

PROGRAMME 2010

WPTI

WELLINGTON PSYCHODRAMA TRAINING INSTITUTE



Psychodrama

Sociodrama

Sociometry

Role Training

Group Work

WELLINGTON • PALMERSTON NORTH • NELSON

WELLINGTON

W1: CORE CURRICULUM TRAINING

The curriculum for this training group covers the basic theory and practice of the psychodrama method. The training is experiential and interactive, and participants will learn about the application of this method in their life and work. They will also be involved in reading and writing activities. This programme includes attendance at the W5, W6, and W7 workshops together with other WPTI trainees.

Programme Coordinator: Bev Hosking

W2: INTERMEDIATE/ADVANCED TRAINING

The intermediate/advanced training group builds on the learning from previous experiences with psychodrama. There is a focus on the further integration of theory and practice through teaching, coaching and supervised practice. The training sessions are complemented by reading, writing and peer group activities. The programme includes attendance at the W5, W6, and W7 workshops with other WPTI trainees. Two hours of supervision with a WPTI supervisor are included in the fee.

Programme Coordinator: John Faisandier

Opening evening – all trainees welcome

February Friday 26 7.30pm – 9.30pm

February	Sunday 28	10.00am – 5.00pm
March	Monday 15	5.30pm – 8.00pm
	Sunday 28	10.00am – 5.00pm
April	Monday 12	5.30pm – 8.00pm
	Sunday 25	10.00am – 5.00pm
May	Monday 3	5.30pm – 8.00pm
	Monday 10	6.00pm – 8.00pm

February	Sunday 28	10.00am – 5.00pm
March	Sunday 28	10.00am – 5.00pm
April	Sunday 25	10.00am – 5.00pm
May	Monday 10	6.00pm – 8.00pm

W6: Using sociodrama in intercultural learning – all trainees welcome

May Friday 14 7.00pm – 9.30pm
Saturday 15 10.00am – 5.00pm
Sunday 16 10.00am – 5.00pm

May	Monday 31	6.00pm – 8.00pm
June	Monday 14	6.00pm – 8.00pm
	Sunday 27	10.00am – 5.00pm
July	Sunday 25	10.00am – 5.00pm
August	Monday 2	5.30pm – 8.00pm
	Sunday 22	10.00am – 5.00pm
September	Monday 6	6.00pm – 8.00pm
	Monday 20	6.00pm – 8.00pm

May	Monday 31	6.00pm – 8.00pm
June	Monday 14	6.00pm – 8.00pm
	Sunday 27	10.00am – 5.00pm
July	Sunday 25	10.00am – 5.00pm
August	Sunday 22	10.00am – 5.00pm
September	Monday 6	6.00pm – 8.00pm
	Monday 20	6.00pm – 8.00pm

W7: The crystallisation and fluidity of our being – all trainees welcome

September Friday 24 7.00pm – 9.30pm
Saturday 25 10.00am – 5.00pm
Sunday 26 10.00am – 5.00pm

October	Monday 4	5.30pm – 8.00pm
	Monday 11	6.00pm – 8.00pm
	Sunday 31	10.00am – 5.00pm

October	Monday 11	6.00pm – 8.00pm
	Sunday 31	10.00am – 5.00pm

Closing evening – all trainees welcome

November Friday 12 7.30pm – 9.30pm

Fee: \$1,600.00

Fee: \$1,700.00 (includes 2 supervision sessions)

W3: Psychodrama training

This four day non-residential workshop is for trainees who are committed to their development in working with the psychodrama method. There is an emphasis on supervised practice. There will be three training sessions each day.

Workshop leader: Max Clayton

Dates and times:

March	11 Thursday	10.00am – 9.30pm
	12 Friday	10.00am – 9.30pm
	13 Saturday	10.00am – 9.30pm
	14 Sunday	10.00am – 5.00pm

Venue: The Training Space, 5 Alpha St, Wellington

Fee: \$880.00

W4: Supervised directors group

The focus of this workshop series is the integration of theory and practice of the psychodrama method and encouraging independent practice. It is aimed at advanced trainees with more than 600hrs of training. Limited to 6 trainees.

Workshop leader: Bev Hosking

Dates and times:

Saturday mornings: 9.00am – 1.00pm

Feb 13	April 17
March 6	May 1
March 27	May 29

Fee: \$650.00

W5: A focus on writing

These two workshops will focus on the learning and integration of two key areas of the psychodrama training curriculum through the process of writing.

a) Social systems

These three sessions will focus on understanding social systems theory and the application of this theoretical framework in making interventions in the life of groups and organisations. Over the six weeks of this course you will be involved in writing a short paper that synthesises your understanding and application of social systems theory.

