Seichim.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI LEVEL—IV ADVANCED SEICHIM MASTER-TEACHER SYMBOLS

- ♥ As with Reiki there are many other symbols that have evolved.
- ♥ The following are some more symbols that can be used with your Seichim or Reiki\Seichim session.
- ♥ The main thing is to Master the relevant symbols you are guided to activate.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

ANGEL WING – Reiki LEVEL—IV Advanced SEICHIM Master–Teacher Symbols

ANGEL WING
ANGEL WING
ALIAS: TO GIVE IT WINGS
MIDDLE
Self-realization of your potential "to
give it wings".
Brings in energy to help the
person\people\situation reach its
highest possible potential
Intention: For the highest good of
the person and the highest good for
all involved and the planet.
This can be used in every Session as
it connects you with the universe.

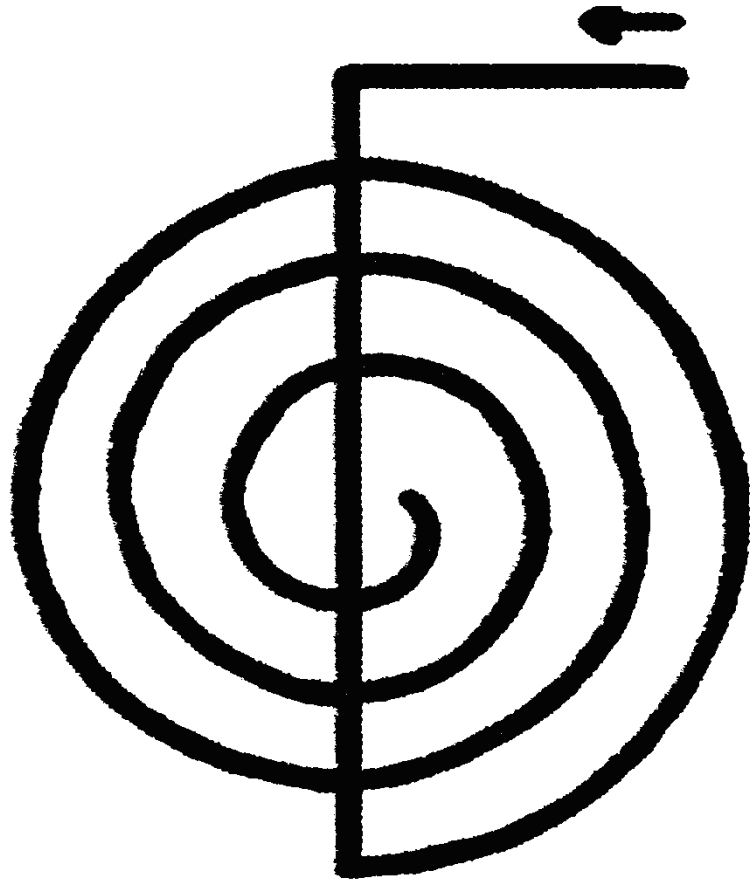


LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

CHO KU REI – REIKI LEVEL—IV ADVANCED SEICHIM MASTER-TEACHER SYMBOLS

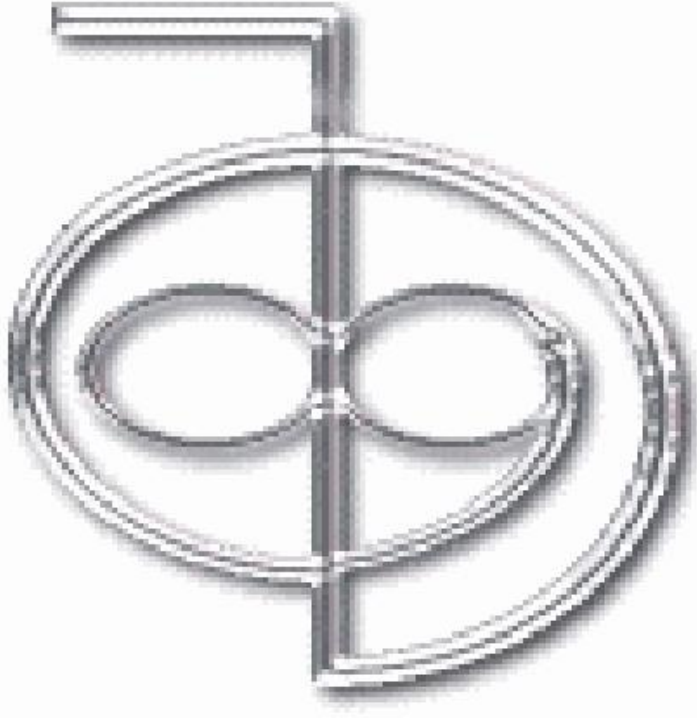
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

CHO KU REI
CHO KOO RAY
ALIAS: THE MAGNIFIER
BEGIN
MIDDLE
END
Empowers and magnifies all
other Symbols.
Activates the properties of
making things whole.
Can also be magnify to the
power of 3, 7, or 9



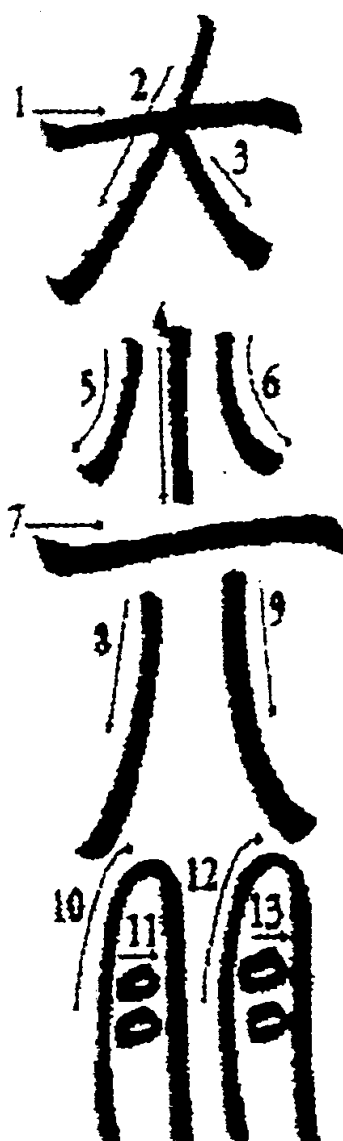
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

CHO KU RET REIKI LEVEL—IV ADVANCED SEICHIM MASTER-TEACHER SYMBOL

<p>CHO-KU-RET CHOW (AS IN BLOW) KOO RET ALIAS: ZARA BEGIN MIDDLE END empowers the world around you awaken the things\objects\people around you awaken the consciousness within and around you This can be used everywhere you go, just experiment.</p>	
--	---

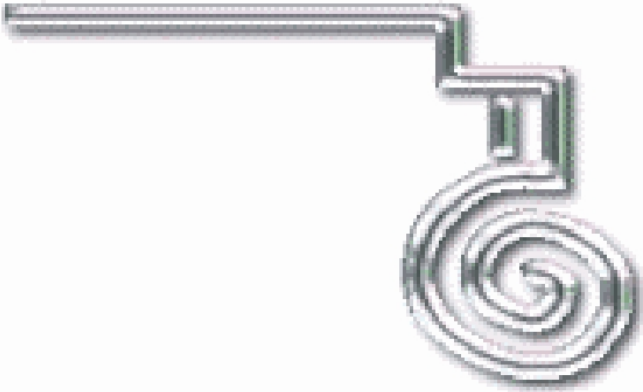
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

DAI KYO MIO – REIKI LEVEL—IV ADVANCED SEICHIM MASTER-TEACHER SYMBOL

<p>DAI KYO MIO DAY KIO MIO THE MASTER SYMBOL BEGIN MIDDLE</p>	
<p>Summary – This symbol helps to remove the duality that prevails in all things. It helps to find balance in ourselves. Some of us are too “yin” and others are too “yang” (i.e. Too much one thing) so in essence this symbol addresses that and re-aligns\balances the energy. This can be useful in healing emotional issues for yourself or your subject.</p>	

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

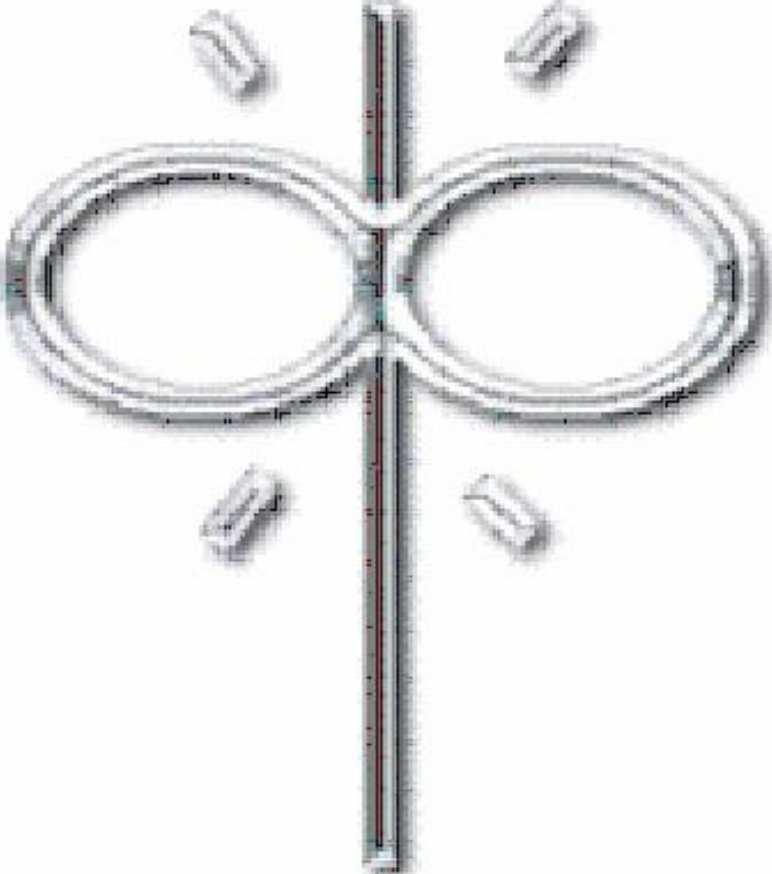
EEEEF-TCHAY – REIKI LEVEL—IV ADVANCED SEICHIM MASTER-TEACHER SYMBOLS

<p>EEEEF-TCHAY IF TER CHA ALIAS: ENDLESS INNER WISDOM END BALANCE\REALIGN ENERGY This symbol is commonly used to open the Brow chakra\Third Eye. Sounds like – “if ter cha” Alias “Endless Inner Wisdom” It’s an aid to achieving Inner Sight. It’s said it allows one to see through the different veils of illusion to see things as how they really are. Summary – This symbols helps to remove the duality that prevails in all things. It helps to find balance in ourselves. Some of us are too “yin ” and others are too “yang” (i.e. Too much one thing) so in essence this symbol addresses that and re-aligns/balances the energy. This can be useful in healing emotional issues for yourself or your subject.</p>	
---	---

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

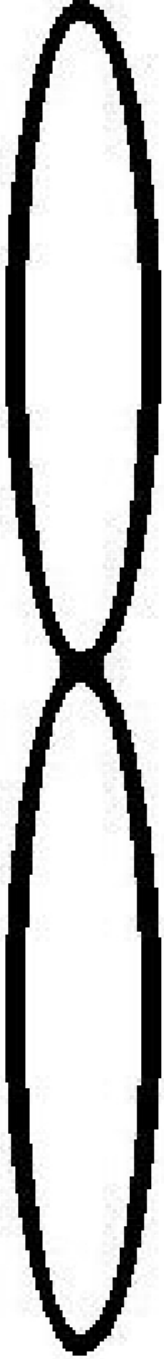
GOD – REIKI LEVEL—IV ADVANCED SEICHIM MASTER-TEACHER SYMBOL

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

<p>GOD GOD GOD BEGIN MIDDLE Alignment. Aligns the God\Goddess aspects of subject so they all work together for the highest good of the individual. Balance Clarity Balancing, gaining clarity over an issue or just prior to a healing session.</p>	
---	---

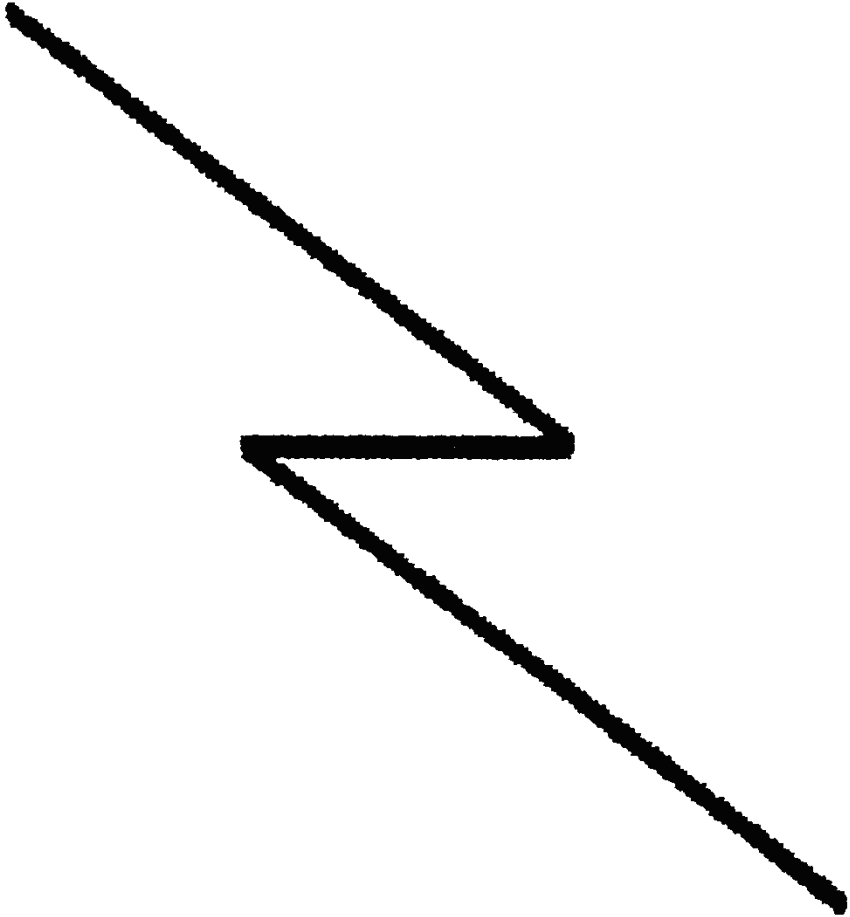
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

INFINITY – REIKI LEVEL—IV ADVANCED SEICHIM MASTER-TEACHER SYMBOLS

<p>INFINITY INFINITY INFINITY ACTIVATE AS THE NUMBER 8 POSITIONED SIDEWAYS BEGIN – ACTIVATE ON PALMS TO ACTIVATE SEICHIM ENERGY MIDDLE VERTICAL OR HORIZONTAL Draw in the direction you want the energy to go Empowers and enforces the true flowing of creation through the divine Ying and Yang which has no end.</p>	
---	--


LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

LIGHTENING BOLT – REIKI LEVEL—IV ADVANCED SEICHIM MASTER-TEACHER
SYMBOLS

<p>LIGHTENING BOLT LIGHTENING BOLT ALIAS: THE LIGHTENING BOLT BEGIN MIDDLE END SEICHIM Attunements Remove doldrums Remove unwanted belief systems Remove past ailments of all types</p>	
---	---

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

MAI-YUR-MA – REIKI LEVEL—IV ADVANCED SEICHIM MASTER-TEACHER SYMBOLS

<p>MAI YUR MA MY YUR MAA ALIAS: THE GATEWAY TO THE SOUL BEGIN MIDDLE END Magnify it to the power of 3, 7 or 9. Enhances, expands, magnifies physical emotional and spiritual aspects of love. Use any time</p>	
--	---

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI LEVEL—V ADVANCED NON-TRADITIONAL GOLD MASTER-TEACHER:

- ♥ Initiate must have previously been attuned to Reiki LEVEL—I & LEVEL—II & LEVEL—III before receiving this attunement.
- ♥ There is one self-attunement at this level.
- ♥ This level adds a whole scope of new Reiki energies.
- ♥ The Gold Reiki Master-Teacher Level complements All other reiki
- ♥ There are no symbols to activate for these powerful energies.
- ♥ As new ones are given, sensed by you just re-self-attune yourself.

Benefits from your Gold Reiki Master-Teacher Attunement:

- 1) Establishes a union, relationship with new Gold Reiki energies.
- 2) Gold Reiki symbols
 - a) There are no symbols associated with Gold Reiki
- 3) Adept becomes a Gold Reiki Advanced Master\ Teacher and can initiate\attune others.
- 4) Greatly expands your healing abilities and sixth sense.
- 5) The vibrational love energy received at this LEVEL—is different, and greater and higher than some other reiki levels degree
- 6) Enables adept t perform Gold Reiki in-person and distant healing for anything they want, of course only with permission given.
 - a) People, Animals,Beings,Entities
 - i) Individuals
 - ii) Groups
 - b) Places, Things

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

GOLD REIKI LEVEL—5 HEALING TECHNIQUES

- ♥ Option: First Quickly learn this MANUAL with Life-Changed™ QuiKnowing™ on page 44
- ♥ Gold Reiki LEVEL—5 Self-Healing Techniques
- ♥ Gold Reiki LEVEL—5 In-Person
- ♥ Gold Reiki LEVEL—5 Distant Healing.
- ♥ Gold Reiki LEVEL—5 People, Animals,Beings,Entities
- ♥ Gold Reiki LEVEL—5 Places, Things
- ♥ Gold Reiki LEVEL—5 Individuals
- ♥ Gold Reiki LEVEL—5 Groups

LIFE-CHANGED GOLD REIKI—SELF-HEALING TECHNIQUE

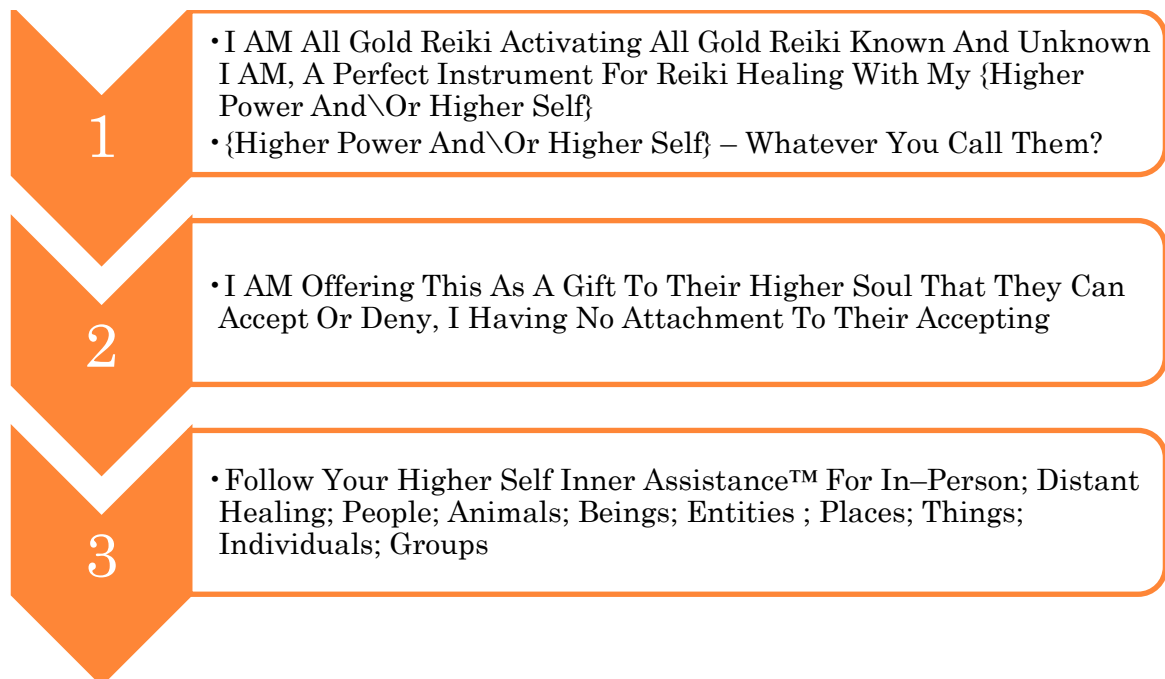
- ♥ Gold Reiki In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups
- ♥ Read and Create Gold Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols on page 27
- ♥ Declare With Compassion, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 & 2



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

LIFE-CHANGED GOLD REIKI— IN-PERSON; DISTANT HEALING; PEOPLE; ANIMALS; BEINGS; ENTITIES ; PLACES; THINGS; INDIVIDUALS; GROUPS

- ♥ In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups
- ♥ Read and Create Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols on page 27
- ♥ Declare With Compassion, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 & 2



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

**REIKI LEVEL—VI ADVANCED NON-TRADITIONAL KARUNA REI-KI MASTER-
TEACHER:**

- ♥ Initiate must have previously been attuned to Reiki LEVEL—I & LEVEL—II & LEVEL—III before receiving this attunement.
- ♥ There is one self-attunement at this level.
- ♥ This level adds a whole scope of new Reiki energies.
- ♥ The Karuna Rei-ki Master-Teacher Level complements All other reiki
- ♥ There are symbols to activate for these powerful energies.
- ♥ As new ones are given, sensed by you just re-self-attune yourself.

Benefits from your Karuna Rei-ki Master-Teacher Attunement:

- 1) Establishes a union, relationship with new Karuna Rei-ki energies.
- 2) Karuna Rei-ki symbols
- 3) Adept becomes a Karuna Rei-ki Advanced Master\ Teacher and can initiate\attune others.
- 4) Greatly expands your healing abilities.
- 5) The vibrational love energy received at this LEVEL—is different, and greater and higher than some other reiki levels degree
- 6) Enables adept t perform Karuna Rei-ki in-person and distant healing for anything they want, of course only with permission given.
 - a) People, Animals,Beings,Entities
 - i) Individuals
 - ii) Groups
 - b) Places, Things

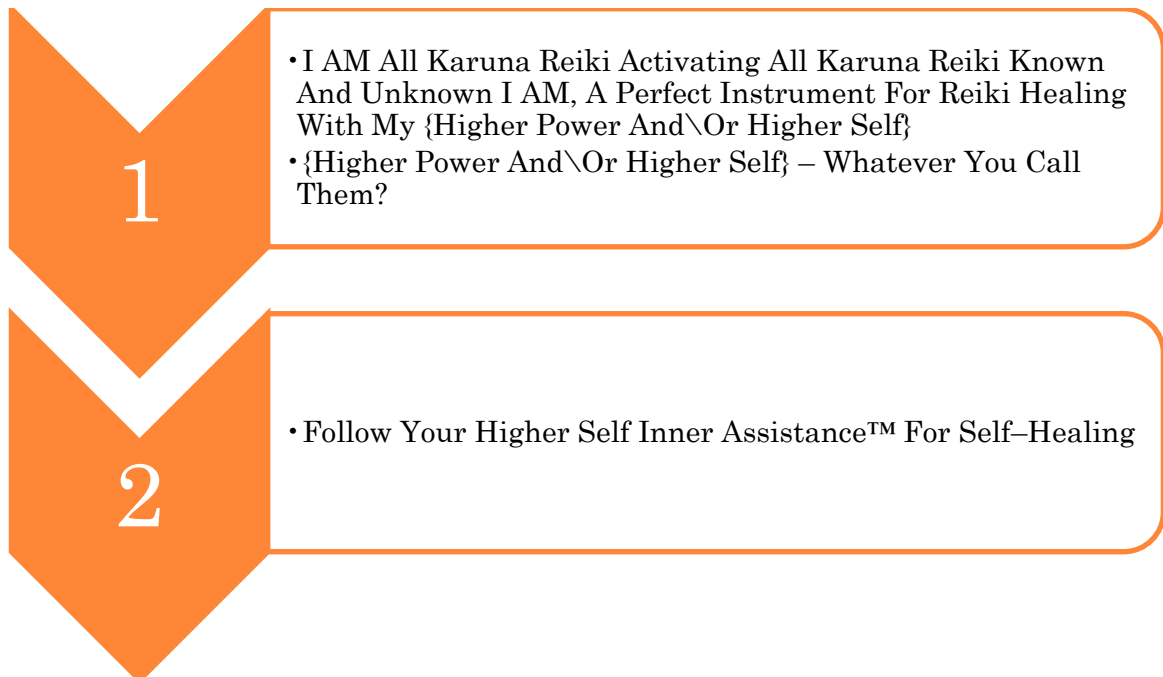
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

KARUNA REI-KI LEVEL—6 HEALING TECHNIQUES

- ♥ Option: First Quickly learn this MANUAL with Life-Changed™ QuiKnowing™ on page 44
- ♥ Karuna Rei-ki LEVEL—6 Self-Healing Techniques
- ♥ Karuna Rei-ki LEVEL—6 In-Person
- ♥ Karuna Rei-ki LEVEL—6 Distant Healing.
- ♥ Karuna Rei-ki LEVEL—6 People, Animals,Beings,Entities
- ♥ Karuna Rei-ki LEVEL—6 Places, Things
- ♥ Karuna Rei-ki LEVEL—6 Individuals
- ♥ Karuna Rei-ki LEVEL—6Groups

LIFE-CHANGED KARUNA REI-KI REIKI—SELF-HEALING TECHNIQUE

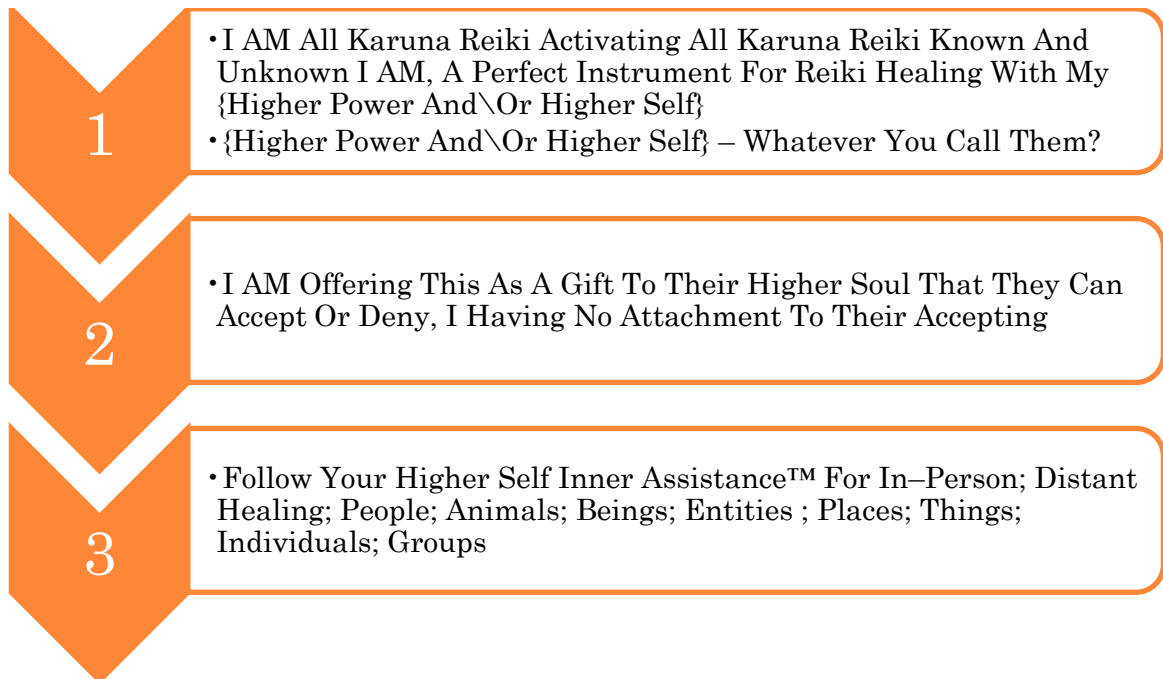
- ♥ Karuna Rei-ki In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups
- ♥ Read and Create KARUNA REI-KI Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols on page 27
- ♥ Declare With kindness, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 & 2



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

LIFE-CHANGED KARUNA REI-KI REIKI— IN-PERSON; DISTANT HEALING; PEOPLE; ANIMALS; BEINGS; ENTITIES ; PLACES; THINGS; INDIVIDUALS; GROUPS

- ♥ In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups
- ♥ Read and Create Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols on page 27
- ♥ Declare With Compassion, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 & 2



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

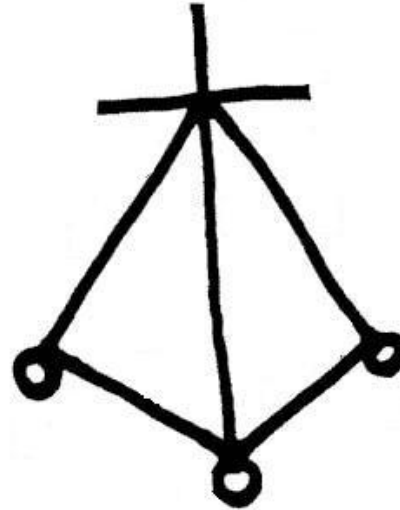
HARTH- KARUNA REI-KI LEVEL—VI SYMBOL

HARTH

PRONOUNCED HARTH

ALIAS: KARUNA REI-KI MAIN SYMBOL, COMPASSION SYMBOL

- ♥ It Is The Main Symbol Of Karuna Reike. It Is A Symbol Of The Heart
- ♥ Frequencies From The Source, Higher Power Infinite Compassion Love, Truth, Beauty, Harmony And Balance. It Represents The Love And
- ♥ Heart, Relationships Healing
- ♥ Create (Karuna) Compassion, Love Of Life-Daily Life, Simple Life
- ♥ Addictions
- ♥ Of The Source. Harth Is A Symbol For The Heart From Which Healing And Love Flow. It Is Used To Heal The Heart And
- ♥ Issues Of The Heart, And Helps One Develop Karuna (Compassion). It Is Useful And Helpful In Healing Relationships. Harth
- ♥ Restores Our Love Of Life And For The Things We Do. Harth Is Good To Use For Addictions Of All Kinds.



