

[Comment on the Sound Current by Dassan Das](#)

It looks like these folks [Sant Rajinder Singh's [Science of Spirituality](#)] have done a lot of analysis concerning the hearing of the sound and concentration on the sound during meditation and so on. They have also mentioned hearing from the right ear and left ear and so on. Though we don't mean to criticize their findings but we think that either they didn't really experience the Divine Music or they are not telling the complete truth, and we sure can talk about these things based on our actual physical experiences and in light of the Gurbani.

This sound current as mentioned in Gurbani is the Anhad Shabad or Panch Shabad Anhad Naad music that is heard in the Dassam Dwaar:

anhadh sabadh dhasam dhuaar vajiou theh a(n)mrith naam chuaaeiaa thaa The unstruck sound current of the Shabad vibrates and resounds in the Tenth Gate; the Ambrosial Naam trickles down there.

This is not merely a sound current, it is an equivalent of musical melodious sounds that are generated by a number of musical instruments. It is heard only after opening of the Dassam Dwaar and is heard in the Dassam Dwaar and not in the ears. Though it might seem like being heard in the ears. This is a continuous stream of musical sounds and never stops, as said above this is the real Amrit, this is the real Amrit that is activated after opening of the Dassam Dwaar, Gurbani also says that the Dassam Dwaar is the place where Akal Purakh, Param Jyot Puran Parkash resides Himself in the human body:

**dhasam dhuaaraa agam apaaraa param purakh kee ghaattee
||The Tenth Gate is the home of the inaccessible, infinite
Supreme Lord.**

This eternal music doesn't remain just music as the Surat goes in to higher realms, it becomes Gurbani. It becomes the pure Shabad as well, that is how Guru Sahibans heard Gurbani in their Dassam Dwaar in Rag Mala (in the garland of classical indian musical measures) and then was written down. Guru Nanak Patshah has very clearly mentioned in His Gurbani:

**jaisee mai aavai khasam kee baanee thaisarraa karee giaan
vae laalo ||As the Word of the Forgiving Lord comes to me,
so do I express it, O Lalo.**

There are other places in Gurbani where it has been said that it is the Dhurki Bani, which means it comes straight from the Almighty, it is the word of the Akal Purakh.

Our own personal experience is that as the Surat goes in to more and more silence mode, as the thoughts are minimized, the intensity of the Anhad Naad music increases tremendously, it is heard all the time, at work, while driving, eating, watching TV and so on. At the time of meditation when we concentrate on the Anhad Naad music, its intensity becomes unbearable, as we say sometimes there is so much of Amrit that it becomes unbearable, so is the case with this Amrit if Anhad Naad music. At this point many a times or most of the times the Surat or the soul goes in to a complete silence mode, a complete trance mode, nothing is heard, nothing is spoken, no thoughts, which is called Sunn Smadhee.

The most important thing is that it is all Gur Parsaad, if we think otherwise, it is Haumai, but in absence of Haumai it becomes Gur Parsaad. Most people who got their Dassam Duaars open didn't try to open them, it doesn't work that way. The key is the complete surrender to the Gur and Guru with complete and full commitment, belief, faith and trust and earn the Gurbani by doing it in daily life, earn the words of the Guru by putting them in to practice as soon as you learn them, then the rewards are tremendous, because this is what Gurbani says. And whatever Gurbani says is Puran Sat in itself and is the law of divinity and has to come true to you when you do it in the real and practical sense. If these things doesn't happen then it means that there is something wrong with in ourselves and we need to work on correcting ourselves.