Workshop leader: John Faisandier

Dates and times:

May	10, 31 Monday	6.00pm – 8.00pm
June	14 Monday	6.00pm – 8.00pm

Fee: \$130.00

b) Social and cultural atom

This series of sessions, will provide an opportunity to reflect on the social and cultural atom as a working concept that informs your work and provides a disciplined theoretical framework for analysis, intervention and future planning when working in the area of personal change. There will be a focus on identifying and working with aspects of the social and cultural atom that are displayed by an individual in a drama and in a group setting. You will be involved in completing writing tasks during the sessions and in the time in between sessions as a means of integrating your learning.

Workshop leader: John Faisandier

Dates and times:

September	6, 20 Monday	6.00pm – 8.00pm
October	11 Monday	6.00pm – 8.00pm

Fee: \$130.00

W6: Using sociodrama in intercultural learning

We live and work in increasingly multicultural communities. Getting to know about our contrasting cultural experiences can stimulate new insights and learning which is relevant to our successful co-existence. This includes recognising cultural viewpoints, scripts and intergroup dynamics and developing fresh patterns of interaction.

This experiential training workshop demonstrates the use of sociodrama in facilitating intercultural learning. Participants can expect to take on a wide range of roles, experience a variety of sociodramatic structures and techniques, and reflect on their use in various contexts, for different participant groups and learning outcomes.

Workshop leader: Jenny Hutt

Dates and times:

May	14 Friday	7.00pm – 9.30pm
	15 Saturday	10.00am – 5.00pm
	16 Sunday	10.00am – 5.00pm

Fee: \$375.00

W7: The crystallisation and fluidity of our being: repair and renewal of the social atom

In a moment, a sudden, bewildering, and painful experience may result in a certain degree of crystallisation of our being. In the wake of these experiences, roles develop that have a significant formative influence on the way we perceive the world and the interpretations we make about one another. The process of social atom repair involves the identification, disentangling, clarifying and re-ordering the confused and inappropriately cathected aspects of self. Social atom repair seeks to restore a fluidity of being.

In this workshop we will explore the process whereby personal themes from the past become projected into the here-and-now, the formation of roles at a point in time, and the interventions that can be made to enhance acuity and perceptiveness in the here-and-now.

In our time together, we will be applying all aspects of the psychodramatic method and participants can expect to deepen their knowledge of the social atom and social atom repair.

Workshop leader: Chris Hosking

Dates and times:

September	24 Friday	7.00pm – 9.30pm
	25 Saturday	10.00am – 5.00pm
	26 Sunday	10.00am – 5.00pm

Fee: \$395.00

Enrol with WPTI. PO Box 19 248, Wellington, 6149
Ph: 04 384 7431. admin@wpti.org.nz

THE INSTITUTE

The Wellington Psychodrama Training Institute (WPTI) serves the needs of trainees in the central region of New Zealand. Programmes are currently offered in Palmerston North, Wellington and the Nelson area.

The training leads to certification as a role trainer, psychodrama director, sociodrama director and sociometrist. Significant learning and application can be achieved without completing requirements for full certification.

The Institute's programme is conducted in accordance with the standards established by the Board of Examiners of the Australia and New Zealand Psychodrama Association (ANZPA). The teaching staff of the Institute are approved by the Board of Examiners. The abbreviation TEP stands for Trainer, Educator, Practitioner.

WPTI has a co-operative working relationship with the local regional association of ANZPA that meets regularly in Wellington.

THE TRAINING PROGRAMME

The purpose of the programme is to develop excellence in the theory and practice of the psychodrama method. This method assists people to work with groups and individuals in therapeutic, educational, creative and organisational settings. This training is also of value to those in positions where providing leadership is central to their role.

Trainees can accumulate training hours by attending the year-long programme, and/or training workshops, experiential workshops and through supervision.

The ongoing training programmes in Palmerston North, Wellington and the Nelson area have a two-semester programme. Trainees are expected to complete the whole year's programme and contact their Programme Co-ordinator if there is any difficulty with this.

The curriculum for each programme is based on the material set out in the ANZPA Training Manual and includes teaching, group work, practice, coaching, and supervision.

Core Curriculum Training is designed for people who are either at the beginning or early stages of their psychodrama training.

It introduces the founding principles of the psychodrama method using teaching, group process and supervised practice.