**Heart
Highest Level Of
WholeBe-ing Compassion
Healing
Love
Heart Healing**

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

USUI DAI-KO-MIO MASTER-TEACHER SYMBOL – KARUNA REI-KI LEVEL—VI
SYMBOL

♥ PLEASE GO TO DAI-KO-MIO ON PAGE 81

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

DUMO - KARUNA REI-KI LEVEL—VI SYMBOL

DUMO

PRONOUNCED DO MOE

**ALIAS: TIBETAN DAI-KO-MIO MASTER
TEACHER SYMBOL**

- ♥ Ignites Your Sacred Kundalini The Flame Fire From Your Base Chakra.
- ♥ Represents The Human Churning Flaming Kundalini Energies
- ♥ Dumo Or Dumo Fire Is The Energetic Creation Heat That Climbs Your Spine During Kundalini Awakening.
- ♥ Dumo Creates An Energetic Union Of Physcalbe-Ing, Mentalbe-Ing, Subsuperconsciousbe-Ing
- ♥ Physcalbe-Ing , Body Heat Is The Lowest Range Of This Symbols Vibration,
- ♥ Heals\Clears\Removes\Transmutes\Transforms Negative\ Energies\Dis-Ease From Person\Place\Thing\Event\Physical\Mental\Emotional\Energetic\Spiritual\Unknown\Soul\{Anything You Intend} From Past\Present\Future.
- ♥ Initates, Enhances Spiritual Expansion.
- ♥ Part Of The Karuna Attunement Process . Imagined In Gold With Violet Breath.
- ♥ Not Associated With The Wiccan Goddess Spiral.



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

FIRE - KARUNA REI-KI LEVEL—VI SYMBOL

FIRE

PRONOUNCED FIRE

ALIAS: FIRE SERPENT

- ♥ Joins \opens all chakras, energy systems by opening\cleaning\clearing\healing your central channel.
- ♥ Intention Clockwise Spiral Intention, Top To Bottom Of Person\Place\Thing\Event: Expands & Grounds Energies
- ♥ Intention Counter Clockwise Spiral Intention, Bottom Of Person\Place\Thing\Event: To Top :Expands Raises Energies
- ♥ Does Not Release energies from Crown Chakra, intensifies energies within Person\Place\Thing\Event
- ♥ Healing\Meditation\Balance\Receptivity
- ♥ Active\Passive Healing
- ♥ Karuna attunement :Intention Clockwise Spiral Intention, Top To Bottom Of Person\Place\Thing\Event



Connects and opens all chakras, central channel for **BALANCED** flow of kundalini energies
BALANCE

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

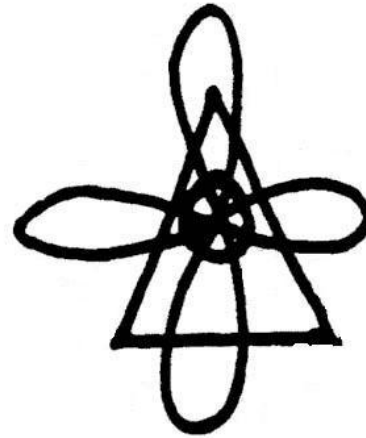
GNOSA - KARUNA REI-KI LEVEL—VI SYMBOL

GNOSA

PRONOUNCED KNOW SA

ALIAS: PLANETARY HEALING AND ENLIGHTENMENT

- ♥ Channeled By Maria Abraham. {Thank You Maria!}
- ♥ "Gnosa" Derived Greek "Gnosis" Meaning Spiritual And Sacred Understanding Obtained From Your Personal Close Connections With Your Higher Self—Higher Power.
- ♥ Higher Power Reveals To All Equally To All Creation
- ♥ Clears All Connections To Higher Self—Higher Power, Higher Dimensional Selves
- ♥ Raises Wholebe—Ing Consciousness Of All Types
- ♥ Initiates I AM Merkaba Raising Heart And EmotionalBe—Ing Consciousness
- ♥ Begins\Creates\Enhances A Personal Oneness With God
- ♥ Begins\Creates\Enhances A Personal Compassion



Connects YOU To All knowledge your Higher-Self-Power Possesses, which is ALL KNOWLEDGE

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

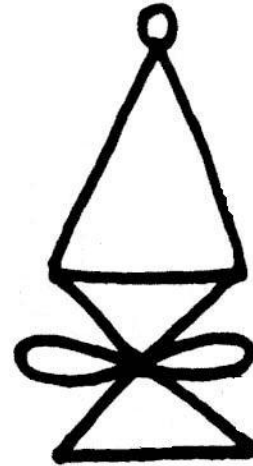
HALU - KARUNA REI-KI LEVEL—VI SYMBOL

HALU

PRONOUNCED HAY LOO

ALIAS: HARMONY, LOVE, TRUTH, AND BEAUTY.

- ♥ Channeled By Kathleen and Marcy and was given by Sai baba
- ♥ Sei Hei Ki Associated
- ♥ Clears All Connections, Channels To Higher Self—Higher Power, Higher Dimensional consciousness
- ♥ Raises Wholebe—Ing Consciousness Of All Types
- ♥ Initiates I AM Merkaba Raising Heart And EmotionalBe—Ing Consciousness
- ♥ Begins\Creates\Enhances A Personal Compassion
- ♥ Deeper energies. levels higher causal karmic healing\clearing. magnification of
- ♥ Transforms unconscious SubSuperConsciousBe—ing negative patterns of truth denial, delusion, illusion, fantasy, false impression.
- ♥ PROTECTION: Energetic, psychic ,psychological attacks. Send resulting energies after you intend this symbol as love to who—whatever is attacking you. . Ghandi Jesus – "loving your enemies" and "praying for those that persecute you".



CLEARING FIGMENT OF THE
IMAGINATION REJECTION
PROTECTION
DEFENSE
CONNECT, CLEAR FOR HIGHER
CONSCIOUSNESS

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

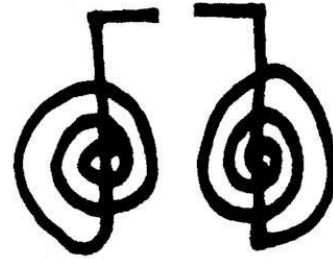
KRIYA - KARUNA REI-KI LEVEL—VI SYMBOL

Kriya

PRONOUNCED KREE YAH

**ALIAS: PERFECT BALANCE FOR
CREATION, MIRROR CHO-KU-REI.**

- ♥ Create Perfect Balance For
Person\Place\Thing\Event In
Past\Present\Future To Manifest A Better
NOW And Future.
- ♥ Create Ideal Energetic Balance By Create-Ing,
Removing, Changing Energies.
- ♥ The Law Of Kriya – Belief, Thought, Creation,
Action And Manifestation.
- ♥ Create Perfect Balance For Manifestation,
Create-Ing, Wholebe-Ing Create-Ing, Raising
Awareness
- ♥ Activate Both At The Same Time
- ♥ Global Human Planetary Healing
- ♥ Attunement\Healing With Affirmations; Life-
Changed Declare-Actions: Activating With The
Person\Place\Thing\Event In
Past\Present\Future
 - Example Affirmation –"You Are In
Perfect Balance And Oneness With All
That Is"
 - Example Life-Changed Declare-Action
–"I AM Life-Changed, Create-Ing
Perfect Balance And Oneness Within
For Now And The Future For The
Planet, With My Wholebe-Ing™
Higher-Power,Thank You"



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

OM, AUM – KARUNA REI-KI LEVEL—VI SYMBOL

OM, AUM

PRONOUNCED AHH UUU MMM

**ALIAS: PERFECT 4 ELEMENT BALANCE
FOR CLARITY.**

- ♥ Sanskrit Symbol Represents Our Universe Functioning As A Whole One
- ♥ **A**– A Father/Mother Beckoning Creation, U =
- ♥ **U**– Son/Daughter The Evolution Of Individual Souls; Om Cleans, Stabilizes And Seals The Aura And All Energy Systems.
- ♥ **M**– Absorbing Of All That Is Created. The Sacred Sound Of The Universe.
- ♥ **OM, AUM**– Brings In Light, Love, Purifies, Protects And Connects With Your Higher Power
- ♥ Healing; Psychic Attunement; Psychically Sound Charges The Air With Prana Which Is Under The Direction Of Thought And Can Be Directed Specifically.
- ♥ A Primal Energy Sound Directing Natural Manifestations.
- ♥ Activates The Three Manifestation Energies Of All Existence: Creation, Preservation And Destruction
- ♥ Attunement–Initiation–Healing: Seal Within All Activated Symbols And\Or Seperate Parts Of An Attunement.\Healing
- ♥ Activates The Crown Opening Your Pathway To Higher–Self–Power And Higher Consciousness.



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

IAVA - KARUNA REI-KI LEVEL—VI SYMBOL

IAVA

PRONOUNCED EE AH VAH

**ALIAS: PERFECT 4 ELEMENT BALANCE
FOR CLARITY.**

- ♥ Four Element Balance
 - "Earth": First Loop
 - "Water": Second Loop
 - "Air": Third Loop
 - "Fire": Fourth Loop
- ♥ Creates Perfect Clarity: Penetrates Illusions From, Domesticated, Conditioned Beliefs Thoughts And Emotions
- ♥ Creates Freedom Of Thought, Emotion, Creation
- ♥ Create Perfect Clarity For
Person\Place\Thing\Event In
Past\Present\Future To Manifest A Better
NOW And Future.
- ♥ Attunement\Healing With Clarity; Life-Changed
Declare-Actions: Activating With The
Person\Place\Thing\Event In
Past\Present\Future
 - Example Affirmation -"You Are In
Perfect Clarity And Oneness With All
That Is"
 - Example Life-Changed Declare-Action
-"I AM Life-Changed, Create-Ing
Clarity Within For Now And The Future
With My Significant Other With My
Wholebe-Ing™ Higher-Power, Thank
You"



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

RAKU – KARUNA REI-KI LEVEL—VI SYMBOL

RAKU

PRONOUNCED RAH KOO

**ALIAS: KARUNA REI-KI ATTUNEMENT
SYMBOL.**

- ♥ Only For **KARUNA REI-KI ATTUNEMENTS, Never Individual Healing**
- ♥ For Atunee Removes Negative Karma, Initiates Atunee To Higher Levels Of Consciousness And Energies
- ♥ Activates Grounds **KARUNA REI-KI** Energies In Atunee Hara Line
- ♥ Activates **Karuna Rei-ki** Energies In Atunee Ki Channels, Energy Systems.
- ♥ **ATTUNEMENTS:** Used At The End Of **KARUNA REI-KI** Attunements To Separate The Auras Of The Master And The Atunee
- ♥ Raku Is An Initiatory–Ceremonial Symbol.



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

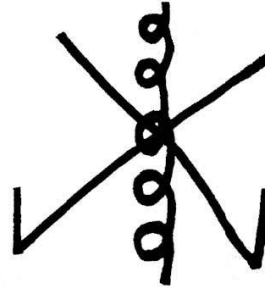
RAMA - KARUNA REI-KI LEVEL—VI SYMBOL

RAMA

PRONOUNCED RAH MAH, RA MA

ALIAS: ABIDING JOY.

- ♥ For Create-Ing, Manifesting
Person\Place\Thing\Event In
Past\Present\Future
 - Material, Financial, Physical Goals
- ♥ Activates, Connects, Balances Grounds, Clears,
Harmonizes
 - The Six Directions Energies
 - Earth Energies
 - Lower Chakras To Earth Energies And
Upper Chakras
 - Lower Chakras Energies –Struggle,
Healing, Transforming Lower Chakra
Issues Of Survival, Lack, Over
Indulgence Or Lack Of Desire For Sex,
Power
- ♥ Creates Persistence And Willpower.
- ♥ Empowers You With The Energies Of The Six
Directions, Earth



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

SHANTI – KARUNA REI-KI LEVEL—VI SYMBOL

SHANTI**PRONOUNCED SHAWN TEE****ALIAS: DIVINE PEACE.**

- ♥ PAST AND FUTURE TRANSFORMER: heals, transforms, removes, changes your past and future All negatives you create from you past.
- ♥ Soothes, harmonizes all energy systems For Person\Place\Thing\Event In Past\Present\Future
- ♥ WholeBe-ing™ integration
- ♥ "You are filled with Divine
- ♥ Peace".
- ♥ For Create-Ing, Healing, Releasing Making Divine Peace With Person\Place\Thing\Event In Past\Present\Future
- ♥ Empowers You With The Energies Of Divine Peace
- ♥ Attunement\Healing With Clarity; Life-Changed Declare-Actions: Activating With The Person\Place\Thing\Event In Past\Present\Future
 - Example Affirmation –"You Divine Peace"
 - Example Life-Changed Declare-Action –"I AM Life-Changed, Create-Ing Divine Peace Within For Now And The Future With My Wholebe-Ing™ Higher-Power,Thank You"



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

ZONAR – KARUNA REI-KI LEVEL—VI SYMBOL

ZONAR

PRONOUNCED ZOE NAR, ZO NAR

ALIAS: INFINITY ETERNITY.

- ♥ Activate 3 Times
- ♥ It Was Channeled By Marcy Miller And Given By Sai Baba
- ♥ PAST LIVE & KARMA HEALING: Release, Change, Heal, Transform, Recreate Past Lives
- ♥ CHILD ABUSE HEALING
- ♥ Clarifies Issues, Expands Awareness, Softens Us To Our Humanity, Compassion
- ♥ Activates, Strengthens, Enhances, Widens, Increases Scope Of Multi-Dimensional Access
- ♥ Activates, Strengthens, Enhances, Widens, Increases Scope Of Connection To The Divine Source



**TRIPLE
ACTIVATION**

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—VII ADVANCED NON-TRADITIONAL IMARA REI-KI MASTER-TEACHER:

- ♥ Initiate must have previously been attuned to Reiki LEVEL—I & LEVEL—II & LEVEL—III before receiving this attunement.
- ♥ There is one self-attunement at this level.
- ♥ This level adds a whole scope of new Reiki energies.
- ♥ The Imara Rei-ki Master-Teacher Level complements All other reiki
- ♥ There are symbols to activate for these powerful energies.
- ♥ As new ones are given, sensed by you just re-self-attune yourself.

Benefits from your Imara Rei-ki Master-Teacher Attunement:

- 1) Establishes a union, relationship with new Imara Rei-ki energies.
- 2) No Imara Rei-ki symbols
- 3) Adept becomes a Imara Rei-ki Advanced Master\ Teacher and can initiate\attune others.
- 4) Greatly expands your healing abilities.
- 5) The vibrational love energy received at this LEVEL—is different, and greater and higher than some other reiki levels degree
- 6) Enables adept to perform Imara Rei-ki in-person and distant healing for anything they want, of course only with permission given.
 - a) People, Animals,Beings,Entities
 - i) Individuals
 - ii) Groups
 - b) Places, Things
- 7) "Imara" meaning "More".
 - a) One Must Already Be An Attuned Reiki Master .
 - b) One Will See When Activating A Whirlwind Tornado Of Energy And\Or The Colors Purple And Green
 - c) Easier To Tap Into The Reiki Energies.
 - d) Does Not Need Or Use Symbols
 - e) Repeating "Laho Chi" Makes The Imara Flow Stronger And Stronger.
 - f) Attunements Can Be Passed Without Symbols.
 - g) Heal Past Life Issues.
 - h) Heal Repressed / Unconscious Issues (Emotional, Mental, Spiritual Trauma).
 - i) Both The Recipient And The Practitioner Can Often Experience Visions Of Spirit Guides/Angels, Or Other Psychic Information Is Perceived.

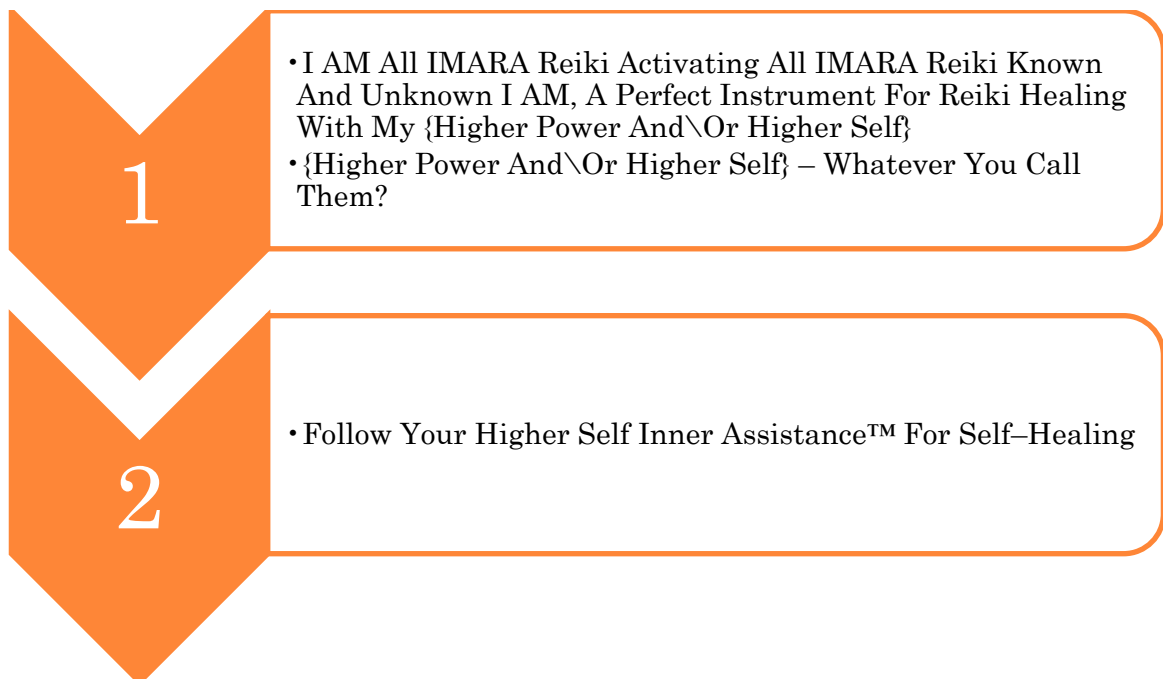
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

IMARA REI-KI LEVEL—7 HEALING TECHNIQUES

- ♥ Option: First Quickly learn this MANUAL with Life-Changed™ QuiKnowing™ on page 44
- ♥ Imara Rei-ki LEVEL—7 Self-Healing Techniques
- ♥ Imara Rei-ki LEVEL—7 In-Person
- ♥ Imara Rei-ki LEVEL—7 Distant Healing.
- ♥ Imara Rei-ki LEVEL—7 People, Animals,Beings,Entities
- ♥ Imara Rei-ki LEVEL—7 Places, Things
- ♥ Imara Rei-ki LEVEL—7 Individuals
- ♥ Imara Rei-ki LEVEL—7Groups

LIFE-CHANGED IMARA REI-KI REIKI—SELF-HEALING TECHNIQUE

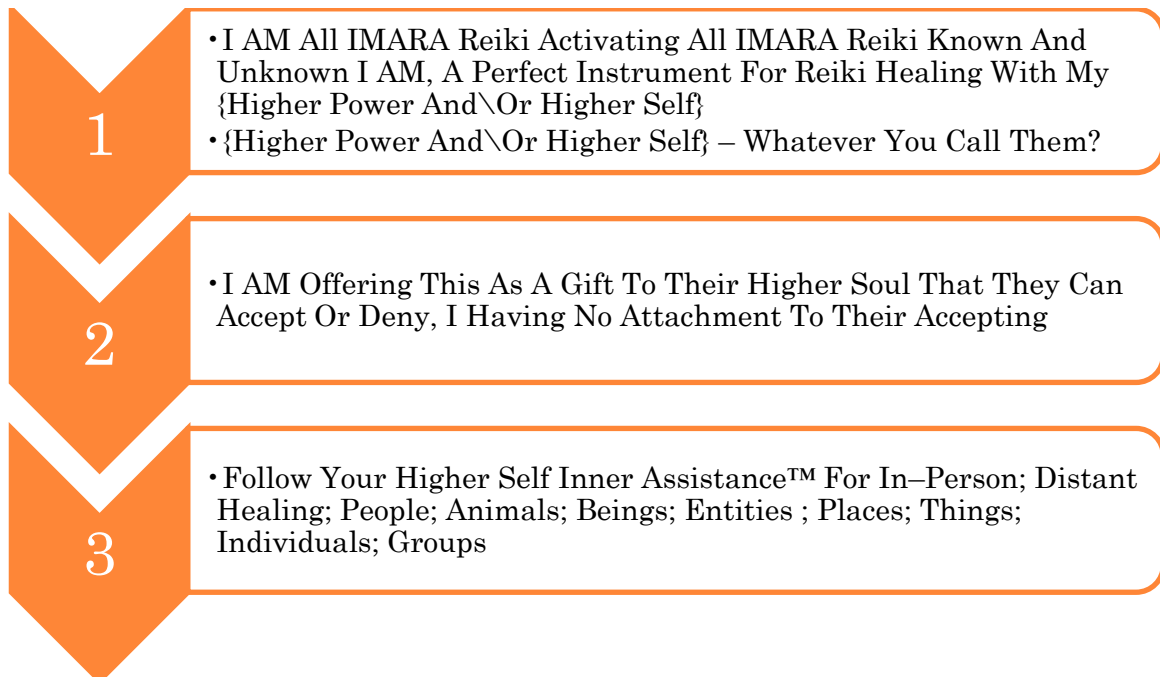
- ♥ Imara Rei-ki In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups
- ♥ Read and Create IMARA REI-KI Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols on page 27
- ♥ Declare With kindness, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 & 2



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

LIFE-CHANGED IMARA REI-KI REIKI— IN-PERSON; DISTANT HEALING; PEOPLE; ANIMALS; BEINGS; ENTITIES ; PLACES; THINGS; INDIVIDUALS; GROUPS

- ♥ In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups
- ♥ Read and Create Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols on page 27
- ♥ Declare With Compassion, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 & 2



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—IIX ADVANCED NON-TRADITIONAL KUNDALINI REI-KI MASTER-TEACHER:

- ♥ Initiate must have previously been attuned to Reiki LEVEL—I & LEVEL—II & LEVEL—III before receiving this attunement.
- ♥ Reiki Type —Level 8 Kundalini Reiki Master-Teacher
 - Level 8 Kundalini Reiki Also Contains These Reiki Types
 - Reiki Type —Balance Reiki
 - Reiki Type —Birth Trauma Reiki
 - Reiki Type —Crystalline Reiki
 - Reiki Type —Higher Power Diamond Reiki
 - Reiki Type —DNA Reiki
 - Reiki Type —Karmic Band Reiki
 - Reiki Type —Past Life Reiki
- ♥ Free Source Public Domain Reiki Information
- ♥ There is one self-attunement at this level.
- ♥ This level adds a whole scope of new Reiki energies.
- ♥ The Kundalini Rei-ki Master-Teacher Level complements All other reiki
- ♥ There are symbols to activate for these powerful energies.
- ♥ As new ones are given, sensed by you just re-self-attune yourself.

Benefits from your Kundalini Rei-ki Master-Teacher Attunement:

- 8) Establishes a union, relationship with new Kundalini Rei-ki energies.
- 9) Kundalini Rei-ki symbols
- 10) Adept becomes a Kundalini Rei-ki Advanced Master\ Teacher and can initiate\attune others.
- 11) Greatly expands your healing abilities.
- 12) The vibrational love energy received at this LEVEL—is different, and greater and higher than some other reiki levels degree
- 13) Enables adept to perform Kundalini Rei-ki in-person and distant healing for anything they want, of course only with permission given.
 - a) People, Animals, Beings, Entities
 - i) Individuals
 - ii) Groups
 - b) Places, Things

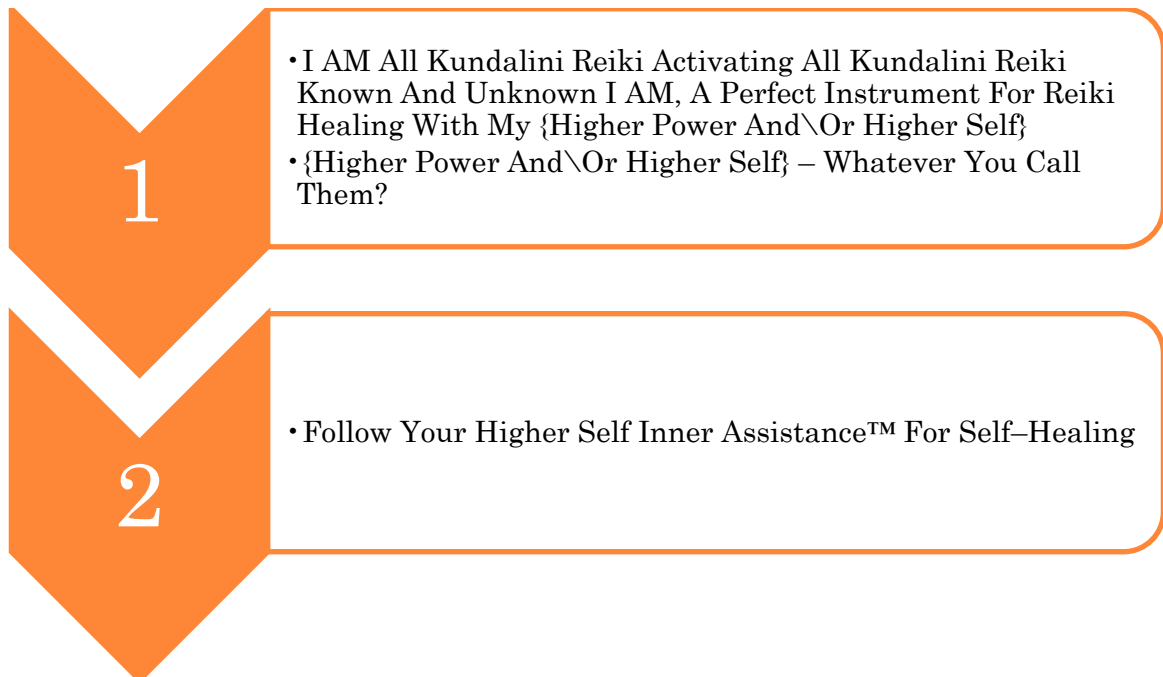
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

KUNDALINI REI-KI LEVEL—8 HEALING TECHNIQUES

- ♥ Option: First Quickly learn this MANUAL with Life-Changed™ QuiKnowing™ on page 44
- ♥ Kundalini Rei-ki LEVEL—8 Self-Healing Techniques
- ♥ Kundalini Rei-ki LEVEL—8 In-Person
- ♥ Kundalini Rei-ki LEVEL—8 Distant Healing.
- ♥ Kundalini Rei-ki LEVEL—8 People, Animals,Beings,Entities
- ♥ Kundalini Rei-ki LEVEL—8 Places, Things
- ♥ Kundalini Rei-ki LEVEL—8 Individuals
- ♥ Kundalini Rei-ki LEVEL—8 Groups

LIFE-CHANGED KUNDALINI REI-KI REIKI—SELF-HEALING TECHNIQUE

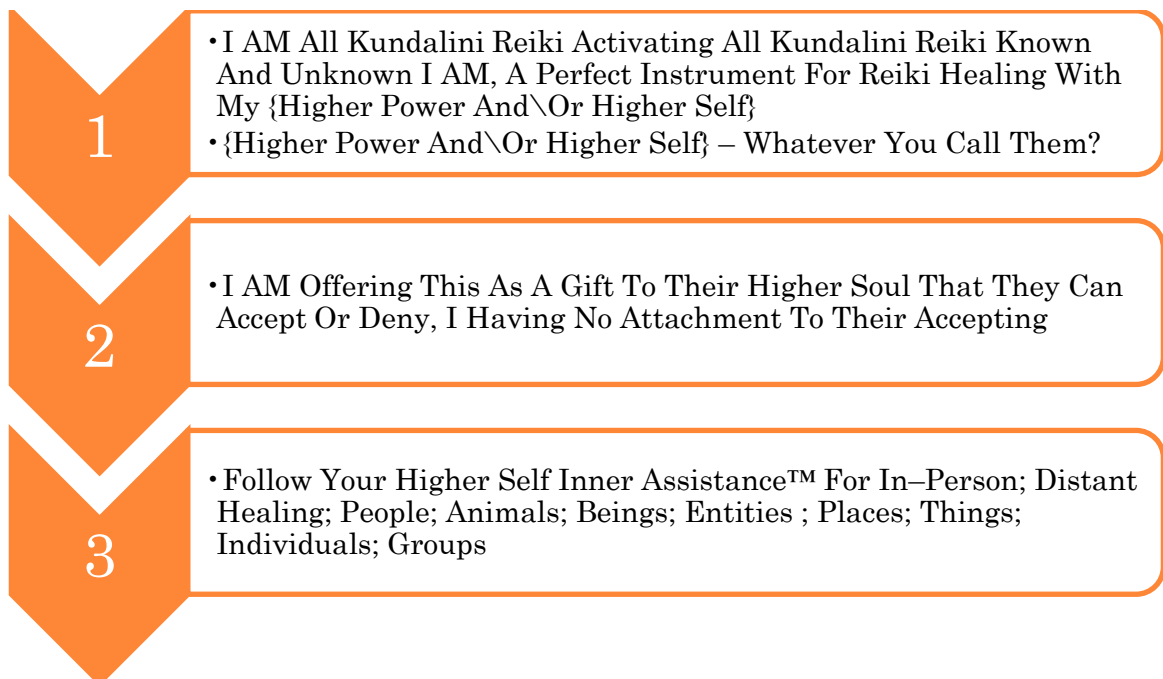
- ♥ Kundalini Rei-ki In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups
- ♥ Read and Create KUNDALINI REI-KI Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols on page 27
- ♥ Declare With kindness, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 & 2



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

LIFE-CHANGED KUNDALINI REI-KI REIKI— IN-PERSON; DISTANT HEALING; PEOPLE; ANIMALS; BEINGS; ENTITIES ; PLACES; THINGS; INDIVIDUALS; GROUPS

- ♥ In-Person; Distant Healing; People; Animals; Beings; Entities ; Places; Things; Individuals; Groups
- ♥ Read and Create Reiki Type activations: Activating Reiki TYPES That HaVe no Symbols on page 27
- ♥ Declare With Compassion, Love And Whatever Else Feels Right Out Loud Or To Yourself 1 & 2



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

LEVEL 8 KUNDALINI REIKI ALSO CONTAINS THESE REIKI TYPES

BALANCE-BIRTH TRAUMA-CRYSTALLINE-HIGHER POWER DIAMOND-DNA-
KARMIC BAND-PAST LIFE

Reiki Type	Reiki Type Description
Reiki Type —Balance Reiki	Balance Wholebe-Ing™. Create Balance Of Any Type, Way Shape Or Form, Person-Place-Thing..
Reiki Type —Birth Trauma Reiki	Heal Wholebe-Ing Of Birth Trauma. Current, Present And Future Lives, Person-Place-Thing..
Reiki Type —Crystalline Reiki	Heal All Crystalline Forms Created In Wholebe-Ing As A Result Of Trauma, Any, All Negative Experiences, Person-Place-Thing..
Reiki Type —Higher Power Diamond Reiki	Person-Place-Thing.Initially Opens An Etheric Diamond Of The Highest Positive White Light As Directed By Your Higher-Self-Power. Afterwards Your Higher-Self-Power Can Create Any Type Of Diamond For You Or Where You Are Activating Reiki. All Reiki Energies Are Enhanced By This Diamond As They Flow In To Where You Are Activating The Reiki.
Reiki Type —DNA Reiki	Heal Your DNA Of Anything That Relates To Your Current Difficulties, And How It Manifest Through Your Wholebe-Ing. Current, Present And Future Lives, Person-Place-Thing..
Reiki Type —Karmic Band Reiki	Heal Wholebe-Ing Of Karmic Bands. Current, Present And Future Lives, Person-Place-Thing..
Reiki Type —Past Life Reiki	Heal Wholebe-Ing Of All Past Lives Stopping You In Any Way This Current Life, Person-Place-Thing..

