## The Seth Books

The Seth Books are a collection of materials that were supposedly been dictated by a spirit or entity that Jane Roberts refers as an "energy personality essence no longer focused in physical reality" who was independent of Roberts' subconscious. Seth used Jane as a vehicle to bring it's message.

The Seth Books are very well known in the paranormal area.

The message of the Seth Books... **Reality, Human Consciousness, God, Religion** and many areas regarding to the life after death.

Jane Roberts and her husband, recorded all messages and wrote many books and publications from 1963 until her death on 1984.