Intermediate Training is for trainees who have completed the core curriculum or equivalent. It strengthens trainees' role development in the areas of directing, auxiliary work and group work. Trainees are expected to complete some reading and writing requirements.

Advanced Training is for trainees who have completed the intermediate year or equivalent. Advanced trainees are expected to complete reading, writing and peer group activities.

WPTI reserves the right to combine groups and is committed to work in a way that all trainees continue to learn.

APPLICATION PROCESS

This is done in three stages:

1. Written Application

Write a one page application with reflections on your experience, training goals and purpose of your training in the coming year. Send this, with a \$200.00 deposit to WPTI by 12 February, 2010.

2. Training Interview

The interview for the full year courses will be conducted between November and mid February by one of the training staff. A time will be arranged on receipt of written applications.

3. Payment of Fees

The training institute will inform you, in writing, of your acceptance into the training programme. Payment for the 1st semester is required before the beginning of the training year.

ENTRY CRITERIA

Applicants will:

- Have a vision of how training in psychodrama will assist them in their life and work
- Have the resources to commit themselves to the programme and its requirements
- Have previous experience in psychodrama or other relevant training
- Have completed or be working towards professional qualifications

TRAINING RECORDS

A record of completed training hours is kept for all trainees enrolled in the annual programme, a copy of which can be obtained for a fee of \$25.00.

LIBRARY

A range of articles, books and theses may be borrowed from the Institute for one month at a time. Overdue books attract a fine. The library is available to trainees during any WPTI training session.

VENUE

The Training Space, 5 Alpha Street (off Cambridge Terrace), is the base for the Wellington Psychodrama Training Institute. Other psychodrama events are also held at The Training Space including regular ANZPA meetings and experiential psychodrama workshops.

SUPERVISION

Supervised practice is an integral part of all the training in our programme. Trainees applying the psychodrama method in their work with clients are encouraged to organise additional regular supervision with a supervisor associated with WPTI. One-on-one supervision is offered at the rate of \$90.00 including GST.

THE 2010 TRAINING PROGRAMME

PALMERSTON NORTH

PN1: Enlivening your work

Pressure and stresses at work can affect your ability to maintain positive relationships, you become disconnected from the vision of the organisation and you lose vitality and enjoyment of this important part of your life.

When you come to understand the wider system that you are part of, you can develop ways to relate more effectively, something richer is created and you become more motivated and productive.

This workshop will use the psychodrama method, an approach to experiential learning, to explore workplace social systems so that you can develop a variety of ways to make work a more enlivening experience for yourself, your clients and your colleagues.

This professional development workshop will be of particular interest to managers, health professionals, community workers, teachers, social workers and anyone who works with people.

Workshop leader: Joan Daniels

Dates and times:

April	23 Friday	7.00 pm – 9.00 pm
April	24 Saturday	9.30 am – 5.00 pm

Fee: \$180.00

PN2: Psychodrama method in counselling practice

The interpersonal relationship system within a family, group or culture is often unconscious and can be conserved for generations, restricting the creative potential of everyone concerned. The psychodrama method with its emphasis on creativity and spontaneity can assist us in our work with clients to develop their awareness of themselves and the system in which they find themselves, and move towards living more in accordance with their own values and vision.

In this workshop we will look at psychodramatic interventions that enable clients to let go of old patterns of behaviour and facilitate the emergence of progressive functioning.

There will be teaching, opportunities for practice with each other, coaching and supervision so as to build on our skills in working with clients.

Workshop leader: Joan Daniels

Dates and times:

July	16 Friday	7.00 pm – 9.00 pm
July	17 Saturday	9.30 am – 5.00 pm

Fee: \$180.00

Dates and times:

October	15 Friday	7.00 pm – 9.00 pm
October	16 Saturday	9.30 am – 5.00 pm

Fee: \$180.00

Enrol with Marcia Amadio, 3 Nelson Street, Feilding.

Ph: 06 323 6209. mamadio@actrix.co.nz

NELSON

N1: Psychodrama, sociodrama and group work training

This workshop offers training in psychodrama, sociodrama, sociometry, role training and general group work. It is designed to bring about a greater ability to practice the psychodrama method in a wide range of professional settings. This is an intensive residential training seminar for beginning, intermediate and advanced trainees.