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI SESSION PROCEDURES

- ♥ The symbols, reiki types are activated to enhance\strengthen
 - ♥ Sessions – each symbol, reiki types has its own properties and can be used in various ways.
 - ♥ The mastery of the symbols, reiki types is easily obtained with practice.
- 1) I first session schedule for time for forms, pre-session talk.
 - a) Answer any questions they have. The goal is to have them feel at ease, let them get to know you.
 - b) Inform them of their session length, what will it be like, what might they feel.
 - c) A typical Reiki session may last between 30–60 minutes.
 - d) All Subjects are treated what is most comfortable for them.
 - i) fully clothed
 - ii) sitting up
 - iii) lying down, depending
 - e) Reiki Safety
 - i) The body only absorbs the healing energy it needs. You cannot receive too much Reiki energy. There actually is no limit to the number of Reiki sessions required or the duration of each one.
 - ii) This is left to the discretion of the Master – based on findings during the initial healing session. Usually a “general” fortnightly healing session will suffice.
 - f) Most subjects will usually experience either a slight pleasant tingling, warmth or coldness in the area being healed – and usually feel very relaxed after 5–10 minutes. The mind slows and all the associated muscles in the body relax. It is not uncommon for the subject to fall asleep.
 - g) There is no manipulation of the skin or muscle tissue during any session.
 - h) During a typical session, Reiki will heal on all levels. Encouraging physical, mental and emotional healing and spiritual growth The energy gets directed to all “major organs & glands”, “body joints” and “chakras ” for a fully body energy workout!
 - 2) Ask the subject for his blessings\permission before the commencement of the Reiki session, as Reiki will not override a person’s free will.
 - 3) Reiki Opening Prayer
 - 4) Set Intent
 - 5) Beginning Symbols (3 times each) – These are suggestions follow your inner guides.
 - a) Dai Ko Mio
 - b) Hon Sha Ze Sho Nen
 - c) Sei He Ki
 - d) Cho Ku Rei symbols over the subject (3 times for each symbol).
 - 6) Place hands on subject
 - a) Reiki Hand Postions
 - b) 3 – 5 minutes each location
 - c) Get

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- 7) Head
- 8) Body(Front)
 - a) Torso
 - b) Arms
 - c) Legs
- 9) Middle Symbols
- 10) Body(Back)
 - a) Torso
 - b) Arms
 - c) Legs
- 11) Ending Symbols
- 12) Reiki Ending Prayer
- 13) Post Session Talk
 - a) Answer any questions they have. The goal is to have them feel at ease, let them get to know you.
 - b) What was it like?
 - c) What did they feel?
 - d) How do they feel emotionally, physically?

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

GIVING A REIKI SESSION

SUMMARY

- ♥ Remember Reiki is not a substitute for any Session from a doctor etc, but Reiki will complement the healing process and you will absorb only the amounts of energy you need at any one point in time.
- ♥ This is an initial framework to go by.
- ♥ With the simple act of placing the hands on oneself or on another person the Reiki energy automatically flows.
- ♥ The Reiki Session is a very simple, non– invasive process.
- ♥ The adept would then channel the Reiki energy through their hands to the subject.
- ♥ Reiki energy flows right to the source of the problem and not just the manifesting symptoms.
- ♥ Reiki energy goes to where ever the subject needs it most and Reiki energy can relieve pain and acute symptoms. Chronic problems may require more extensive Session.
- ♥ The main thing to remember is relax, do not to force where the Reiki energy is going but to simply lay your hands there and let the Reiki energy flow through you to your subject.
- ♥ It is not uncommon for the receiver–subject and\or the Reiki adept to experience slightly different sensations.
- ♥ For example the receiver–subject may experience cold at the position of the adept's hands whilst the adept may feel intense heat.
- ♥ Sometimes the receiver–subject may experience nothing physically and may think that Reiki is not working.
- ♥ Reiki energy often works at a very subtle level and may have profound results, which become apparent in the following days or weeks. The energy will travel to wherever it is needed the most and works at all levels – physical, mental, emotional, spiritual and psychic.
- ♥ Be aware of the sensations of energy you can feel.
- ♥ These sensations can be very subtle but with practice you will find that they are undeniable.
- ♥ Always remember that the adept is just a channel for the Reiki energy.
- ♥ The receiver–subject is drawing the Reiki through the adept.
- ♥ Only the energy required is drawn and because Reiki energy has its own intelligence, the receiver–subject can never “over–dose” (i.e. receive too much energy).

REIKI SESSION INTENT

- ♥ Reiki is amazingly simply to give to anyone.
- ♥ Once a person is attuned to the Reiki energy, all that is then required for the flow is the “intent”.
- ♥ The Reiki adept places his\her hands on themselves or the subject and says the word REIKI with the Intent of performing a Reiki Healing– the symbols are not a necessity.

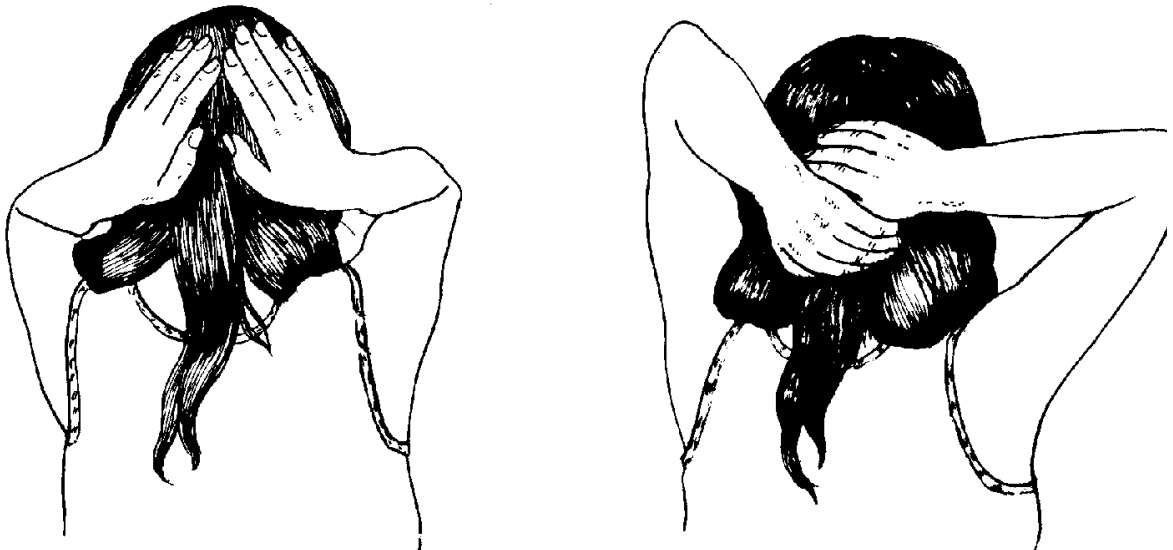
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI HAND POSITIONS

REIKI HAND POSITIONS – FRONT OF HEAD



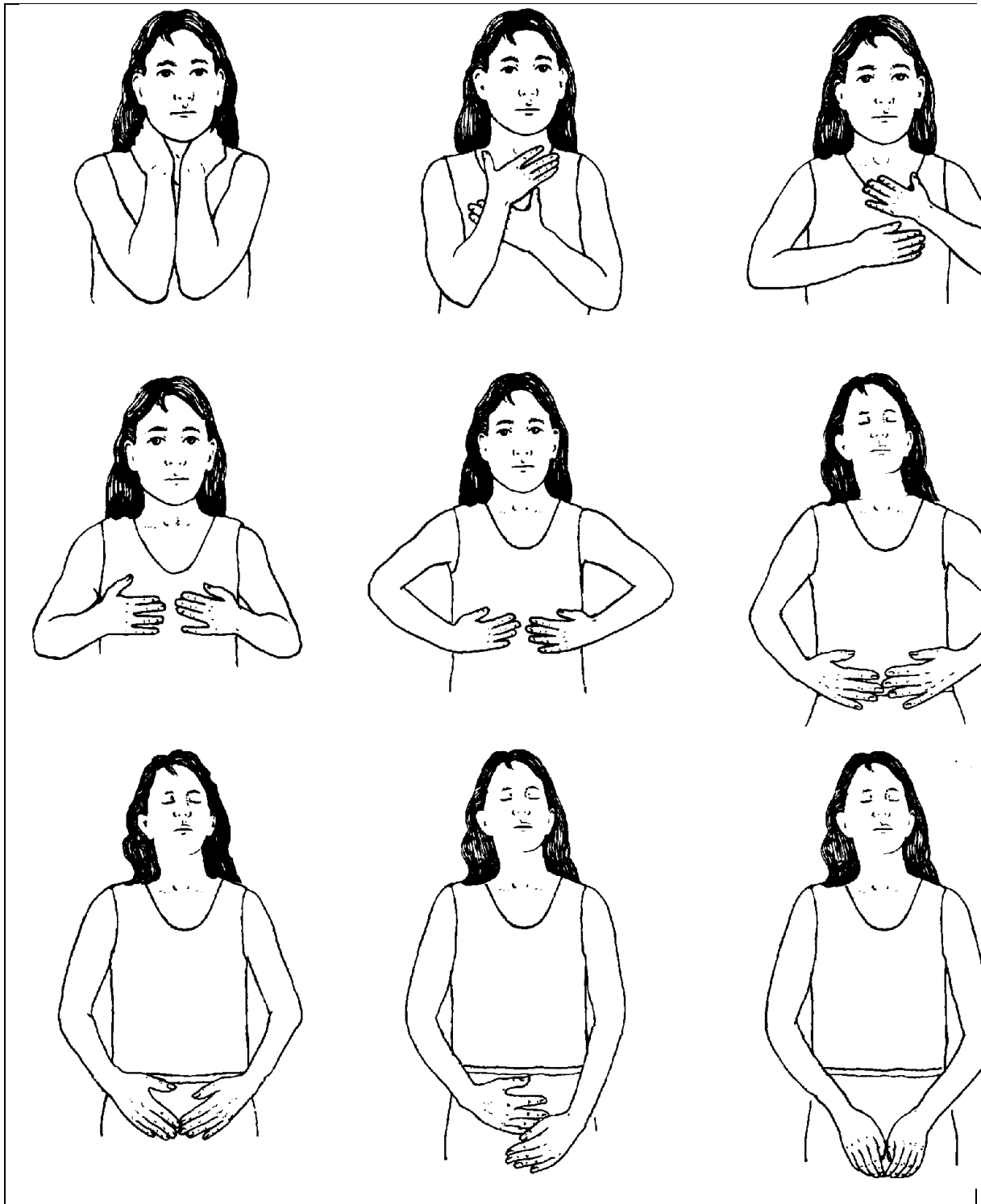
REIKI HAND POSITIONS – BACK OF HEAD



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI HAND POSITIONS – NECK TORSO PELVIS

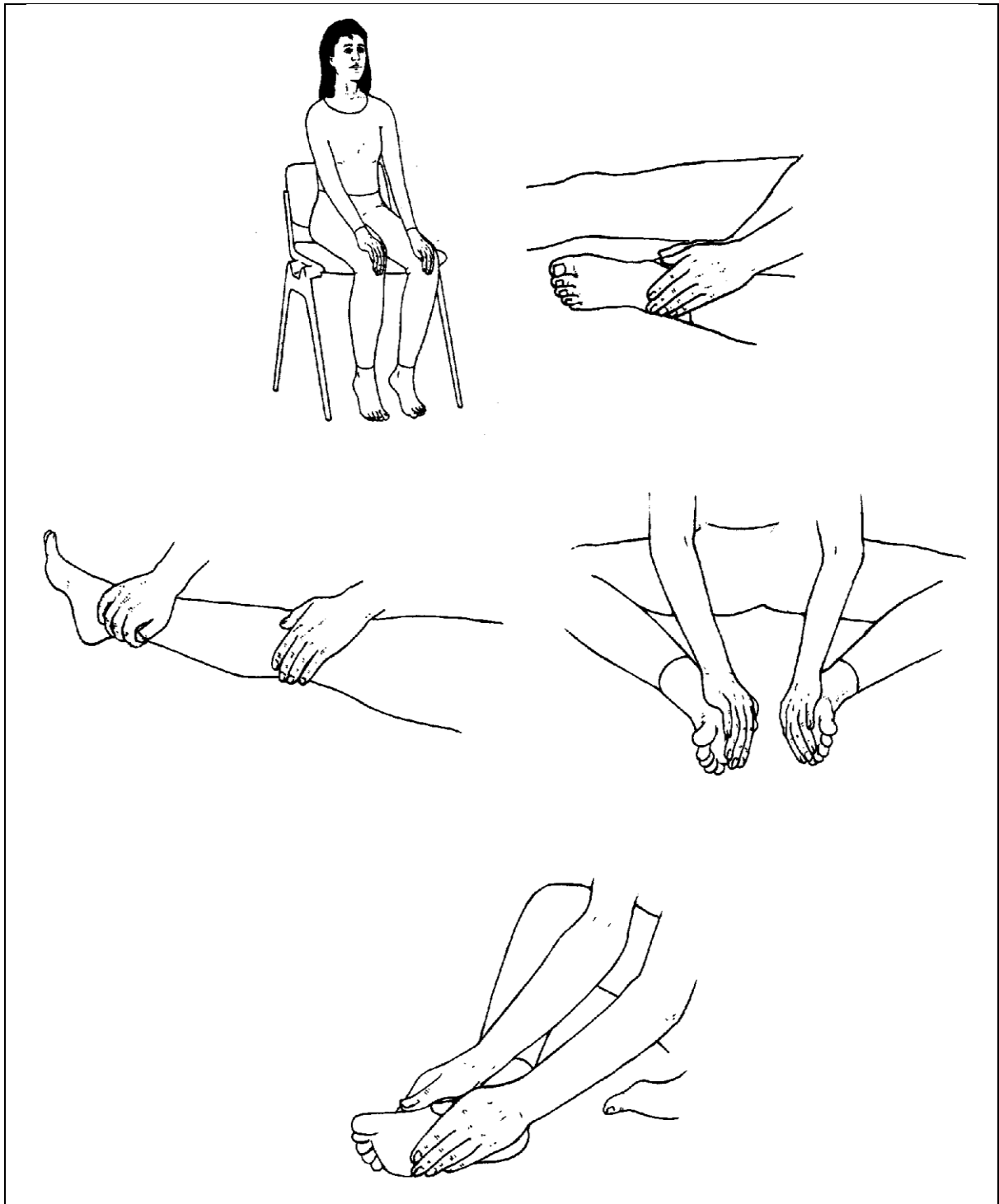
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI HAND POSITIONS – KNEES ANKLES FEET

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

HAND POSITIONS DURING A SESSION

- ♥ The hands are clearly the 'instruments' of healing in Reiki, though the adept can channel the energy without touch.
- ♥ The position in which the hands are placed on the subject is important.
- ♥ However, it may be varied depending on the circumstances.
- ♥ Just placing the hands on the appropriate part of the body is sufficient.
- ♥ Reiki can be effected through clothing, as the energy will flow the clothing. But many people prefer to have no material obstacles to the therapy.

HEAD HAND POSITIONS

- ♥ The hands are placed either side of the nose, with the palms covering the eyes
- ♥ ; the thumbs rest by the bridge of the nose
- ♥ the fingertips cover the cheeks and reach the upper lip.
- ♥ This arrangement covers the sinuses, eyes, Pituitary gland, and teeth.
- ♥ It is useful for dealing with colds, sinusitis, eye complaints, allergies, fatigue and general discontent.
- ♥ Hands over the ears, with the fingertips extending down the jaw-line to the neck, encompassing the ears including the semi-circular canals, responsible for balance.
- ♥ The effect also extends to the pharyngeal area.
- ♥ Diseases and problems of these organs such as colds, trouble with balance, hearing loss, etc. are dealt with in this position.
- ♥ Hands on the back of the head for relieving conditions such as headaches, colds, asthma and circulatory problems Also promotes relaxation.

CHEST; ABDOMEN HAND POSITIONS

- ♥ There are many variations for the chest and abdomen; we will only discuss a few here.
- ♥ The arrangement for the thymus, heart and lungs is as follows:
- ♥ one hand is laid across the thymus and the other at 90 degrees starting just below and between the breasts.
- ♥ The thymus is a bi-lobed gland in the neck.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ It is an important part of the immune system.
- ♥ This arrangement therefore reinforces the immune system and helps the lymphatics, the heart, lungs and counters any general debility.
- ♥ Place the hands on either side of the navel and slightly to one side. The stomach and digestive organs are the focus of attention here and the conditions/symptoms addressed are the digestion and the metabolism. Specifically, this Session will combat nausea, heartburn, gastrointestinal diseases and indigestion. Because the presence of such conditions often results in tension and worry, the relief of symptoms will similarly help relieve anxiety and depression.
- ♥ Hands are placed in a position similar to that used to focus on the stomach and digestive organs but further away from the body midline.
- ♥ Approach the body from the right side of the subject.
- ♥ Place your left hand around the base of the ribcage.
- ♥ In this position, we are dealing with the gall bladder and liver.
- ♥ This position is for diseases and conditions of these important organs and associated problems of a metabolic nature.
- ♥ The liver is a vital organ in the process of removing toxins from the body.
- ♥ Hence this arrangement is very important for healing those ailments.
- ♥ Hands are placed on the left side of the body to encompass the area of the bowels, spleen and some of the pancreas.
- ♥ Here, diseases of these organs such as indigestion and healthy blood are all dealt with.
- ♥ The hands are placed where the pelvic bones are covered and meet over the pubic area.
- ♥ This involves focusing on the appendix, intestines and urinogenital organs
- ♥ This is used for the healing of a number of ailments associated with the appendix, intestines and urinogenital organs.
- ♥ It is also useful for the Session of allergies, general debility, problems of a sexual nature and related to weight.
- ♥ It is believed to reinforce the immune system.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

BACK HAND POSITIONS

- ♥ Here again, there are a number of positions that are used.
- ♥ In one such position, the hands are placed across the shoulder blades at mid to upper point, to influence the intestines, lung, heart and various muscles in the neck and shoulder region.
- ♥ This will help lung and heart diseases, muscular tension, headaches and related conditions.

- ♥ If the hands are placed lower down the back, around the midriff (on the lower ribs) this position will accommodate the kidneys and adrenal glands.

- ♥ (The adrenal glands are situated one each on the upper surface of each kidney and are important because they manufacture hormones that control a variety of body functions.)

REIKI ADEPT SESSION PREPARATION

- 19) Remove jewelry
- 20) From adept and subject.
- 21) Jewelry contains items such as stones (semi-precious or precious)
- 22) metal rings or chains,
- 23) leather thongs
- 24) A variety of objects, see what feels right or wrong
- 25) Many of these will attract energies that may interfere with the life energy of Reiki.
- 26) Items such as watches create a closed circuit that reduce the flow of life energy.
- 27) Earrings are especially a problem.
- 28) The pierced ears interfere with the flow of energy.
- 29) The ears are very important in many therapies such as acupuncture that utilize meridians and must be kept unencumbered.
- 30) Wash hands
- 31) There are two reasons for washing hands.
- 32) First, there is the physical effect of cleaning.
- 33) It makes the hands pleasant to feel for the subject of Reiki.
- 34) Hot, sticky hands should be avoided in Reiki as they are not conducive to the state of relaxation being sought.
- 35) The second benefit relates to the aura surrounding the body.
- 36) This aura may be affected by contact with objects, people, etc over the course of the day and washing removes such influences, which could, in sensitive people, have an adverse effect.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

SESSION VARIABLE

- ♥ There is great scope for variation in the number and sequence of positions used for whole-body Session.
- ♥ It will depend greatly upon the practitioner and what is felt to be best for the subject, but no one sequence can be deemed the best one for all.
- ♥ It is important to be certain that your subject/partner is not suffering from any illness or condition that might require the attention of another health professional.
- ♥ Reiki has its particular uses but it is unwise to try to address problems that clearly fall beyond its scope.
- ♥ The subject can easily ask advice from their doctor, or other professional, as to whether they should undergo Reiki therapy.

- ♥ The extent of each session of Reiki will vary depending upon circumstances and the individual receiving Session.

- ♥ Certain positions may be better left out of the sequence or therapy may be focused on a particular area to help relieve blockages or deal with tension.

- ♥ If the subject is currently on a regime of medication then a shorter session may be appropriate.

- ♥ Similarly, if dealing with a small child or an elderly or infirm person, it is probably wise to limit the therapy to a session of 15 to 20 minutes.

- ♥ In all cases the Reiki practitioner should be sensitive to and aware of the condition, needs and well being of the subject

ADEPTS PREPARE SELF ENERGETICALLY

- ♥ Say Reiki prayers\affirmations
- ♥ It is helpful at this stage to recite a short Reiki prayers\affirmations
- ♥ asking for healing
- ♥ and to concentrate upon and acknowledge your aims, self-perception and those of the person upon whom your hands will be placed.
- ♥ The Reiki prayers\affirmations makes you ready to enter into the Reiki session.

ADEPT INITIAL APPROACH

- ♥ This is a means of gently making contact and starting the therapy

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ Ask the person to lie\sit down.
- ♥ Get beside the person; put your left hand on your sacrum.
- ♥ With your right hand held about 6–9 inches(15–25 cm) above the body and palm facing down, move your hand along the length of the body from the head to the toes.
- ♥ Return the hand to the starting point using a circular motion along the side of the body.
- ♥ Repeat as needed.

ADEPT FINAL APPROACH

- ♥ This is a means of gently ending contact and starting the therapy. When each Reiki therapy session is complete the may be energized via the root chakra. The hand is held vertically above the body and then quickly moved from the pelvis to the head.
- ♥ Get beside the person; put your right hand on your sacrum.
- ♥ With your left hand held about 6–9 inches(15–25 cm) above the body and palm facing down, move your hand along the length of the body from the head to the toes.
- ♥ Return the hand to the starting point using a circular motion along the side of the body.
- ♥ Repeat as needed.

REIKI LEVEL—I REIJI-HO – THE REIKI PRAYER HEALING TECHNIQUE

Purpose: Reiji–Ho “can” be used as a pre–cursor to a healing session

Reiji means "indication of the Reiki power" and Ho means "method" Reiji–Ho consists of three short rituals that are carried out before each Session:

- 1) Stand or sit in a comfortable position, close your eyes and fold your arms in front of your chest (like praying position) and ask the Reiki energy to flow through you freely.
- 2) Ask (pray) for the well being and healing of your subject, in every aspect of their life.
- 3) Bring you're folded hands up to the third eye and ask Reiki to guide your hands to wherever they are needed.
- 4) Begin your Reiki Session.
- 5) Follow your intuition, guidance.
- 6) You may be immediately guided to a certain area on there body that you probably may not of focused your Intent on, the technique teaches one to follow our instincts.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

NON-TRADITIONAL REIKI SESSION OPENING PRAYER HEALING TECHNIQUE

- 1) Say out loud or Silently to yourself— Create, Intend, Become a divine conduit
 - a) I AM Activating All Reiki Energies, and whatever of the highest light that is needed, Known And Unknown, For this session.
 - b) I AM Creating that this session be non-judgemental, non-manipulative and in divine order, for the highest, good, benefit and well being for all involved
 - c) as a gift for Their higher self that can be accepted or denied.
- 2) Say out loud or Silently to yourself generate, represent, accept yourself as a heavenly means of expression
 - a) For {The Person, Place of Things Name},
 - b) I AM Creating, Intending with the assistance of their
 - c) {Higher Power, Higher Self}
 - d) WholeBe-ing™.Healing, Transformation and return to I AM Wholeness or better
 - e) In All parts Of Their Life, past, present and future
- 3) Cross Your Open Hands Across Your Chest, Heart Level, Right Over Left To Heal As The Angels Heal
- 4) Say out loud or Silently to yourself— Create, Intend, Become a divine conduit
 - a) I AM Activating all of the highest light energies as we create the light Flow Through Your WholeBe-ing
 - i)

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ii) ` Your Life.”
- 5) “Reiki Is penetrating Inside Of Your Holy Temple, eliminating The Pain, Disharmony; And All That is not according to Your Prefect Blueprint of Health; Thus Creating A Perfected State.”
- 6) “Thank You for The Healing That Has Transpired.”
- 7) Put Your Hands Up In A Prayer-Like Position
- 8) Raise Your Hands To Your Crown (Above Your Head)
- 9) Say Out loud or internally:
- 10) “My Hands, My Self As A Healing Vortex, Are To Go Where They Are Needed. ”
- 11) “Thank You Angelic Forces. ”
- 12) “Thank You Cosmic Alignment. ”
- 13) Lord Metatron

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

REIKI SESSION CLOSING PRAYER

- 1) Cross Your Open Hands Across Your Chest, Right Over Left To Heal As The Angels Heal
- 2) Say Out Loud Or Internally
- 3) “Thank You, Gratitude That This Is Complete”
- 4) “That Reiki Has Centered And Designed A Whole (Subjects Name).
- 5) “This Is In Remembrance Of Our Teachers From The Other Side And Angels.
- 6) “We “Upstairs” Align You (Subjects Name) As Well As Each Aspect Of Your Higher And Beyond Selves.”
- 7) “May You Have A Beautiful, (Morning\Afternoon\Evening) As You Are Free From Your Original Pain, DisHarmony And All Is Well.
- 8) “May Reiki Always Reach Inside Of Your Holy Temple”
- 9) “So Be It, Truly”

- 10) Lord Metatron Graces You Presence Within.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

REIKI ENERGY & GROUNDING\CLEARING HEALING TECHNIQUES

- ♥ Some Energy healing modalities require protective meditation and/or preparation before working with their energies with a subject.
- ♥ Some healers from these modalities initially take on the ailments of the subjects and don't give healings until they feel better again.
- ♥ Some energy healing modalities “manually” earth\ground themselves before\after each healing session and in doing so take on the ailments of the Subject
- ♥ When channeling Reiki Energy, the above never occurs as Reiki energy heals the subject and then cleanses the adept each session.
- ♥ The adept has been attuned and connected to The Divine Universal and the energy is always properly earthed\released without participation from you.
- ♥ The Subjects ailments are not deemed a result of Negative energy – rather energy released as a headache, back pain or similar.
- ♥ It's the end result of issues\blockages within their own energy\chakra system (the cause of all ailments – see the appendices for more info).
- ♥ Reiki uses “you” as a facilitator, conduit to transfer healing energies to the Subject. It “knows” how to earth any energy that may be hindering the Subject (this is the essence of Reiki).
- ♥ When you are giving a Reiki healing, you are also receiving healing as the Reiki energy passes through you.
- ♥ However, if you feel the “need” for some type of Earthing\Grounding\Protection then the Appendix lists some techniques that will help.
- ♥ It is entirely up to you what you feel comfortable doing before a session commences.

REIKI & SELF HEALING

- ♥ Even though, whilst healing a subject, you yourself receive Reiki energies, it is also suggested to perform Self-healing on a regular basis – preferably daily.
- ♥ Self-healing will re-balance and centre your mind-body-spirit connection, and more importantly, will free up the energy pathways allowing you to channel a stronger flow of Reiki energy when healing others.
- ♥ It's also important to remember that while Reiki is spiritual in its nature, it's not a religion of any sort.
- ♥ There's nothing you have to believe in to make it work or to use it.
- ♥ It will work regardless of whether you believe in it or not, that's the beauty of Reiki.
- ♥ Remember, you simply cannot do anything wrong with Reiki because it's a completely natural source energy from the divine and can never be used for harm in any way.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI “ADVANCED SESSION” USING HARMONICS HEALING TECHNIQUES

- ♥ The Harmonic’s website URL address is www.immuners.org
- ♥ There is a web site on the Internet that is taking the healing community by storm, by using simply techniques they are claiming to remove many energy blockages from the healer, which are the root cause of diseases.
- ♥ The actual “Harmonic” techniques are quick and easily mastered and can completely complement your Reiki healing session for your subjects.
- ♥ Once you know the basics, you could with the Subjects permission, perform an initial couple of minutes of Harmonics on them, before a Reiki healing.
- ♥ These two healing sessions combined would greatly enhance the overall healing your subject would receive.
- ♥ Front of the Head
- ♥ Back of the Head
- ♥ Neck, Chest and Torso
- ♥ Knees, ankles and feet

REIKI OPENING THE REIKI SPIRITUAL CHAKRAS HEALING TECHNIQUE

- ♥ Purpose: To open up the “spiritual” chakras and to get into an awareness state of Samadhi.
- ♥ This can be a very cleansing technique and is nice to do when you need a surge of energy.
- ♥ Here is the exercise:
 - 1) Do all these steps slowly
 - 2) Place both your hands on your “Crown Chakra” and visualize the
 - 3) Reiki Masters symbol there for a few minutes.
 - 4) Next leave your left hand on the Crown Chakra and place the right
 - 5) hand on to the Brow Chakra\Third Eye and again visualize the
 - 6) Master Symbol there for a few minutes.
 - 7) Finally place your left hand on the Brow chakra\Third Eye and
 - 8) place the right hand on the Throat Chakra and again visualize the
 - 9) Master Symbol there for a few minutes.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

WHAT IS THE CHAKRA SYSTEM?

- ♥ Chakra Is The Sanskrit Meaning For "Wheel" – Chakra's Are Described As Being Shaped Like Multicolored Lotus Petals Or Spoked Wheels Which Whirl At Various Speeds As They Process Energy.
- ♥ They Are Described In Hindu And Buddhist Yogic Literature.
- ♥ Both Systems Describe Them Differently, And Their Descriptions Vary In Western Literature As Well.
- ♥ Different Groups Mention The Spinning Of The Wheels Being Clockwise Or Anti-Clockwise For Each Chakra Depending Upon Whether You Are Male Or Female.
- ♥ Envisage The Associated Chakra As A Spinning Wheel\Ball Of Color Spinning Clockwise (Looking From Any Direction – Otherwise It Really Gets Too Confusing – As Remember Its Always The "INTENT" That Counts Not Too Much The Very Specific Details!).
- ♥ Some Clairvoyants Actually State That Health Disturbances Often Manifest In The Aura, And Thus In The Chakra's, Months And Sometimes Years Before They Appear In The Physical Body

THE CHAKRA SYSTEM ATTRIBUTES...

There are the basic seven major energy Chakra points throughout the body.

- | | Chakra Color | Crystal | Purpose |
|-----------|--------------|----------------------|---|
| 1. Root | RED | Garnet, Ruby | This is located at the base of the spine and is the seat of the Kundalini. It is primarily concerned with self-preservation, one's animal nature, taste, and smell. It is the least complex of all of the chakras |
| 2. Sacral | ORANGE | Coral, Carnelian | This is located near the spine and governs sexuality and reproduction. It influences general health, and particularly governs digestion and the functions of the liver, pancreas, and spleen. |
| 3. Solar | YELLOW | Tiger's Eye, Citrine | This is located just above |

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

Plexus the navel. It is associated with emotions and is the point where astral energy enters the etheric field. This chakra affects the adrenals, pancreas, liver, and stomach. Most mediums work through the solar plexus.

4. Heart GREEN Rose quartz, Jade This is located midway between the shoulder blades, in the middle of the chest. It governs the thymus gland and influences immunity to disease. It is linked to higher consciousness and unconditional love.
5. BLUE Sodalite, Malachite This is located in the center Throat of the throat It governs communication and personal magnetism. It is the chakra that most influences intercommunication.
6. Brow INDIGO Lapis, Amethyst This is located in the center of forehead above the eyes. Sometimes called the third eye because of its influence over psychic sense and spiritual enlightenment. The chakra is associated with pituitary gland, the pineal gland, intelligence, intuition, and psychic powers called siddhis in Hindu yoga.
7. VIOLET Amethyst\Clear This is located at the top of Crown Quartz the head. It is said to reveal the person's conscious evolution. The crown when balanced can bring supreme enlightenment and cosmic consciousness.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

WHAT IS AURA?

- ♥ The aura is the energy field that surrounds all people and objects. Each color represents a different aspect of that person or object (at that specific point in time).
- ♥ The process of actually reading someone's aura can be useful in determining their current emotional state or physical state in regards to potential blockages they may have in one of their aura layers.
- ♥ With Auras we simply have not been shown\taught how to see them but with a little practice many people can successfully see and read them.

There are many ways how this can be done but a simple one I have used is to do the following:

- 1) Place a chair looking at a solid wall with objects in front of it, say this could be a fireplace in your house etc.
- 2) Sit comfortably on a chair with your hands on your legs
- 3) Staying still and relaxing – close your eyes concentrating on your breath. This is simply quieting your mind to move into a state of consciousness known as the “Alpha” state (this is where spiritual work, healings and manifestations work from).
- 4) After a couple of minutes then simply open your eyes and focus on any object in front of you. At this stage you are NOT staring intensely but more of a lazy\relaxed stare – after one or two minutes you may start to see that the object starts to emanate\display color characteristics around its borders, this is the aura.
- 5) This “aura” seeing can usually be done in one sitting don't try and force yourself to see the aura you have to be relaxed. After more repetitions of the above over a few weeks you can master seeing auras and then you may be able to tap into seeing auras in normal states (i.e. The Beta state – normal state of daily activities).

REIKI AND THE CHAKRA\AURA LAYERS

- ♥ This Mastery can really complement your Reiki Healings as you may be able to see the imbalance of your subjects Chakra\aura layers that are potentially the reason why they have visited you in the first place, also after your session you can see whether the Chakra\aura layers have changed.
- ♥ The Aura layers are the current states of the different Chakras, as blockages and negative energy can be stored here which then potentially manifest in the physical body as a disease. So one could say if you had a certain ailment then look at the “nearest” associated Chakra point on the body and this could mean this is out-of-balance.
- ♥ If you do find some in-balance in your subject using the above techniques (once mastered) then simply Channel focused Reiki into that specific area. For emotional type blockages the release can be very fast indeed, again with Reiki it's all about channeling energy to remove blockages and ensure the smooth and unrestricted flow of “Ki Force” throughout the body.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI CHAKRA BALANCING SELF-MEDITATION HEALING TECHNIQUE

Purpose : This meditation's purpose is to open and clear the chakras the Reiki way (another Chakra balancing technique is mentioned further on). It will align higher frequency energies and also purify\release any stored negative energy from your body\aura.

Here is the exercise:

- Sit comfortably on a chair with your hands on your legs (I've found with the palms facing upwards more beneficial)
- Whilst sitting close your eyes and concentrate on your breath, nice deep slow breathing
- Put your attention on the base Root chakra – visualize the chakra as a bright RED ball spinning clockwise – as you focus on the base chakra – breathe in red – breathe out red. Repeat for 2 – 3 minutes NOTE: Ensure you see the red ball's energy is spinning at the Root chakra and also flowing down through your legs into Mother Earth like a tree spouting its roots and connecting with the centre of the earth (This is grounding you.)
- Put your attention on the next Sacral chakra – visualize the chakra as a bright ORANGE ball spinning clockwise – as you focus on the Sacral chakra – breathe in orange – breathe out orange. Repeat for 2 – 3 minutes
- Put your attention on the next Solar Plexus chakra – visualize the chakra as a bright YELLOW ball spinning clockwise – as you focus on the Sacral chakra – breathe in yellow – breathe out yellow. Repeat for 2 – 3 minutes
- Put your attention on the next Heart chakra – visualize the chakra as a bright GREEN ball spinning clockwise – as you focus on the sacral chakra – breathe in green – breathe out green. Repeat for 2 –
- Put your attention on the next Throat chakra – visualize the chakra as a bright BLUE ball spinning clockwise – as you focus on the Sacral chakra – breathe in blue – breathe out blue. Repeat for 2 – 3 minutes
NOTE: Ensure you see the blue ball's energy is spinning at the Throat chakra and also flowing down through your each of your arms and out through your hands meeting five feet in front connecting both blue energies together; flowing. Remember “what you ask for you will get” well this is turning what you say more easily into physical manifestation
- Put your attention on the next Brow chakra – visualize the chakra as a bright INDIGO ball spinning clockwise – as you focus on the Brow chakra – breathe in indigo – breathe out indigo. Repeat for 2

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

– NOTE: Ensure you see the Indigo ball's energy is spinning at the Brow chakra and also envisage yourself sitting in a chair in a Indigo room in your mind's eye, looking out of a Window to the stars (i.e. Looking out of your Third eye)

- Put your attention on the next Crown chakra – visualize the chakra as a bright VIOLET ball spinning clockwise – as you focus on the Crown chakra – breathe in violet – breathe out violet. Repeat for 2

– NOTE: Ensure you see the violet ball's energy is spinning at the Crown chakra and also envisage the opening of a Violet lotus flower on the top of your Crown – make this as large and as magnificent as you can.

- Finally See White light flowing down from the Heavens through your Crown chakra all the way through all the other chakras and finally into Mother earth. You should envisage your self as a glowing white being with all the Chakras within that spinning brightly (for their chosen color). Hold this for about for 2 – 3 minutes

You should feel exhilarated!

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

APPENDIX A: NON-TRADITIONAL REIKI INITIATION MASTER-TEACHER ATTUNEMENTS

SUGGESTED REIKI INITIATION MASTER-TEACHER ATTUNEMENTS LONG DISTANCE INTENTIONS

FREE Non Traditional Reiki Attunements Levels 1 to 4 Master Teacher
FREE Detailed Reiki Manual And Frame-able Certificates Upon Your Attending
Awaken Yourself To Energies For The Good Of All!

+++++
Please Invite Friends and SHARE OUR EVENT!
+++++

Can anyone learn to do this?
We all have the ability to carry these new frequencies of healing. It's not a gift for a few chosen people! gurus or "holy" (by general consensus) people. It's a gift of this time; the intelligence and wisdom we need to guide us is already in place. These frequencies and abilities are both old and new. They are "old" because they are of the universe. They are "new" because this is the first time that some of them have been on the planet. They are not something that someone's friend at the beach has been "ohming" in for 15 years nor are they some lost technique of an old or ancient people. Some are believed to be frequencies and abilities that we are experiencing to create the earth as a better place for the very first time.

When And Where Are The Attunements Being Offered?

Wherever You Choose And Whatever Time You Choose On The 24 Hour Day YOUR TIME Of Your Attunements. So You Can Have Them At Night After Your Day; Unrushed.

1. They Are Intended And Activated For You And For Whom You Requested During The 24 Hour Day YOUR TIME Of Our Attunement Event. From 12:00 Am To 12:00 Pm YOUR TIME On The Day Of The Event. They Are Offered On A Friday So All Can Easily, Gently Activate Their Energies Over The Weekend; At A Rate Perfect For All.

2. TO BEGIN YOUR ATTUNEMENTS WHEN AND WHERE YOU CHOOSE ALL YOU HAVE TO INTEND IS:

a. FOR YOURSELF: "I AM LIFE-CHANGED™, CREATING ACTIVATING MY NON-TRADITIONAL REIKI MASTER TEACHER ATTUNEMENT INITIATIONS NOW !, THANK YOU!

b. FOR ANOTHER BEING: "I AM CREATING ACTIVATING NON-TRADITIONAL REIKI MASTER TEACHER ATTUNEMENT INITIATIONS NOW FOR WHOM I REQUESTED AS A

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

GIFT THEIR SOUL CAN ACCEPT OR DENY. I HAVE NO ATTACHMENT OVER THEM ACCEPTING. THANK YOU!

3. If You Requested Them For Another Being(Friend, Relative,Children[Of Which You Are The Legal Guardian], Pets, Etc.) They Will Occur The Same Day As Your Attunement, If You Wish At A Time Different Than You.

a. Example: When You Put Your Children To Bed, You Can Activate Their Attunements.

4. Master Teacher Attunement Initiations Activation Suggestions:

a. Activate Them As A Sacred Gift, Ceremony, Celebration, Party, And Vacation For Yourself.

b. If You Choose To Create This With A Group Of Friends, Have An Attunement Gathering, And Attune Each Other Using The Manual.

Since The Non Traditional Reiki Master-Teacher Attunements Are Done As A Gifts To Everyone's Higher Souls, That Can Be Accepted Or Denied, Then No One, No Being Is Having Their Will Imposed Upon. You Having No Attachment To Their Accepting.

Non-Traditional Reiki Master Teacher Attunement Initiation Intention Suggestions:

1. All Are Intended All Of The Attunements According To When They Intend Them For Themselves And The Others They Requested The Attunements During The 24 Hour Day Of The Attunements.

2. All Are Intended All Of The Attunements According To Their Specific Intentions, Higher Self And Higher Power Intentions. Allowing Their Higher Selves,Higher Abilities, Higher Powers Take Care Of The Rest For Their Highest Benefit, Good And Well Be-Ing.

3. If You Like You Can Intend For All Of The Attunements. Intend For Them To Activate Within You Assisted By Your Higher Self, Higher Power In Loving And Gentle Ways Perfect For Your For Your Highest Benefit, Good And Well Be-Ing. Intend Your Higher Selves,Higher Powers To Easily, Tenderly, Completely Gently Integrate Your New Energies In To Your Life-Changed(TM) Totalbe-Ing(TM), Your Whole Self, Whole Being.

4. You Can Re-Attune Yourself With The Manuals And\Or Your Intentions To Recharge Yourself And Accept New Energies For Your And The Planets Benefit As They Are Gifted To Us!

5. If You Intend Them For Someone Else-Another Child, Person, Animal, Being, Have No Attachment To Them Accepting The Attunements. Intend For Them All Of The Attunements. Intend For Them To Activate Within Them Assisted By Their Higher Selve(S), Higher Power(S) In Loving And Gentle Ways Perfect For Them For Their Highest Benefit, Good And Well Be-Ing. Intend Their Higher Selves,Higher Powers To Easily, Tenderly, Completely Gently Integrate Their New Energies In To Their Life-Changed(TM) Totalbe-Ing(TM), Their Whole Selves, Whole Beings.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

6. Intend They Can Re-Attune Themselves Any Time They Want To With The Manuals And\Or Their Intentions To Recharge Themselves And Accept New Energies For Their And The Planets Benefit As They Are Gifted To Us!

Per Member Request(S) Reiki Level 1 Through Level 4 Seichim Master Teacher Attunements For Yourself, Children And Animals

1. Children—You Must Be The Legal Guardians Of The Children. Intend It To Them As A Gift For Their Soul That Then They Can Accept Or Refuse. You Having No Attachment To Their Accepting.

2. Animals—Intend It To Them As A Gift For Their Soul That Then They Can Accept Or Refuse. You Having No Attachment To Their Accepting. Animal Owners Are The Guardians Of The Animal, Animal The Guardians Of The Owners. Animal Owners Are Responsible For Communicating, Intending The Non Traditional Reiki Master-Teacher Attunements To Their Animals.

3. Any Other Being—Intend It To Them As A Gift For Their Soul That Then They Can Accept Or Refuse. You Having No Attachment To Their Accepting.

Free Manual And Certificate Links—They Are For The Same Manual
Life-Changed Reiki Manual
Important: Latest Version Current Version: Friday , January 29, 2010

1. Sent To Everyone After They Rsvp To Attend The Event. Free Manual Link Messages Regularly Sent As A Group Message To Attendees.

2. The Manual Is In Progress And It Has Some Of Typos And Maybe Errors! If You Find One Can You Please Email Me The Section Number, Name, Page Number, What Is Wrong And What It Should Be If You Know? Thanks In Advance!

3. You Intend Your Higher Selves, Higher Powers To Easily Gently Integrate Your New Energies In To Your Life-Changed(TM) Totalbe-Ing(TM), Your Whole Self.

4. Signing Up For The Event Is Giving Your Permission, Only For Yourself For Your Highest Good, Benefit And Well Being! For Only This Attunement.

5. Why?: Because Your Higher Self And Higher Power Will Handle All Of The New Energies You Will Be Accepting If You Intend It, And Energy Aware People Are Needed Now More Than Ever! Energize—Love It Forward!

It's A Sad Fact That Some Believe Others Are Only Valid If They Follow A Path Already Worn Out By Many Feet.

All Do Not Need Permission From Any Organization, Religion, Government, Expert, Human (Past Or Present).

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

All Do Not Have To Gain Specific Man Made Organization, Religion, Government, Expert, 'Qualifications'.

All Can Work With The Other Side Or Healing Energies.
Sometimes The Most Effective Souls Are Those Who Naturally Carve Out A New Path With Purely
Permission & Guidance From Inside, Above & An Egoless Approach...

A Free Manual Is Available Before Your Attunements Download Or Print

For Print:

You can Print a Scribd document clicking the Print link just above the document.

For Download:

You can download a Scribd document clicking the Download link just above the document. You must be logged in to your FREE Scribd account before you can download content from the site; if you're not logged in, you'll be prompted to do so before your download begins.

But You Must Be Signed Up For The Event To Be Sent The Manual Link To Download And\Or Print The Manual. A Group Email Is Sent Out A Week Before The Attunements And The Day Of The Attunements.

Free Non Traditional Reiki Level 1–Level 4 Master–Teacher Attunements

Here Are Your Non Traditional Reiki Master Teacher Attunements Options–Only For Yourself(Please Don't Sign Up Anyone Else Without Their Permission! You Having No Attachment To Their Accepting. If That Can Be Done One Facebook)

Option 1. Free Non Traditional Reiki Level 1 Through Level 4 Seichim Master Teacher Attunements (Or Which Ever Ones You Want)

You Can Use The Energies However You Want For The Highest Good, Benefit, Well–Being Of All Involved. You Having No Attachment To Their Accepting.

Option 2. Free Non Traditional Reiki Level 1 Through Level 4 Seichim Master Teacher Attunements (Or Which Ever Ones You Want) & Reiki Level 4 Seichim Master Teacher Attunements Manual To Be

Of Service To Yourself And Others–>And Energize–Love It Forward! Offering The Attunements To Others.

Option 3. Free Non Traditional Reiki Level 1 Through Level 4 Seichim Master Teacher Attunements (Or Which Ever Ones You Want) & Reiki Level 4 Seichim Master Teacher Attunements Manual To Be

Of Service To Yourself, Loved Ones And Others–>And Energize–Love It Forward! Offering The Non Traditional Reiki Level 1 Through Level 4 Seichim Master Teacher Attunements To Others.

Option 4. Is There Another Option We Can Create Win–Win?!

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

After Your Initiation Is Completed! The International Energy Healing Reiki Master-Teachers

- New Master—Teacher Quick Start Methods Begin Healing Now! 4
- Life-Changed Reiki Quik Start 1—Self-Reiki Healing 4
- Life-Changed Reiki Quik Start 2—Reiki Healing A Subject, Another Being, Person, Area 5
- Life-Changed Reiki Quik Start 3—Reiki Healing More Traditional 6
- What Are Reiki Symbols? 33
- Summary 33
- Symbol Activation: Using The Symbols 33
- Reiki Symbol Activation Methods 34
- General Reiki Symbol Activation Guidelines 34
- Intention Reiki Symbol Activation 34
- Physical Drawing Reiki Symbol Activation – Draw The Symbol In The ••Air. In Front Of You Or On The Subject. 35
- Voice Symbol Reiki Activation 35
- Visualization Reiki Symbol Activation 35
- Spelling Reiki Symbol Activation 35
- Reiki Symbol Activations: During Reiki Session Adept\Subject 36

-
1. Be Reiki Atleast Once A Day With The Manual On Yourself And With Others(People, Animals, Living Spaces, Nature, Work, Any Ideas?).
 2. You Gain Experience By Create-Ing Action, Not Just By Reading A Manual.
 3. Create Reiki Atleast Once A Day With The Manual On Yourself And With Others(People, Animals, Living Spaces, Nature, Work, Any Ideas?).
 4. You Gain Skill By Being Action, Not Just By Reading A Manual.
 5. Live Reiki Atleast Once A Day With The Manual On Yourself And With Others(People, Animals, Living Spaces, Nature, Work, Any Ideas?).
 6. You Gain Practice By Living Action, Not Just By Reading A Manual.
 7. Drink Lots Of Purified Water, Juices Of All Types
 8. Add More Healthy Foods
 9. Actually Do Your Reiki. Have Fun As You Bring More Love-Light Down On The Planet!

–Reiki It Forward! Love-Lite-Laff-Rev. Zar

Update: Per Member Request Adding Animals To Free Reiki Level 1 Through Level 4 Seichim Master Teacher Attunements.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

Why: Per Member Request, As A Healers We Are Here To Serve. Animal Owners Are The Guardians Of The Animal, Animal The Guardians Of The Owners. Teacher Teach The Students, Students Teach The Teachers.

Animal Owners Are Responsible For Communicating, Intending The Non Traditional Reiki Master-Teacher Attunements To Their Animals.

Free Non Traditional Reiki Level 1–Level 4 Master–Teacher Attunements

Why? Because Your Higher Self And Higher Power Will Handle All Of The New Energies You Will Be Accepting If You Intend It, And Energy Aware People Are Needed Now More Than Ever! Signing Up For The Event Is Giving Your Permission, Only For Yourself.

Here Is The Link To Universal LightPlayer(tm) Energy Healing & Playing Community:

<http://www.facebook.com/home.php#/group.php?gid=334689905536>

Dearest Zar,

Know You're Extremely Busy. Please Take This Into Consideration... :)

My Cat, _____ Took Quite An Interest To The Computer When I Opened Your Letter. She Rarely Does This. Only Animal Videos And Noises Bring Up Her Attention. Unless I'm Writing About Other Animals. Lol!

She Understands Commands By English, German, Body Language, As Well As Eye Movements. This Also Helped Me Follow Her To Find The Catnip Lost In The Closet That Was Desperately Wanted. ;)

She Also Understands If I Clear My Head And Show Her Images From My Mind's Eye.

My Former Cat, _____ Did The Latter As Well. After A Very Long Time Of Frantically Thinking Of How To Rescue Him, Showed Him Images Of How To Climb Back Down An Electrical Pole. Within Less Than 5 Min's He Found His Way Back To The House. He Was A Lot More Stubborn Than _____ As Far As Commands Were Concerned But Was A Unifier Of Other Animals That Were Originally Fighting, Avoiding Each Other, Etc. ♥

As You Can See, _____ And I Are Pretty Tight! ;)

I Know This May Seem Bizarre, But Is It Possible To Also Include My Cat, _____ ? Believe My Friend Had Attuned His Cats And Also _____ To Level One (?), Many Years Ago. I've Had Many Illnesses And After The Attunement, Which I Was Initially Unaware Of, She Will Lay Her Paws On The Spots That Need Healing! She Also Did This To My _____ ! (Ouch! But It Felt Much Better!)

Thank You So Very Much!

In Love And Light (With A Bit Of Humor Yet Still Serious),

****Since The Non Traditional Reiki Master–Teacher Attunements Are Done As A Gifts To Everyone's Higher Souls, That Can Be Accepted Or Denied, Then No One, No Being Is Having Their Will Imposed Upon. You Having No Attachment To Their Accepting.****

Per Member Request(S) Reiki Level 1 Through Level 4 Seichim Master–Teacher Attunements For Yourself, Children And Animals

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

—
 —Children—You Must Be The Legal Guardians Of The Children. Intend It To Them As A Gift For Their Soul That Then They Can Accept Or Refuse. You Having No Attachment To Their Accepting.

—Animals—Intend It To Them As A Gift For Their Soul That Then They Can Accept Or Refuse. You Having No Attachment To Their Accepting. Animal Owners Are The Guardians Of The Animal, Animal The Guardians Of The Owners. Animal Owners Are Responsible For Communicating, Intending The Non Traditional Reiki Master–Teacher Attunements To Their Animals.

—Any Other Being—Intend It To Them As A Gift For Their Soul That Then They Can Accept Or Refuse. You Having No Attachment To Their Accepting.

—
 Non–Conventional Reiki Master–Teacher Attunement Initiation Master–Teacher Attunements Intention Suggestions:

All Are Intended All Of The Attunements According To Their Specific Intentions, Higher Self And Higher Power Intentions. Allowing Their Higher Selves, Higher Abilities, Higher Powers Take Care Of The Rest For Their Highest Benefit, Good And Well Be–Ing.

If You Like You Can Intend For All Of The Attunements. Intend For Them To Activate Within You Assisted By Your Higher Self, Higher Power In Loving And Gentle Ways Perfect For Your For Your Highest Benefit, Good And Well Be–Ing. Intend Your Higher Selves, Higher Powers To Easily, Tenderly, Completely Gently Integrate Your New Energies In To Your Life–Changed(Tm) TotalBe–Ing(Tm), Your Whole Self, Whole Being.

You Can Re–Attune Yourself With The Manuals And\Or Your Intentions To Recharge Yourself And Accept New Energies For Your And The Planets Benefit As They Are Gifted To Us!

If You Intend Them For Someone Else—Another Child, Person, Animal, Being, Have No Attachment To Them Accepting The Attunements. Intend For Them All Of The Attunements. Intend For Them To Activate Within Them Assisted By Their Higher Selve(S), Higher Power(S) In Loving And Gentle Ways Perfect For Them For Their Highest Benefit, Good And Well Be–Ing. Intend Their Higher Selves, Higher Powers To Easily, Tenderly, Completely Gently Integrate Their New Energies In To Their Life–Changed(Tm) TotalBe–Ing(Tm), Their Whole Selves, Whole Beings.

Intend They Can Re–Attune Themselves Any Time They Want To With The Manuals And\Or Their Intentions To Recharge Themselves And Accept New Energies For Their And The Planets Benefit As They Are Gifted To Us!

—
 When Are The Attunements Being Offered?

Wherever You Are!