Workshop leaders: Dr G. Max Clayton and Chris Hosking

Dates: Tuesday, August 3 6pm – Sunday, August 8 4pm

Venue: Kimi Ora Resort, Kaiteriteri, Nelson

Fee: \$1450.00

Enrol with WPTI Nelson Branch. 27 Fearon St, Motueka
Mobile: 027 734 5290. nelsonwpti@psychodrama.org.nz

EXPERIENTIAL PSYCHODRAMA WORKSHOPS

Throughout the year, practitioners in the region conduct experiential psychodrama workshops. Trainees and people new to psychodrama benefit from these through increased spontaneity, specific role development, and a greater warm-up to life. Contact your local training administrator for dates and details.

THE FOUR APPLICATIONS

There are four applications of the psychodrama method all of which aim to increase spontaneity, and to give greater flexibility in relationships. While each application has its special orientation, their underlying purpose is the enlivening transformation of the relationships, groups and cultures in which we live.

ROLE TRAINING

Role training uses the principles of role theory and psychodramatic techniques to bring about the development of a specific aspect of human functioning, such that goals for work or personal life are achieved with greater satisfaction. Role training may be applied in group situations or one-to-one work in counselling, supervision or mentoring.

SOCIOMETRY

Sociometry is an approach to intervening in social systems and organisations on the basis of research data provided by informal or formal surveys of groups. These surveys make our interpersonal choices, our attractions and rejections visible. The interventions are related to relationship systems and to organisational structure. The purpose of sociometry is to facilitate group task effectiveness and membership satisfaction by bringing about a greater degree of mutuality between people.

SOCIODRAMA

Sociodrama applies the principles of sociometry, role theory and psychodrama techniques to bring about effective group and inter-group functioning. Through identifying the social concern of the group and setting out the social system in action, group members are able to make an analysis and generate new perceptions and responses to what is occurring in their social world. This work promotes deeper understanding and respect between, groups, sub-groups and cultures.

PSYCHODRAMA

Psychodrama applies the principles of sociometry, role theory and action techniques to assist individuals to strengthen the abilities they have in their lives. Through dramatic portrayal of life situations, a person is able to develop new forms of functioning and integrate these into their lives. This may involve the healing and/or the renewal of relationship dynamics established throughout life. The focus is on the inner being of the individual and how they can better function with others in their world.

INSTITUTE STAFF

Director of Training

Dr G Max Clayton

Executive Director

Bev Hosking

STAFF – TEACHING AND SUPERVISION

Max Clayton, Joan Daniels, John Faisandier, Bev Hosking, Chris Hosking, Claire Guy, Diana Jones, Katerina Seligman, Cher Williscroft

STAFF – SUPERVISION

Viv Pender

VISITING TRAINER

Jenny Hutt

PROFILE OF LEADERS

Dr G Max Clayton

Max Clayton is the Director of Training with the Wellington Psychodrama Training Institute. He has been responsible for much of the development of psychodrama in Australia and New Zealand. For the past 34 years he has been conducting training workshops in psychodrama, sociodrama, sociometry, role training and group work in many parts of the world.

Joan Daniels

Joan Daniels is a psychodramatist. She works as a therapist and trainer with individuals, couples and groups.

John Faisandier

John Faisandier is a psychodramatist and TEP. He runs his own business as a trainer and organisational consultant. For a number of years he worked at Queen Mary Hospital as the psychodramatist and trainer of counsellors.

Bev Hosking

Bev Hosking is a role trainer and is experienced in action methods that aim to promote social dialogue and the formation of cohesive communities. She is a founding staff member of WPTI and works as an individual and small group supervisor, consultant trainer, counsellor and playback theatre practitioner and trainer.

Chris Hosking

Chris Hosking is a psychodramatist, counsellor, individual supervisor and group work supervisor. Over a number of years, Chris has been a visiting teacher to several training institutes in NZ and Australia and has been involved in training others in the areas of psychodrama, sociometry and groups as systems.

Jenny Hutt

Jenny Hutt is a certified sociodramatist, a trainer-educator-practitioner in training (TEPIT) and a staff member of the Australian College of Psychodrama in Melbourne. She works with individuals, teams and organisations as a learning and organisational development consultant and coach. She has an honours degree in social anthropology and is keenly interested in workplace diversity and cross-cultural relations.

Diana Jones

Diana Jones is a sociometrist and TEP. She is a company director, organisation development practitioner and executive coach. She has been applying psychodramatic methods in organisations and in professional supervision for over 18 years.

Viv Pender

Viv Pender is a psychodramatist, psychotherapist and supervisor in private practice. She has worked as a trainer of counsellors and other health professionals for many years.