They Are Being Offered At 10:00 PM Central Time While You Sleep Or The End Of Your Day So You Can Gently Adjust To Your New Energies Over The Weekend

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

How To Find The Time Of Your Attunements For Your Country

Step 1. Click On This Link Below For An Easy World Time Conversion Page. All You Will Have To Do Is Select Your Country For Your Time.

http://www.worldtimeserver.com/convert_time_in_US-TX.aspx?y=2010&mo=1&d=29&h=22&mn=0

This Link Will Enable You To Find The Time In Your Area Of The World For Your Initiation Master-Teacher Attunements –Please Let Me Know If This Assists You!–Zar

Step 2. Select The Time For Your Country

You Will See: In Texas, United States When It Is 10:00 PM

Under It You Will See: In (Here Is Where You Will Select Your Country)

You Intend Your Higher Selves, Higher Powers To Easily Gently Integrate Your New Energies In To Your Life-Changed(TM) Totalbe-Ing(TM), Your Whole Self.

Some You Are In Different Time Zones I Know! You Will Still Be Easily Able To Go Through Your Day!

Signing Up For The Event Is Giving Your Permission, Only For Yourself For Your Highest Good, Benefit And Well Being! For Only This Attunement.

Why?

Because Your Higher Self And Higher Power Will Handle All Of The New Energies You Will Be Accepting If You Intend It, And Energy Aware People Are Needed Now More Than Ever!

ENERGIZE-LOVE IT FORWARD!

It's A Sad Fact That Some Believe Others Are Only Valid If They Follow A Path Already Worn Out By Many Feet.

All Do Not Need Permission From Any Organization, Religion, Government, Expert, Human (Past Or Present).

All Do Not Have To Gain Specific Man Made Organization, Religion, Government, Expert, 'Qualifications'.

All Can Work With The Other Side Or Healing Energies.

Sometimes The Most Effective Souls Are Those Who Naturally Carve Out A New Path With Purely Permission & Guidance From Inside, Above & An Egoless Approach...

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

A FREE Manual Is Available Before Your Attunements. But You Must Be Signed Up For The Event To Be Sent The Manual Link To Download And\Or Print The Manual. A Group Email Is Sent Out A Week Before The Attunements And The Day Of The Attunements.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

For The Latest Attendees—How To Start Your Attunements—FREE Manual AND Certificate Links—Intentions

++++
Please Invite Friends and SHARE OUR EVENT!
++++

Can anyone learn to do this?

We all have the ability to carry these new frequencies of healing. It's not a gift for a few chosen people! gurus or "holy" (by general consensus) people. It's a gift of this time; the intelligence and wisdom we need to guide us is already in place. These frequencies and abilities are both old and new. They are "old" because they are of the universe. They are "new" because this is the first time that some of them have been on the planet. They are not something that someone's friend at the beach has been "ohming" in for 15 years nor are they some lost technique of an old or ancient people. Some are believed to be frequencies and abilities that we are experiencing to create the earth as a better place for the very first time.

When And Where Are The Attunements Being Offered?

Wherever You Choose And Whatever Time You Choose On The 24 Hour Day Of Your Attunements. So You Can Have Them At Night After Your Day; Unrushed.

1. They Are Intended And Activated For You And For Whom You Requested During The 24 Hour Day YOUR TIME Of Our Attunement Event. From 12:00 Am To 12:00 Pm YOUR TIME On The Day Of The Event. They Are Offered On A Friday So All Can Easily, Gently Activate Their Energies Over The Weekend; At A Rate Perfect For All.

2. TO BEGIN YOUR ATTUNEMENTS WHEN AND WHERE YOU CHOOSE ALL YOU HAVE TO INTEND IS:

a. FOR YOURSELF: "I AM LIFE-CHANGED™, CREATING ACTIVATING MY NON-TRADITIONAL REIKI MASTER TEACHER ATTUNEMENT INITIATIONS NOW!, THANK YOU!

b. FOR ANOTHER BEING: "I AM CREATING ACTIVATING NON-TRADITIONAL REIKI MASTER TEACHER ATTUNEMENT INITIATIONS NOW FOR WHOM I REQUESTED AS A GIFT THEIR SOUL CAN ACCEPT OR DENY. I HAVE NO ATTACHMENT OVER THEM ACCEPTING. THANK YOU!

3. If You Requested Them For Another Being(Friend, Relative,Children[Of Which You Are The Legal Guardian], Pets, Etc.) They Will Occur The Same Day As Your Attunement, If You Wish At A Time Different Than You.

a. Example: When You Put Your Children To Bed, You Can Activate Their Attunements.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

4. Master Teacher Attunement Initiations Activation Suggestions:

- a. Activate Them As A Sacred Gift, Ceremony, Celebration, Party, And Vacation For Yourself.
- b. If You Choose To Create This With A Group Of Friends, Have An Attunement Gathering, And Attune Each Other Using The Manual.

Since The Non Traditional Reiki Master-Teacher Attunements Are Done As A Gifts To Everyone's Higher Souls, That Can Be Accepted Or Denied, Then No One, No Being Is Having Their Will Imposed Upon. You Having No Attachment To Their Accepting.

For The Latest Attendees- FREE Latest Version 02172010 Reiki Manual Links And Intention Suggestions

If you like please invite your friends to our attunements, especially the one's who don't know anything about energy healing.

We need more people aware of their personal energies now on the planet. The more aware we are of our personal energies, the more leaders. luv-lite-laff-zar.

FREE Manual And Certificates Links Latest Version 04252010

For Download or Print. To Download you must create a login. If you subscribe you can be emailed when new revisions are created. I will never spam anyone!

<http://www.scribd.com/doc/22293050/Life-Changed-Reiki-Manual>

Here Are the links to print or download your FREE Master-Teacher FRAME-ABLE REIKI CERTIFICATES Immediately After Your Master-Teacher Attunements

For Print Or Download. For Download you must create a login account at www.scribd.com.

To View The Documents On Your PC You Need The FREE Adobe Reader Here:

<http://get.adobe.com/reader/>

Click The Link For Each Certificate

1) Life-Changed Reiki Certificate of Attunement Level 1
http://www.scribd.com/full/29973702?access_key=key-8saf4udqgj001tyg0p1

2) Life-Changed Reiki Certificate of Attunement Level 2

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

<http://www.scribd.com/doc/30035377/Life-Changed-Reiki-Certificate-of-Attunement-Level-2-V2>

3) Life-Changed Reiki Certificate of Attunement Level 3
http://www.scribd.com/full/29973690?access_key=key-ufk7mxemh0uppkayewm

4) Life-Changed Reiki Certificate of Attunement Level 4
http://www.scribd.com/full/29973678?access_key=key-1i7lc9k04usmqbapiaw1

5) Life-Changed Reiki Certificate of Attunement Level 5
http://www.scribd.com/full/29973695?access_key=key-2g9pwb3jkabtzru8cb71

Sent To Everyone After They RSVP To Attend The Event. FREE Manual Link Messages Regularly Sent As A Group Message To Attendees.

The Manual is in progress and it has some typos and errors!

If you find typos and errors can you please email me the section number, name, page number, what is wrong and what it should be if you know? Thanks in Advance!

For The Latest Attendees— Your FREE Non-Traditional Reiki Manual Links And Intention Suggestions

If you like please invite your friends to our attunements, especially the one's who don't know anything about energy healing.

We need more people aware of their personal energies now on the planet. The more aware we are of our personal energies, the more leaders. luv-lite-laff-zar.

Congratulations! New Non Traditional Reiki Level 4 Master-Manual Latest Version 02172010

The More Reiki You Create For Yourself And Others, The More Love You Create For Yourself And Others.

Leaders Create, Followers Wait—Reverend Zarchian Life-Changed(tm)
Reiki It Forward!Love-Lite-Laff zar :)

For The Latest Attendees— Your FREE Non-Traditional Reiki Attunement Master-Teacher Initiation Manual Links And Intention Suggestions

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

FREE Non-Traditional Reiki Level 1–Level 4 Master–Teacher Attunements(Or which ever ones you want).

Congratulate yourself on your self created Non-Conventional Reiki Master Teacher Attunement Initiations!

*****Since the Non Traditional Reiki Master–Teacher Attunements are done as a gifts to everyone's higher souls, that can be accepted or denied, then no one, no being is having their will imposed upon. You having no attachment to their accepting.*****

Per Member Request(s)Reiki Level 1 through Level 4 Seichim Master Teacher Attunements for Yourself,Children And Animals

–Children–You must be the legal guardians of the children. Intend it to them as a gift for their soul that then they can accept or refuse. You having no attachment to their accepting.

–Animals–Intend it to them as a gift for their soul that then they can accept or refuse.You having no attachment to their accepting. Animal owners are the guardians of the animal, Animal the guardians of the owners.Animal owners are responsible for communicating, intending the Non Traditional Reiki Master–Teacher Attunements to their animals.

–Any Other Being–Intend it to them as a gift for their soul that then they can accept or refuse.You having no attachment to their accepting.

Non-Conventional Reiki Master Teacher Attunement Initiation Intention Suggestions:

All are intended all of the attunements according to their specific intentions, higher self and higher power intentions. Allowing their higher selves,higher abilities, higher powers take care of the rest for their highest benefit, good and well be-ing.

If you like you can intend for all of the attunements. Intend for them to activate within you assisted by your higher self, higher power in loving and gentle ways perfect for your for your highest benefit, good and well be-ing. Intend your higher selves,higher powers to easily, tenderly, completely gently integrate your new energies in to your Life-Changed(tm) TotalBe-ing(tm), your whole self, whole being. You can re-Attune yourself with the manuals and\or your intentions to recharge yourself and accept new energies for your and the planets benefit as they are gifted to us!

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

If you intend them for someone else—another child, person, animal, being, have no attachment to them accepting the attunements. Intend for them all of the attunements. Intend for them to activate within them assisted by their higher selve(s), higher power(s) in loving and gentle ways perfect for them for their highest benefit, good and well be-ing. Intend their higher selves,higher powers to easily, tenderly, completely gently integrate their new energies in to their Life-Changed(tm) TotalBe-ing(tm), their whole selves, whole beings.

Intend they can re-Attune themselves any time they want to with the manuals and/or their intentions to recharge themselves and accept new energies for their and the planets benefit as they are gifted to us!

. ♥ Reverend Zarchian Life-Changed™

love-lite-laff-zar

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

USUI SHIKI RYOHO REIKI INITIATION MASTER-TEACHER ATTUNEMENTS

- ♥ The Reiki Initiation Master-Teacher Attunements Procedures
 - Enable The Subject To Permanently Open, Connect, Clear And Balance To The Universal Reiki Healing Energies On All Levels:
 - Physical
 - Mental
 - Emotional
 - Energetic
 - Psychic
- ♥ Reiki Has Three Original Levels Of Initiation Master-Teacher Attunements, And One New Level Of Initiation Master-Teacher Attunements With Seichim. The Training And Practice Of Each Level Enhances Individual Growth And Mastery Of Reiki. Initiation Master-Teacher Attunements Are Given By A Reiki Master-Teacher.
- ♥ The Reiki Initiation Master-Teacher Attunements Are Always A Special Spiritual Experience For The Receiver-Subject And Usually Can Cause Similar Feelings For The Reiki Master.

THERE IS CONTROVERSY WITHIN THE REIKI COMMUNITY AS TO THE LENGTH OF TIME BETWEEN REIKI INITIATION MASTER-TEACHER ATTUNEMENTS.

- ♥ Some Reiki Master-Teachers Believe That There Should Be A Significant Period Of Time Between Levels.
 - Reiki I And Reiki II, Twenty-One Days Apart
 - Reiki II And Reiki III A Year Apart
 - Reiki III And Reiki IV A Year Apart
- ♥ Other Reiki Master-Teachers Teachers Allow Students To Take Reiki I – IV In Shorter Time Frames, Such As Over A Weekend Seminar.
 - They Believe That By Connecting A Person Totally To Reiki Allows Them To Grow At Their Own Pace.
 - I Fully Believe This Also. I Initiate Students Within 2 Day Seminars (Or Less), Performing A “Gassho” Meditation(Or Other Techniques As Needed) In-Between Each Level.
- ♥ After The Initiation Master-Teacher Attunements Adepts Feel More Balanced And Sometimes Begin Feeling Warmth Throughout The Body. This Is An Effect Of The Adept’s Energy Systems Aligning With The Reiki Frequencies.
- ♥ After Initiation Master-Teacher Attunements, The More You Use Reiki, The Greater The Flow Will Be When You Connect. A Simple Way To Connect Is To Find A Comfortable Position, Place Your Hands On Your Stomach, Verbally “Activate” (Say Out Loud Or In Your Head) Say The Word “Reiki” A Few Times And Relax.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

- ♥ Within Each Initiation Master–Teacher Attunements Sequence There Will Be A Series Of Reiki Symbols. You Must “Activate” The Reiki Symbols As Directed.
- ♥ The Sequence Activations Together Form The “Secret Keys” That Align The Student With The Reiki Energy At Each Level.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

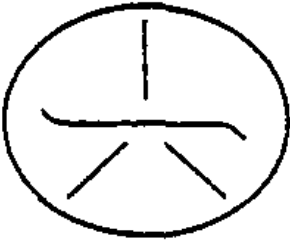

**USUI SHIKI RYOHO REIKI INITIATION MASTER-TEACHER ATTUNEMENTS GENERAL
PROCEDURES**

- ♥ Please, Initially Take Time To Review Each Initiation Master-Teacher Attunements Sequence And Intentions.
- ♥ Create A Soothing, Sacred, Comfortable Environment For You And Attunees.
- ♥ Have The Student Sitting Comfortably With Their Eyes Closed.
- ♥ Prior To Giving An Attunement, Activate What Symbols You Want For Yourself With A Reiki Self Healing.
- ♥ When You Feel Comfortable, Perform The Attunement Sequences As Shown In The Following Pages For Each Level Of Reiki.
- ♥ You Do Not Have To Touch A Person For The Attunements Or For Reiki Healing. Always Ask Permission. Let Attunees Know That They Can Speak And Share Any Time.
- ♥ Each Attunement Is Different Because We All Are Different And Unique. Trust Yourself When Creating Something Different.
- ♥ After All Of The Sequences Are Completed For Each Level The Student Has Been Successfully Attuned To That Level Of Reiki.
- ♥ If You Like Perform Reiki Gassho Meditation With Adept(S) Between Each Initiation Master-Teacher Attunements.



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—I INITIATION MASTER-TEACHER ATTUNEMENTS (SHODEN)



REIKI LEVEL—I INITIATION MASTER-TEACHER ATTUNEMENTS FIRST ATTUNEMENTS

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Intending Standing Behind Attunee Putting Hands On Attunee Shoulders		1) I AM Activating TAM-A-RA-SHA 3 Times
2	I AM Intending Compassion Love Gratitude Acceptance Contentment		2) I AM Activating CHO-KU-REI 3) I AM Activating CHO-KU-REI 3 Times




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
3	I AM Intending Kindness Higher Power Adore Appreciation Recognition Happiness		4) I AM Activating DAI-KO-MIO
4	Compassion Self-Love Positive Reception Acknowledgment Cheerfulness		5) I AM Activating CHO-KU-REI 6) I AM Activating CHO-KU-REI 3 Times

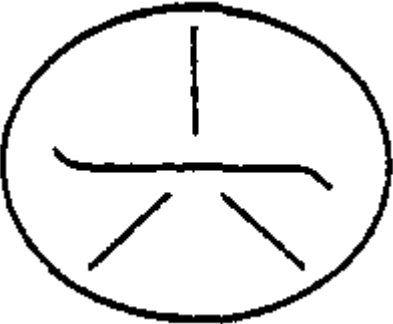

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
5	Compassion Self-Love Positive Reception Acknowledgment Cheerfulness Care Self-Care Pleasure Tribute Optimism		7) I AM Activating HON-SHA-ZE-SHO-NEN
6	Consideration Self-Worship Positive Welcome Acceptance Exuberance Positive Mind Self-Nurture Gratification Mark Of Respect Confidence		8) I AM Activating CHO-KU-REI 9) I AM Activating CHO-KU-REI 3 Times


LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
7	I AM Intending Putting Hands On Attunee Head		10) I AM Intending Sensing Reiki Energies Pouring In 11) I AM Intending Attunee Sensing Reiki Energies Pouring In 12) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”
8	I AM Intending Moving In Front Of Attunee Tenderly Tapping Attunee On Shoulder		13) I AM Intending For Attunee Crown 14) I AM Activating CHO-KU-REI 15) I AM Activating CHO-KU-REI 3 Times
9	Selflessness Self-Sacred Positive Receive Receiving High Spirits Positive Heart Self-Protect Fulfillment Mark Of High Opinion Self-Confidence		16) I AM Intending For Attunee Throat 17) I AM Activating CHO-KU-REI 18) I AM Activating CHO-KU-REI 3 Times
10			19) I AM Intending For Attunee Heart 20) I AM Activating CHO-KU-REI 21) I AM Activating CHO-KU-REI 3 Times

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

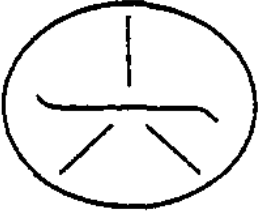

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
11	I AM Intending Putting My Palms Of My Hands On Attunee Palms Of Hands		<p>22) I AM Activating TAM-A-RA-SHA For Each Attunee Palms Of Hands</p> <p>23) I AM Intending For Each Attunee Palms Of Hands</p> <p>24) I AM Intending Sensing Reiki Energies Pouring In</p> <p>25) I AM Intending Attunee Sensing Reiki Energies Pouring In</p> <p>26) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”</p>
12			<p>27) I AM Activating CHO-KU-REI</p> <p>28) I AM Activating CHO-KU-REI 3 Times</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!



Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
13	I AM Intending Blowing Puffs Of Air—Higher Power Reiki Energies Tenderly Toward Attunee		29) I AM Intending Tenderly Blowing Puff Of Air—Higher Power Reiki Energies To Attunee Crown 30) I AM Intending Warmly Blowing Puff Of Air—Higher Power Reiki Energies To Attunee Throat 31) I AM Intending Compassionately Blowing Puff Of Air—Higher Power Reiki Energies To Attunee Heart
14			32) I AM Activating CHO-KU-REI 33) I AM Activating CHO-KU-REI 3 Times
15	I AM Intending This Attunement Is Complete		34) I AM Intending To Attunee This Attunement Is Complete 35) Say Out Loud If You Like “This Attunement Is Complete”

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



REIKI LEVEL—I INITIATION MASTER-TEACHER ATTUNEMENTS SECOND ATTUNEMENT

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Forehead		1) I AM Activating TAM-A-RA-SHA 3 Times
2			2) I AM Activating CHO-KU-REI 3) I AM Activating CHO-KU-REI 3 Times




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
3			<p>4) I AM Activating DAI-KO-MIO</p>
4			<p>5) I AM Activating CHO-KU-REI 6) I AM Activating CHO-KU-REI 3 Times</p>

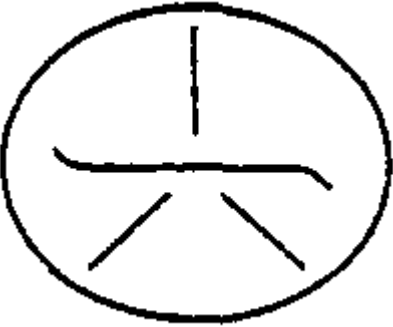


LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
5			<p>7) I AM Activating HON-SHA-ZE-SHO-NEN</p>
6			<p>8) I AM Activating CHO-KU-REI 9) I AM Activating CHO-KU-REI 3 Times</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
7	I AM Intending Tenderly Putting Thumbs At The Base Of Attunees Neck		10) I AM Intending Sensing Reiki Energies Pouring In 11) I AM Intending Attunee Sensing Reiki Energies Pouring In 12) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”
8	I AM Intending Moving In Front Of Attunee Kindheartedly Tapping Attunee On Shoulder		13) I AM Intending For Attunee Crown 14) I AM Activating CHO-KU-REI 15) I AM Activating CHO-KU-REI 3 Times
9			16) I AM Intending For Attunee Throat 17) I AM Activating CHO-KU-REI 18) I AM Activating CHO-KU-REI 3 Times
10			19) I AM Intending For Attunee Heart 20) I AM Activating CHO-KU-REI 21) I AM Activating CHO-KU-REI 3 Times



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
11	I AM Intending Gently Putting My Palms Of My Hands On Attunee Palms Of Hands		<p>22) I AM Activating TAM-A-RA-SHA For Each Attunee Palms Of Hands</p> <p>23) I AM Intending For Each Attunee Palms Of Hands</p> <p>24) I AM Intending Sensing Reiki Energies Pouring In</p> <p>25) I AM Intending Attunee Sensing Reiki Energies Pouring In</p> <p>26) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”</p>
12			<p>27) I AM Intending For Attunee Crown</p> <p>28) I AM Activating CHO-KU-REI</p> <p>29) I AM Activating CHO-KU-REI 3 Times</p>
13			<p>30) I AM Intending For Attunee Throat</p> <p>31) I AM Activating CHO-KU-REI</p> <p>32) I AM Activating CHO-KU-REI 3 Times</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

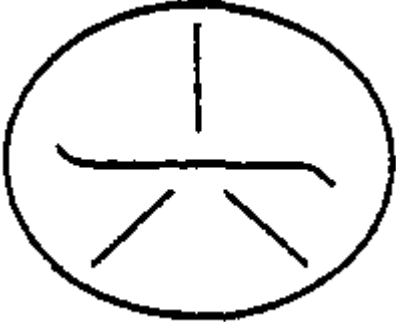

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
14			<p>33) I AM Intending For Attunee Heart</p> <p>34) I AM Activating CHO-KU-REI</p> <p>35) I AM Activating CHO-KU-REI 3 Times</p>
15	I AM Intending Gently Blowing Puffs Of Air-Higher Power Reiki Energies Tenderly Toward Attunee		<p>36) I AM Intending Tenderly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Crown</p> <p>37) I AM Intending Warmly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Throat</p> <p>38) I AM Intending Compassionately Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Heart</p>
16			<p>39) I AM Intending For Attunee Crown</p> <p>40) I AM Activating CHO-KU-REI</p> <p>41) I AM Activating CHO-KU-REI 3 Times</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!



Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
17			<p>42) I AM Intending For Attunee Throat</p> <p>43) I AM Activating CHO-KU-REI</p> <p>44) I AM Activating CHO-KU-REI 3 Times</p>
18			<p>45) I AM Intending For Attunee Heart</p> <p>46) I AM Activating CHO-KU-REI</p> <p>47) I AM Activating CHO-KU-REI 3 Times</p>
19	I AM Intending This Attunement Is Complete		<p>48) I AM Intending To Attunee This Attunement Is Complete</p> <p>49) Say Out Loud If You Like "This Attunement Is Complete"</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



REIKI LEVEL—I INITIATION MASTER-TEACHER ATTUNEMENTS THIRD ATTUNEMENT

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Shoulders		1) I AM Activating TAM-A-RA-SHA 2) I AM Activating TAM-A-RA-SHA 3 Times
2			3) I AM Activating CHO-KU-REI 4) I AM Activating CHO-KU-REI 3 Times




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
3			5) I AM Activating DAI-KO-MIO
4			6) I AM Activating CHO-KU-REI 7) I AM Activating CHO-KU-REI 3 Times

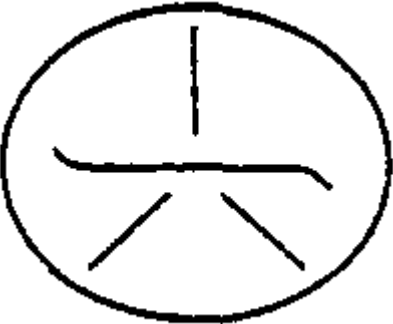


LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
5			<p>8) I AM Activating HON-SHA-ZE-SHO-NEN</p>
6			<p>9) I AM Activating CHO-KU-REI 10) I AM Activating CHO-KU-REI 3 Times</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
7	I AM Intending Tenderly Putting Thumbs At The Base Of Attunees Neck		11) I AM Intending Sensing Reiki Energies Pouring In 12) I AM Intending Attunee Sensing Reiki Energies Pouring In 13) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”
8	I AM Intending Moving In Front Of Attunee Kindheartedly Tapping Attunee On Shoulder		14) I AM Intending For Attunee Crown 15) I AM Activating CHO-KU-REI 16) I AM Activating CHO-KU-REI 3 Times
9			17) I AM Intending For Attunee Throat 18) I AM Activating CHO-KU-REI 19) I AM Activating CHO-KU-REI 3 Times
10			20) I AM Intending For Attunee Heart 21) I AM Activating CHO-KU-REI 22) I AM Activating CHO-KU-REI 3 Times



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
11	I AM Intending Gently Putting My Palms Of My Hands On Attunee Palms Of Hands		23) I AM Activating TAM-A-RA-SHA For Each Attunee Palms Of Hands 24) I AM Intending For Each Attunee Palms Of Hands 25) I AM Intending Sensing Reiki Energies Pouring In 26) I AM Intending Attunee Sensing Reiki Energies Pouring In 27) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”
12			28) I AM Intending For Attunee Crown 29) I AM Activating CHO-KU-REI 30) I AM Activating CHO-KU-REI 3 Times
13			31) I AM Intending For Attunee Throat 32) I AM Activating CHO-KU-REI 33) I AM Activating CHO-KU-REI 3 Times

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

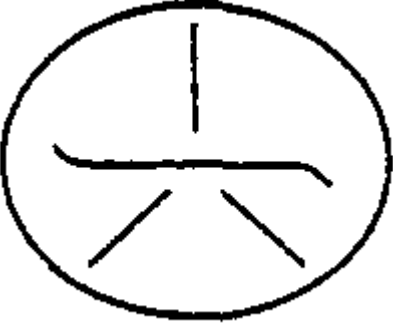

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
14			<p>34) I AM Intending For Attunee Heart</p> <p>35) I AM Activating CHO-KU-REI</p> <p>36) I AM Activating CHO-KU-REI 3 Times</p>
15	I AM Intending Gently Blowing Puffs Of Air-Higher Power Reiki Energies Tenderly Toward Attunee		<p>37) I AM Intending Tenderly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Crown</p> <p>38) I AM Intending Warmly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Throat</p> <p>39) I AM Intending Compassionately Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Heart</p>
16			<p>40) I AM Intending For Attunee Crown</p> <p>41) I AM Activating CHO-KU-REI</p> <p>42) I AM Activating CHO-KU-REI 3 Times</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
17			<p>43) I AM Intending For Attunee Throat 44) I AM Activating CHO-KU-REI 45) I AM Activating CHO-KU-REI 3 Times</p>
18			<p>46) I AM Intending For Attunee Heart 47) I AM Activating CHO-KU-REI 48) I AM Activating CHO-KU-REI 3 Times</p>
19	I AM Intending This Attunement Is Complete		<p>49) I AM Intending To Attunee This Attunement Is Complete 50) Say Out Loud If You Like “This Attunement Is Complete”</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



REIKI LEVEL—I INITIATION MASTER-TEACHER ATTUNEMENTS FOURTH ATTUNEMENTS

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Head		1) I AM Activating TAM-A-RA-SHA 3 Times
2			2) I AM Activating CHO-KU-REI 3) I AM Activating CHO-KU-REI 3 Times




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
3			<p>4) I AM Activating DAI-KO-MIO</p>
4			<p>5) I AM Activating CHO-KU-REI 6) I AM Activating CHO-KU-REI 3 Times</p>




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
5			<p>7) I AM Activating HON-SHA-ZE-SHO-NEN</p>
6			<p>8) I AM Activating CHO-KU-REI 9) I AM Activating CHO-KU-REI 3 Times</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
7	I AM Intending Tenderly Putting Left Hand At The Base Of Attunees Neck, Right Hand At The Attunees Crown		10) I AM Intending Sensing Reiki Energies Pouring In 11) I AM Intending Attunee Sensing Reiki Energies Pouring In 12) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”
8	I AM Intending Moving In Front Of Attunee Compassionately Tapping Attunee On Shoulder		13) I AM Intending For Attunee Crown 14) I AM Activating CHO-KU-REI 15) I AM Activating CHO-KU-REI 3 Times
9			16) I AM Intending For Attunee Throat 17) I AM Activating CHO-KU-REI 18) I AM Activating CHO-KU-REI 3 Times
10			19) I AM Intending For Attunee Heart 20) I AM Activating CHO-KU-REI 21) I AM Activating CHO-KU-REI 3 Times



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
11	I AM Intending Gently Putting My Palms Of My Hands On Attunee Palms Of Hands		<p>22) I AM Activating TAM-A-RA-SHA For Each Attunee Palms Of Hands</p> <p>23) I AM Intending For Each Attunee Palms Of Hands</p> <p>24) I AM Intending Sensing Reiki Energies Pouring In</p> <p>25) I AM Intending Attunee Sensing Reiki Energies Pouring In</p> <p>26) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”</p>
12			<p>27) I AM Intending For Attunee Crown</p> <p>28) I AM Activating CHO-KU-REI</p> <p>29) I AM Activating CHO-KU-REI 3 Times</p>
13			<p>30) I AM Intending For Attunee Throat</p> <p>31) I AM Activating CHO-KU-REI</p> <p>32) I AM Activating CHO-KU-REI 3 Times</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
14			<p>33) I AM Intending For Attunee Heart 34) I AM Activating CHO-KU-REI 35) I AM Activating CHO-KU-REI 3 Times</p>
15	<p>I AM Intending Gently Blowing Puffs Of Air-Higher Power Reiki Energies Tenderly Toward Attunee</p>		<p>36) I AM Intending Tenderly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Crown 37) I AM Intending Warmly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Throat 38) I AM Intending Compassionately Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Heart</p>
16			<p>39) I AM Intending For Attunee Crown 40) I AM Activating CHO-KU-REI 41) I AM Activating CHO-KU-REI 3 Times</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
17			<p>42) I AM Intending For Attunee Throat 43) I AM Activating CHO-KU-REI 44) I AM Activating CHO-KU-REI 3 Times</p>
18			<p>45) I AM Intending For Attunee Heart 46) I AM Activating CHO-KU-REI 47) I AM Activating CHO-KU-REI 3 Times</p>
19	I AM Intending This Attunement Is Complete		<p>48) I AM Intending To Attunee This Attunement Is Complete 49) Say Out Loud If You Like “This Attunement Is Complete”</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—II INITIATION MASTER-TEACHER ATTUNEMENTS (OKUDEN)



- ♥ Initiate must have previously been attuned to Reiki LEVEL—I before receiving this attunement. There is only one attunement at this level.
- ♥ This level adds the mental and emotional realms to their scope.

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Shoulders		1) I AM Activating TAM-A-RA-SHA 3 Times
2			2) I AM Activating CHO-KU-REI 3) I AM Activating CHO-KU-REI 3 Times



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
3			<p>4) I AM Activating DAI-KO-MIO</p>
4			<p>5) I AM Activating CHO-KU-REI 6) I AM Activating CHO-KU-REI 3 Times</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
5			7) I AM Activating HON-SHA-ZE-SHO-NEN
6			8) I AM Activating CHO-KU-REI 9) I AM Activating CHO-KU-REI 3 Times



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
7	I AM Intending Tenderly Putting My Left Hand At Back Of Attunees Neck And My Right Hand On Attunees Crown		10) I AM Intending Sensing Reiki Energies Pouring In 11) I AM Intending Attunee Sensing Reiki Energies Pouring In 12) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”
8	I AM Intending Moving In Front Of Attunee Kindheartedly Tapping Attunee On Shoulder		13) I AM Intending For Attunee Crown 14) I AM Activating CHO-KU-REI 15) I AM Activating CHO-KU-REI 3 Times
9			16) I AM Intending For Attunee Throat 17) I AM Activating CHO-KU-REI 18) I AM Activating CHO-KU-REI 3 Times



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
10			<p>19) I AM Intending For Attunee Heart 20) I AM Activating CHO-KU-REI 21) I AM Activating CHO-KU-REI 3 Times</p>
11	<p>I AM Intending Gently Putting My Palms Of My Hands On Attunee Palms Of Hands</p>		<p>22) I AM Activating CHO-KU-REI For Each Attunee Palms Of Hands 23) I AM Intending For Each Attunee Palms Of Hands 24) I AM Intending Sensing Reiki Energies Pouring In 25) I AM Intending Attunee Sensing Reiki Energies Pouring In</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
11			<p>26) I AM Activating TAM-A-RA-SHA For Each Attunee Palms Of Hands</p> <p>27) I AM Intending For Each Attunee Palms Of Hands</p> <p>28) I AM Intending Sensing Reiki Energies Pouring In</p> <p>29) I AM Intending Attunee Sensing Reiki Energies Pouring In</p>
11			<p>30) I AM Activating CHO-KU-REI For Each Attunee Palms Of Hands</p> <p>31) I AM Intending For Each Attunee Palms Of Hands</p> <p>32) I AM Intending Sensing Reiki Energies Pouring In</p> <p>33) I AM Intending Attunee Sensing Reiki Energies Pouring In</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
11			<p>34) I AM Activating SEI-HE-KI For Each Attunee Palms Of Hands</p> <p>35) I AM Intending For Each Attunee Palms Of Hands</p> <p>36) I AM Intending Sensing Reiki Energies Pouring In</p> <p>37) I AM Intending Attunee Sensing Reiki Energies Pouring In</p>
11			<p>38) I AM Activating CHO-KU-REI For Each Attunee Palms Of Hands</p> <p>39) I AM Intending For Each Attunee Palms Of Hands</p> <p>40) I AM Intending Sensing Reiki Energies Pouring In</p> <p>41) I AM Intending Attunee Sensing Reiki Energies Pouring In</p>


LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
11			<p>42) I AM Activating HON-SHA-SHO-NEN For Each Attunee Palms Of Hands</p> <p>43) I AM Intending For Each Attunee Palms Of Hands</p> <p>44) I AM Intending Sensing Reiki Energies Pouring In</p> <p>45) I AM Intending Attunee Sensing Reiki Energies Pouring In</p>
11			<p>46) I AM Activating CHO-KU-REI For Each Attunee Palms Of Hands</p> <p>47) I AM Intending For Each Attunee Palms Of Hands</p> <p>48) I AM Intending Sensing Reiki Energies Pouring In</p> <p>49) I AM Intending Attunee Sensing Reiki Energies Pouring In</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
12			<p>50) I AM Intending For Attunee Crown</p> <p>51) I AM Activating CHO-KU-REI</p> <p>52) I AM Activating CHO-KU-REI 3 Times</p>
13			<p>53) I AM Intending For Attunee Throat</p> <p>54) I AM Activating CHO-KU-REI</p> <p>55) I AM Activating CHO-KU-REI 3 Times</p>


LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
14			<p>56) I AM Intending For Attunee Heart</p> <p>57) I AM Activating CHO-KU-REI</p> <p>58) I AM Activating CHO-KU-REI 3 Times</p>
15	<p>I AM Intending Gently Blowing Puffs Of Air-Higher Power Reiki Energies Tenderly Toward Attunee</p>		<p>59) I AM Intending Tenderly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Crown</p> <p>60) I AM Intending Warmly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Throat</p> <p>61) I AM Intending Compassionately Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Heart</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

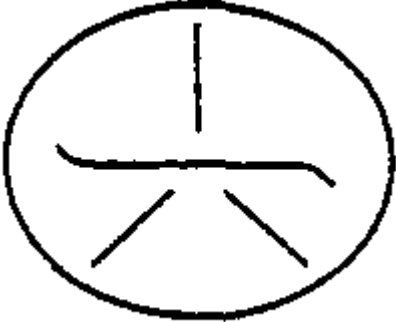

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
16			<p>62) I AM Intending For Attunee Crown</p> <p>63) I AM Activating CHO-KU-REI</p> <p>64) I AM Activating CHO-KU-REI 3 Times</p>
17			<p>65) I AM Intending For Attunee Throat</p> <p>66) I AM Activating CHO-KU-REI</p> <p>67) I AM Activating CHO-KU-REI 3 Times</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
18			<p>68) I AM Intending For Attunee Heart 69) I AM Activating CHO-KU-REI 70) I AM Activating CHO-KU-REI 3 Times</p>
19	I AM Intending This Attunement Is Complete		<p>71) I AM Intending To Attunee This Attunement Is Complete 72) Say Out Loud If You Like “This Attunement Is Complete”</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



REIKI LEVEL—III MASTER – TEACHER INITIATION MASTER–TEACHER ATTUNEMENTS

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Head		1) I AM Activating TAM-A-RA-SHA 3 Times
2			2) I AM Activating CHO-KU-REI 3) I AM Activating CHO-KU-REI 3 Times




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
3			<p>4) I AM Activating DAI-KO-MIO</p>
4			<p>5) I AM Activating CHO-KU-REI 6) I AM Activating CHO-KU-REI 3 Times</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
5			<p>7) I AM Activating HON-SHA-ZE-SHO-NEN</p>
6			<p>8) I AM Activating CHO-KU-REI 9) I AM Activating CHO-KU-REI 3 Times</p>




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
7	I AM Intending Tenderly Putting Left Hand At Back \The Base Of Attunees Neck, Right Hand On The Attunees Crown		10) I AM Intending Sensing Reiki Energies Pouring In 11) I AM Intending Attunee Sensing Reiki Energies Pouring In 12) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”
8	I AM Intending Moving In Front Of Attunee Compassionately Tapping Attunee On Shoulder		13) I AM Intending For Attunee Crown 14) I AM Activating CHO-KU-REI 15) I AM Activating CHO-KU-REI 3 Times
9			16) I AM Intending For Attunee Throat 17) I AM Activating CHO-KU-REI 18) I AM Activating CHO-KU-REI 3 Times
10			19) I AM Intending For Attunee Heart 20) I AM Activating CHO-KU-REI 21) I AM Activating CHO-KU-REI 3 Times



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
11	I AM Intending Gently Putting My Palms Of My Hands On Attunee Palms Of Hands		22) I AM Activating CHO-KU-REI For Each Attunee Palms Of Hands 23) I AM Intending For Each Attunee Palms Of Hands 24) I AM Intending Sensing Reiki Energies Pouring In 25) I AM Intending Attunee Sensing Reiki Energies Pouring In
11			26) I AM Activating DAI-KO-MIO For Each Attunee Palms Of Hands 27) I AM Intending For Each Attunee Palms Of Hands 28) I AM Intending Sensing Reiki Energies Pouring In 29) I AM Intending Attunee Sensing Reiki Energies Pouring In



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
11			<p>30) I AM Activating CHO-KU-REI For Each Attunee Palms Of Hands</p> <p>31) I AM Intending For Each Attunee Palms Of Hands</p> <p>32) I AM Intending Sensing Reiki Energies Pouring In</p> <p>33) I AM Intending Attunee Sensing Reiki Energies Pouring In</p>
12			<p>34) I AM Intending For Attunee Crown</p> <p>35) I AM Activating CHO-KU-REI</p> <p>36) I AM Activating CHO-KU-REI 3 Times</p>
13			<p>37) I AM Intending For Attunee Throat</p> <p>38) I AM Activating CHO-KU-REI</p> <p>39) I AM Activating CHO-KU-REI 3 Times</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
14			<p>40) I AM Intending For Attunee Heart 41) I AM Activating CHO-KU-REI 42) I AM Activating CHO-KU-REI 3 Times</p>
15	<p>I AM Intending Gently Blowing Puffs Of Air-Higher Power Reiki Energies Tenderly Toward Attunee</p>		<p>43) I AM Intending Tenderly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Crown 44) I AM Intending Warmly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Throat 45) I AM Intending Compassionately Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Heart</p>
16			<p>46) I AM Intending For Attunee Crown 47) I AM Activating CHO-KU-REI 48) I AM Activating CHO-KU-REI 3 Times</p>



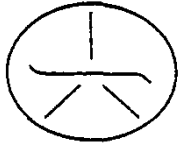
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
17			<p>49) I AM Intending For Attunee Throat</p> <p>50) I AM Activating CHO-KU-REI</p> <p>51) I AM Activating CHO-KU-REI 3 Times</p>
18			<p>52) I AM Intending For Attunee Heart</p> <p>53) I AM Activating CHO-KU-REI</p> <p>54) I AM Activating CHO-KU-REI 3 Times</p>
19	I AM Intending This Attunement Is Complete		<p>55) I AM Intending To Attunee This Attunement Is Complete</p> <p>56) Say Out Loud If You Like "This Attunement Is Complete"</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—IV ADVANCED REIKI—TYPE SEICHIM MASTER—TEACHER INITIATION
MASTER—TEACHER ATTUNEMENTS

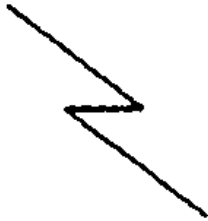

ADVANCED REIKI—TYPE SEICHIM LEVEL—IV ATTUNEMENT 1

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Shoulders		1) I AM Activating SEICHIM—CHO— KU—REI To The Power Of 9
2			2) I AM Activating CHO—KU—REI 3) I AM Activating CHO—KU—REI 3 Times
3			4) I AM Activating TAM—A—RA—SHA



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
4			5) I AM Activating DAI-KO-MIO
5			6) I AM Activating SEICHIM-CHO-KU-REI To The Power Of 9

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
6			<p>7) I AM Activating SEICHIM-LIGHTNING-BOLT</p> <p>8) I AM Requesting Attuness Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee</p>
7			<p>9) I AM Activating SEICHIM-CHO-KU-REI To The Power Of 9</p>


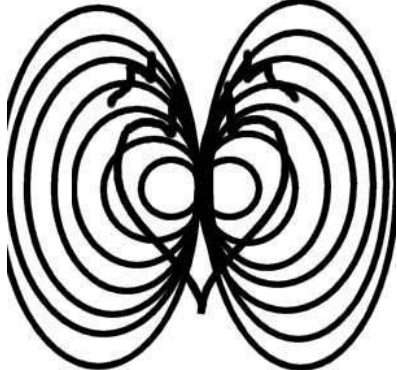
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
8		 <p>The symbol consists of a vertical line with a horizontal bar at the top, a diagonal line on the left, and a vertical line on the right. Below this is a horizontal bar with a diagonal line on the left and a vertical line on the right. At the bottom is a horizontal bar with a vertical line on the left and a vertical line on the right.</p>	<p>10) I AM Activating HON-SHA-ZE-SHO-NEN</p>
9		 <p>The symbol is a spiral that starts from the center and winds outwards, ending in a horizontal bar at the top.</p>	<p>11) I AM Activating SEICHIM-CHO-KU-REI To The Power Of 9</p>

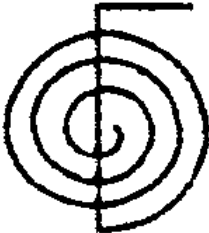

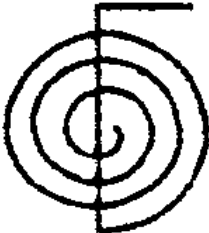
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
10	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Head		12) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
11	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Back Of Neck		13) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
12	I AM Intending Standing To The Side Of Attunee Gently Putting Left Hand On Back Of Attunee Neck; Right Hand On Attunee Throat		14) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
13	I AM Intending Standing To The Side Of Attunee Gently Putting Left Hand On Back Of Attunee Neck; Right Hand On Attunee Heart		15) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
14	I AM Intending Standing To The Side Of Attunee Gently Putting Left Hand On Back Of Attunee Neck; Right Hand On Attunee Third Eye		<p>16) I AM Activating With Reiki Attunee Crown, Throat And Third Eye</p> <p>17) I AM Activating SEICHIM-CHO-KU-REI To The Power Of 9</p> <p>18) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee</p>
15	I AM Intending Moving To The Front Of Attunee Gently Putting My Palms Of My Hands On Attunee Palms Of Hands	 <p>Extend circles out to 7 sets (shown above) or 9</p>	<p>19) I AM Activating SEICHIM-MAI-YUR-MA To The Power Of 9</p> <p>20) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee</p> <p>21) I AM Intending Sensing Reiki Energies Pouring In</p> <p>22) I AM Intending Attunee Sensing Reiki Energies Pouring In</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
16			<p>23) I AM Intending For Attunee Crown 24) I AM Activating SEICHIM-MAI-YUR-MA To The Power Of 9</p>
17			<p>25) I AM Intending For Attunee Throat 26) I AM Activating SEICHIM-MAI-YUR-MA To The Power Of 9</p>
18			<p>27) I AM Intending For Attunee Heart 28) I AM Activating SEICHIM-MAI-YUR-MA To The Power Of 9</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!



Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
19	I AM Intending Gently Blowing Puffs Of Air-Higher Power Reiki Energies Tenderly Toward Attunee		29) I AM Intending Tenderly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Crown 30) I AM Intending Warmly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Throat 31) I AM Intending Compassionately Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Heart
20	I AM Intending This Attunement Is Complete		32) I AM Intending To Attunee This Attunement Is Complete 33) Say Out Loud If You Like "This Attunement Is Complete"

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!



ADVANCED REIKI-TYPE SEICHIM LEVEL—IV MASTER-TEACHER ATTUNEMENT 1

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Shoulders		1) I AM Activating TAM-A-RA-SHA 3 Times
2			2) I AM Activating CHO-KU-REI

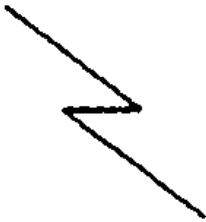


LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
3			<p>1) I AM Activating DAI-KO-MIO</p>
4			<p>1) I AM Activating CHO-KU-REI</p>



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
5			<p>1) I AM Activating HON-SHA-ZE-SHO-NEN</p>
6			<p>2) I AM Activating CHO-KU-REI</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
7	I AM Intending Standing Behind Attunee Gently Putting Hands On Attunee Back Of Neck		<ol style="list-style-type: none"> 1) I AM Activating SEICHIM-LIGHTNING-BOLT 2) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee 3) Say Out Loud If You Like “Feel the Higher Power Reiki Energies Pouring In”
8			<ol style="list-style-type: none"> 1) I AM Activating TAM-A-RA-SHA For Each Attunee Palms Of Hands 2) I AM Intending For Each Attunee Palms Of Hands 3) I AM Intending Sensing Reiki Energies Pouring In 4) I AM Intending Attunee Sensing Reiki Energies Pouring In
9	I AM Intending Moving In Front Of Attunee Kindheartedly Tapping Attunee On Shoulder		<ol style="list-style-type: none"> 1) I AM Intending For Attunee Crown 2) I AM Activating CHO-KU-REI

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
10			<p>3) I AM Intending For Attunee Throat 4) I AM Activating CHO-KU-REI</p>
11			<p>5) I AM Intending For Attunee Heart 6) I AM Activating CHO-KU-REI</p>
12	<p>I AM Intending Gently Blowing Puffs Of Air-Higher Power Reiki Energies Tenderly Toward Attunee</p>		<p>73) I AM Intending Tenderly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Crown 74) I AM Intending Warmly Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Throat 7) I AM Intending Compassionately Blowing Puff Of Air-Higher Power Reiki Energies To Attunee Heart</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
20	I AM Intending This Attunement Is Complete		4) I AM Intending To Attunee This Attunement Is Complete 5) Say Out Loud If You Like “This Attunement Is Complete”

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—V ADVANCED REIKI—TYPE GOLD MASTER—TEACHER INITIATION MASTER—TEACHER ATTUNEMENTS


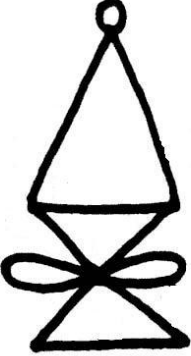
ADVANCED REIKI—TYPE GOLD LEVEL—V MASTER—TEACHER ATTUNEMENT

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Activating Intending, Requesting, Master-Teacher Attuning	GOLD REIKI	1) I AM Activating Intending, Requesting, 2) Master-Teacher Attunement 3) GOLD REIKI 4) For <ul style="list-style-type: none"> a. Myself b. In-Person c. Distant Healing d. People e. Animals f. Beings g. Entities h. Places i. Things j. Individuals k. Groups
	I AM Activating Intending, Requesting, Attuning This Object As A Gold Reiki Conduit	GOLD REIKI	1) I AM Activating Intending, Requesting, Attuning 2) This <ul style="list-style-type: none"> a) Object b) Places c) Things 3) As A Gold Reiki Conduit

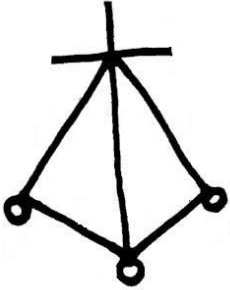
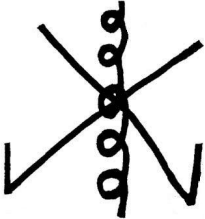
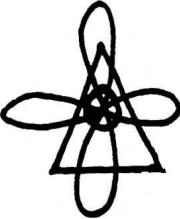
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—VI ADVANCED REIKI—TYPE KARUNA REI-KI MASTER—TEACHER INITIATION ATTUNEMENTS

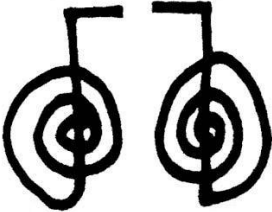
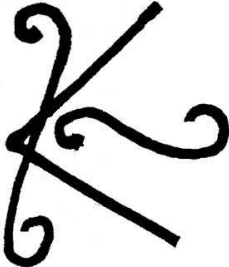

ADVANCED REIKI—TYPE KARUNA REI-KI LEVEL—VI MASTER—TEACHER ATTUNEMENT

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Intending A Full, Complete, Loving, Gentle Karuna Rei-ki Master-Teacher Attunement For The Attunee(s) With The Attunee(s) Higher-Higher Power And Choices of Guides	I AM Intending Create-Ing For All Involved Meant For Their Highest Good, Highest Benefit, Highest Wellbe-Ing. I AM Intending Create-Ing This Non-Judgmentally, Non-Manipulatively, And In Divine Order.	1) I AM Activating The Karuna Rei-ki Compassionate Source EnergiesAs I AM Intending focus, heart focus on the The Karuna Rei-ki Compassionate Source, Or In Whatever Way Is Best For Me.
2	I Am Intending Clearing, Protecting, All Of The Attunement Space(s) ZONAR, HALU, HARTH, RAMA, GNOSA, KRIYA, SHANTY, IAVA AND OM		2) I AM Activating ZONAR
3	I Am Intending Clearing, Protecting, All Of The Attunement Space(s) ZONAR, HALU, HARTH, RAMA, GNOSA, KRIYA, SHANTY, IAVA AND OM		3) I AM Activating HALU



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
4	I Am Intending Clearing, Protecting, All Of The Attunement Space(s) ZONAR, HALU, HARTH, RAMA, GNOSA, KRIYA, SHANTY, IAVA AND OM		4) I AM Activating HARTH
5	I Am Intending Clearing, Protecting, All Of The Attunement Space(s) ZONAR, HALU, HARTH, RAMA, GNOSA, KRIYA, SHANTY, IAVA AND OM		5) I AM Activating RAMA
6	I Am Intending Clearing, Protecting, All Of The Attunement Space(s) ZONAR, HALU, HARTH, RAMA, GNOSA, KRIYA, SHANTY, IAVA AND OM		6) I AM Activating GNOSA




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
7	I Am Intending Clearing, Protecting, All Of The Attunement Space(s) ZONAR, HALU, HARTH, RAMA, GNOSA, KRIYA, SHANTY, IAVA AND OM		7) I AM Activating KRIYA
8	I Am Intending Clearing, Protecting, All Of The Attunement Space(s) ZONAR, HALU, HARTH, RAMA, GNOSA, KRIYA, SHANTY, IAVA AND OM		8) I AM Activating SHANTY
9	I Am Intending Clearing, Protecting, All Of The Attunement Space(s) ZONAR, HALU, HARTH, RAMA, GNOSA, KRIYA, SHANTY, IAVA AND OM		9) I AM Activating IAVA



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
10	I Am Intending Clearing, Protecting, All Of The Attunement Space(s) ZONAR, HALU, HARTH, RAMA, GNOSA, KRIYA, SHANTY, IAVA AND OM		10) I AM Activating OM
11	I AM Intending The Karuna Divine Compassionate Source Fill My WholeBe-ing™ With The Highest Compassion For Me.	I AM Knowing The Highest Compassion For Me.Increases In A Loving And Gentle For My Wholebe-Ing Every Time I AM Intending Connections To The Karuna Divine Compassionate Source.	11)
12	I AM Intending Kindness Higher Power Adore Appreciation Recognition Happiness Compassion Love Gratitude Acceptance Contentment Compassion Self-Love Positive Reception Acknowledgment Cheerfulness {Add Your Own}		12) I AM Activating DAI-KO-MIO 13) I AM Activating ALL KARUNA RE-KI SYMBOLS 14) I AM CONNECTING TO THE KARUNA SOURCE OF HIGHEST COMPASSION FOR THIS ATTUNEMENT 15) On All Of My Chakras And Energy Systems 16) Within ALL My Wholebe-Ing



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
13	I AM Intending Moving In Back Of Attunee		17) I AM Activating FIRE 18) I AM Activating FIRE FROM THE CROWN, TOP OF THE HEAD DOWN TO THE BASE OF THE SPINE
14	I AM Intending Moving In Back Of Attunee		1) I AM Intending AT Attunees BASE OF THE SPINE 2) I AM Activating DAI KO MIOI AM Activating DAI KO MIO 3) I AM Activating ALL REIKI SYMBOLS For Attunee For This Attunement With The Assistance of the Attunees Higher-Self-Power
15	I AM Intending Moving In Back Of Attunee		4) I AM Activating FIRE 5) I AM Activating FIRE FROM THE BASE OF THE SPINE UP TO THE CROWN, TOP OF THE HEAD




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
16	<p>I AM Intending Moving In Back Of Attunee I AM Intending Gently Blowing Puffs Of Air—Higher Power Reiki Energies Tenderly Toward Attunee</p>		<ol style="list-style-type: none"> 1) I AM Intending For Attunee Crown DOWN TO Attunee Top Of Neck 2) I AM Activating DUMO Tibetan Master Symbol 3) I AM Intending Tenderly Blowing Puff Of Air—DUMO Tibetan Master Symbol Higher Power Reiki Energies To Attunee Crown DOWN TO Attunee Top Of Neck 4) I AM Activating DUMO Tibetan Master Symbol 3 Times
17	<p>I AM Intending Moving In Back Of Attunee I AM Intending Gently Blowing Puffs Of Air—Higher Power Reiki Energies Tenderly Toward Attunee</p>		<ol style="list-style-type: none"> 1) I AM Intending For Attunee Crown DOWN TO Attunee Top Of Neck 2) I AM Activating OM I AM Intending Tenderly Blowing Puff Of Air— OM Symbol Higher Power Reiki Energies To Attunee Crown DOWN TO Attunee Top Of Neck 3) I AM Activating OM Symbol 3 Times


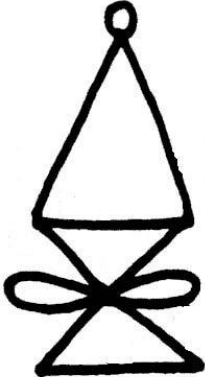
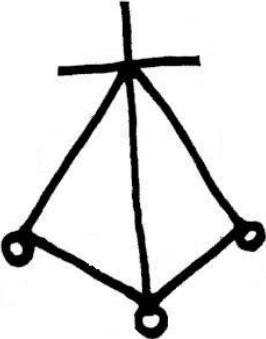
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
18	<p>I AM Intending Moving In Back Of Attunee</p> <p>I AM Intending Gently Blowing Puffs Of Air—Higher Power Reiki Energies Tenderly Toward Attunee</p>		<ol style="list-style-type: none"> 1) I AM Intending For Attunee Crown DOWN TO Attunee Top Of Neck 2) I AM Activating DAI KO MIO 3) I AM Intending Tenderly Blowing Puff Of Air— OM Symbol Higher Power Reiki Energies To Attunee Crown DOWN TO Attunee Top Of Neck 4) I AM Activating OM Symbol 3 Times 5) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
19	<p>I AM Intending Moving In Back Of Attunee</p> <p>OM,</p>		<ol style="list-style-type: none"> 6) I AM Intending For Attunee Third Eye 7) I AM Activating OM Symbol 3 Times

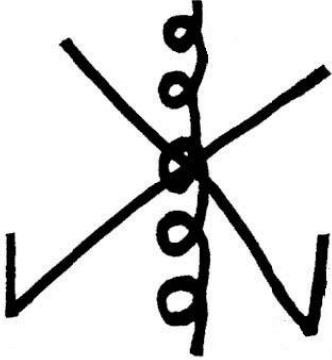
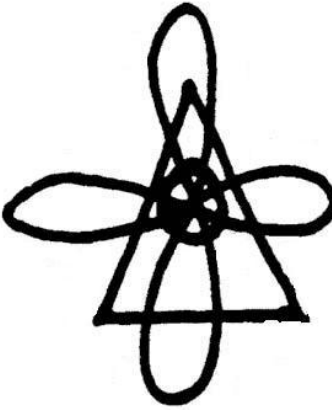
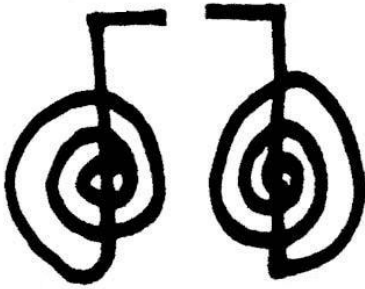
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
20	<p>I AM Intending Moving In Back Of Attunee</p> <p>DUMO TIBETAN MASTER SYMBOL</p>		<p>8) I AM Intending For Attunee Third Eye</p> <p>9) I AM Activating DUMO Tibetan Master Symbol 3 Times</p>
21	<p>I AM Intending Moving In Back Of Attunee</p> <p>USUI DAI KO MIO,</p>		<p>10) I AM Intending For Attunee Third Eye</p> <p>11) I AM Activating USUI DAI KO MIO 3 Times</p>
22	<p>I AM Intending Moving In Back Of Attunee</p> <p>FIRE</p>		<p>12) I AM Intending For Attunee Third Eye</p> <p>13) I AM Activating FIRE SYMBOL 3 Times</p>


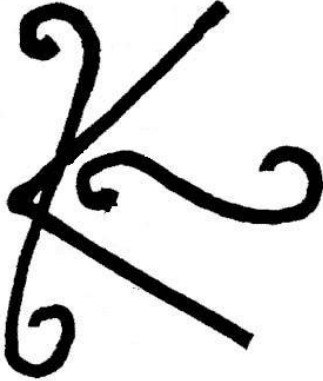
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
23	I AM Intending Moving In Back Of Attunee ZONAR		14) I AM Intending For Attunee Third Eye 15) I AM Activating ZONAR SYMBOL 3 Times
24	I AM Intending Moving In Back Of Attunee HALU		16) I AM Intending For Attunee Third Eye 17) I AM Activating HALU SYMBOL 3 Times
25	I AM Intending Moving In Back Of Attunee HARTH		18) I AM Intending For Attunee Third Eye 19) I AM Activating HARTH SYMBOL 3 Times

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
26	I AM Intending Moving In Back Of Attunee RAMA,		20) I AM Intending For Attunee Third Eye 21) I AM Activating RAMA SYMBOL 3 Times
27	I AM Intending Moving In Back Of Attunee GNOSA,		22) I AM Intending For Attunee Third Eye 23) I AM Activating GNOSA SYMBOL 3 Times
28	I AM Intending Moving In Back Of Attunee KRIYA		24) I AM Intending For Attunee Third Eye 25) I AM Activating KRIYA SYMBOL 3 Times



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
29	<p>I AM Intending Moving In Back Of Attunee</p> <p>IAVA</p> <p>.</p>		<p>26) I AM Intending For Attunee Third Eye</p> <p>27) I AM Activating IAVA SYMBOL 3 Times</p>
30	<p>I AM Intending Moving In Back Of Attunee</p> <p>SHANTY.</p>		<p>28) I AM Intending For Attunee Third Eye</p> <p>29) I AM Activating SHANTY SYMBOL 3 Times</p>
31	<p>I AM Intending Moving In Front Of Attunee</p> <p>I AM Intending For Attunee PALMS OF HANDS</p>	<ul style="list-style-type: none"> ♥ I AM Intending For Attunee PALMS OF HANDS ♥ I AM Repeating Steps 20) Through 30) 	<p>30) I AM Intending For Attunee PALMS OF HANDS</p> <p>31) I AM Repeating Activating All Symbols Steps 20) Through 30)</p>




LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
32	I AM Intending Moving In Front Of Attunee I AM Intending For Attunee CROWN CHAKRA	I AM Intending For Attunee CROWN CHAKRA I AM Repeating Steps 20) Through 30)	32) I AM Intending For Attunee CROWN CHAKRA 33) I AM Repeating Activating All Symbols Steps 20) Through 30)
33	I AM Intending Moving In Front Of Attunee I AM Intending For Attunee THROAT CHAKRA	I AM Intending For Attunee THROAT CHAKRA I AM Repeating Steps 20) Through 30)	34) I AM Intending For Attunee THROAT CHAKRA 35) I AM Repeating Activating All Symbols Steps 20) Through 30)
34	I AM Intending Moving In Front Of Attunee I AM Intending For Attunee HEART CHAKRA	I AM Intending For Attunee HEART CHAKRA I AM Repeating Steps 20) Through 30)	36) I AM Intending For Attunee HEART CHAKRA 37) I AM Repeating Activating All Symbols Steps 20) Through 30)



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
35	I AM Intending Moving In Front Of Attunee		<ol style="list-style-type: none"> 1) I AM Intending For Attunee Crown 2) I AM Activating DUMO Tibetan Master Symbol 3) I AM Intending-DUMO Tibetan Master Symbol Higher Power Reiki Energies 4) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
36	I AM Intending Moving In Front Of Attunee		<ol style="list-style-type: none"> 1) I AM Intending For Attunee Crown 2) I AM Activating OM I AM Intending OM Symbol Higher Power Reiki Energies To Attunee Crown 3) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee


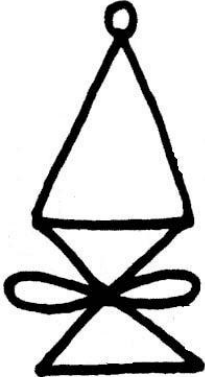
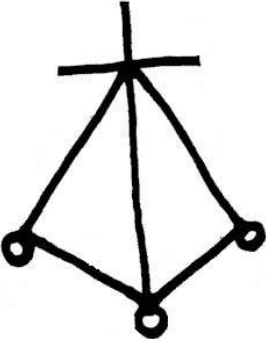
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
37	I AM Intending Moving In Front Of Attunee		<ol style="list-style-type: none"> 1) I AM Intending For Attunee Crown 2) I AM Activating DAI KO MIO 3) I AM Intending DAI KO MIO Symbol Higher Power Reiki Energies TO Attunee 4) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
38	I AM Intending Moving In Front Of Attunee OM,		<ol style="list-style-type: none"> 5) I AM Intending For Attunee Crown 6) I AM Activating OM 7) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
39	I AM Intending Moving In Front Of Attunee DUMO TIBETAN MASTER SYMBOL		<ol style="list-style-type: none"> 8) I AM Intending For Attunee Crown 9) I AM Activating DUMO Tibetan Master Symbol 10) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee

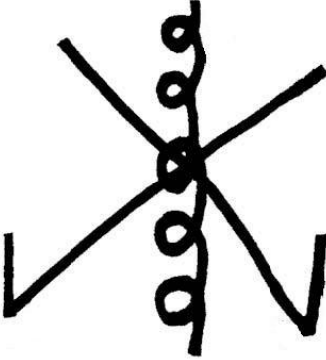
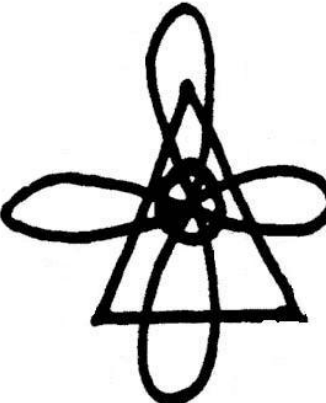
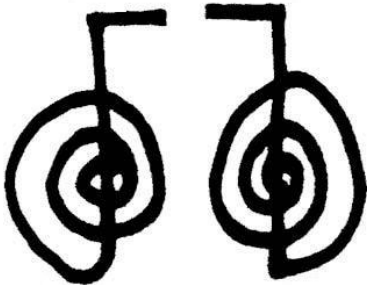
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
40	<p>I AM Intending Moving In Front Of Attunee</p> <p>USUI DAI KO MIO,</p>		<p>11) I AM Intending For Attunee Crown</p> <p>12) I AM Activating USUI DAI KO MIO</p> <p>13) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee</p>
41	<p>I AM Intending Moving In Front Of Attunee</p> <p>FIRE</p>		<p>14) I AM Intending For Attunee Crown</p> <p>15) I AM Activating FIRE SYMBOL</p> <p>16) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee</p>

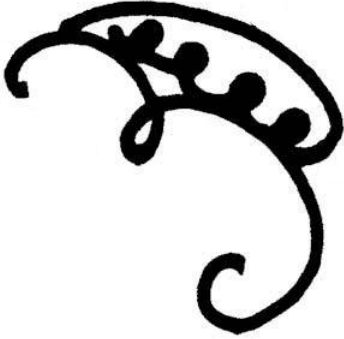
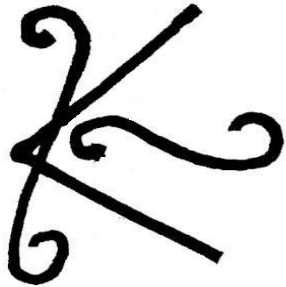
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
42	I AM Intending Moving In Front Of Attunee ZONAR		17) I AM Intending For Attunee Crown 18) I AM Activating ZONAR SYMBOL 19) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
43	I AM Intending Moving In Front Of Attunee HALU		20) I AM Intending For Attunee Crown 21) I AM Activating HALU SYMBOL 22) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
44	I AM Intending Moving In Front Of Attunee HARTH .		23) I AM Intending For Attunee Crown 24) I AM Activating HARTH SYMBOL 25) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
45	I AM Intending Moving In Front Of Attunee RAMA,		26) I AM Intending For Attunee Crown 27) I AM Activating RAMA SYMBOL 28) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
46	I AM Intending Moving In Front Of Attunee GNOSA,		29) I AM Intending For Attunee Crown 30) I AM Activating GNOSA SYMBOL 31) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
47	I AM Intending Moving In Front Of Attunee KRIYA		32) I AM Intending For Attunee Crown 33) I AM Activating KRIYA 34) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Step	Hand/Body Position Intention	Reiki Symbol To Activate With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
48	I AM Intending Moving In Front Of Attunee IAVA .		35) I AM Intending For Attunee Crown 36) I AM Activating IAVA SYMBOL 37) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
49	I AM Intending Moving In Front Of Attunee SHANTY.		38) I AM Intending For Attunee Crown 39) I AM Activating SHANTY SYMBOL 40) I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Symbols Best For The Attunee
50	I AM Intending Moving In Front Of Attunee With My Hands On Their Shoulders If They Choose	I AM Intending Attunee WholeBe-ing In The Pink-Red Light Of The Karuna Highest Compassion I AM Requesting Attunees Higher Power And Higher Self To Activate All Other Energy Colors Best For The Attunee	41) I AM Requesting Attunees Higher Power And Higher Self To Introduce The Attunee To Goddess Quan Yin For Their Highest Good, Benefit And Well Being
51	I AM Intending This Attunement Is Complete		42) I AM Intending To Attunee This Attunement Is Complete 43) Say Out Loud If You Like "This Attunement Is Complete"

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—VII ADVANCED REIKI—TYPE GOLD MASTER—TEACHER INITIATION
MASTER—TEACHER ATTUNEMENTS

ADVANCED REIKI—TYPE IMARA LEVEL— VII MASTER—TEACHER ATTUNEMENT

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Activating Intending, Requesting, Master-Teacher Attuning Reiki Type —Level 8 Imara Reiki Master-Teacher	<p>IMARA REIKI</p> <ul style="list-style-type: none"> ♥ Level 7 Imara Reiki Also Contains These Reiki Types ♥ Reiki Type —Balance Reiki ♥ Reiki Type —Birth Trauma Reiki ♥ Reiki Type —Crystalline Reiki ♥ Reiki Type —Higher Power Diamond Reiki ♥ Reiki Type —DNA Reiki ♥ Reiki Type —Karmic Band Reiki ♥ Reiki Type —Past Life Reiki 	<p>5) I AM Activating Intending, Requesting,</p> <p>6) Master-Teacher Attunement</p> <p>7) IMARA REIKI</p> <p>8) Balance Reiki Birth Trauma Reiki Crystalline Reiki Higher Power Diamond Reiki DNA Reiki Karmic Band Reiki Past Life Reiki</p> <p>9) For</p> <ul style="list-style-type: none"> a. Myself b. In-Person c. Distant Healing d. People e. Animals f. Beings g. Entities h. Places i. Things j. Individuals k. Groups
	I AM Activating Intending, Requesting, Attuning This Object As A Imara Reiki Channel	<p>IMARA REIKI</p>	<p>4) I AM Activating Intending, Requesting, Attuning</p> <p>5) This</p> <ul style="list-style-type: none"> a) Object b) Places c) Things <p>6) As A Imara Reiki Channel</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

REIKI LEVEL—IIX ADVANCED REIKI–TYPE GOLD MASTER–TEACHER INITIATION
MASTER–TEACHER ATTUNEMENTS

ADVANCED REIKI–TYPE KUNDALINI LEVEL— IIX MASTER–TEACHER ATTUNEMENT

Step	Hand/Body Position Intention	Reiki Symbol To Activate For Attunee With Assistance From Attunees Higher Power And Higher Self	Reiki Symbol Activation Intention Steps Attunement Steps With Assistance From Attunees Higher Power And Higher Self
1	I AM Activating Intending, Requesting, Master–Teacher Attuning Reiki Type — Level 8 Kundalini Reiki Master–Teacher	<p>KUNDALINI REIKI</p> <ul style="list-style-type: none"> ♥ Level 8 Kundalini Reiki Also Contains These Reiki Types ♥ Reiki Type —Balance Reiki ♥ Reiki Type —Birth Trauma Reiki ♥ Reiki Type —Crystalline Reiki ♥ Reiki Type —Higher Power Diamond Reiki ♥ Reiki Type —DNA Reiki ♥ Reiki Type —Karmic Band Reiki ♥ Reiki Type —Past Life Reiki 	<p>10) I AM Activating Intending, Requesting, 11) Master–Teacher Attunement 12) KUNDALINI REIKI 13) Balance Reiki Birth Trauma Reiki Crystalline Reiki Higher Power Diamond Reiki DNA Reiki Karmic Band Reiki Past Life Reiki 14) For</p> <ul style="list-style-type: none"> a. Myself b. In–Person c. Distant Healing d. People e. Animals f. Beings g. Entities h. Places i. Things j. Individuals k. Groups
	I AM Activating Intending, Requesting, Attuning This Object As A Kundalini Reiki instrument	<p>KUNDALINI REIKI</p>	<p>7) I AM Activating Intending, Requesting, Attuning 8) This a) Object b) Places c) Things 9) As A Kundalini Reiki instrument</p>

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

APPENDIX B: REIKI SYMBOLS

CHO-KU-REI – REIKI LEVEL—I SYMBOL

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

CHO KU REI

CHO (AS IN BLOW) KOO RAY

ALIAS: THE POWER SYMBOL

All Purpose Symbol

Begin – Connect

Middle – Increase, Focus, Direct

End – Seal

Increases your ability to access the Reiki Energy. Used for energizing (even objects), spiritual protection, cleansing negative energies, aid in manifestation, Empowers all the other Reiki symbols, clears rooms and crystals, after the Session for sealing energies...

Cho Ku Rei is the all-purpose symbol. It generally increases the flow of Reiki or draws Reiki to a particular area. It may be used before any Session by drawing it over the body of the subject (as can “any” of the symbols) or it can be drawn over areas in particular need. It can be drawn over food to charge it with Reiki, over medicines, herbs, etc. to increase their effectiveness and decrease side effects, in areas (houses, apartments, cars, etc) to clear away negative energies and as a general protective symbol. This is the symbol that I use the most. It is also an aid to stop excess bleeding, lessens pain and removes blockages\resistance to healing.

This is the symbol used to connect with the energy at the beginning of a session, and to increase power\energy where needed during a session – the subject may have an in-balance and require more energy.

It also useful at the end of a session as it’s known to seal in the healing properties of the energies used throughout the session.



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

DAI-KO-MIO – REIKI III MASTER – TEACHER SYMBOL

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

DAI KO MIO

DYE KO ME O

ALIAS: THE MASTER SYMBOL; REIKI LEVEL—
III MASTER

BEGIN

This symbol is often signed over the heart during a healing. When a hurt is so deep that it is deeper than the mind or heart, the pain is at soul level.

Generally regarded as the most powerful symbol in the Reiki ; can only be used by Reiki Masters.

The Dai-Ko-Mio is used to heal the soul.

Because the Dai-Ko-Mio deals with the soul and our spiritual self it heals diseases and illness from the original source in the aura\ energy fields.

Healing with this powerful symbol brings profound life changes. I strongly advise you to use this symbol in “all” your sessions as your healings will get an extra boost.

This symbol is key one to transmit the Reiki Initiation Master-Teacher Attunements.



LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

HON SHA ZE SHO NEN – REIKI LEVEL—II SYMBOL

HON SHA ZE SHO NEN

HONE (AS IN PHONE) SHA ZAY SHOW NEN

ALIAS:THE DISTANCE SYMBOL

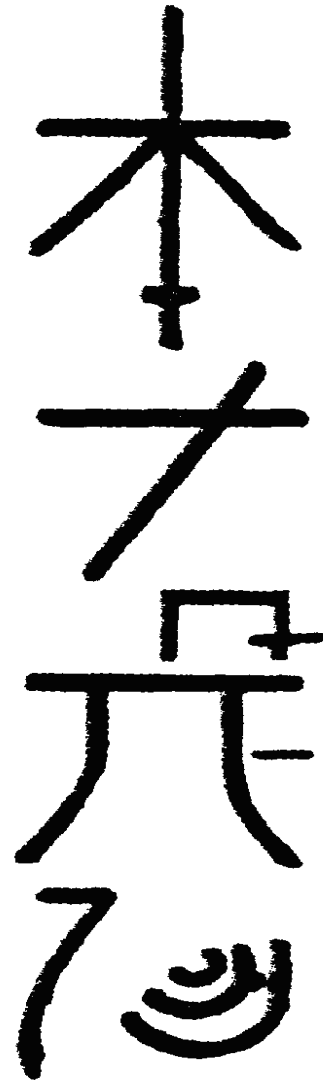
BEGIN

DISTANCE

Universal connection properties, bridge between heaven
and earth, transcends time and space for healings


Draw before sending a distant attunement.

Used to send Reiki. You can send Reiki to anyone and
anything over distance and time (such as when using
Reiki to heal a past trauma or sending Reiki to a point
in the future when you or someone might need it).



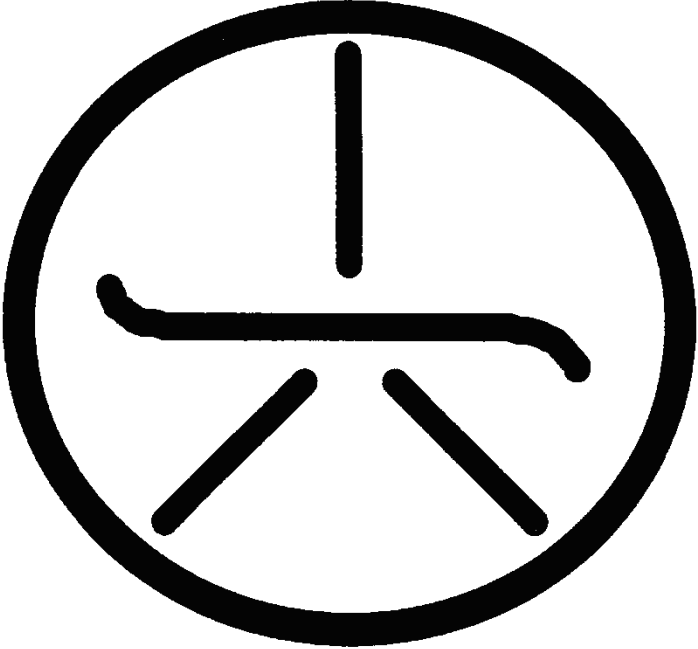
LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

SEI-HEI-KI – REIKI LEVEL—II SYMBOL

<p>SEI HEI KI “SAY HEY KAY” ALIAS: THE BALANCING FACTOR MIDDLE The Mental\Emotional Symbol Calming(on third eye) Psychic protection Alignment (body–soul–consciousness) balancing the right\left brain cleansing Key to the universe Emotional\mental healing Removing addiction habits</p> <p>Sei He Ki restores emotional balance and harmony and is also useful against bad vibrations or negative energies. A good symbol for inner calmness and the release of blockages</p>	 <p>Individual: Activate Kundalini Sei He Ki tends to focus on those parts of the energy bodies relating to emotions and mental states. It is very good for healing past traumas (used with Cho Ku Rei and Hon Sha Ze Sho Nen) and works well with positive affirmations. I use it in almost every healing session, I believe that most disease has an emotional base that must be addressed before a complete healing can occur. The symbol clears emotional blockages and aligns the upper chakras.</p>
---	---

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

TAM-A-RA-SHA – REIKI III MASTER – TEACHER SYMBOL

<p>TAM-A-RA-SHA TAM ARA SHA ALIAS: THE BALANCING FACTOR MIDDLE Reduce Pain Grounds and balances the energy. Helps un-block the energy chakras centers allowing the energy to flow. To completely unblock yourself sign it over or around your feet</p>	 <p>The Tam-A-Ra-Sha is a Balancing\Unblocking symbol. Signing this symbol over pain helps reduce the pain or dissipate it altogether.</p>
--	---

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

SEICHIM REIKI Symbols

Seichim Reiki also shares some of the Reiki symbols

“Cho Ku Rei”

“Hon Sha Ze Sho Nen ”

Mastery symbol “Dai Ko Mio ”.

There are many variations and versions of each symbol, all seem to work as it's the Intent that counts.

The following are some of the Seichim Reiki symbols.

It is best to use only the symbols you feel comfortable with and that work for you. The same is true for both Reiki and Seichim Reiki.

INFINITY

As it Sounds.

Alias – “Flowing of Creation”

Summary – Aligns oneself to God, nature and the inner self, Activates the flow of Seichim Reiki energy

The INFINITY symbol empowers and enforces the true flowing of creation through the divine Ying and Yang, which has no end! This can be used at the Start of a Seichim–Reiki healing session.

Sign\draw the Infinity symbol in your palms to active the Seichim Reiki energy. It is not a must to activate Seichim Reiki before the Reiki – you can mix and match the symbols as you wish.

MAI–YUR–MA Sounds like “may yer ma”

Alias – “The Heart”

Summary – Good for healing relationship issues and opens up the heart center.

The MAI–YUR–MA symbol heals the heart. It opens up the heart and clears away emotional trauma. It can also bring in trust and understanding and promotes a very positive reaction from the subject.

CHO–KU–REI Sounds like “cho (as in blow) koo ray”

Alias – “The Magnifier”

Summary – Very similar to the Reiki symbol but it's drawn in a slightly different way (see below)

The Seichim Reiki CHO–KU–REI is different from the Reiki one as it empowers and magnifies “all ” other symbols. It also activates the properties of making things whole.

LIGHTNING BOLT As it Sounds.

Alias – “The Lightning Bolt”

Summary – Excellent for aiding in the removal of energy blockages

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

The LIGHTNING BOLT symbol is an excellent and very powerful method of dispelling “doldrums” and unwanted past belief systems. You can use this symbol to remove\release an energy blockage. Draw it over areas of energy blockage and\or pain.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

HON-SHA-ZE-SHO-NEN symbol

– For Distant or absent healing Past, Present, Future

SEI-HE-KI symbol

– The Protector

The guiding light to the subconscious, this symbol is used for emotional healing; purification;
protection; clearing. It also represents the God\Goddess with in

CHO-KU-REI symbol

– The Power Symbol

.. Is said to increase your ability to access the Reiki Energy

DAI-KO-MIO symbol

– The Master Symbol

TAM-A-RA-SHA symbol

– The Balancing Factor

Brings unity of Physical; Emotional; Intellectual; and Spiritual aspects.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

INFINITY

– The no 8 positioned horizontally

Empowers and enforces the true flowing of creation through the divine Ying and Yang which has no end!

Seichim Reiki CHO-KU-REI Symbol (similar to Reiki symbol CHO-HU-REI)

CHO-KU-REI – The Magnifier

Empowers and magnifies all other Symbols. Activates the properties of making things whole. Can also be magnified to the power of 3, 7, or 9.

Seichim Reiki MAI-YUR-MA Symbol MAI-YUR-MA

– The Gateway to the Soul

Enhances, expands, magnifies the physical emotional and spiritual You can use this symbol any time you aspects of love. feel you want to and can magnify it to the power of 3, 7 or 9.

Seichim Reiki LIGHTNING BOLT Symbol

The LIGHTNING BOLT

– – unwanted past belief systems

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

APPENDIX D:- USEFUL READING

- Title Author
- Reiki: The Healing Touch William Lee Rand
- Reiki a way of life Patricia Rose Upczak
- Original Reiki Mikao Usui
- Modern Reiki method Healing Hiroshi Doi
- Reiki Universal life energy Bodo Baginski
- Abundance through Reiki Paula Hora

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

APPENDIX E: REIKI SESSION RESOURCES

APPENDIX F: REIKI WITH OTHER HOLISTIC THERAPIES HEALING TECHNIQUES

Reiki therapy works very well in combination with other holistic therapies. Virtually any Session can be used. We will examine a few such combinations to illustrate the synergy that can be accomplished.

REIKI WITH CRYSTALS HEALING TECHNIQUES

Crystal therapy involves the use of precious and semi-precious stones. The stones are believed to store positive energy and they act as a conduit for healing from the practitioner to the subject. They also believed to generate a healing vibration that acts upon the body. In some cases the stone is placed on the body where Session is focused, in others it may be positioned on the appropriate acupuncture point. Most therapists use quartz for physical healing, amethyst for spiritual healing and rose quartz to heal emotions. Fluorite may be used to develop awareness and knowledge of a spiritual nature.

In Reiki, three varieties of quartz are commonly used—amethyst, rose quartz and ordinary quartz (or rock crystal). The crystal structure of quartz is often taken to be related to the six chakras and the tip of the crystal to the seventh chakra. Practitioners recommend using rock crystal to avoid feeling overpowered by changes, mounting pressures and the stress of everyday life. Carrying the crystal or wearing it is meant to bring light into your workaday routines.

Rock crystal, held in the hand or between the hands, can also be used in conjunction with Reiki meditation. The energy emanating from the crystal is thought to go into the palms and then the rest of the body via the reflex zones. It is recommended by some in a variety of applications such as relaxation, wound-healing with other therapy and treating particular organs.

Rose quartz, with its soft pink coloration, is used for mending emotional problems. Examples are: shutting out certain desires or facing trauma and stress brought about by a separation.

The use of amethyst with Reiki is varied. It is said to help promote the proper function of an organ that has been under Session. Placed on the Third Eye (center of the forehead), it facilitates clearer vision in one's path through life. It can also reduce tension and fear.

REIKI WITH MEDITATION HEALING TECHNIQUES

Reiki is said to assist in the concentration required for meditation, with the flow of energy aiding relaxation. There are some positions that can be adopted in Reiki meditation to achieve particular goals. In the first position the legs are drawn up and the soles of the feet put together with the knees falling

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

apart. This can be done while lying down or sitting against a wall or chair. The hands adopt a praying gesture. This is meant to complete the circuit of energy, allowing a flow around the body. The Reiki energy removes any blockages and performed regularly, this becomes a powerful meditation exercise. It can be done for short periods initially, just a couple of minutes, and then built up in small increases.

Group meditation is also possible with Reiki, in which the participants stand in a circle with hands joined.

REIKI WITH AROMATHERAPY HEALING TECHNIQUES

Aromatherapy employs essential oils extracted from plants. The oils can be used in three ways: by direct application, bathing in water to which a few drops of the appropriate oil have been added, and inhalation.

When used in conjunction with Reiki, some oils can be applied directly on particular areas of the body, or their aroma can be made to fill the room using an aroma lamp. Below a few oils are considered and their use compared to their therapeutic value in aromatherapy.

Lavender

In aromatherapy lavender is a tonic with relaxing effects. It is also an antiseptic, an antispasmodic and stimulates the appetite. It is also used for minor burns and wounds. Its soothing effects render it helpful for headaches, tension and similar conditions.

In Reiki, lavender is associated primarily with subjects who are sensitive and easily hurt. In long sessions of Reiki lavender helps to promote the calm and confidence necessary for a period of building and strengthening of the life force energy.

Sandalwood

In aromatherapy, sandalwood oil is prized for its relaxing and antiseptic effects. It forms a very effective oil for application to the skin (especially facial), particularly for dry or sensitive skin.

Sandalwood oil produces an ambience conducive to the Reiki therapy because the oil is considered to elicit trust and confidence, between practitioner and subject.

Clary sage

Clary sage is a tonic, antispasmodic, antidepressant, anti-inflammatory, bactericidal and more. It is also used to treat colds, menstrual problems and its very low toxicity renders it suitable for general use.

In a session of Reiki therapy, clary sage is used to open blocked channels and to enhance sensitivity.

Patchouli

Patchouli has some aphrodisiac qualities, and is also used to treat skin disorders and minor burns because of its anti-inflammatory and antiseptic qualities.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!**

It is also used in Reiki therapy for allergies and impurities of the skin; but the fundamental use and aim is to enhance the sensual qualities and aspects of life.

REIKI WITH PRESCRIPTION DRUGS HEALING TECHNIQUES

Many Reiki therapists believe that Reiki can readily affect the way in which drugs work in the body. Side effects of drugs can be lessened through the use of Reiki, and in some cases it is reported that the process will be accelerated. In addition, Reiki makes the body more receptive to drugs. Thus, it may be beneficial to undergo Reiki therapy prior to the start of a course of drugs. The relaxed state rendered by Reiki may also counter, to some extent, the efficacy of an anesthetic. However, injections such as anesthetics can more readily and easily be released from the body with the help of Reiki.

Although minor pains can often be remedied through the use of Reiki alone, stronger pain killers do not have their effect lessened by Reiki. The interaction between Reiki and drugs is neither well tested nor documented.

REIKI WITH HOMEOPATHY HEALING TECHNIQUES

In conjunction with Homeopathy, Reiki provides a reinforcing effect by rendering the Session more effective. Reiki can help avoid strain, improve the removal of toxins and increase the body's sensitivity. After Session, whole-body Reiki will help recovery.

REIKI WITH BACH REMEDIES HEALING TECHNIQUES

These are named after Edward Bach who studied plants with healing qualities. He identified 38 plants, the flowers of which he floated on clear spring water. This, he believed, transferred medicinal properties to the water which could be given to patients. His practice mimicked the drops of dew found on the plant which was used in the beginning. Stock solutions are diluted in water and a few drops taken.

Typical examples are:

- cherry plum for fear, tension, irrationality
- holly for envy, jealousy and hatred
- pine for guilt and constantly apologizing
- sweet chestnut for despair
- wild rose for apathy

As in the case of other alternative therapies, Reiki improves the effectiveness of Bach remedies.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

APPENDIX G: REIKI ADEPT RESOURCES

Subject Information Form

I understand that Reiki is a stress reduction and relaxation technique. I acknowledge that Sessions administered are only for the purpose of helping me relax and to relieve stress. Reiki practitioners do not diagnose conditions, nor do they prescribe substances or perform medical Session, nor interfere with the Session of a licensed medical professional. It is recommended that I see a licensed physician, or licensed health care professional for any physical or psychological ailment I may have.

I also understand and believe that the body has the ability to heal itself, and to do so complete relaxation is often beneficial. Long term imbalances in the body sometimes require multiple Sessions to allow the body to reach the level of relaxation necessary to bring the system back into balance. I understand and believe that self-improvement requires commitment on my part, and that I must be willing to change in a positive way if I am to receive the full benefit of a Reiki Session.

I acknowledge my commitment to my self-improvement process. I recognize that a Reiki Session program must be followed to be truly effective, just as prescribed medication is only effective if taken as directed.

Signed: _____Print_Name: _____

Date: _____

Address: _____

City: _____State: _____Zip: _____

Phone: _____Email: _____

List Sessions or medications subject is currently receiving?

Medication or Session Type	Dosage or Frequency	When did they start
----------------------------	---------------------	---------------------

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION
TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY
FOR IMMEDIATE RESULTS!

Comments and history

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY
SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR
IMMEDIATE RESULTS!

Reiki Session Documentation Form

Subject Name: _____

Date: _____ Session start time: _____ End time: _____

Session Type: (*indicate Session*
time for all that apply) Usui/Seichim Full Body _____
Healing Attunement _____ Aura Clearing _____

Session notes: (*more notes on back*)

Indicate the reason subject has come to you and the areas where blockages and/or releases were felt. Identify blockages in the appropriate energy body, Physical, Emotional or Mental. Has there been any change in subject condition, medications or dosages, (recommended by doctor) other Session programs, or environment, etc. that should be noted?

Adept Signature: _____ Date: _____ Session Notes: _____

APPENDIX H: REIKI ORIGINS & HISTORY

ORIGINS OF WESTERN USUI SHIKI RYOHO REIKI

- ♥ Reiki has a very unique history. Although the Reiki energy itself goes back over 2500 years, as evidenced in Sanskrit Sutras, and the writings of Tibetan Monks and Enlightened Masters, the history of Reiki at taught today is much more modern. It begins in the early 1900s. Evidence of Reiki from before World War II remained in Japan and has been rediscovered to the rest of the world very recently.
- ♥ With roots in Japan prior to World War II, it is not surprising that some documentation was lost. Apparently the survivors of Dr. Hayashi lost to the war the resources allowing them to continue the clinic he founded, and many stopped practicing Reiki for fear of persecution for not 'supporting the war'. Others continued to practice and their students are still practicing today.
- ♥ If it were not for Mrs. Takata learning Reiki and taking it to America, this healing technique would have been lost to the western world. The war brought with it the loss of valuable memories and knowledge that was present in the group who learned from Reiki's originator, Dr. Usui. Mrs. Takata had to modify the story of Reiki right after World War II to make it acceptable to the Christian, western mind. Hopefully, with an open mind, and with practice, study and intuition, we will bring back any lost knowledge.
- ♥ The history presented here is primarily the story of Reiki according to Mrs. Takata, with some notations about information from one of Dr. Usui's teaching manual included.
- ♥ Reiki is a Japanese word meaning "Universal Life-Force-Energy". The "Ki" part is the same word as Chi or Qi, the Chinese word for the energy which underlies everything. Reiki is a system for channeling that energy to someone for the purpose of healing. It was discovered by Dr. Usui in the late 1800's. He was born about 1865, and there are two accounts of his discovery of Reiki; one being that he was a Buddhist Monk and after a 28-year quest, he journeyed to Mount Kurama. The other account is that he was a teacher or perhaps dean of a Christian school in Kyoto, Japan.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

ORIGINS OF USUI SHIKI RYOHO REIKI

DR. MIKAO USUI



THE STORY ACCORDING TO MRS. HAWAYO TAKATA IS:

Some of the students asked him one day, in the 1870's, if he believed in the miracles Jesus did (raising dead, etc.). Being a Christian Monk he answered "Yes". They asked if he knew how Jesus had done this, "No" he said. He realized that he must find out how Jesus healed. This immediately set him on a journey of many years. Studying, first at Christian schools in the US with no results. Someone suggested Buddhist writings since the Buddha had also healed. This meant more years at monasteries in the Orient. Nowhere could he find the answers. In Japan he toured all the monasteries there asking about how Jesus or the Buddha had healed. In one small monastery, he found some ancient Sanskrit writings. After a few more years of study, he felt he had come to an understanding and that to go further required serious meditation. He went to a nearby mountain declaring his intention to fast and meditate for 21 days and that if he did not come back they should come and get his body.

He went to the mountain and settled in with 21 stones with which to count the days. On the 21st day nothing had come as yet, and he turned over the last stone saying "Well, this is it, either I get the answer today or I do not". At that moment on the horizon he could see a ball of light coming towards him. The first instinct was to get out of the way, but he realized this might just be what he was waiting for, so allowed it to hit him right in the face. As it struck him he was taken on a journey and shown bubbles of all the colors of the rainbow in which were the symbols of Reiki, the very same symbols in the writings he was studying but had been unable to understand. Now as he looked at them again, there was total understanding.

After returning from this experience he began back down the mountain and was, from this moment on, able to heal. This first day alone he healed an injured toe, his own starvation, an ailing tooth and the Abbots sickness, which was keeping him bedridden. These are known as the first four miracles.

He spent the next seven years in the beggar section of Kyoto, healing the poor and sick people there, assisting them with finding employment, and elevating them out of poverty. However after some time he noticed familiar faces, those of people whom he'd healed long ago who were back again. Asking them, they complained that life outside beggartown was too hard and that it was much simpler to beg for a living.

This threw Usui into a quandary and he returned to the monastery. From this he realized he hadn't taught gratitude along with the healing. That he'd focused on the physical ailments without dealing with the spiritual matters. The people had not understood the value of the gift he gave them. At this point, he developed the Reiki Principles.

Dr. Usui returned to the monastery for further reflection and planning. After some time in the monastery he came to a different strategy. In this new plan he would travel around the countryside from village to village. In each one he would stand in a public place during the day holding aloft a lit torch. When people would ask him why he's doing such a crazy thing, his answer was he was looking for the few who are interested in improving themselves. In this way he traveled around teaching and healing, working both with the spiritual healing as well as physical healing. In following with the Japanese norms of supporting their Master or teacher, they made a personal investment towards their improvement, instead of just accepting some healing.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

DR. CHUJIRO HAYASHI



During these travels he met Dr. Chujiro Hayashi, a retired Naval Officer. Dr. Hayashi accompanied Dr. Usui in his travels and learned much. At age 47, Dr. Hayashi received Reiki Master training from Dr. Usui. Dr. Usui spent the rest of his life sharing Reiki and trained 16–18 Reiki Masters. After his death in 1930, he was buried in a Kyoto temple.

Dr. Chujiro Hayashi continued to practice and teach Reiki. Mrs. Takata credits him as being asked to be Dr. Usui's successor as the Grand Master of Reiki, though research in Japan indicates otherwise.

Dr. Hayashi began operating a clinic in Tokyo. They had a number of beds in a large room, one patient per bed. The practitioners all worked here doing healings. They would also go to the homes of sick people for house calls. It is believed that Dr. Hayashi began the tradition of charging money for Reiki Session.

For about 10 years he ran a Reiki clinic. During those 10 years he developed formal hand positions and divided Reiki training into 3 levels or levels. He trained 13–16 Masters, including his wife and Mrs. Hawayo Takata. Three years before his death, he announced Hawayo Takata as his successor. He chose his transition on May 10, 1941 at age 62.

MRS. HAWAYO TAKATA



Mrs. Takata was born in Hawaii on December 24, 1900. In the 1930's she went to Japan to visit her family there. While there she became very sick and was in the hospital. The doctors were going to operate, but as she was being prepared she kept hearing a voice saying, "You do not have to go through with this, there is another way". Eventually she jumped off the table asking, "Is there another way?" The doctor had a relative who had been cured of something at Dr. Hayashi's clinic and suggested to Mrs. Takata she talk with his relative. This relative brought Mrs. Takata to the clinic and her Sessions there began.

After Mrs. Takata became well she wanted to learn this for herself. However Dr. Hayashi was not willing to teach her, both for being from America and for being a woman. Through the good graces of her doctor, Mrs. Takata was able to persuade

Dr. Hayashi to train her in Reiki. This training took a year and in the spring of 1936, it brought her to what we would now call Reiki LEVEL—I initially, and then near the end of her stay Reiki LEVEL—II (she could do everything but Initiate other practitioners).

After this year she returned to Hawaii. In Hawaii she also learned the lesson of having the subject perceive value in receiving Sessions. She treated a cousin but did not charge, this cousin did not value the Sessions and did not become well. She treated another relative and this time charged, and this relative did stay well. Thus the tradition of charging for Reiki Session was reinforced. She opened the first Reiki clinic in the Western world in 1937.

In 1938, Dr. Hayashi came to Hawaii for a speaking tour to promote Reiki. During this time he trained Mrs. Takata to teach Reiki, thus making her what we now would call a Reiki Master. On his return he asked her to come to see him when he summoned her.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY
SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR
IMMEDIATE RESULTS!**

World War II was starting in Europe. Dr. Hayashi appeared to Mrs. Takata in a dream asking her to come to Japan. She did this and found Dr. Hayashi with his Naval Uniform out of storage and fretful. With the coming war he knew it was a matter of time before the Navy would call him out of retirement and he would be asked to perform actions he was no longer capable of doing due to his spiritual development.

At this time he passed to Mrs. Takata the leadership of Reiki. He gathered all the Reiki Masters and announced Mrs. Takata to be the Grand Master of Reiki, and then announced he would kill his physical body through bursting three blood vessels. When those blood vessels burst and he died.

Mrs. Takata returned to Hawaii and continued using and teaching Reiki. She did not teach other masters until around 1970, and before her own death on December 11, 1980 she trained 22 Reiki Masters:

George Araki ***

Barbara McCulloch *

Beth Gray ***

Ursula Baylow

Paul Mitchell

Iris Ishikuro *

Fran Brown

Barbara Weber Ray **

Ethel Lombardi **

Wanja Twan

Virginia Samdahl *

Phyllis Lei Furumoto

Dorothy Baba *

Mary McFadyen

John Gray

Rick Bockner

Bethel Bhaigh *

Harry Kuboi ***

Patricia Ewing (Bowling) ***

Shinobu Saito

Kay Yamashita (Takata's sister) *

Barbara Brown

As of January 1, 2000

*Deceased

**No longer teaching the Usui System

***No longer teaching

Mrs. Takata did not name a successor before her death, and as a result many have appointed themselves with the title, including Barbara Weber Ray and Mrs. Takata's granddaughter, Phyllis Lei Furumoto. However, in the spirit of traditional Usui Reiki, these so called "grandmasters" are uneducated in the traditions and values of traditional Usui Reiki or they are ego-tripping to give themselves credibility.

Two years after her death, some of Mrs. Takata's masters met as a memorial to Mrs. Takata and to share information. They formed the Reiki Alliance at that time, an under the leadership of Mrs. Takata's granddaughter, Mrs. Phyllis Furumoto. The Alliance claims to represent "Traditional" Reiki. Its practices represent the Hayashi-Takata lineage (Not the Usui techniques). Mrs. Furumoto went from forming the Alliance to calling herself "Grandmaster" of Reiki and later claimed the "Spiritual" Lineage holder. The Alliance

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY
SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR
IMMEDIATE RESULTS!**

maintains a requirement that the master level should cost Ten Thousand US Dollars. An attempt was made by the Alliance in 1997 to trademark the name "Reiki" and Usui Shiki Ryoho, which failed in most countries. Meanwhile, Barbara Weber Ray also claimed the title of "Grandmaster" and claimed to have the "original Reiki." Eventually, she changed the name of the process she taught to "Radiance Technique"

The title of Grandmaster has been reserved in traditional Usui Reiki for the pioneers who are responsible for bringing Reiki into the world. It is a title of honor and respect for those whose efforts made Reiki available to so many. These include Mikao Usui, Chujiro Hayashi, and Hawayo Takata.

Unlike traditional martial arts, which bestows the title Grandmaster to a Master who has elevated another Master – at which point HIS Master becomes a Great-Grandmaster, traditional Usui Reiki as taught and practiced in the West and throughout the world does not have that tradition.

The school in Japan (Usui Reiki Ryoho Gakkai) has no Grandmaster – it is a western title, not a title used in Japanese Reiki. The head of the school is called the Chairperson.

The general perception in Usui Reiki is that the reason that Mrs. Takata didn't name a successor was because she realized that Reiki should not belong to anyone.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY
SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR
IMMEDIATE RESULTS!**

REV. BETH GRAY



One of the first three Reiki Masters was Beth Gray. Beth visited Mrs. Takata in the early seventies, becoming her student. In 1974, she opened the first Reiki healing center on the mainland, the Trinity Metaphysical Reiki Center at Woodside, California. Now located in San Carlos, California, it is the oldest Reiki center in the USA, and continues to thrive.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

ORIGINS OF SEICHIM REIKI

- ♥ Seichem/Seichim Reiki/Sekhem/SKHM All Love origins
- ♥ Seichem can be a beautiful addition to Reiki or whatever kind of energetic healing method that you use. Similar to Reiki, Seichem connects with Source, to establish healing in the physical, mental, emotional and spiritual bodies. The Energy is used to heal and to stimulate personal development and growth and to reach ones true purpose.
- ♥ Seichem is another aspect of the One Source. It was rediscovered in 1980 by Patrick Zeigler (<http://www.reiki-seichem.com/patrickstory.html>) while he was visiting Egypt and after spending the night in the King's Chamber of the Great Pyramid
- ♥ Spellings of the word differ: Seichim/Seichem/Sekhem/SKHM, but it always means Power in a spiritual manner. Might, Altar, The Natural Force, Vital Force, Vital Force Of Men, or any Spiritual Power or Psychic Force, Place of the Gods, God of the Altar or Habitat of the Gods, Place of Power.
- ♥ Seichim Reiki (spelt in this way) was the original name given to the system and it has gone through a few developments along the way since the rediscovery of the energy by Patrick Zeigler in 1980. From the early days of Seichim Reiki, those involved have elaborated on the basic theme, each in her or his own individual way, creating the various "schools". Now it is known as Seichim Reiki, Seichem, Sekhem, Isis Seichim, SKHM and SKHM All Love.
- ♥ Seichem tends to produce offshoots of itself, and newer channelled symbols as each participant discovers the energy working internally. Similar to the waves of the ocean that continue to roll in, so does the energy of Seichem after your initial connection.
- ♥ SKHM All Love is how Patrick Ziegler connects and works with the energy today. It is more of a group oriented energy and one of the great aspects is, that it seems to support an individuals development and takes them to new insights and usage of this energy. Patrick doesn't work with "regular" attunements anymore, instead he uses what he calls "flowing meditations". Patrick supports Initiation Master-Teacher Attunements through ones own internal process, rather than energetically altering ones energetic field to bring up a premature Initiation Master-Teacher Attunements. It is more of a process of allowing and guiding the flow of the energy. Through this process certain energetic blocks are found and identified and once the awareness of these blocks are found spontaneous Initiation Master-Teacher Attunements/s may occur. Patrick feels that it is better to let the energy itself be the teacher, that way he does not place his own limitations on it. Even though it does have an Egyptian feel and heritage, he does not promote it as such because that in itself begins to define what the energy is. Once it is defined it becomes very difficult to grow and expand.
- ♥ SKHM All Love energy system uses meditation and reflection to access the energy, under the guidance of an SKHM Teacher. This energy is the core energy of the original Seichim Reiki system developed by Patrick. The recent history of Reiki-Seichem shows that both Tera Mai™ and Karuna™ forms of Reiki & Seichem flowed from this system.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY
SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR
IMMEDIATE RESULTS!**

- ♥ Patrick rediscovered Seichim Reiki and at later date learnt Reiki I & II and then became a Reiki Master. He taught this new system to Tom Seaman, and Seaman came up with a number of symbols, many of which Patrick rejected. Later, Seaman attuned Phoenix Summerfield (now deceased) (was also known as Kathleen McMaster). Patrick Zeigler, Tom Seaman, and Phoenix Summerfield were friends, and worked together for short periods of time. Phoenix Summerfield taught Marsha Burack, who taught Gary Jirauch, and she also taught Helen Belot, of Australia, who developed her own school of Sekhem with a focus on Sekhmet. Patrick Zeigler, himself, has never condemned the changes, or additions, to Seichim. The Seven Facets were developed by Phoenix Summerfield over a period of several years. Tom Seaman also developed a multilevel system that was separate from Phoenix which he also called Renegade Reiki.

SKHM TIMELINE

- ♥ 1980 Patrick Zeigler has his spontaneous Initiation Master-Teacher Attunements in the Great Pyramid in Egypt and studies with the Sufis (Sheik Mohammed Osman Brahani) in the Sudan.
- ♥ 1982-1983 Patrick in Nepal.
- ♥ 1983 Patrick returns to the US and becomes a massage therapist. He takes Reiki I & II.
- ♥ 1984 Patrick takes Reiki Initiation Master-Teacher Attunements (Reiki IIIa) and starts teaching. Patrick meets Christine Gerber who channels a 2,500 year old entity called Marat. This Marat calls the energy Patrick works with Seichim and Patrick begins with giving Initiation Master-Teacher Attunements in Seichem. Patrick initiates Tom Seaman into Seichem and Reiki III and gives him the Cho-Ku-Ret. He meets David Quigley and assists him for a few months while learning regression techniques from Quigley.
- ♥ 1986-1990 Patrick stays at the background while public interest for Seichim is growing.
- ♥ 1989 Phoenix Summerfield takes Seichim Initiation Master-Teacher Attunements from Suvana, writes to Patrick Zeigler and works more on the system with Tom Seaman
- ♥ 1990-1991 Phoenix gives a Seichim coarse at three Expos in LA. Patrick reopens his healing practice.
- ♥ 1991 Kathleen Milner teaches Reiki at LA Expo. Takes lessons from August Starr and creates Tera Mai Seichem (trademarked in 1994 or 1995)
- ♥ 1991-1992 Phoenix teaches in Australia. Helen Belot creates Sekhem after these meetings
- ♥ 1994 Patrick studies with Robert Jaffe and Brian Grattan. These studies give Patrick additional training in working with groups.
- ♥ 1996 Tom, Phoenix and Patrick come together, and Patrick meets Helen Belot for the first time. Patrick designs the SKHM Shenu.
- ♥ 1998 Patrick begins his first SKHM teacher training groups and teaches his current form SKHM. Others catch up with the term, and use it for every form of Seichim, be it meditation based on Patricks work or the "older" Initiation Master-Teacher Attunements systems. Patrick discovers the meaning of the last bit of information that was given him by Marat on the breathing and the Ankh symbol.
- ♥ 1999 First list of approved SKHM initiators. The SKHM Shenu is redesigned
- ♥ 2000 Patrick in the Netherlands (Europe).
- ♥ 2002 The SKHM Shenu meditation available for download.
- ♥ 2004 The first issue of SKHM Magazine is published and the Shenu is updated.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY
SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR
IMMEDIATE RESULTS!**

- ♥ 2005 March/April – Patrick teaches SKHM for the first time in Australia, holding classes in Blue Mountains, Melbourne & Brisbane.
- ♥ 2005 September/October – Patrick on his second trip to Australia teaches SKHM All Love holding classes at North Sydney (hosted by Warwick & Leonie at Atlantis Rising), Perth and Melbourne.
- ♥ 2005 December – Patrick holds SKHM Courses in Brazil.
- ♥ 2006 February – Patrick holds SKHM Course in Melbourne, Australia..

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY
 SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR
 IMMEDIATE RESULTS!

DIFFERENT WAYS OF WRITING REIKI



Old Japanese
 Drawn by Adonea
 Usui Reiki Ryoho Gakkai
 & Independents

New Japanese
 Alliance
 & Independents

Old Japanese
 Written by Mrs. Takata
 The Radiance Technique
 & Independents

Combination
 Reiki Touch
 & Independents

Katakana
 Usui-do (IJR)

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY
SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR
IMMEDIATE RESULTS!**

APPENDIX I: SUPPLEMENTARY ENERGY TECHNIQUES

HEALING MANTRAS

Practical Mantras for Daily Living

OM GUM GANAPATAYEI NAMARA

Mantra to Ganesha to remove obstacles standing in your way of progress

OM EIM SARASWATYEI NAMAHA

Mantra will increase the adept's ability to learn both educational and artistic, thus activating the light of the mind.

OM NAMA SHWAYA

Mantra of activation of the first 5 Chakras. Gives a powerful boost to the day's energy. Clears old negative patterns. (Violet Fire)

NAM-MO-EE ROO GWAN YIN

Mantra to Kwan Yin. Overcomes WAR. The warring of our inner selves and outer WARS of the world.

OM DUM DURGAYEI NAMARA

Mantra to Durga invokes a force field of divine protection.

OM NAMO NARAYANAYA

Mantra activates the light of the Heart to bring joy to the adept.

OM HA KSA INIA LA VA RA VUM SWAHA

Mantra activates the Chakra centers in a flowing motion, energizes the body and mind.

OM AH HUM VAJA GURU PADMA SIDDHII

Mantra to bestow on the adept the wisdom mind of the great Guru Padmasambhava.

AUM BRUR BHUVA S TAT SAVITUR VARENAYAM BRARGO DEVASYA DHIMAH1 DHIYO YO
NAH PRACHODAYAT

The Gayatri Mantra. The Mother of all Mantras. Bestows upon the adept the wisdom mind of God. Gives one the ability to see through illusion.

OM MANI PADMI HUM

To bring into our Hearts the energy of compassion and mercy for our selves and all life.

OM SRI MARA LAKSHMIVEI SWARA

Mantra receives the energy to manifest abundance in all aspects of our lives.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

ENERGY BALANCING AFFIRMATIONS

Purpose: The below affirmations are good all round energy balancing statements that relate to specific chakras.

The purposes of saying a sentence is very powerful, remember everything is energy\vibration and used in the correct manner can release emotions\tensions etc within your own body. For example if you say something negative about someone for 5 minutes and then stop – how do you feel now? It's probably changed your whole physiology and feelings but conversely say something positive\simply praise someone for 5 minutes and then stop – how you fee now. See my point.

The key to really getting these powerful affirmations (or any come to that) is getting initially into a relaxed state (the “Alpha” state), this is where powerful transformation starts.

Here is the exercise:

- Do all these steps slowly
- Stand or sit but the main thing is being comfortably.
- If standing leave your eyes open otherwise close your eyes and concentrate on your breath nice deep slow breathing

- **ROOT CHAKRA**

I trust my Higher Self fulfils all my needs. My life is full of prosperity.

- **SACRAL CHAKRA**

I accept and acknowledge my sexuality. My physical health is strong and pure.

- **SOLAR PLEXUS**

In a smooth and healthy way, I release all unresolved emotions. I claim my personal power.

- **HEART CHAKRA**

I freely and easily give and receive love. Totally forgive others and myself for all past errors and judgments.

- **THROAT CHAKRA**

I easily and gracefully express my deepest feelings and emotions.

- **BROW\THIRD EYE CHAKRA**

My inner vision is clear and strong. I trust my intuition and inner vision.

- **CROWN CHAKRA** I accept and acknowledge my spirituality.

**LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY
SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR
IMMEDIATE RESULTS!**

MANIFESTING YOUR REALITY – THE HEALING TECHNIQUES!

Brain Wave formats

Mind State	Brain Wave Cycles	Description
Beta	13.0 – 40.0 Hz	Associated with the fully conscious waking state
Alpha	7.0 – 13.0 Hz	In Alpha, we are awake, but relaxed. Sometimes described as the “day dream” state.
Theta	35 – 7.0 Hz	Deeply relaxed state of consciousness, this range is associated with Hypnosis and Lucid dreams etc.
Delta	below 3.5 Hz	This range is associated with deep sleep.

Many people who have used the Silva mind control courses have reported the ability to be able to have “remote sensing abilities” when their alpha was achieved. Since the 70’s there has been lots of investigation in mind control and use the use of ESP and Remote viewing each reporting remarkable results. I feel this is an area only just been tapped as remember the scientists don’t really know what the other 95% of brain is used for.

The main thing to remember is getting into an Alpha state first and then the potential is limitless.

During my worldwide travels over the past decade, I have come into contact and acquired some great spiritual knowledge directly relating to “prayer” and “manifestation” which I am going to pass onto you.

I will actually list all the three formats in which I have found most useful..

Note: Where I say “xxxx ” it actually means replace with what resonates with you so replace “xxxx ” with either “God”, “Jesus”, “Buddha”, “Allah”, “Al-Wali ” or “Maheshvara ” etc.

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

SOUND MANIFESTATION HEALING TECHNIQUES (THIS “REALLY” WORKS SEE WAYNE DYERS WORK!)

- 1) With this technique simply sit comfortably in a chair and close your eyes.
- 2) Start saying the letter “R ” out loud, so something like “RRRRRRrrrrrrrrrrr”.
- 3) Now repeat this for 3 – 5 minutes and then slow down the “Rrrrr ” sound\vibration until you are saying\humming this in your mind only for a further minute.
- 4) Now state you ever you want BUT phrase it though you already have it otherwise you’ll get the exact experience of “wanting”. Format : “Thank you xxxx for granting me the gift of “.....your desire”. Thank you. Repeat this at “least” three times.
- 5) Finally carry on with the “Rrr ” saying\humming in your mind for a further minute then open your eyes.

The “key ” to this secret of manifestation is the “Intent” and it’s important that it’s repeated twice daily (morning, evening) for exactly 15 days (Don’t ask me why 15 it’s a key number I have been told by numerous people.).

SECRET PRAYER MANIFESTATION

I was told that some of the mystics used a special word before each prayer, which had the correct Vibrations to get the prayer, noticed and answered, here goes.

- 1) With this technique simply sit comfortably in a chair and close your eyes.
- 2) Say slowly the word “ABBA ” only ONCE.
- 3) “I thank you xxxx for hearing my prayer”.
- 4) State what you need in detail (remember a pray is really just a dialogue with your connection to xxxx)
- 5“I thank you xxxx for hearing my prayer”.

I know the above word sounds like the “pop group” as that’s what I thought the first tome I saw this format but many people swear to this format as long as its done sincerely and not just on a whim... For some reason they say the First word makes a divine connection and the rest of the prayer just follows...

LIFE-CHANGED™SELF-ENERGY TRANSFORMATION™—AN EASY, QUICK ADDITION TO ANY SELF-HELP INFORMATION YOU ARE USING RIGHT NOW! THE FASTEST WAY FOR IMMEDIATE RESULTS!

CANDLE MANIFESTATION HEALING TECHNIQUES

I have there are many formats of this technique but they all have the common theme of a candle, whilst in a meditate type of state.

- 1) Place an ordinary White candle on a surface in front of you, preferably at your eyes level.
- 2) Light your Candle and sit back down in a relaxed posture.
- 3) Perform some basic slow deep breathing for 1 –2 minutes to quiet your mind.
- 4) Slowly stare at the flickering Candle, after a few moments you may feel the urge to close your eyes, that's fine too but keep the image of your burning candle in your minds eye).
- 5) State your wish in detail. Repeat this at "least" three times.
- 6) Open your eyes and blow out the candle.

Many people don't seem to get their own requests \prayers answered that because some say they are not asking them in the correct way as the persons Brain waves are probably still at BETA (see below chart).

Again to succeed with these manifestation techniques the "key" is to get into an "APLHA" state of mind, by what ever means and slowly but clearly state your intention etc (all the above techniques are asking for the request at the Alpha level, that's where you are after a slight meditation etc)